

Brief Bio-social Gambling Screen (BBGS)

Three questions for identifying gambling problems:

1. During the past 12 months, have you become restless, irritable or anxious when trying to stop/cut down on gambling?

Yes

No

2. During the past 12 months, have you tried to keep your family or friends from knowing how much you gambled?

Yes

No

3. During the past 12 months, did you have such financial trouble that you had to get help from family or friends?

Yes

No

BBGS Scoring: Answering 'Yes' to one or more questions indicates likely pathological gambling.

Source: Gebauer, L., LaBrie, R. A., & Shaffer, H. J. (2010). Optimizing DSM-IV classification accuracy: A brief bio-social screen for gambling disorders among the general household population. *Canadian Journal of Psychiatry, 55*(2), 82-90