

South Oaks Gambling Screen (SOGS) (Lesieur & Blume, 1987)

Please check one answer for each statement	Not at all	Less than once a week	Once a week or more
a. Played cards for money.			
b. Bets on horses, dogs, or other animals (at OTB, the track, or with a bookie).			
c. Bet on sports (parlay cards, with bookie, at Jai Alai).			
d. Played dice games, including craps, over and under or other dice games.			
e. Went to casinos (legal or otherwise).			
f. Played the numbers or bet on lotteries.			
g. Played bingo			
h. Played the stock and/or commodities market.			
i. Played slot machine, poker machines, or other gambling machines.			
j. Bowled, shot pool, played golf, or some other game of skill for money.			
k. Played pull tabs or "paper" games other than lotteries			
l. Played internet gambling games for money.			
m. Some form of gambling not listed above (please specify).			

2. What is the largest amount of money you have ever gambled with on any one-day?
 Never Gambled More than \$100.00 up to \$1,000
 \$ 1.00 or less More than \$1,000 up to \$10,000
 More than \$1.00 up to \$10.00 More than \$10,000
 More than \$10.00 up to 100.00

3. Check which of the following people in your life has (or had) a gambling problem.
 Father Mother
 Brother/Sister My spouse/partner
 My child(ren) Another relative
 A Friend or someone important in my life

4. When you gamble, how often do you go back another day to win back money you have lost?
 Never Most of the time
 Some of the time (less than half of time I lose) Every time that I lose

5. Have you ever claimed to be winning money gambling, but weren't really? In fact you lost?
 Never
 Yes, less than half the time I lost
 Yes, most of the time

6. Do you feel you have ever had a problem with betting or money gambling?
 No Yes Yes, in the past, but not now.

7. Did you ever gamble more than you intended to?
 Yes No

8. Have people criticized your betting or told you that you had a problem, regardless of whether or not you thought it was true?
 Yes No

9. Have you ever felt guilty about the way you gamble, or what happens when you gamble?
 Yes No

10. Have you ever felt like you would like to stop betting money on gambling, but did not think that you could?
 Yes No

11. Have you ever hidden betting slips, lottery tickets, gambling money, IOUs, or other signs of betting or gambling from your spouse, children or other important people in your life?
 Yes No

12. Have you ever argued with people you live with over how you handle money?
 Yes No

13. (If you answered "yes": to question 12) Have money arguments ever centered on your gambling?

_____ Yes _____No

14. Have you ever borrowed from someone and not paid them back as a result of your gambling?

_____ Yes _____No

15. Have you ever lost time from work (or school) due to betting money or gambling?

_____ Yes _____No

16. If you borrowed money to gamble or to pay gambling debts, who or where did you borrow from (check "Yes" or "No" for each):

a. From household money

YES NO

b. From your spouse/partner

YES NO

c. From relatives or in-laws

YES NO

d. From banks, loan companies, or credit unions

YES NO

e. From credit cards

YES NO

f. From loan sharks

YES NO

g. You cashed in stocks, bonds or other securities

YES NO

h. You sold personal or family property

YES NO

i. You borrowed on your checking accounts (passed bad checks)

YES NO

j. You have (had) a credit line with a bookie

YES NO

k. You have (had) a credit line with a casino

YES NO

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SOGS-Scoring

Scores on the SOGS are determined by scoring one point for each question that shows the "at risk" response indicated and adding the total points.

Question 1 Not counted

Question 2 Not counted

- Question 3 Not counted
- Question 4 _____ Most of the time I lose, or Yes, every time I lose
- Question 5 _____ Yes, less than half the time I lose or Yes, most of the time
- Question 6 _____ Yes, in the past but not now or Yes
- Question 7 _____ Yes
- Question 8 _____ Yes
- Question 9 _____ Yes
- Question 10 _____ Yes
- Question 11 _____ Yes
- Question 12 Not counted
- Question 13 _____ Yes
- Question 14 _____ Yes
- Question 15 _____ Yes
- Question 16a _____ Yes
- Question 16b _____ Yes
- Question 16c _____ Yes
- Question 16d _____ Yes
- Question 16e _____ Yes
- Question 16f _____ Yes
- Question 16g _____ Yes
- Question 16h _____ Yes
- Question 16i _____ Yes
- Question 16j Not counted
- Question 16k Not counted

TOTAL: _____

(maximum score = 20)

Interpreting the score:

0: No problem with gambling

3-4: Problem Gambler

5 or more: Probable Pathological Gambler

References:

Lesieur, H. R., & Blume, S. B. (1987). The South Oaks Gambling Screen (SOGS): A new instrument for the identification of pathological gamblers. *American Journal of Psychiatry*, 144(9), 1184-1188.