

## 5122-29-15 Self-help/peer support service.

(A) Self-help/peer support service means individual or group interactions conducted by persons receiving services, persons who have received services, or their families or significant others, for the purpose of providing emotional support and understanding, sharing experiences in coping with problems, and developing a network of people that provides on-going support outside the formal mental health service system.

(B) Self-help/peer support service shall:

(1) Ensure consultation with persons providing self-help/peer support service to identify an agency staff person to serve as an advisor, help gain access to educational information, or participate in planning as requested by the self-help/peer support service;

(2) Promote coordination among similar providers within the community mental health board service district, and with agencies and boards of adjacent community mental health board service districts to maximize the opportunities for self-help/peer support; and

(3) Ensure that the service plan is consistent with the principles of a community support system and other approaches identified by persons served to maximize supports outside the mental health service system.

(C) Self-help/peer support services may be provided in the home of a person served as part of an effort to enhance a person's support network and to enhance their ability to live in the least restrictive setting.

(D) The agency shall facilitate the establishment of self-help/peer support when such supports are unavailable or inaccessible in the community. Services shall be available to groups such as persons with mental illness and their families and significant others, women, children and adolescents and ethnic and racial minorities.

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