

**Planning Council Meeting Minutes
Twin Valley Behavioral Health - North Wing Conference Center
Friday, July 29, 2016**

Present: Daniel Arnold, Megan Arnold, Walter Asbury, David Caperton, Greg Collier, Craig Comedy, Cheryl Crayden, Bob Cross, Liz Gitter, Sandra Keyes, Diane Mang, Dustin McKee, Kimberly Meals, Jennilee Mohler, Janice Mader (for Alissa Otani-Cole), Mickey Scoville, Mark Smith, Sarah Smitley, Sue Williams

Absent: Jane Byrnes, Lisa Carter, Lisa Clark, Alaina Herrel, Barbara Miller, Jody Morgan, Domina Page, Sara Sheline, Taylor Stevenson, Donna Thomas, Gail Thomas

Guests: Andrea Boxill, Joyce Calland, Grace Kolliesuah, Rick Massatti, Tracy Plouck, Sam Stull, Sandy Starr

Recorder: Lynette Cashaw-Davis

Welcome, Introductions, Meeting Minutes and Meeting Rules

- Meeting opened at 10:04 am by Jenni Mohler, Chair.
- Review of May 7, 2016 Meeting Minutes - the following corrections were noted:
 - Under future meetings –the address of Twin Valley Behavioral Health (TVBH) is 2200 W. Broad Street.
 - Sandra Keyes was present at the last meeting.
 - Alyssa Otani-Cole was also present.
- Motion to approve with the above corrections was made by Greg Collier and seconded by Walt Asbury; motion carried.
- The Chair reminded folks to review the meeting rules in their packet.

Joyce Calland, OhioMHAS Bureau of Children and Families, State Youth Treatment Planning Grant

- Focus is on better coordination of Ohio initiatives for youth & young adults.
- Brings together youth serving programs from Ohio Departments of Medicaid, Mental Health and Addiction Services, Education, and Job & Family Services and works to blend and integrate them in a better way – rather than developing new collaborations with each new initiative.
- “Engaging the New Generation to Achieve their Goals through Empowerment” - ENGAGE’s Goals:
 1. Improve inter-system coordination.
 2. Increase the availability and accessibility of services and supports through Wraparound for high risk youth and young adults.
 3. Emerging young adults and their parents or youth-defined families will be valued, empowered, and engaged.
 4. Develop Youth & Young Adult Advisory Council; develop Family Advisory Council.

Generate support for statewide System of Care expansion by using social media activities that aim to reduce stigma, increase youth/young adult awareness, and educate multiple stakeholders about ENGAGE.

- Achievements by the Numbers:
 - 62 counties will have received Wraparound training and technical assistance.

- 400 youth and young adults will have been enrolled in the Wraparound program in their community.
- 400 Wraparound facilitators will have participated in 3-day training and received optional on-site technical assistance.
- Safe Schools Healthy Students – Funded by SAMSHA from 2013 – 2017, the goal is to coordinate and improve access and availability of wellness promotion practices, evidence-based prevention and mental health services that prevent violence and promote the healthy development of children and youth in the following element areas:
 1. Early Childhood Social and Emotional Learning and Development
 2. Promoting Mental, Emotional, and Behavioral Health
 3. Connecting Families, Schools and Communities
 4. Preventing and Reducing Alcohol, Tobacco, and Other Drug Use
 5. Creating Safe and Violence-Free Schools
 6. Disparities Impact Statement
- Project AWARE (Advancing Wellness and Resilience in Education) Ohio.

Rick Massatti, Ph.D., Health Services Policy Specialist, OhioMHAS Office of Quality Planning & Research

- Care Coordination and the Family-School Alliance among Children involved in Ohio’s Behavioral Health System on IEPs (Individual Education Plans)
- Background:
 - Individuals with Disabilities Education Act (IDEA) ensures that:
 - Parents of children with disabilities have the opportunity to collaborate with professionals in their children’s education.
 - An individual education program (IEP) is developed to direct educational goals and objectives, and programming.
 - Children with emotional disturbances (EDs) are identified to receive IEPs (services may be on-site or off-site).
 - In 2014, an estimated 46,347 ED children and youth were estimated to be on IEPs.
- Research Questions:
 - To what extent do parents feel there is:
 - An alliance between themselves and school staff?
 - Care coordination among school staff, behavioral healthcare providers, and themselves?
- Methodology:
 - Assessment of Collaboration in Education
- Participant Recruitment
 - Youth Services Survey for Families (YSS-F)
- Some Results:
 - Nearly ¼ of parents said school staff “Never” or “Rarely” contacted them when their child was doing well (which per Ohio Department of Education policy they should be doing)
 - Nearly 25% of parents said school staff “Never” or “Rarely” offered convenient appointments to IEP parents when problems arose.

- 32 – 37% of parents said school staff “Never” or “Rarely” connected them to resources to meet their child’s needs.
- Over 40% of parents said school staff “Never” or “Rarely” allowed counselors, social workers or other therapists to observe their child in the classroom.
- Parents of boys said items occurred more often than parents of girls in 24 out of 28 items.
- Parents of black children said items occurred more often than parents of white children in more than half the items.
- Schools with school-based mental health services scored higher on 23 out of 28 items
- Preschool expulsion in our system is incredibly high – 6.7 per 1,000 (33 kids nationally vs 135 kids in our system).
- In order to decrease this expulsion rate – early childhood mental health consultations are necessary in our schools to help both teachers and families increase childhood attention and decrease aggression.

Liz Gitter, Planning Council staff member - Block Grant Plan/Applications Recommendations

- The Block Grant Application Letter & Recommendations were presented to Planning Council by the Block Grant Committee for editing and approval.
- Planning Council changes:
 - #3: Support a peer-led statewide advocacy effort for persons in mental health recovery.
 - #8: Continue trauma informed care initiative to include both educational materials to avoid re-traumatizing youth and inclusion of Ohio’s schools.
- Vote to approve recommendations with the above edits (Sandy Keyes/Megan Arnold moved/2nd); motion passed.
- Vote to support the OhioMHAS Block Grant application (Walt Asbury/Greg Collier moved/2nd); motion passed.

Tracy Plouck, Deputy Director, OhioMHAS – Department Updates

- Planning Council shared with her our updates to the original Block Grant recommendations.
- Tracy would like a copy of the finalized list to share with senior staff to use as a resource alongside future budget considerations.
- Tracy asked about peer support being utilized for employment services for folks with substance use disorder. In partnership with other state agencies we would make available via contract, a workforce that could perform this sort of function. “Occupational peers” to help support those with substance use disorder – new in recovery and seeking employment services.
- Question was asked if we can get information regarding success of transition from psychiatric hospitals, substance use disorder treatment centers and detoxification facilities to community care.
- Consumer Operated Services collaboration and support: Members expressed concern to Tracy that work to support Consumer Operated Services continues. (This support does not necessarily need to be financial support as we are aware that funds have been distributed regionally to implement wellness activities after the unfolding of the statewide mental health consumer organization.) We need to make sure the needs of individuals and leadership of Consumer Operated Services are facilitated and supported, particularly as we navigate through issues such as Medicaid certification.

- Behavioral Health Redesign updates:
 - Tracy distributed an additional Powerpoint describing Specialized Recovery Services Program (formerly known as the 1915i -Medicaid waiver program) that will affect 4 - 6,000 Ohioans which was not included in her presentation.
 - Changes in Medicaid billing will require entering the claims the rendering provider and assuring the evaluation and management codes turned on for everyone across the system.
 - Effective date moved from January 2017 to July 2017.
 - Policy and Coverage Changes
 - Coverage added for: ACT (Assertive Community Treatment) and IHBT (Intensive Home Based Treatment – added evidence-based/state-best practices for persons requiring higher intensity team-based services.
 - Adopting “ASAM” (American Society of Addiction Medicine) Levels of Care for substance use disorder treatment.
 - Expanding Medicaid billing codes from a few to hundreds to adopt the same codes used by major insurance companies (Aetna, Anthem, etc.).
 - OTP (Opioid treatment programs) – expanding coverage to include buprenorphine products
 - Peer Support – introduced as a Medicaid billable service
 - Mental health day treatment
 - SUD (Substance Use Disorder) and MH (Mental Health) – align the codes to serve folks with both
 - SBIRT (Screening, Brief Intervention and Referral to Treatment) - codes open to mental health provider
 - This is a budget neutral model
 - Also invested a total of approximately \$37.6 million above that budget neutrality point
 - Future commitments to add services
 - Mobile Crisis and Behavioral Health Urgent Care
 - High-Fidelity Wraparound
 - Can register for trainings in August (more will be scheduled)
- Grant Funding Management System (GFMS)
 - Single grants management system for stakeholders and department staff.
 - System is up and running; still working out a few glitches
 - Agile team used to develop software; Web based

Andrea Boxill, Deputy Director, Governor’s Cabinet Opiate Action Team (GCOAT), OhioMHAS

- What the data shows us: Unintentional overdose (OD) deaths in Ohio are increasing
 - 2011 = 1,765
 - 2012 = 1,914 (697 from heroin)
 - 2013 = 2,110 (983 from heroin)
 - 2014 = 2,482 (1,177 from heroin)

- In 2104 Ohio 3rd in nation in unintended OD; in 2016, now 2nd in nation.
- Research showed a correlation between the increase in prescribing practices and the increase in overdose deaths
- Currently up to 7 people / day die from unintentional OD
- Fentanyl-related overdoses – caused a huge spike
- House Bill 4 – made Naloxone available without a prescription to the public
- Ohio Board of Pharmacy has developed prescribing protocols
- Developed an Opioid Toolkit for Communities
- Harm Reduction Programs including syringe exchange for blood borne products
- Medication Take-back programs
- GCOAT (Governor’s Cabinet Opiate Action Team) webpage on the OhioMHAS website at mha.ohio.gov
- Here you can also access the GCOAT Health Resource Toolkit for Addressing Opioid Abuse

Increasing Effectiveness of Planning Council - Technical Assistance Project

- The Technical Assistance Project committee met to discuss ways to increase visibility of Planning Council
 - Create a brochure outlining the purpose and role of Planning Council
 - Distributed the brochure and staffed information table at both the Recovery Conference and the Trauma Informed Care Summit (shared the OhioMHAS table)
- Discussed creating our own promotional materials so that we can have our own presence at events & conferences including a banner & tablecloth with logo
- Want to have our consultant come to an upcoming Planning Council Meeting to help us develop an Action Plan for moving forward
 - looking a different options for meeting structure
 - developing common goals
 - getting folks more involved in activities

Membership Committee

- Cheryl Crayden announced recommendation to invite Sam Stull onto Planning Council as a young person in addiction recovery. Recommendation was unanimously approved by Council.
- Next meeting will be electing new Planning Council officers. Nominations are now being sought; please send nominations to Membership committee. This is an open process; the membership committee will nominate a slate, but Planning Council members can nominate themselves or others.
- Membership Committee plans to review Planning Council bylaws for needed updates.

Announcements

- Neighborhood House open house for new MAT- provider, WellHQ. Aug. 4, 3pm, 1000 Attcheson Ave.
- OCAAR (Ohio Citizens Advocates for Addiction Recovery) is sponsoring statewide screenings of the youth in recovery film “Generation Found” – September 13
- Ohio’s Rally for Recovery takes place on Sept. 23, 2016 1-3pm. Recovery speakers, state legislators, awards presentation and Recovery countdown. Vendor tables available for \$20. Sign up at oca-ohio.org

Meeting adjourned at 2:45pm – moved/2nd Mark Smith/Sandra Keyes