

Planning Council (PC)
OhioMHAS
Meeting Minutes
State of Ohio Library
November 22, 2013

Members Present: Francisco Alfonzo, Daniel Arnold, Jane Byrnes, Jeannie Copper, Steve Copper, Cheryl Crayden, Lizzy Copper, Amy Eaton, Dontavius Jarrells, Ken Jones, Deborah Miller, Jennilee Mohler, Sarah Nerad, Kathy Newman, Domina Page, Patrick Colburn, Pat Risser, Richard Russell, Sandra Keyes, Angela Schoepflin, Sara Sheline, Love Singleton III, Mark Smith, Sarah Smitley, Kathy Stanley, Richard Russell, Dennis Hitchcock, Gail Thomas, Gloria Walker, Cassandra Ruffat, Esther Branscome
OhioMHAS Staff: Tammy Collins, Valerie Alloy, PhD. Char Morrison, Liz Gitter, John Hurley, Karin Carlson, Office of Prevention and Wellness staff, Director Tracy Plouck

Agenda:

1. Introduction
2. Presenter Tammy Collins, Deputy Director, Office of Prevention and Wellness
3. Nominations of Officers for Next Year - John Hurley, Liz Gitter
4. Director Tracy Plouck- Department Updates, Response to Planning Council Questions, Recognition of Service Awards
5. Block Grant Implementation Report – Karin Carlson & Liz Gitter
6. New business and action steps
7. Old Business, Election of Officers – Pat Risser
8. Membership Committee Report- Cheryl Crayden

Meeting Convened: 10:06 a.m. by Pat Risser

Introductions and Minutes: Pat Risser

- Pat Risser gave a brief history of his service at his final Planning Council meeting. Members introduced themselves, which included many new members who represent citizens in recovery from addiction and their family members.
- Pat Risser called for the approval of the October Planning Council meeting minutes. Esther Branscome moved to approve, Kathy Stanley seconded. Motion passed.

Guest Speaker: Tammy Collins, Ph.D. Deputy Director, Office of Prevention and Wellness

- Gave a brief overview of services offered in prevention and spoke about the multiple challenges and opportunities in her office.
- Stated that the prevention office is focusing on several priority public health initiatives including children, prevention services, and gambling.
- Described why the public needs prevention, wellness, relapse prevention training and continuing care.
- Iterated the big question is how the Office of Prevention and Wellness can contribute to continuing care.
- Shared that behavioral health prevention's focus is on the public health model which uses environmental, educational and other strategies to improve the health of communities and their residents.
- Discussed how engaging the community and getting everyone involved is a big key to successfully implementing prevention initiatives.
- Briefly explained treatment services are for people diagnosed with substance abuse or other behavioral health disorder. Additionally, maintenance services support individuals'

- recovery with long-term treatment and aftercare.
- Emphasized another huge obstacle is getting the word out to the community. Due to limited funding promoting awareness of bullying and reduction of test anxiety is a challenge.
 - Promoted embedding sustainable recovery which integrates cultural competencies to assure its success and change the public's thinking.
 - Spoke about prevention priorities: (1) Adopt a public health approach into all levels of the prevention and early intervention infrastructure. (2) Ensure prevention and early intervention services are available across the lifespan with the focus on families with children/adolescents.
 - Stated the single initiative she would like to add is positive behavioral reinforcement in our school systems, and is encouraging the Board of Education and Colleges to implement these changes in their curriculum.
 - Anticipates that Ohio will be the first state in the nation to certify Youth Peers for prevention programs.
 - Invited members to join prevention and wellness efforts, and asked members to indicate their interest in participating in community prevention activities to the Council.
 - Stated that the Office of Prevention and Wellness' mission is to engage stakeholders by sustaining processes for stakeholders to provide input and feedback while valuing consumers and families.
 - Emphasized leadership in developing evidence-base policies and practices, as well as facilitating shared learning regarding the promotion of prevention.

Guest Speaker: Valerie Alloy, Ph.D., Lead - Early Childhood Initiatives

- Partners with other state agencies in Race to the Top, a grant to achieve the vision of a world-class education system.
- Leads Early Childhood Mental Health (ECMH) activities included in the Ohio Department of Education's Race to the Top Grant which focuses on improving America's kindergarten readiness, increasing the number of children in quality preschools, and 3rd grade reading guarantees.
- Reduced pre-school expulsion and suspension rates from 5% to 2% in Ohio.
- Explained the grant's focus on educating teachers and providing the proper training tools to mitigate scenarios that would have previously resulted in suspension.
- Punctuated that understanding the target population culture and income capabilities has helped improve prevention interventions administered throughout early childhood services.
- Discussed ECMH grant priorities, including attention to family engagement strategies, maintaining decreases in pre-school expulsion rate, workforce expansion, and provider collaboration.
- Additional priorities include restoration of ECMH programs lost during funding cuts to children's programs, visioning for the ECMH system, developing a blended model, increasing access and availability to young children, and increasing the number of staff with the ECMH Professional Credential.

Election of Officers: Pat Risser, President, Planning Council

- Election of new officers will take place today. Therefore, anyone interested in running for a position shall make it known to the council for consideration.
- **Nominees are as follows:**
 - President – Steve Copper and Kathy Stanley

- Vice President – Cheryl Crayden and Ken Jones
- Ken Jones- Vice President
- Secretary – Jane Byrnes and Sandra Keyes
- Parliamentarian – Mark Smith

- **Election results are as follows:**
 - Steve Copper- President
 - Ken Jones- Vice President
 - Jane Byrnes- Secretary
 - Mark Smith- Parliamentarian

Speaker: Tracy Plouck, OhioMHAS Director – Responding to Questions by Planning Council Members

- **What is the department doing to monitor seclusion and restraint?**
 A facility in the Cleveland area that treats at risk youth with severe mental health issues, emotionally disturbed syndrome and delinquents had some recent problems. OhioMHAS was informed of allegations of sexual abuse committed by a staff member with a client which were subsequently substantiated. Following an onsite investigation the OhioMHAS placed the agency’s license on suspension until the facility meets state requirements.
- **What can Planning Council do to increase the quality of treatment options available statewide?**
 According to the Director since Medicaid is going to expand, there will be more dollars available. It is a good time for each county to identify their highest priorities and biggest gaps in service. Money may now be directed toward meeting priorities and filling service gaps. With Medicaid expansion addressing medical services, more funds are available for social (non-Medicaid services) which are never eligible for Medicaid funds---as Medicaid is a health insurance which funds “medically necessary services.”
- **Can consumers have a voice at the table, specifically in drafting a Medicaid State Plan Amendment for certified peer support?**
 The Director stated there is not going to be a specific committee to draft the State Plan Amendment for peer support services. However, we are going to gather information such as rates and who is eligible to offer peer support services. The Director stated that Jody Lynch is scheduled to present at the next Planning Council and may further address this question. The Director also added there is no set date for implementing this State Plan Amendment.
- **What additional children’s services can be covered in Ohio including family/child support services and aftercare support services?**
 Medicaid has given OhioMHAS the green light with the proposed new Intensive Home Based Treatment to submit a proposal to the Feds. In addition, OhioMHAS is working on a number of issues with key children stakeholders early in December. OhioMHAS has been asked to recommend providers for the family therapy program, a longstanding Medicaid funded service for children. Currently OhioMHAS is constructing a memo that shows the codes and the services that are billable.
- **OhioMHAS Director, Tracy Plouck Updates:**
Medicaid Expansion - The Director thanked the Medicaid Expansion advocates for their efforts. The new Medicaid Expansion website is set to launch on

December 9th. (Ohioans can now begin application for Medicaid at this new website. See “Get Coverage” <http://medicaid.ohio.gov/> Effective January 1st over 275,000 Ohioans will have health care access, including addiction and mental health services, via Medicaid. Several community advocacy agencies will assist Ohioans with enrollment.

Capital (building) Budget - Every two years the state of Ohio does a Capital budget. OhioMHAS submitted a consolidated capital budget plan to the Governor’s Budget Management division for \$57 million. Last biennium we received \$10 million, mainly for mental health, for new housing and maintenance of existing housing. We would like to include addiction treatment facilities, consumer operating service space and housing. The Director expects to hear from the Governor’s office the final approval amount in March 2014.

Trauma Training - The National Center for Trauma Informed Care presented to the OhioMHAS leadership personnel on how trauma impacts persons with mental illness and addictions and their clinical care. The Center spoke to how OhioMHAS needs to be more informed of how we are integrating trauma-informed practices into the way we are engaging with clients/patients. Recently, the Center did direct care training for all state hospitals and will do the same training for the Department of Developmental Disabilities staff.

The Director would like to roll this training out to the Community. Dr. Mark Hurst will chair an advisory council to look at how we can support trauma informed care throughout the state of Ohio. OhioMHAS will offer to the public a daylong training session at the end of February or the beginning of March. It will include training from the Center and a breakout session to ask the question “What is the most useful way to help your region?”

Speaker: Karin Carlson, Substance Abuse Block Grant Behavioral Health Report

- Goals and objectives
 - Stated the Block Grant has 14 objectives ranging from increasing treatment capacity to providing culturally competent treatment services. Currently, the objectives are at baseline and no data is available.
- Requires “maintenance of effort (spending)” for prevention, women’s treatment programs, alcoholism treatment, and other drug addiction treatment.
- Data measures
- Population and service report
- Treatment utilization matrix includes duplicated and unduplicated numbers by type of service. Services include detoxification, residential, outpatient and medication to replace opioids.
- Unduplicated count of persons served by age:
- Prevention performance measures may be specific to a population (e.g. young men, Hispanic community)

Speaker: Cheryl Crayden Chair, Membership Sub-Committee

- Currently we have four vacant state or organizational seats, and three candidates will be considered at this meeting.
- No applications were received for the Adult Mental Health consumer seat.
- One young or youth adult recovery slot is still vacant.

- Inquiry came up in regards to diversity. Do the by-laws call for fair and diversified placements? According to Liz Gitter, the answer is “no” not in the by-laws. However, she assured the PC that Drew Palmiter is mindful of inclusion of members from diverse communities in the recruitment activities.

- **Membership Committee Nominations**

- A motion was made to elect Lizzy Copper, Josephine “Mickey” Scoville, and Sheryl Hirsh to the Council.
- The motion was second by Dennis Hitchcock and approved by the Council.

Speaker: Liz Gitter, Mental Health Block Grant

- Liz briefed the Council on the SFY 2013 Mental Health Block Grant Implementation Report. With Medicaid elevation, this is the first time we reported data from the Ohio Department of Medicaid rather than the Ohio Department of Mental Health or OhioMHAS.
- Some PC members questioned if the performance measure handout was correct and, if not, how can they get the accurate information.
- According to Liz, the data is the direct result of what information she was able to collect from available data sources. In some cases, the information was not available. There are issues surrounding getting data from one state agency to the other for one performance indicator.
- State mental health authorities were asked by the federal government to look at a specific priority population and benchmark their community mental health activities. The results were mixed. Some priority populations are well served, however, some are under-served. A hand-out covered the following federal and state priority populations:

- #1 – Children with serious emotional disturbances (SED) or at risk for SED
- #2 – Adults with serious mental illness (SMI)
- # 3 – Bi-directional integration of behavioral health and physical health care
- # 4 – Persons in need of recovery supports
- # 5 – Reduce homelessness for persons with SMI (Serious Mental Illness) in need of housing
- # 6 – Persons with SMI Involved with criminal justice system
- # 7 – Veterans
- # 8 Underserved racial and ethnic minorities and LGBT (lesbian, gay, bisexual and transgender)
- # 9 – Youth/young adults in transition
- # 10 Children in early childhood – ages 0 - 6
- # 11 – Community prevention

(Note: The Council advises the department on two separate Block Grants which have one single Plan due September 1, and two separate Implementation Reports due fifteen months later on December 1. Karin Carlson reported on the Substance Abuse Block Grant earlier in this meeting.)

New Business

- Nothing to report

Next Steps

- The new by-laws were not voted on due to the late dissemination to the Council, and will be voted on at the next meeting.
- Review mission and vision statements to consider including addiction or advocacy.
- The membership sub-committee will address the Council's current vacancies and address various options to fill the remaining board seats.
- Suggestion to include young-adult issues, i.e. education and treatment, in the next meeting.

Meeting Adjourned: Motion to adjourn the meeting at 3:10 made by Ken Jones, second by Kathy Stanley

	Date	Time	Location
Future Meeting Information	Saturday January 25	10:00 A.M. – 3:00	Rhodes Tower 30 E. Broad, 8 th Fl. Columbus, Ohio
Additional 2014 meeting dates; same time	March 28, May 10, August 22, October 11, November 21		

For Planning Council's Review