

Planning Council (PC)
OhioMHAS
Meeting Minutes
Rhodes Tower, 30 E. Broad St, Floor 8, room 806
October 26, 2013

Members Present: Francisco Alfonzo, Daniel Arnold, Ester Branscome, Jane Byrnes, Jeannie Copper, Steve Copper, Cheryl Crayden, Gregory Dormer, Amy Eaton, Dontavius Jarrells, Ken Jones, Deborah Miller, Jennilee Mohler, Sarah Nerad, Kathy Newman, Domina Page, Patrick Colburn, , Pat Risser, Richard Russell, Sandra Keys, Angela Schoepflin, Sara Sheline, Love Singleton III, Mark Smith, Sarah Smitley, Kathy Stanley, Susan Williams, Raphael Weston
OhioMHAS Staff: Carol Carstens, Karin Carlson, Drew Palmiter, Char Morrison, Liz Gitter, John Hurley
Guest: Megan McNeil, Ohio Empowerment Coalition

Agenda:

1. Introduction and approval of old business
2. Presenter Francisco Alfonzo, UMADAOP (Urban Minority Alcoholism and Drug Abuse Outreach Program)
3. Presenter Kathy Newman, SOLACE, Surviving Our Loss and Continuing Every Day
4. Department updates - John Hurley, Liz Gitter
5. Guest speaker Dr. Carol Carstens, OhioMHAS Office of Quality, Planning & Research – Mental Health Consumer Survey
6. Membership subcommittee – vacancies, implementation of term limits with new by-laws, officers for 2014, consent to share information, proposed by-law revisions, nominations for 2014 officers
7. New business and action steps
8. Questions for Director for November meeting

Meeting Convened: 10:30 a.m. by Pat Risser

Introductions and Minutes: Pat Risser

- Members introduced themselves which included many new members who represented citizens in recovery from addiction and their family members---which is the first time this stakeholder group was represented on Planning Council.
- Pat Risser called for the approval of the June Planning Council meeting minutes. Jane Byrnes moved to approve, Steve Copper seconded. Motion Passed.
- Pat Risser called for the approval of the August Planning Council meeting minutes. Kathleen Stanley motioned to approve, and was seconded by Francisco. Esther abstained because she was not present. Motion passed.

Guest Speaker: Francisco Alfonzo, UMADAOP (Urban Minority Alcoholism & Drug Abuse Outreach Program)

- Gave a brief overview of services for Hispanic community.
- Spoke about challenges of fund raising for the addiction community.
- Spoke about the terms of prevention, health and wellness.
- Stated the current obstacles with getting funding from private donors and corporations.
- Described how the Hispanic community is a close knit community, so UMADOP and its outreach programs face issues with engaging with the community.
- Shared that the opportunity to form a coalition is obtainable for UMADOP. However, he

feels the UMADAOP organization has been underutilized.

- Briefly explained UMADAOP objectives: to language barriers, racial barriers and culture barriers.
- Emphasized another huge obstacle is self-identity and undocumented immigrants which cause leering about seeking help and UMADAOPs are forbidden to provide services to undocumented workers.
- Stated that new data is continuously collected via school prevention programs and persons in recovery.
- Spoke about UMADOAP efforts to acquire mental health certification and the obstacles that undocumented people face. However, they are pushing toward mental health credentialing for their staff.
- UMADOAP can only refer mental health patients to agencies who will support their cause.
- Right now, UMADOAP counselors try to intensify the individual drug counseling when mental health issues present themselves.

Guest Speaker: Kathy Newman, Chairman of Board of Directors, Surviving Our Loss And Continuing Everyday (SOLACE).

- Stated SOLACE is about promoting treatment and recovery.
- Through treatment, prevention, recovery and education, the organization has recently started engaging in the community and schools.
- In addition, SOLACE is branching out to help children and teens.
- Spoke about the stigma of addiction getting better in Ohio and acceptance is improving state wide.
- Community awareness efforts
 - Pill mill protests (Farewell Tour 2010)
 - “Be the wall against drugs” campaign and SOLACE (Surviving Our Loss and Continuing Everyday) is born!
 - Ignited a community revolt against occupation by criminal enterprises in the form of pill mills
- There are currently 20 chapters in 17 different counties throughout Ohio.
- Discussed improving the SE Ohio treatment services.
- Explained how the Ohio Youth-Led Prevention Network (OYLPN) recommends improving the quality not the quantity.
- The SOLACE board agrees outcomes are necessary to progress toward success in Scioto County.
 - 30% reduction of prescription-induced fatal overdoses (2012)
 - 42% reduction in drug related deaths (2012)
 - 55% reduction in rates of Hepatitis C (2012)

Speaker: Liz Gitter, OhioMHAS Updates

- **Medicaid Expansion**
 - Effective January 1, 2014 in Ohio. Medicaid will be based on income, and no longer require proof of disability. This change will affect low income persons with addiction especially since addiction is not considered a disability. Persons with low incomes with mental illness who have not qualified for disability will also be eligible.
- **New Grant - SBIRT – Screening, Brief Intervention & Treatment**
 - OhioMHAS received \$10 million over 5 years in a cooperative agreement from SAMHSA. The grant is designed to reduce morbidity and mortality due to abuse

of alcohol and other drugs through screening and early interventions in primary care. The grant trains physicians and other medical staff in substance abuse screening, motivational interviewing and cultural competency.

- **New Grant - Safe Schools/Healthy Students**

- OhioMHAS received \$8 million over 4 years from SAMHSA to build statewide and local capacity to develop integrated, comprehensive, data-driven strategic plans to prevent, delay the onset or mitigate the seriousness of behavioral health problems. The new grant will engage youth and families as agents of change to build system capacity by providing effective community based models and mentors for other communities to provide effective behavioral health services in order to prevent youth violence.

Speaker: John Hurley, Office of Prevention & Wellness, Ohio Department of Mental Health and Addiction Services

- Stated ENGAGE is new grant awarded to OhioMHAS.
- Ohio's SAMHSA system of care grant
 - Four year implementation Grant - \$1million/year
 - Expanded on the definition of "system of care" as a spectrum of effective, community-based services and supports for children and youth with mental health challenges, and their families.
- Youth and young adults in transition, ages 14 – 21 years with serious emotional disturbances or serious mental illnesses, including co-occurring disorders is the engage grant target population.
- OhioMHAS chose to address youth/young adults because youth frequently drop out of services about age 18 rather than transition between children's and adult service systems which are frequently not coordinated.
- Conveyed the three ENGAGE grant goals for services for persons ages 14 – 21 are:
 - Inter-System, coordinated infrastructure for youth who often drop out rather than transition from children's to adult services.
 - Services and supports for this age group
 - Increase youth and family voice
- Explained the ENGAGE grants first year objectives:
 - Select Family Engagement Coordinator lead and the Youth & Young Adult Engagement Coordinator
 - Establish the ENGAGE Advisory Council & YYAT (youth/young adult) Advisory Council
 - Develop the finance plan for system of care expansion
 - Increase youth & family voice
 - Select up to 21 counties to implement "system of care"
 - Identify and/or develop system of care data system
- Clarified implications for counties
 - First wave will help to shape the initiative with access to training and technical assistance for \$20,000/county
 - Possible incentives and future grants/funding for outcome achievement will have access to a data system to track service and transition plans, outcomes, possibly even with billing options
- Stated a grant evaluation will be performed by SAMSHA every 12 months. There is a

team of Evaluators internally however; John is unsure what the evaluation cycle is internally.

Speaker: Dr. Carol Carstens, OhioMHAS Office of Quality, Planning & Research

- Introduced the third annual Consumer Surveys for mental health services which most states administer to meet a Mental Health Block Grant requirement.
- Gave an overview of the Mental Health Statistics Improvement Program (MHSIP) adult survey and the Youth Services Survey for Families (YSS-F) represents the third year of statistical sampling to provide a valid and reliable estimate of consumer perception of care and treatment outcomes.
- Randomized sampling resulted in 1,024 completed surveys from parent/guardians of children with serious emotional disturbance (SED) and 935 completed surveys from adult consumers with serious mental illness (SMI).
- Spoke of when examining predictors of treatment outcomes for children and adolescents, analysis showed that 35% of the variability in scores could be explained by the parent/guardian's perception that the services were appropriate.
- The adult survey showed a dramatically lower percentage for Quality of Life/Outcomes results were 44% positive responses versus 57% positive responses in 2012.
- Per Dr. Carstens the applicable populations for data collection are as follows:
 - OH-BH and non-Medicaid claims submissions are currently required for all alcohol and other drug clients whose services are paid "in whole or in part with public funds."
- Per Dr. Carstens stated the OH-BH data submission changed from voluntary to as follows:
 - SED/SMD (serious emotional disturbances in children/serious mental illness)-required OH-BH admission's short form, update and discharge forms for all mental health clients whose services are paid "in whole or in part with public funds"; SED/ SMD long form requested (i.e., OhioMHAS would prefer provider submission)
 - All mental health clients: required OH-BH admission's short form, update and discharge forms for all mental health clients whose services are paid "in whole or in part with public funds"
- In closing Dr. Carstens explained why the following "MH System Performance Measures" are to be added to AOD retention and disposition measures:
 - % of persons discharged from community and public psychiatric hospitals/units receiving an outpatient follow-up visit within 30 days of hospital discharge (SED/SMD clients, ages ≥ 5)
 - % of change of clients employed between Time 1 and Time 2 (one year apart)
 - % of community or public hospital/unit psychiatric readmissions within 30 days (looking to improve this measure to % of 30 day readmissions among and between community and public hospitals).

Change of By-laws and Implementation of Term Limits

- Liz Gitter briefly explained that a few revisions to the by-laws would be voted on at the November meeting. If approved, the revised by-laws will go into effect immediately.
- The by-laws approved at the June meeting include three year terms for members with a third of the terms expiring each year on December 31.
- All PC members' service is limited to a maximum of two terms. Members with three years of service or less at the end of their term are eligible to apply for a second term.

- A list of term ending dates was shared which included a list members who will complete their second term and will be ineligible for additional terms. Liz requested any questions to be sent to her for consideration as soon as possible.

Membership/Bylaw's Committee

- Recap of Walter Ashbury membership: It was reviewed by the membership sub-committee. He was not eligible to serve on the PC because he was an employee of a Provider and his position conflicts with the current By-laws and federal requirements.
- Several PC members will rotate off the PC December 31, 2013. The new members are set to attend in January's meeting.
- When a MH seat becomes available the membership sub-committee recruits through ADAMH/CMH boards, NAMI, PAIMI or OEC.
- When an addiction seat comes available the membership subcommittee may also contact ADAMH/ADAS Boards when replacing members whose terms have expired or contact Ohio Citizen Advocates.
- The membership sub-committee will address PC's current vacancies and how many meetings a member can miss before having their membership terminated before the next scheduled PC meeting. The By-laws give the membership committee the authority to end membership of members who have three or more absences in twelve months.

New Business

- Disclosure Forms- the PC is a public board therefore all information is subject to public disclosure. All PC members acknowledged that PC is a public organization and that the stakeholder group that they represent could be disclosed.
- October 26th PC folders contained the OhioMHAS Legal Department disclosure forms for all members to acknowledge, sign and return to Drew Palmiter.

Director's Questions for November 22, 2013 PC Meeting

- What is the department doing to monitor seclusion and restraint?
- What can Planning Council do to increase the quality of treatment options available statewide?
- Can consumers have a voice at the table, specifically in drafting a Medicaid State Plan Amendment for certified peer support?
- What additional children's services can be covered in Ohio including family/child support services and aftercare support services?

Next Steps

- The Council moved to change the current PC schedule in hopes of increasing State Board appointed attendance.
- Instead of 2 Fridays and 4 Saturdays, the newly approved schedule calls for 3 Fridays and 3 Saturdays annually.
- The membership subcommittee will address what will happen if a current seat is not filled. For example, can the outgoing person serve his or her seat until the seat is filled with another representative?
- There are several chairs becoming vacant on the PC. Members were encouraged to nominate themselves or other as candidates.

Meeting Adjourned: Motion to adjourn the meeting at 3:10 made by Steve Copper, second by Ken Jones

	Date	Time	Location
Future Meeting Information	Friday November 22	10:00 A.M. – 3:00	State Library of Ohio 274 East First Avenue Columbus, Ohio