

DISCHARGE PLANNING

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Leaving hospital or LTC facility

- **Voluntary discharge**
 - **Individual chooses**

- **Involuntary discharge**
 - **Someone else tries to choose for them**

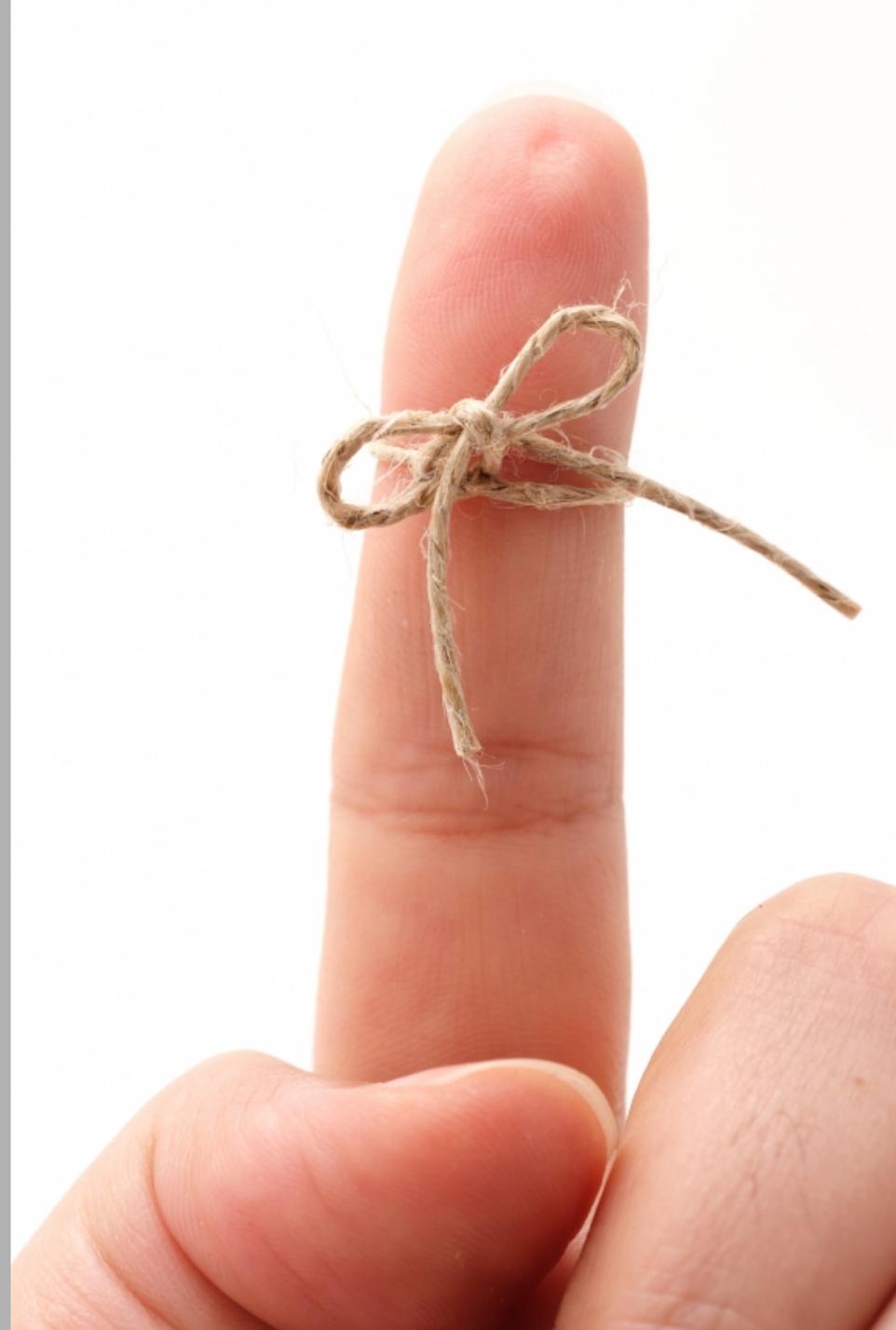


**Discharge
planning is
required,
regardless of
the reason for
discharge.**



- Living arrangement
- Environment
- Services and supports
- Successful transition

Focus on what
is needed to
help individual
be successful



CONSUMER

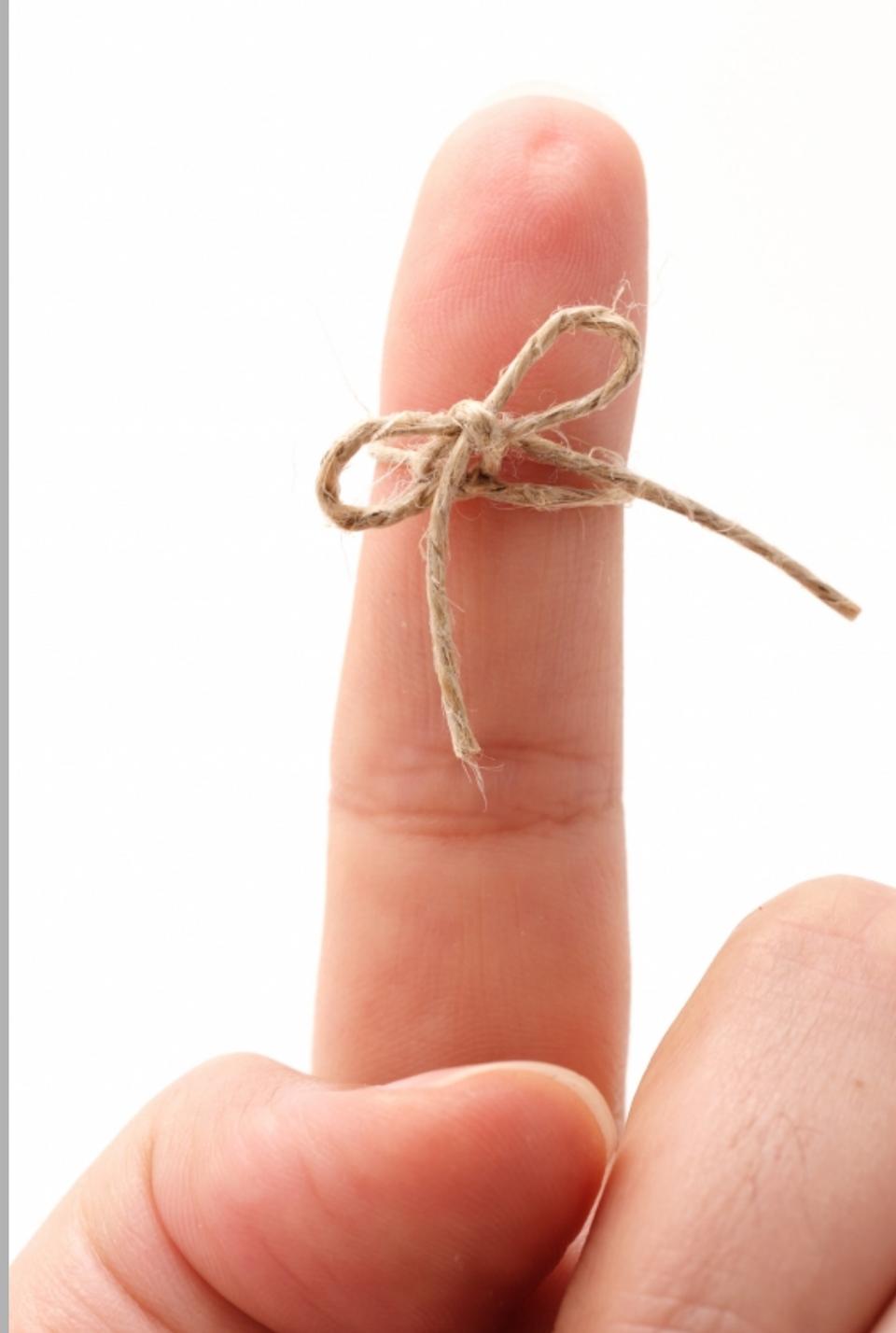


CHOICE

Participants



Communication
is
key!



THE RULES



Ohio Administrative Code

ODMH 5122-21-03(F)(4)(g)(i)(ii)

DODD 5123:2-14-01(l)(e)



FORMS

Natural supports

- Sponsors
- Family
- Close friends



Formal supports

- People who know individual
- Professionals
- Advocates
- Transition Coordinator



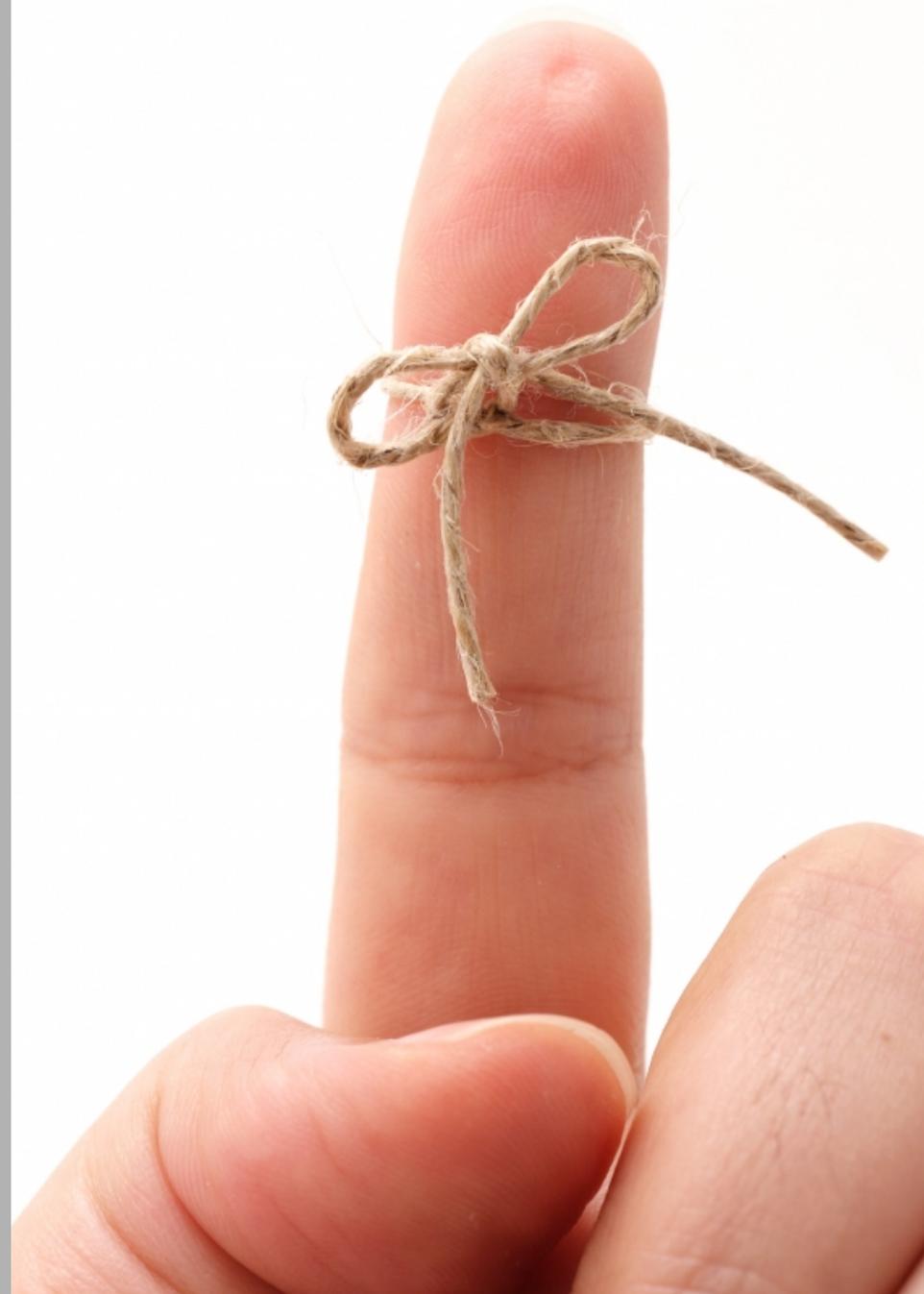


Include
people who
can best
assist in the
discharge
planning
process

Discussion & Assessment



Good planning
includes
assuring
everything is in
place prior to
discharge



What has worked and why?





What didn't work and why?



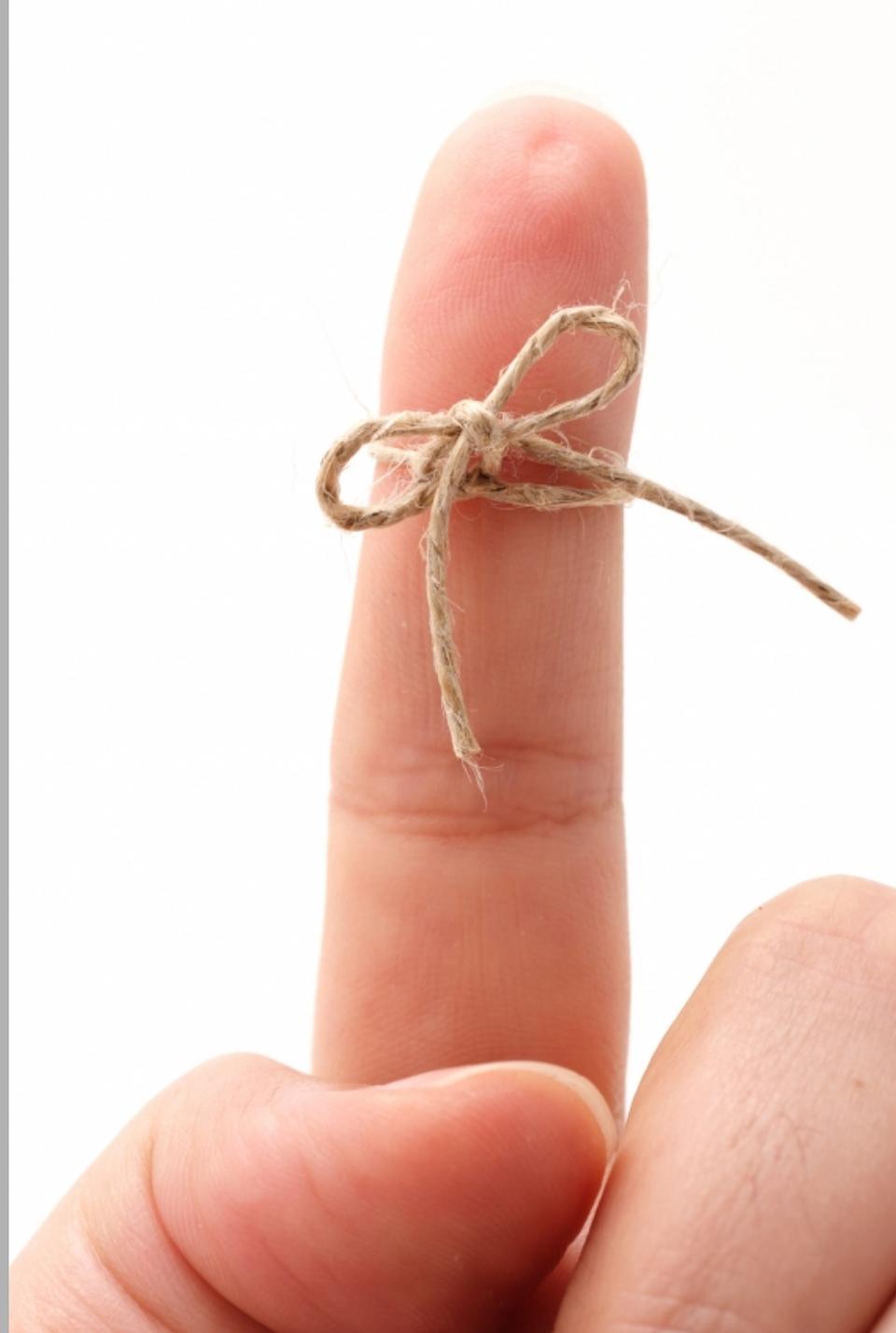
What
resources are
available &
can they be
combined to
meet the
individual's
needs?

**What
worked?**

**What didn't
work?**

Resources?

Choice?



Preferred living arrangement?

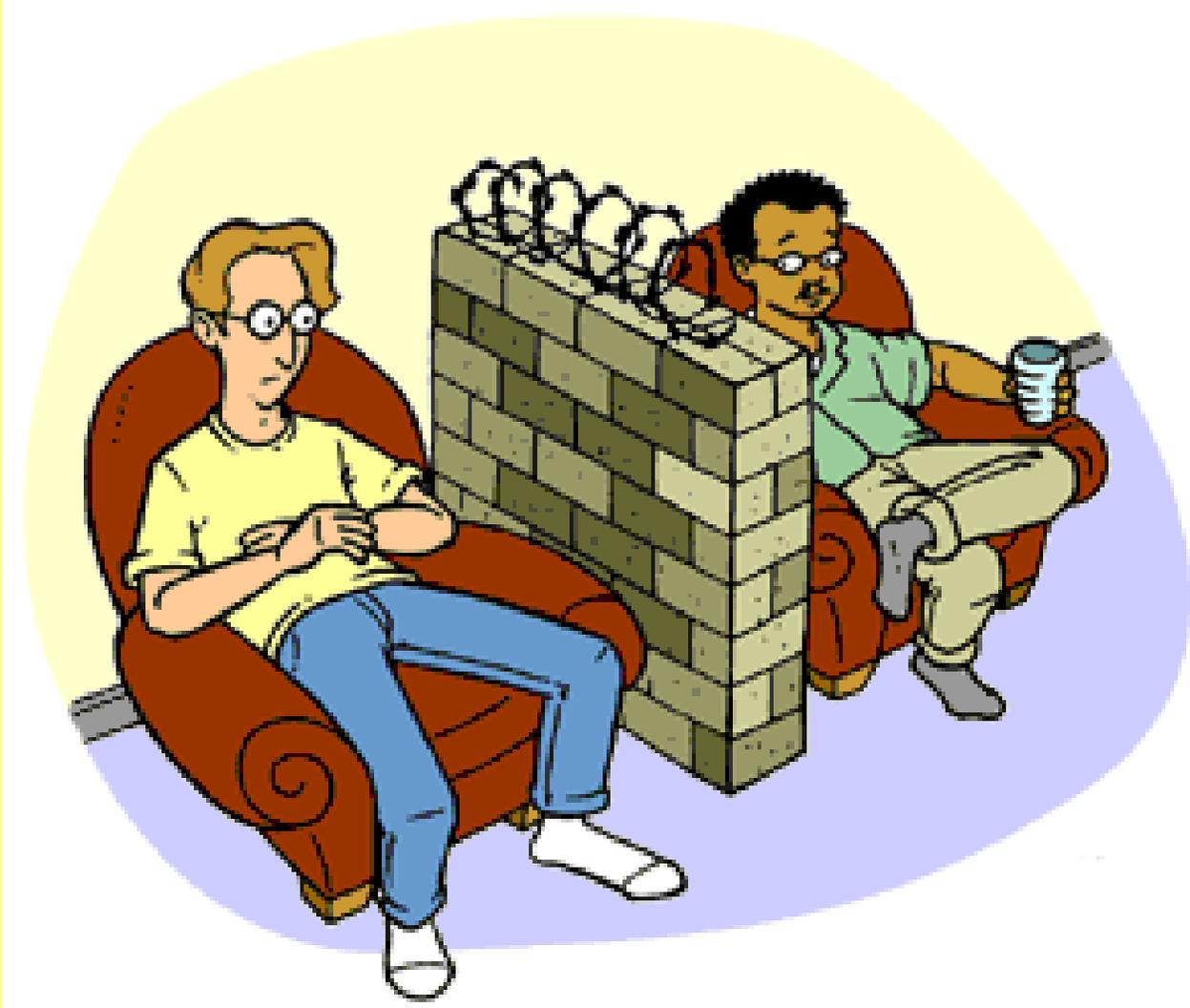




Are resources available to meet consumer's needs in their preferred environment?

Consumer preferences





Roommates?



**C
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T
Y**



Interests





**Determining
consumer
preferences
will help
ensure
success**

Activities of Daily Living (ADL)



What can the individual do independently?



In what ADLs does the individual require some assistance?



Important to
focus on
abilities &
what is
needed to
support
autonomy





HEALTH



Medication





What
services and
supports are
needed for
individual to
manage their
health?

**SAFETY
FIRST**

**WATCH
YOUR STEP**



Legal Considerations



Financial



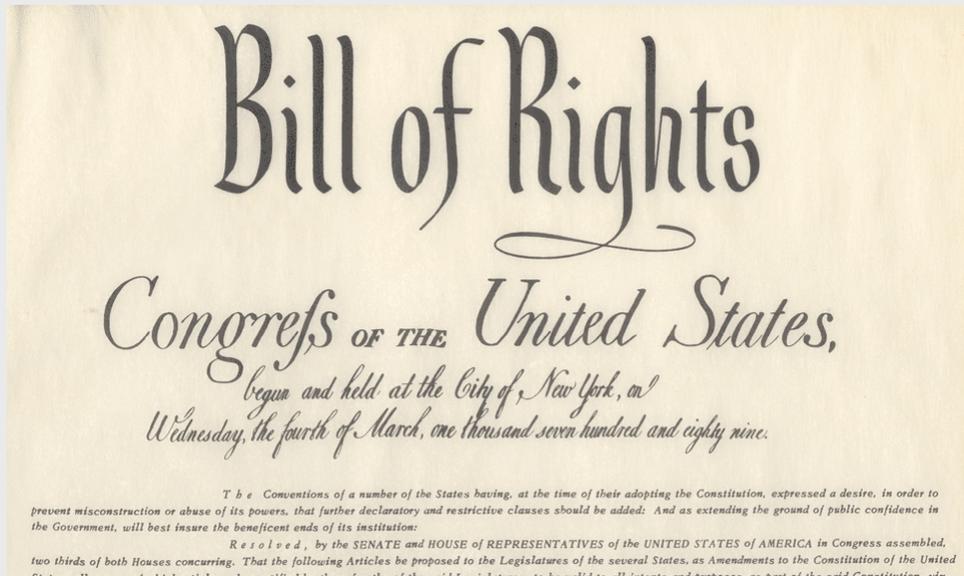
Considerations



Know
Your
Rights

CIVIL RIGHTS

RESIDENTS' RIGHTS



Ohio Revised Code

3721.16 Residents' rights concerning transfer or discharge

3721.161 Hearing challenging proposed transfer or discharge

3721.162 Determining whether transfer or discharge complies

Ohio Administrative Code

3701-61-02

Right to challenge transfer or discharge

- Specified reasons
- Due process

3701-61-03

Notice & hearing request requirements

- Notice – in writing, certified mail, at least 30 days in advance
 - Reason, proposed date, location
 - Right to impartial hearing, how to request, time frame
 - ODH Legal Services Office contact info.
 - Regional LTC Ombudsman contact info.

3701-61-04

Written decision,
impartial hearing
and appeal

3701-61-05

Transfer &
discharge
responsibilities of
the home



CMS State Operations Manual

Guidance to surveyors for long-term care facilities

§483.12 Admission, Transfer, and Discharge Rights

Facility responsibilities

- Proper notice
- Adequate preparation
- Safe and orderly discharge
- Alternative setting shall have accepted

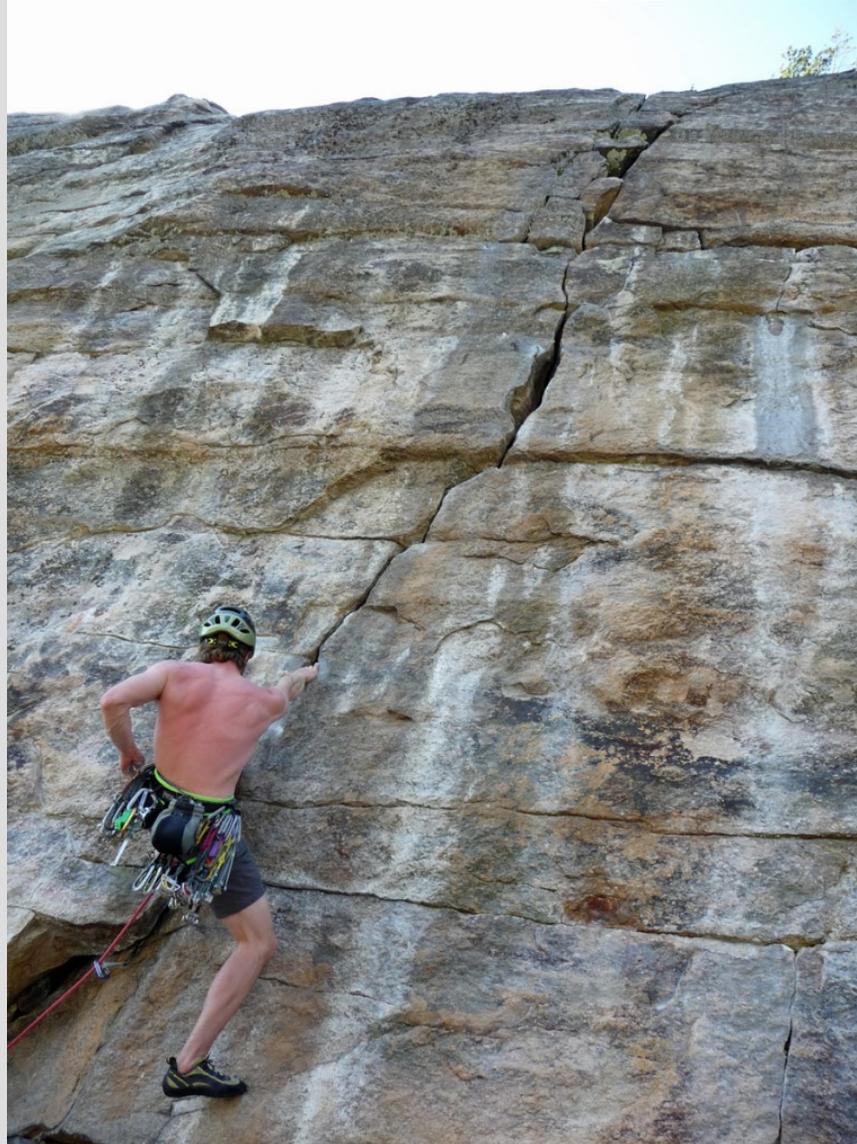




Be optimistic and realistic



Be persistent



Be prepared



Office of the State Long-Term Care Ombudsman

800-282-1206

<http://www.aging.ohio.gov/home/>



**Ombudsman
Stepping Up For
Elder Rights**





**Thank
You!**