

**Planning Council Meeting Minutes
TVBH North Wing Conference Center
Friday, September 30, 2016**

Present: Daniel Arnold, Walter Asbury, David Caperton, Lisa Carter, Lisa Clark, Greg Collier, Liz Gitter, Alaina Herrel, Emilia Jackson, Dustin McKee, Jody Morgan, K. DeBol (for Alissa Otani-Cole), Mickey Scoville, Michelle Shock, Sam Stull, Donna Thomas, Sue Williams

Absent: Megan Arnold, Craig Comedy, Cheryl Crayden, Bob Cross, Sandra Keyes, Diane Mang, Kimberly Meals, Barbara Miller, Jennilee Mohler, Sara Sheline, Mark Smith, Sarah Smitley, Taylor Stevenson, Gail Thomas

Welcome, Introductions, Meeting Minutes and Meeting Rules

- Walt Asbury, Vice-chair opened the meeting at 10:07am with welcome, meeting rules reminder and introductions
- Approval of July 29, 2016 meeting minutes: motion to approve (Dave Caperton moved/Jody Morgan 2nd); motion carried

Kathy Coate-Ortiz, OhioMHAS Chief of Mental Health Services - First Episode Psychosis Program

- SAMSHA funded with “new money” which is \$1.6 million annually for Ohio
 - 10% set aside for Mental Health Block Grant
- Goal is to treat first-time psychosis symptoms as soon as they occur with early intervention
- For persons 15 – 35 (normally late adolescence)
- Team based approach; evidence based
- Specialty care Includes:
 - Individual Therapy
 - Family involvement
 - medication management
 - Case manager
 - Supported education and /or supported employment
 - Peer support
 - Integration of Primary and Behavioral healthcare
- Primary Goals (current & future):
 - Services
 - Training consultation
 - Availability all over Ohio
 - Services availability matches local needs
 - Increase access to assessment, treatment and specialized expertise
 - Develop nontraditional partnerships (hospitals, university and other places where first episode psychosis might occur)
 - Long-term sustainability

- Seven providers funded in seventeen counties
- SFY 2016 Summary of the Projects
 - Two providers funded and services were available in nine counties
 - Average age of clients receiving services: 21 years old
 - Individuals served throughout the year: 111
 - Number of clients enrolled at the end of the year: 90
 - Number of clients working or in school 55-63%
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Carol Carstens, OhioMHAS Bureau of Research - Scientific Survey of Adult Consumers and Parent/Guardian of Children Receiving Services

- Perception of Care Scales
- Adult Consumer Survey (MHSIP)
 - Mail survey samples 10,000 adults
 - Randomly selected from the SFY 2015 service population 110,487 adults
 - Undeliverable mail 18.1%
 - Non respondents: 80.1
 - Refused /unusable form: less than 1%
 - Respondents: 18.9%
- Who responded
 - Mean age 47.5
 - Race: White 69.9 %; African-Am 23.9%; Unknown 4.9%, Other 1.6%
 - 8.3% not in services at time of survey
 - 7.9% police involvement in past 24 months
 - Geographically Diverse
 - 16.4 - Appalachian boards
 - 8.5 - Rural boards
 - 14.1 - Small board
 - 14.5 - suburban boards
- What was Measured:
 - Perception of Care:
 - Cultural Sensitivity
 - Treatment Engagements
 - Access
 - Quality Appropriateness
 - Self-reported outcomes
 - Social Connectedness
 - Outcomes
 - Functioning
- The YSS-F Youth Services Survey for Family
 - Mail survey samples 14,014 families of children and adolescent consumers
 - Randomly selected from SFY 2015 service population 87,149 youth

- Participants
 - Study sample: 1,480 completed surveys
 - Child subjects: 41.2% females (n=602), 58.8% male (n=859)
 - Mean age: 11.3 years
 - Race: 70.1% white; 25.7% African Am; 4.2% Other
 - Ethnicity: 3.3% Hispanic/Latino
 - 70.9% received services for more than a year
- What was measured
 - Cultural Sensitivity
 - Treatment Engagements
 - Access
 - Quality Appropriateness
 - Social Connectedness
 - Outcomes
 - Functioning
- For the full reports go to: OhioMHAS website, to <http://mha.ohio.gov/Default.aspx?tabid=301>
See "Surveys 2016"

Tracy Plouck, Director OhioMHAS – Department Updates

SFY 16 Community Accomplishments:

- Criminal Justice Partnerships
 - Partnership with ODRC brought prison-based recovery services under the OhioMHAS leadership umbrella
- Investing in Ohio's youth
 - 9 million invested in the **Early Childhood Mental Health (ECMH)** Whole Child Matters Initiative - adding dozens of mental health consultants to work with teachers, staff and families of at-risk children in early learning settings
 - **Strong Families, Safe Communities** partnership with DODD was continued with 3 million to work with communities to intervene with adolescents and youth at risk – 13 projects were awarded funds in SFY16
 - Additionally, resources appropriated to strengthen community prevention efforts through youth-led and evidence-based programming
- **Modernizing the Medicaid** behavioral health benefit
 - Collaboration with the Ohio Department of Medicaid to better align services to a person's level of need and integrate with physical managed care for better overall health
- Specifically, **Specialized Recovery Services** for people with high-intensity service and support
Increasing access to housing
 - For people in substance abuse recovery and those with mental illness through bricks & mortar projects:

- Total of \$9.4 million in funding for permanent supportive housing in SFY16
- \$2.2 million capital budget for expansion of sober housing options – added 158 beds to Ohio’s stock
- For people in Substance abuse recovery and those with mental illness through bricks & mortar projects:
- \$2.5 million grants for recovery housing for Ashtabula, Athens, Fairfield, Fulton, Lake, Licking and Trumbull Counties
- Extended **Residential State Supplement** financial assistance
- **Saving lives – Suicide Prevention**
 - Actionable plans to avoid preventable deaths by investing \$2 million over the biennium in suicide prevention, including:
 - Training physical health care providers to recognize early warning signs
 - Zero suicide Academy trainings
 - Collaboration with the Ohio State University
 - College of Psychiatry and the Departments of Medicaid and Health working on a data surveillance system to assist in targeting services for individuals at risk
- **Saving lives – Naloxone**
 - House Bill 4 (sponsored by Sprague & Rezabek) was passed and signed by the Governor into law, which allows a physician to issue a protocol authorizing others to furnish naloxone to an individual who is at risk of overdosing or to an individual who may be able to assist another person during an opioid-induced overdose
 - OhioMHAS also allocated \$500,000 for the purchase of more naloxone to be available statewide for first responders
- **Saving Lives** – Last but not least, nearly 500,000 Ohioans with behavioral health need have obtained health care coverage through the extension of Medicaid benefits
- **Improving our hospitals**
 - Appalachian Behavioral Healthcare in Athens underwent an eight-month, \$3.6 million project to renovate 20 private and 34 semi-private patient rooms, redesign nurse stations, comfort rooms, and dining areas, and make security upgrades
 - Northcoast Behavioral Healthcare was transformed with a \$71 million renovation project, which replaced buildings and consolidated others into a single, cohesive 258 bed facility covering 297,000 square feet of space.

Membership Committee Report – Jody Morgan, Chairman, Membership

- **Election of officers** - The Membership committee recommends the following slate of candidates for Planning Council officers:
 - Chair: Dave Caperton
 - Vice-Chair: Greg Collier
 - Secretary: Lisa Clark
 - Parliamentarian: Walt Asbury

Membership committee moved to accept officers as read/Alaina Herrel 2nd; motion carried

- **Vacancies and Recruitment Efforts**

- Thank you to OhioMHAS staff Lynette Cashaw-Davis and the OhioMHAS communications office for the updated, professionally printed brochures
- Outreach/Recruitment efforts include participation in the Ohio Rally for Recovery
- Vacancy Recommendation: Angela Schoepflin as a Person with a Child in substance abuse recovery
- We still have 2 slots open for a Young Person in Mental Health Recovery (up to age 25)

- **Bylaws - Recommended changes**

- Formatting issue – it was noted the numbering was incorrect; will be fixed
 - Remove chairman sentence and place in executive team section: “language about at large seat”
 - OACHBA – statewide assistance to regional consumer operated service regarding mental health advocacy
 - Motion to table #6 removal- Lisa Clark/Greg Collier
 - Greg moved to accept changes to bi-laws with corrections stated; Alaina 2nd
- Walt Asbury made a motion for Planning Council to present a Certificate of Appreciation thanking Jenni Mohler for her service; Dan Arnold 2nd – motion carried

Increasing effectiveness of Planning Council, Jody Morgan, Technical Assistance Team

- The technical committee recommends that we invite our SAMSHA consultant to attend our December meeting to facilitate a SWOT analysis (Strengths, Weaknesses, Opportunities and Threats)
- Also on the agenda for the next meeting will be review of the comment letter that accompanies the Block Grant Implementation Report
- Suggestion was made to have a working lunch and purchase pizza for the next meeting
- Donations will be accepted to cover the cost of pizza for those who choose to participate

Meeting adjourned at 2:30pm.