



Recovery Housing

The Ohio Department of Mental Health and Addiction Services (OhioMHAS) recognizes the need to expand the acute care model of care to encompass sustained recovery. A sustained recovery-oriented system of care incorporates recovery supports, including housing, peer supports, employment supports and access to other peer-based support groups into the continuum of care. Recovery housing is one aspect of a long-term recovery paradigm.

What is Recovery Housing?

Recovery housing is housing for individuals recovering from alcoholism or drug addiction that provides an alcohol- and drug-free living environment, peer support, assistance with obtaining alcohol and drug addiction services, and other alcohol and drug addiction recovery assistance where the length of stay is not limited to a specific duration.

Recovery housing does not include residential facilities subject to licensure pursuant to section 5119.34 of the Ohio Revised Code.

Recovery housing shall have protocols for all of the following:

- Administrative oversight;
- Quality standards; and
- Policies and procedures, including house rules to which the residents must agree to adhere.

The recovery housing shall not limit a resident's duration of stay to an arbitrary or fixed amount of time. Instead, each resident's duration of stay shall be determined by the resident's needs, progress and willingness to abide by the recovery housing's protocols, in collaboration with the recovery housing's owner and operator, and if appropriate, in consultation with a community addiction services provider.

Family members of recovery housing residents may reside in the recovery housing to the extent the recovery housing's protocols permit.

A recovery housing resident may receive addiction services that are certified by OhioMHAS under section

5119.36 of the Ohio Revised Code. Medication-assisted treatment may be allowed in recovery housing.

Recovery housing operators accepting OhioMHAS support must provide multiple pathways to recovery, which include accommodating individuals who do not wish to participate in 12-step or other faith-based treatment or supports, by providing alternatives that will assist in those individuals' treatment or recovery.

Unifying Elements of Recovery Housing:

- Safe, alcohol- and drug-free environment.
- Person-driven length of stay.
- Creating a safe, stable community of peer support.

Who is Recovery Housing For?

- Individuals who are actively seeking recovery.
- Individuals who desire a safe and structured living environment with others who share the same goal of sobriety.
- Individuals who desire to participate in supportive services, or treatment services to further their recovery.
- Individuals at risk of homelessness because they are exiting treatment, incarceration, military duty or are living in an environment that puts them at risk for using substances.