



HOW WILL YOU KNOW?

This agency is using a survey tool that measures results and helps you participate more actively in your treatment process. It is called the Ohio Mental Health Outcomes Survey.

The Outcomes Survey will help you talk with mental health professionals about those areas of your life that are most important to you and which may not be as satisfying as you want. Those involved in your treatment will work in partnership with you to make a plan for improving these areas. Taking the same survey later in your course of treatment will help you to track progress and results.

GETTING RESULTS?



OHIO
MENTAL
HEALTH
CONSUMER
OUTCOMES
SURVEY





THE SURVEY TOOL

The survey is a list of questions related to how you feel about different parts of your life. It doesn't take very long to complete. The results will suggest priority areas to be considered in planning treatment strategies that will be meaningful to you.

Taking this survey and reviewing the results will help you to:

- Take a more active role in your treatment and recovery process.
- Focus on the areas of life you want to change.
- Track your progress toward your goals.
- Effectively partner with those involved in your treatment.

It all begins when you talk to a mental health professional about the Outcomes Survey.

THE PROCESS

You can take the Outcome Measurement Survey when you begin treatment. It will give you and the people involved with your care a common understanding of the goals you want to achieve.

Later, you will have a chance to take the same survey again in order to compare the results. Each time your answers are likely to be somewhat different. After reviewing the survey results, you and your mental health professional will jointly decide upon what steps might help you reach your goals.



DIFFERENT NEEDS DIFFERENT SURVEYS

People have different needs and priorities at different points in their lives. That's why there are different Outcomes surveys. Kids and teens have their own set of questions that focus on their own specific needs. Parents also have a survey to complete. Adults have their own survey that is tailored to their unique needs.



Your mental health professional can tell you more. Ask them how you can begin the process.