

Statewide Project/Heartland Behavioral Health  
**Project #1: Medical Clearance Guidelines**  
Meeting Minutes  
Date: February 27, 2013

**Participants:**

Dr. Nwajei, Heartland Behavioral Healthcare – Co-chair  
Dr. Bergman, Parma General Hospital – Co-chair  
Jeff Allen, Crisis Intervention & Recovery Center  
Nancy Collier, Med Central Health System  
Gail Houk, Alternative Paths  
Jeff Sims, Heartland Behavioral Healthcare  
Michael Waggoner, Heartland Behavioral Healthcare

- 1) **Topic:** Reviewed the intent and purpose of the subgroup (standardized medical clearance guidelines).
  - **Action:** None
  
- 2) **Topic:** Discussion of current literature and instruments related to the medical clearance process.
  - **Action:** Literature review completed by Dr. Bergman. The group decided we would use the instruments provided (see attached documents) to help structure future discussions.
  
- 3) **Topic:** Recommendation to expand subgroup to include subject experts, especially emergency room physicians.
  - **Action:** Select members of the subgroup who will solicit feedback and participation in the next subgroup meeting (Jeff A., Gail, Jeff S.)
  
- 4) **Topic:** Additional considerations such as consideration of CMS and Joint Commission standards guiding appropriate screening of admissions, importance of physician to physician contact to engender trust and foster relationship building.
  - **Action:** Jeff Sims will bring standards for review at the next meeting.
  
- 5) **Topic:** The group voiced concern that the misinterpretation of the Pink Slip/Involuntary Admission Certificate often causes admission delays.
  - **Action:** Jeff Sims will discuss this issue with Ohio Department of Mental Health leadership

Our next meeting will occur in three weeks. We will schedule our subsequent meetings in advance to help coordinate everyone's schedules. We are targeting our regional meeting for April or early May.