

**Planning Council
Meeting Minutes
OhioMHAS
Saturday, January 23, 2016**

Members Present: Dan Arnold, Walt Asbury, Jane Byrnes, Cheryl Crayden, Bob Cross, Cathy Davis, Liz Gitter, Alaina Harrell, Meghan McNeil, Jennilee Mohler, Jody Morgan, Sarah Nerad, Alissa Otani-Cole, Angela Schoepflin, Gary Scott, Mickey Scoville, Mark Smith, Sarah Smitley, Taylor Stevenson, Sue Williams

Guests: Sandy Starr, Stephen Wilson

Recorder: Lynette Cashaw-Davis

Minutes, Meeting Rules & Introductions - Jenni Mohler, Chair

- Jenni opened the meeting at 10:06 am with reminder for folks to refer to the Meeting Rules document designed to help the meeting run smoothly and maintain our role as advisory group to OhioMHAS.
- Group reviewed the December 2015 meeting minutes. Motion was made to accept minutes (Jody Morgan) and seconded (Angela Schoepflin); motion passed with 1 abstention.

Advocacy Group Presentation – Angie Schoepflin, NAMI – Ohio Federation for Children’s MH Parent Advocacy Connection (PAC): Ohio’s Parent Peer Support Program

- PAC started in 2004 to provide parent peer support.
- NAMI Ohio manages the program.
- Highly trained parents representing PAC have advocated in both urban and rural counties throughout Ohio.
- Currently have 40 active parent volunteers
- In order to receive a PAC advocate – you must have custody of your child.
- Child must be multi –need, and parent/guardian(s) need to be at risk of losing custody of their children.
- Parents receive 1 year of training on:
 - Boundaries/confidentiality
 - Advocacy 101
 - HIPPA (federal regulations on medical record confidentiality)
 - JFS (Job & Family Services – child welfare)
 - NAMI (mental health advocacy organization)
 - Educational Advocacy 1 & 2
 - Developmental disabilities
 - Social Security for persons with disabilities
 - Juvenile Justice System
 - Certified Peer Support
 - Communications
 - Cultural sensitivity

- Intellectual disabilities
- Funding Streams
- Strengths
 - Independent from agency affiliation
 - Families trust us
 - Encourage parent education and empowerment
 - Know what families are going through because of personal experience
- Referrals come from the local Family and Children First Service Coordinator (providing service coordination which includes informal support for families)
- Parents can self-refer to their local FCFC, but the FCFC decides whether to have PAC in their county
 - Parent Peer Supporter must have lived experience.
 - Complete an application with letters of reference.
 - Provide BCI background check.
 - Interview with PAC regional coordinator.
- Will serve approximately 700 families this year.
- Advocates and regional trainers will attend upcoming trainings in addiction although they've been doing the work with families for years.

Film Screening and Discussion: *The Anonymous People* - Facilitated by Sarah Nerad, Vice-chair

Planning Council members viewed and discussed a film in which persons in long term recovery from addiction shared their stories publically.

OhioMHAS Updates – Sanford Starr, Deputy Director of the Office of Quality, Planning & Research

- OhioMHAS staff analyze claims information of persons receiving mental health and addiction services in the public system; this includes what kinds of services, for how long and at what cost.
- OHBH (BH Module) includes demographics, drug of choice, special populations; this system is being rebuilt so that warehouse that can combine demographics with claims data to provide info on who is being serviced by our system, how they are being served and how long that service is.
- While the system is being rebuilt, a committee has convened to determined what kinds of information we need to provide standardized reports - first round of that (client information) data should be ready by March (currently accessible from our website).
- Might be beneficial to Planning Council to help make decisions.
- Another set of data is being coordinated by the State Epidemiological Outcomes Workgroup (SEOW). Secondary data that already exists in other places (ODH, OPS, census data, etc.) will be housed by Ohio Department of Health on their Network of Care site. Physical health data as well as addiction and mental health data will be available on that site.
- Also will want to know what data is missing? What does Planning Council recommend to Department in terms of data we should be gathering?

Legislative Update including Murphy bill – Stephen Wilson, OhioMHAS Legislative Liaison

- He participated in meeting with Congresswomen Kaptur, Senator Murphy and others to discuss this bill, although he is not very familiar personally.
 - Replaces SAMSHA with Office of Mental Health and Substance Abuse which is to report to Congress to provide more efficiencies
 - Insure Parity Law is in compliance
 - More reporting from State on how funds are being spent and information on outcomes
 - Focus on innovation and demonstration grants
 - Workforce training grants
 - Funding for research
 - Changes in Medicaid and Medicare
 - Removes IMD exclusion (currently 16 beds or more cannot bill Medicaid for residential treatment or psychiatric hospitalization of persons ages 21 – 64)
 - Requires discharge planning for folks coming out of State hospitals
 - Still working on changes in protection and advocacy allowances in the bill

Planning Council Business – Jenni Mohler

- Membership Committee Report – Jody Morgan, Membership Chairperson
 - Completed phone interviews this past week with several applicants
 - Recommending Diane Ming to represent Adult in MH recovery
 - Recommendation was approved by Planning Council.
 - Open positions: Young adult in MH recovery 16 – 24; Family member of person with addiction under 18 (Sara requested expansion to 28 and under)
 - Membership will discuss in their next meeting: changes by-laws and new member recommendations.
- Increasing Effectiveness of Planning Council
 - Jenni Mohler mentioned possibility a technical assistance (TA) opportunity; Jody provided information regarding application for TA for Planning Council to become more effective in identifying our roles; will follow up for more information.
 - Liz met with Tracy re: how can we make Planning Council more effective?
 - Executive committee to meet with Tracy as well.
- Plans for March PC meeting:
 - Disability Rights Ohio will present.
 - Director to give updates.
- Announcements:
 - Alaina: June 1 & 2 Recovery Conference 2016 sponsored by OACBHA – Registration goes live in March; sponsorship and speaking opportunities are available. 1 ½ days of education and an evening celebration of recovery.
 - Mark shared information regarding ESSA which is a new educational act that replaces No Child Left Behind; there are two sections that speak to MH services:

- 1) Encourage schools to provide information and resources to families
- 2) Encourage set up of School based MH centers where needed.

Meeting adjourned at 2:30pm.

2016 Schedule	Time	Location
January 23	10 am - 3 pm	OhioMHAS, 30 East Broad Street, 8th Floor, Columbus, OH
March 18	10 am - 3 pm	State Library of Ohio, 274 East First Ave., Columbus, OH
May 7	10 am - 3 pm	OhioMHAS, 30 East Broad Street, 8th Floor, Columbus, OH
July 29	10 am - 3 pm	Twin Valley Behavioral Healthcare, North Wing Conference Room, 220 W. Broad Street, Columbus, OH
September 30	10 am - 3 pm	Twin Valley Behavioral Healthcare, North Wing Conference Room, 200 W. Broad Street, Columbus, OH
December 3	10 am - 3 pm	OhioMHAS, 30 East Broad Street, 8 th floor, Columbus OH

Note: All Saturday meetings are at OhioMHAS. Friday meetings are at other locations.