SAMHSA Block Grant Application/Plan

- Application for 2 Block Grants
  - Substance Abuse Treatment & Prevention - $64 million
  - Mental Health Treatment - $12 million
- Non-competitive grant to states
- Ohio does combined Application/Plan every 2 years
  - Short application for second year
  - Separate implementation reports due Dec. 1 every year
Step 1: Assess the strengths and needs of the service system

Overview of system, major changes, budget, major initiatives
Overview of Ohio’s Community Mental Health and Addiction System

- Ohio’s 50 county Alcohol, Drug Addiction and Mental Health Boards plan, evaluate & fund services with state oversight.
- State oversight provided by OhioMHAS which licenses and certifies providers, and provides some funding
- Ohio Department of Medicaid is major funder of treatment services, as well as OhioMHAS, local tax levies
- Partnerships with health and human services
OhioMHAS Licenses & Certifies

- Prevention providers - 194
- Behavioral health treatment providers - 600
- Peer operated services - 86
- Residential
  - Adult Care Facilities & Foster Homes - 942
  - MH Residential - 146
  - SUD Residential - 154
- Private Psychiatric Units - 87
OhioMHAS Provides Treatment

- State (regional) Psychiatric Hospitals - 6
- Substance abuse treatment programs in 27 state prisons
- Therapeutic community programs in state prisons - 6
Ohio Legislature
New Continuum of Care Requirements

- Requires specific services be available in each county
- Mandates waiting lists
<table>
<thead>
<tr>
<th>Continuum of Care Required Services</th>
<th>Ohio Revised Code</th>
</tr>
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<tbody>
<tr>
<td><strong>Opioid Use Disorder (OUD) Treatment</strong></td>
<td></td>
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<tr>
<td>Services must be available in Board area</td>
<td>Service must be available to board residents within 30 miles of the board area to receive a limited time waiver</td>
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<tr>
<td>Non-Intensive Outpatient Services</td>
<td>Ambulatory Detoxification</td>
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<tr>
<td>Intensive Outpatient Service</td>
<td>Medication Assisted Treatment (MAT)</td>
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<tr>
<td>Peer Mentoring</td>
<td></td>
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<tr>
<td>Recovery</td>
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<tr>
<td>Emergency &amp; Crisis Care</td>
<td></td>
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<tr>
<td>12 Step Approaches</td>
<td></td>
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<tr>
<td><strong>Prevention Services (SUD and Mental Health)</strong></td>
<td></td>
</tr>
<tr>
<td>Prevention and Wellness Management</td>
<td></td>
</tr>
<tr>
<td>Locate &amp; Inform Persons Needing Services</td>
<td></td>
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### Non-opioid SUD and Mental Health Treatment

<table>
<thead>
<tr>
<th>Service</th>
<th>Location</th>
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<tbody>
<tr>
<td>Assessment Services</td>
<td>Residential</td>
</tr>
<tr>
<td>Non-Intensive Outpatient Services</td>
<td>Inpatient</td>
</tr>
<tr>
<td>Intensive Outpatient Services</td>
<td></td>
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<tr>
<td>Withdrawal Management</td>
<td></td>
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<tr>
<td>Emergency &amp; Crisis Services</td>
<td></td>
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</table>

### Recovery Supports (Mental Health and SUD including Opioid Use Disorder (OUD))

<table>
<thead>
<tr>
<th>Support</th>
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<tbody>
<tr>
<td>Participate in peer supports;</td>
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<tr>
<td>Obtain employment, vocational &amp; educational opportunities</td>
<td></td>
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<tr>
<td>Obtain housing and support from a wide range of options</td>
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</table>
Ohio Behavioral Health Redesign led by Governor’s Office of Health Transformation

- **Elevation:** Financing of Medicaid behavioral health services moved from county administrators to the state - July 1, 2012
- **Expansion:** Ohio implemented Medicaid Expansion to extend Medicaid coverage to more low income Ohioans, including 500,000 residents with behavioral health needs. - January 1, 2014
- **Modernization:** Ohio Department of Medicaid and OhioMHAS are charged with modernizing the behavioral health benefit package to align with national standards and expand services to those most in need. - January 1, 2018
- **Integration:** Post benefit modernization, the Medicaid benefit will fully be integrated into Medicaid managed care. - July 1, 2018
<table>
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<tr>
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<th>OhioMHAS Appropriations</th>
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<tbody>
<tr>
<td></td>
<td>General Revenue Funds</td>
</tr>
<tr>
<td>FY 2017</td>
<td>$396,852,090 (estimate)</td>
</tr>
<tr>
<td>FY 2018</td>
<td>$407,566,061 (appropriation)</td>
</tr>
<tr>
<td>FY 2019</td>
<td>$416,213,325 (appropriation)</td>
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</table>

Medicaid expenditures are appropriated in the Department of Medicaid, and are not included.
Major Initiatives

- Opioid State Targeted Response - 21 Century CURES grant
- Suicide Prevention
- Addressing Health Disparities
- Trauma Informed Care
- Recovery is Beautiful
Ohio’s Strengths

- Medicaid Redesign for MH and SUD to align with national standards and serve those most in need
- Strong partnerships with criminal justice system to operate SUD treatment programs in the prisons
- Strong partnerships with courts; OhioMHAS provides $8 million in funding for MAT in drug courts and $5 million in specialized docket program.
Ohio’s Needs

- Ohio ranks second nationally in opioid overdose deaths; 3,050 deaths in 2015
- Health disparities among population groups
- Housing needs for persons not always met
Populations Addressed

- Primary Prevention - everyone
- Treatment & Recovery Supports
  - Children with Serious Emotional Disturbance (SED)
  - Adults with Serious Mental Illness (SMI)
  - Substance Use Disorder
  - Persons Involved with Criminal Justice System
Describes for each population

- System of care - Who are OhioMHAS partners in providing needed services?
- Description service providers certified or licensed by OhioMHAS
- Initiatives to improve care
- Strengths and needs
Step 2: Identify the unmet service needs and critical gaps by using data

- State Epidemiological Outcomes Workgroup
- Overview of Ohio’s population
- Health status of Ohioans
- What SUD disorders are being treated?
- Prevalence - what percentage of population has SUD? Mental Illness?
- Ohio deaths involving Opioids
- Substance abuse by pregnant women
- OHYES! Ohio Healthy Youth Environments Survey
Planning Tables
Planning by the Numbers
Goals, Objectives, Strategies with Performance Indicators - SUD

- State identifies goals for the Block Grant Priority populations
- Substance Abuse Block Grant - Prevention & Treatment
  - Primary Prevention
  - Persons with IV Drug Use - Ohio’s translates as “Opioid Use Disorders”
  - Pregnant Women with SUD
  - Women with Dependent Children with SUD
  - Persons with tuberculosis & communicable disease and SUD
Goals, Objectives, Strategies with Performance Indicators - MH

- Mental health Block Grant - treatment & recovery supports
- Children with Serious Emotional Disturbances
  - Adults with Serious Mental Illness
    - Homeless
    - Rural
    - Older Adults
Planning Tables
Budget Tables

- Persons in Need/Patients Receiving SUD Treatment
- Planned Expenditures - MH & SUD
  - Medicaid, State, Block Grant, Local
- Detailed Prevention Budgets by Strategy
- Expenditures for System Development/Non-Direct Services
Environmental Factors and Plan

SAMHSA’s Twenty Questions
Major Areas of Focus for SAMHSA Health Care Systems

- Parity and Integration with Primary Care
- Disparities between Populations
- Innovations in purchasing
- Person centered planning
- Self-direction
- Program integrity
SAMHSA’s Statutory Requirements Prevention

- Needs Assessment/Data Collection - State Epidemiological Workgroup
- Capacity Building - development of community & workforce
- Planning - plan, advisory group, evidence-based workgroup
- Implementation of plan using six strategies
- Evaluation
SAMHSA Statutory Requirements
Substance Abuse Block Grant - Treatment

- Improve access to services
- Address primary prevention
- Services to pregnant women and women with dependent children
- Persons who Inject drugs - outreach, monitoring
- Requires service coordination, charitable choice, patient records, independent peer review
SAMHSA Statutory Requirements
Mental Health Block Grant

- Comprehensive community system of care - which organizations provide needed services? Includes services funded by state agencies represented on Planning Council
- How many people need services? How many people receive services?
- Children’s comprehensive system of care
- Required special populations: homeless, rural and older adults
- Management systems - financial resources, staffing, training of emergency MH services staff
SAMHSA’s Questions about Services Both Grants

- Trauma
- Criminal Justice
- Medication Assisted Treatment
- Crisis Services
- Recovery
- Community Living and Olmstead
SAMHSA’s Questions about Services Both Grants (continued)

- Children and Adolescent Services
- Suicide Prevention
- Quality Improvement
- Support of State Partners
SAMHSA Statutory Requirements

Public Input

- Planning Council
- Public Comment
Block Grant Application/Plan
Summary

- Step 1: Assess the strengths and needs of the service system to address the specific populations.
- Step 2: Identify unmet service needs and gaps using data.
- Planning Tables & Evaluation:
  - Goals, objectives, strategies and performance indicators
- Environmental Factors & Plan - statutory requirements & short questions
Thank you to Block Grant Committee & Planning Council

For more information, contact
Elizabeth.Gitter@mha.ohio.gov