

5122-29-36 Residential treatment program certification.

- (A) The purpose of this rule is to state the minimum requirements for a program to be certified by the Ohio department of alcohol and drug addiction services as an alcohol and drug addiction services residential treatment program.
- (B) The provisions of this rule are applicable to all alcohol and drug addiction residential and halfway house treatment programs in Ohio subject to program certification in accordance with division (A) of section 3793.06 of the Revised Code, public or private, regardless of whether they receive any public funds that originate and/or pass through the Ohio department of alcohol and drug addiction services.
- (C) Each residential treatment program certified by the Ohio department of alcohol and drug addiction services shall provide:
 - (1) Structured alcohol/drug addiction services and activities for at least thirty hours for adults and twenty hours for adolescents per seven-day week. These services and activities shall be provided at the certified residential treatment program site.
 - (2) Individual and/or group counseling services shall be provided at a certified program site of the agency at least five days per week.
 - (3) Housing for clients, twenty-four hours per day, seven days per week and food for clients, to include at least three nutritionally-balanced meals per day, seven days per week.
 - (4) The opportunity for clients to get eight hours of sleep per night.
 - (5) A staff member who is at the program site to actively supervise and monitor clients twenty-four hours per day, seven days per week.
- (D) Each halfway house treatment program certified by the department shall provide:
 - (1) Structured alcohol/drug addiction services and activities for at least ten hours per seven-day week. All structured alcohol and drug services and activities shall occur at the certified halfway house treatment program site.
 - (2) Individual and/or group counseling services shall be provided at a certified program site of the agency at least two days per week.
 - (3) Housing for clients twenty-four hours per day, seven days per week and food for clients, to include at least three nutritionally-balanced meals per day, seven days per week.
 - (4) The opportunity for clients to get eight hours of sleep per night.
 - (5) A staff member who is at the program site to monitor clients twenty-four hours per day, seven days per week.
- (E) Time for meals, unstructured activities, "free time," time spent in attendance of self help groups, such as alcoholics anonymous or narcotics anonymous, is not included in the minimum hours of services and activities for a residential or halfway house treatment program.
- (F) Interpersonal and group living skills shall be promoted in residential and halfway house treatment programs. Clients shall be transitioned to the general community for education, job training, job interviews, employment stabilization and obtaining alternative living arrangements.

- (1) A program may require clients to perform tasks of a housekeeping nature without compensation as specified within program guidelines.
 - (2) Housekeeping tasks shall not be considered as meeting the alcohol/drug addiction services and activities requirement.
- (G) Each residential and halfway house treatment program shall be organized and clinically managed to provide non-medical community residential level of care. Non-medical community residential treatment means a twenty-four hour rehabilitation facility without twenty-four hour-per-day medical/nursing monitoring. It is a planned program of professionally-directed evaluation, care and treatment for the restoration of functioning for persons with alcohol and other drug problems and/or addiction.
- (1) Residential treatment services shall be provided in a residential program certified by the Ohio department of alcohol and drug addiction services.
- (H) A residential or halfway house treatment program that has twenty-four hours per day nursing and medical staff may provide one or more of the following levels of care:
- (1) Medical community residential.
 - (2) Twenty-three hour observation bed.
 - (3) Sub-acute detoxification.
- (I) A residential and halfway house treatment program may provide ambulatory detoxification services that are supervised by a physician. Department certified halfway house and residential treatment programs that want to provide ambulatory detoxification services need not obtain outpatient certification from the department.
- (J) Each residential and halfway house treatment program shall provide, at a minimum, the following alcohol and drug addiction services at the program site in accordance with rule 3793:2-1-08 of the Administrative Code:
- (1) Assessment services,
 - (2) Individual and group counseling services,
 - (3) Crisis intervention services, and
 - (4) Case management.
- (K) A medical history, including food allergies and drug reactions, shall be completed on or before admission to a residential or halfway house treatment program.
- (1) Physical examinations shall be obtained within twenty-one calendar days of admission by a physician, clinical nurse specialist or certified nurse practitioner.
 - (2) A physician, clinical nurse specialist or certified nurse practitioner may accept a physical examination that has been done ninety days or less before the admission date of a client; however, a copy of the physical examination must be filed in the client's record and the individual accepting the physical exam must date and sign the physical examination.
 - (3) Each program shall refer a client for tuberculosis screening when indicated.
 - (4) Each program shall refer a client for hepatitis screening when indicated.

(5) Programs shall ascertain if pregnant clients are receiving prenatal care and document who is providing prenatal care.

(a) If a client is not receiving prenatal care, a program is required to offer assistance in obtaining prenatal care.

(b) If a client refuses to obtain prenatal care, the program shall document in her clinical record that she was offered assistance to obtain prenatal care.

(L) Each adult residential and halfway house treatment program shall provide adequate space for the comfort and security of its clients in accordance with local occupancy rules and regulations.

(M) Each residential and halfway house treatment program that serves children shall provide adequate space for the comfort and security of its clients in accordance with local occupancy rules and regulations.