

**Planning Council
Meeting Minutes
OhioMHAS
Saturday, May 7, 2016**

Present: Lisa Clark, Sandra Keyes, Kimberly Meals, Alissa Otani-Cole, Cheryl Crayden, Walter Asbury David Caperton, Jody Morgan Sarah Smitley, Greg Collier, Bob Cross, Daniel Arnold, Liz Gitter, Jane Byrnes, Jennilee Mohler, Sarah Nerad, Angela Schoepflin, Taylor Stevenson, Dustin McKee, Lisa Carter, Lisa Clark

Absent: Greg Collier, Diane Mang, Bob Cross, Lizzy Copper, John Dellick III, Sara Sheline, Meghan McNeil, Mickey Scoville, Angela Schoeplin, Barbara Miller, Mark Smith, Gail Thomas, Sue Williams, Donna Thomas, , Alaina Herrel, Cathy Davis, Domina Page, Craig Comedy.

Guests: Carol Carstens, Sharon Fitzpatrick, Daniel Schreiber, Sandy Starr, Sarah Thompson, Mindy Vance

Recorder: Lynette Cashaw-Davis

Welcome, Introductions, Meeting Minutes and Meeting Rules

- Review of March 18, 2016 meeting minutes: Walt motioned to approve, Dave 2nd; motion carried.
- Jenni, Planning Council chair reminded folks to review the meeting rules in their packet.

Advocacy Group Presentation – Sarah Thompson, Executive Director, Ohio Citizen Advocates for Addiction Recovery

- Nonprofit 501(c)(3)organization
- Values: diversity, empowerment, community, integrity, compassion
- Program Services: advocacy, educational outreach, recovery support services
- Work to fight stigma and discrimination – stigma often leads to discrimination (happen in all segments of society)
- Utilize deliberative dialogue which is a process in which people listen to one another deeply enough to be changed by what they learn during the engagement
 - Opportunity to build wellness and to bring people together across cultural differences
 - Opportunity to rethink biases and assumptions; construct and generate new goals; transform perspectives; discover common ground and move to action
 - Most important word is sustained – everyone must take this back to their communities and continue the dialogue
- Advocacy vs Lobbying (Lobbying always involves advocacy – advocacy doesn't always involve lobbying)
 - Have to know who the key players are (all of them) and what their view are
 - Strategy development looks at OCAAR developed Strategy Toolkit addresses how to develop a strategy for meeting with your legislator
 - Do your homework, both on the issue and on the legislators you are going to see

- Sarah will send her contact information to send out to everyone

OhioMHAS Budgeting – Daniel Schreiber, Deputy Director of OhioMHAS Office of Fiscal Services

- Budgeting and financial background: formerly with OBM in Health and Human Services/
- Try to build the Block Grant as part of the entire budget – not as a silo
 - Substance Abuse Prevention & Treatment (SAPT) Block Grant(roughly 65 million/year)
 - Mental Health (MH) Block Grant (roughly 16 million/year)
 - several other one time demonstration grants
- Block Grant: start with the application – looks at what we have done, where we are spending our money – can view things holistically
 - Application due Sept. 1st – Report due December 1st
 - SAPT: 10.9 million set aside has to be met for women’s gender specific substance use disorder treatment, and 20% for primary prevention of substance abuse
 - Portion goes to allocations (to MH boards) “do good and avoid evil” – few restrictions except for 10% set aside for First Episode Psychosis treatment
- Remaining - directly to providers (may still go through boards) but targeted to providers
 - Working generally on a continuation model (based upon what we get annually based on state and federal mandates)
 - Program state follow up to assure program objectives, outcomes are met
 - Dollars can be reprogrammed if found they are not being utilized for whatever reason
 - Around February start planning for next fiscal year
 - By May proposed budget goes out
- Making a major effort to look at all our funding holistically not in a siloed manner – how can we fund what we need to see happen

Consumer Operated Service Update - Mindy Vance, Chief of Recovery Supports Bureau

- Part of Ohio’s DD (Developmental Disability) council – sent 7 individuals to Washington DC disability Summit (ABLE Act (1:26)
- Have a 2 minute, 4 minute and 10 minute drill and have a fact sheet
- Changes in how we focus on advocacy: dividing money up into 6 regions of the state to the COSs (Consumer Operated Services) statewide – was very successful
- Want the COSs split up wellness work on a regional basis 480,000 to be equally divided between 5 COS. Will be contacted COS in one Region for this purpose.
- Make structural and attitudinal changes- Raise Awareness, localized education training, reduce barriers, want to help enhance COS boards
- MH Block Grant – developing advocacy coalition - learning Collaboratives – Want to include Planning Council

- Foundations, Gathering Place, Sandusky Artisans, Main Place Greater Cincy Behavior Health – implementing wellness work.
- GIFA provided information on what’s being funded
- Suggestion to talk with Gabe re setting up a voice mail redirecting at Ohio Empowerment Coalition which recently went out of business

Consumer Survey (MH Block Grant) – Council’s Input Requested – Carol Carstens, Ph.D., Office of Quality, Planning & Research (1:47)

- Requested Council’s feedback on draft brochure to increase response rate on survey attached to consumer satisfaction surveys required by MH Block Grant (MHSIP and YSS-F)
 - Need to get 1000 people in the survey to make it reliable (need 250 more)
 - Want to convince folks that this is important for them to fill out
 - Original sample was 10000 adults and 14000 families.
- Council members make suggestion to connect the “Outreach, Training, Housing, Employment, Treatment” back to the participants (circle, color, different shape)

OhioMHAS Updates – Sanford Starr, Deputy Director of OhioMHAS Office of Quality, Planning & Research (2:01)

- May is Mental Health month – eUpdate sent out links to screening tools and MHA
- Youth Rally at Statehouse last week
- New synthetic drugs on street in Ohio: U4700 and 3Menthel Fentanyl – Pharmacies and Governor’s office worked very quickly to get these scheduled (outlawed)
- Several grant opportunities due 5/31: Prevention grant; Naloxone available to local communities and using SAMHSA Opiate Toolkit (looking at working with jail populations); MAT (medication assisted treatment for opioid addiction) expansion (MAT PDOA) – Using CDC (Center for Disease Control) report (14 counties)
- 2 million set aside for Suicide Prevention initiative (training to physicians, social workers, etc.) zero suicide training, best practices, removing stigma, building capacity of local LOSS teams, data surveillance system
- Board Community Plans guidelines sent out last month (will be posted on website)
 - Continuum of care services that must show are available in board area
 - Must provide information about the population that utilize those services
 - Will create a report as to the results (can provide information to PC)
- State Epidemiological Workgroup (SEOW) (dataset migrating to Network of Care on Department of Health)
- Questions regarding ATR (Access to Recovery for services for persons with SUD leaving prison) grant – Sandy will forward information.

Crisis Intervention Training (CIT) for Law Officers – Lt. Michael Woody, CIT Coordinator for Ohio and President of CIT International

- 10% of police officers' calls involve someone with mental illness
- Prior to CIT training, officers were required to take only 5 hours of training on all handicaps
- Later grew to 16 hours, as of this year they get 40 hours
- CIT (Crisis Intervention) Training (started in 1988 in Memphis, TN) police department
- Found injuries to all officers decreased 80% with the introduction of CIT training
- One of 11 states that have a state CIT program – Program provide advance courses annually
- May 2005 first CIT national conference held in Columbus, Ohio 700 people from 42 counties
- Most recent conference held in (18:07) 1100 people

Planning Council Business – Jenni Mohler, Planning Council Chair

- Increasing Effectiveness of Planning Council - Jenni Mohler (39: 35)
 - Advocacy and Trauma Informed Care are the areas the group wants to focus on
 - Suggestion to attend Recovery Conference – participate with the OHMHAS table; will give us an opportunity to meet with peers
 - Suggestion to have Planning Council to submit to OMHAS Newsletter (re: membership) (48:54)
 - Take information in their community
 - Need more folks to step up and share their talents
 - Organizing signup sheet to staff the table
 - Can plan our own recovery month event – Check Recovery month.org for updates on statewide events
- Membership Committee Report – Jody Morgan, Membership Chairperson
 - Committee needs to schedule a meeting in order to reach out to folks with numerous absences
 - Bylaws revision proposal; vote required to amend (Membership and quorums)
 - Walt and Cheryl motion to accept changes
 - Sarah Nerad, Vice Chair will not be returning for another term – will need a nomination for Vice Chair
 - Nomination Walter Asbury – member ship nominate – motion passed unanimous
 - PC Need nominees for young adults in mental health and addiction recovery
- Committee volunteers requested: Block Grant Committee & Membership/Bylaws
- Current Plan is on the Website (300 pages)
- Folks on committee usually reviews specific sections (based on populations)
 - Committee – Cheryl, Lisa Clark, Lisa
 - Membership committee – Taylor
 - Anything members want Director Plouck to address at next meeting?

- What grants coming out with new fiscal year available – process for applying
 - 1915i piece of BH redesign meeting
 - Mini 101 on BH redesign in September
 - Walt announced that PAIMI Need more members particular in SW area- DRO webpage
 - Sarah – Columbus Recovery High School (501c3) meeting May 26
- Next meeting July 29 at TVBH (1:20)

Future Meetings	Time	Location
September 30, 2016 (Friday)	10 am - 3 pm	Twin Valley Behavioral Healthcare, North Wing Conference Room, 2200 West Broad Street, Columbus, OH
Dec. 3, 2016 (Saturday)	10 am - 3 pm	OhioMHAS, 30 East Broad Street, 8 th floor, Columbus OH
January 27, 2017 (Friday)		New: 2017 dates: locations to be determined
March 25, 2017 (Saturday)		
May 12, 2017 (Friday)		
August 26, 2017 (Saturday)		
October 20, 2017 (Friday)		
December 10, 2017 (Saturday)		

July meeting agendas:

- Block Grant Recommendations for Block Grant Plan update to SFY 2016 – SFY 2017 Plan
- Increasing Effectiveness of Planning Council
- Director Plouck (12:45 – 1:45) at Friday meetings

Future presentations:

- Block Grant Mandated programs – Women’s Gender Specific treatment, prevention, First Episode Psychosis, children’s mental health treatment
- Housing & Transportation
- Veterans & Older Adults
- Impact of addiction & mental illness in schools---“educating educator”