

## Peer Support Technical Assistance Call

March 12, 2015

**Hosts:** Nicole Clevenger, Center for Evidence-based Practices, and Sharon Fitzpatrick, Ohio Department of Mental Health and Addiction Services (OhioMHAS)

Welcome all! 😊

### Purpose of calls:

1. Provide technical assistance to peers across state (any kind...employed and seeking employment)
2. Provide peer support for peer support providers
3. Share experiences and learn from each other

### Common Expectations for the call (probably goes without saying....but just in case!) 😊

1. 1 person speak at a time please
2. Please mute when not speaking to help audio quality
3. Let us all remember that we are professionals talking to professionals

### Trauma-Informed Care (TIC) Train the Trainers

Presentation by Ken Kehl, OhioMHAS

Desk line 614-644-8442

1. **Opportunity for peers**
2. **What is it?**
  - a. For 1 year, in partnership with Department of Developmental Disabilities, focus on helping agencies become trauma-informed
  - b. Impact of trauma is substantial and a consideration for how we treat those seeking and participating in services
  - c. Not about a specific screening, assessment, or treatment
  - d. Organizational, cultural change to be trauma sensitive and trauma responsive
  - e. Kicked off 1 year ago
3. **6 regional Trauma Informed Care (TIC) Collaboratives** (in varying stages of development and frequency of meetings)
  - a. Meet to learn more about the EBP of TIC, stumbling blocks and learning lessons
  - b. Huge need for training was uncovered
  - c. Need to meet capacity so now partnering with SAMHSA, US DOH, to help expand knowledge about Trauma Informed Care
  - d. Learned early on that it is important to partner with people who have experienced trauma firsthand
  - e. National consultants interested in utilizing role of peers in this statewide initiative
4. **Accepting applications for trainers**
  - a. Have 3 training sessions (end of April...Ashland, Columbus, Cincinnati)

- b. Principles, concepts, frameworks for organizations as they develop policy, procedure, practice that are TI
- c. Sharon F. will distribute 1 pg. application to those interested
- d. Requirements
  - i. No previous knowledge required
  - ii. Ask that people to be available to conduct 2 trainings in the year following training
  - iii. Also will need to participate in booster webinar (half-day)
  - iv. Letter of commitment from employer or some other demonstration of such
  - v. Will provide lodging and lunch/breakfast
  - vi. CFPT funds via OMHAS can help with mileage

### Desires of Participants

#### a. Responses:

Get support, help with issue resolution, get support/give support (echoes by several people), just want to find out what the call is about, find out what other peers are doing in Ohio and their roles, receive support and getting questions answered relative to my role, how is peer support moving forward as a profession, learn how to recruit more people who want to work, see how many people are on the call, where to get more training, especially in ethics.

### Training and Certification

#### a. Certification

- a. The state does not have statutory authority to certify individuals, therefore **a peer support certification does not technically exist.**
- b. Instead people get a certificate upon completion of the training that indicates they have been trained as an Ohio peer supporter= Ohio Peer Supporter Certificate
- c. Right now still requiring people to have ongoing education to maintain status

#### b. Training

- a. Future meetings will include an announcement about peer support and the new training curriculum that integrates mental health and substance abuse
- b. Other Opportunities:
  - Go to:
    - i. **ebasedacademy.mh.state.oh.us/**
      - 1. ...and create and account
    - ii. **Motivational Interviewing Webinar:** google “brsstacs”
    - iii. **Ohio Empowerment Coalition** also sends out announcements of training opportunities
      - 1. Contact Megan McNeil at OEC 614-310-8054
    - iv. 4 monthly webinar opportunities...*Dennis will send more information about the below to Sharon*
      - 1. Depression and Bipolar Substance Alliance— [dbsalliance.org](http://dbsalliance.org)
      - 2. International Association of Peer Support – [inaops.org](http://inaops.org)
      - 3. Substance Abuse & Mental Health Substance Abuse --[SAMHSA.gov](http://SAMHSA.gov)

4. VA also has own webinar series monthly for all VA peer supporters

**Upcoming Meeting Opportunity--Zanesville**

- a. March 27, 2015
- b. Location: MH Recovery Services Board
- c. 1205 Newark Road, Zanesville
- d. Meeting for peer supporters to share ideas, support and brainstorm
- e. Call Chris Headley at 740-454-1266 for more information

**Peer Support TA Call Details--future**

- a. Frequency & Time/day that is good for everyone?
- b. Response: Noon/ Thursdays are good
- c. Have some calls 'open' and some that are topic based OR do part of call with a topic and part of the call open
  - a. **Second Thursday of the Month** (this will not change)
  - b. 614-644-1098

**Follow-up items and next steps:**

1. **Next call is 4.9 at 12pm-1pm**
  - a. Call-in number = 614- 644-1098
2. Don't forget to Email Sharon Fitzpatrick your email/contact ( if you have not done so already) so that meeting minutes can be distributed
3. Also email Sharon about applications for Trauma Informed Care Train-the-trainers (below)
  - [Sharon.fitzpatrick@mha.ohio.gov](mailto:Sharon.fitzpatrick@mha.ohio.gov) or peer support email at the
  - [peersupport@mha.ohio.gov](mailto:peersupport@mha.ohio.gov)
4. **Accepting ideas for topics for future calls!!!**

**Thank you for your time!**