

# Innovative Mental Health Programs for Ohio's Youth & Young Adults in Transition

## **Pact: Program Description**

PACT serves up to 14 individuals between the ages of 18 and 23. As persons who live with mental illness, they need help transitioning into the adult healthcare system and achieving independence. The program offers on-site support and a chance to build independent living skills. For many it's the healthiest environment they've ever experienced.

"Most of them say, 'This is the best I've slept in I don't know how long,'" NPI Recovery Specialist Sheldon Collins said.

Tenants are strongly encouraged to focus on specific goals: education, self esteem, positive relationships & mentoring, job training, mental wellness and coping with stress.

All of these customers have incomes below the federal poverty line. Almost one-third have diagnoses of both mental illness and substance abuse/addiction problems. With help from NPI, they get the assistance they need to build a strong foundation for their young lives.

## **Operational Resources**

NPI provides a building to house participants and staff to run the program.

## **Financial Resources**

PACT receives a federal grant in the amount of \$241,752.



### **Contact Information:**

**Juanita Halbig-Sanchez**  
419.473.2604 X122

**Neighborhood Properties, Inc.**  
2753 W. Central Ave.  
Toledo, OH 43606  
Phone: 419.472.2604 X100  
Fax: 419.473.9706  
[www.neighborhoodproperties.org](http://www.neighborhoodproperties.org)