



# Save the date

*Promoting Wellness and Recovery*

## Changing the Conversation to Support Housing Stability

Cuyahoga County Public Library – Independence Branch  
6361 Selig Drive, Independence, OH 44131  
December 2, 2015

To RSVP, please click or enter the following link to register.

<http://www.centerforebp.case.edu/events/houisng-stability-2015-1202>

Housing stability is a common challenge for individuals with behavioral health disorders. Knowing how to help people (residents) consider and embark upon behavior change that promotes stable housing is an important skill for all housing providers to have. Other important skills include effective listening and communication skills and understanding how people consider and make changes in their lives.

This training will teach housing providers how to recognize stages of change among residents and how to use a stage-based approach in their conversations. We will learn effective listening and communication skills. We will also learn how to identify ineffective communication strategies—ones that reduce or interfere with helpful conversations. Participants will have an opportunity to apply the stages-of-change construct in their current work with residents. They will also have the opportunity to observe and/or practice effective listening and communication skills.

This training is offered by Case Western Reserve University, Center for Evidence-Based Practices. You must register through <http://www.centerforebp.case.edu/events/houisng-stability-2015-1202>.

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**Target Audience:** Adult Care Facility Operators/Owners and Housing Providers

**Continuing Education Units (CEUs):** 6 hours for SW, Cnslr, RN, LPN, Psych and RCH

**Training Date/Time:** December 2, 2015

9:30 AM – 5:00 PM EST

Registration starts at 9:15 AM.

**Registration Fee:** \$0, Free.

**Deadline to Register:** November 24, 2015 (11:59 PM) EST

**Lunch:** Own Your Own

**Parking:** There is no charge for parking.

If you have any questions, please contact K. Betts at OhioMHAS.  
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