



Ohio Mental Health Consumer Outcomes System Adult Consumer Form

Today's Date ____ / ____ / ____

Name _____

Date of Birth ____ / ____ / ____

Gender (check one): Male Female

Agency Use Only

Client's Medical Record Number

We are very interested in how you are doing, and how our services may or may not be helping you. Please answer all of the questions below, then give the questionnaire to your case manager or another staff person at the mental health agency.

Part 1

Below are some questions about how satisfied you are with various aspects of your life in **the past 6 months**.

For each question, checkmark the answer that best describes how you feel.

How do you feel about:

1. The amount of friendship in your life?

- Terrible
- Mostly dissatisfied
- Equally satisfied/dissatisfied
- Mostly satisfied
- Very pleased

2. The amount of money you get?

- Terrible
- Mostly dissatisfied
- Equally satisfied/dissatisfied
- Mostly satisfied
- Very pleased

3. How comfortable and well-off you are financially?

- Terrible
- Mostly dissatisfied
- Equally satisfied/dissatisfied
- Mostly satisfied
- Very pleased

4. How much money you have to spend for fun?

- Terrible
- Mostly dissatisfied
- Equally satisfied/dissatisfied
- Mostly satisfied
- Very pleased

5. The amount of meaningful activity in your life (such as work, school, volunteer activity, leisure activity)?

- Terrible
- Mostly dissatisfied
- Equally satisfied/dissatisfied
- Mostly satisfied
- Very pleased

6. The amount of freedom you have?

- Terrible
- Mostly dissatisfied
- Equally satisfied/dissatisfied
- Mostly satisfied
- Very pleased

7. The way you and your family act toward each other?

- Terrible
- Mostly dissatisfied
- Equally satisfied/dissatisfied
- Mostly satisfied
- Very pleased
- Does not apply

Please turn to the next page →

8. Your personal safety?

- Terrible
- Mostly dissatisfied
- Equally satisfied/dissatisfied
- Mostly satisfied
- Very pleased

9. The neighborhood in which you live?

- Terrible
- Mostly dissatisfied
- Equally satisfied/dissatisfied
- Mostly satisfied
- Very pleased

10. Your housing/living arrangements?

- Terrible
- Mostly dissatisfied
- Equally satisfied/dissatisfied
- Mostly satisfied
- Very pleased

11. Your health in general?

- Terrible
- Mostly dissatisfied
- Equally satisfied/dissatisfied
- Mostly satisfied
- Very pleased

12. How often do you have the opportunity to spend time with people you really like?

- Never
- Seldom/rarely
- Sometimes
- Often
- Always

Part 2

The next few items ask you about your health and medications ***within the past 6 months.***

13. How often does your physical condition interfere with your day-to-day functioning?

- Never
- Seldom/rarely
- Sometimes
- Often
- Always

14. Concerns about my medications (such as side effects, dosage, type of medication) are addressed:

- Never
- Seldom/rarely
- Sometimes
- Often
- Always
- Not applicable/no medications

The next two items deal with how you have been treated by other people.

15. I have been treated with dignity and respect at this agency.

- Never
- Seldom/rarely
- Sometimes
- Often
- Always

16. How often do you feel threatened by people's reactions to your mental health problems?

- Never
- Seldom/rarely
- Sometimes
- Often
- Always

Part 3

The following questions ask you about how much you were distressed or bothered by some things ***during the last seven days.*** Please mark the answer that best describes how you feel.

During the past 7 days, about how much were you distressed or bothered by:

17. Nervousness or shakiness inside

- Not at all
- A little bit
- Some
- Quite a bit
- Extremely

Please turn to the next page →

18. Being suddenly scared for no reason

- Not at all
- A little bit
- Some
- Quite a bit
- Extremely

19. Feeling fearful

- Not at all
- A little bit
- Some
- Quite a bit
- Extremely

20. Feeling tense or keyed up

- Not at all
- A little bit
- Some
- Quite a bit
- Extremely

21. Spells of terror or panic

- Not at all
- A little bit
- Some
- Quite a bit
- Extremely

22. Feeling so restless you couldn't sit still

- Not at all
- A little bit
- Some
- Quite a bit
- Extremely

23. Heavy feelings in arms or legs

- Not at all
- A little bit
- Some
- Quite a bit
- Extremely

24. Feeling afraid to go out of your home alone

- Not at all
- A little bit
- Some
- Quite a bit
- Extremely

25. Feeling of worthlessness

- Not at all
- A little bit
- Some
- Quite a bit
- Extremely

26. Feeling lonely even when you are with people

- Not at all
- A little bit
- Some
- Quite a bit
- Extremely

27. Feeling weak in parts of your body

- Not at all
- A little bit
- Some
- Quite a bit
- Extremely

28. Feeling blue

- Not at all
- A little bit
- Some
- Quite a bit
- Extremely

29. Feeling lonely

- Not at all
- A little bit
- Some
- Quite a bit
- Extremely

30. Feeling no interest in things

- Not at all
- A little bit
- Some
- Quite a bit
- Extremely

31. Feeling afraid in open spaces or on the streets

- Not at all
- A little bit
- Some
- Quite a bit
- Extremely

Please turn to the next page →

32. How often can you tell when mental or emotional problems are about to occur?

- Never
- Seldom/rarely
- Sometimes
- Often
- Always

33. When you can tell, how often can you take care of the problems before they become worse?

- Never
- Seldom/rarely
- Sometimes
- Often
- Always

Part 4

Below are several statements relating to one's view about life and having to make decisions. Please check the response that is closest to how you feel about the statement. Check the word or words that best describes how you feel now.

34. I can pretty much determine what will happen in my life.

- Strongly agree
- Agree
- Disagree
- Strongly Disagree

35. People are limited only by what they think is possible.

- Strongly agree
- Agree
- Disagree
- Strongly Disagree

36. People have more power if they join together as a group.

- Strongly agree
- Agree
- Disagree
- Strongly Disagree

37. Getting angry about something never helps.

- Strongly agree
- Agree
- Disagree
- Strongly Disagree

38. I have a positive attitude toward myself.

- Strongly agree
- Agree
- Disagree
- Strongly Disagree

39. I am usually confident about the decisions I make.

- Strongly agree
- Agree
- Disagree
- Strongly Disagree

40. People have no right to get angry just because they don't like something.

- Strongly agree
- Agree
- Disagree
- Strongly Disagree

41. Most of the misfortunes in my life were due to bad luck.

- Strongly agree
- Agree
- Disagree
- Strongly Disagree

42. I see myself as a capable person.

- Strongly agree
- Agree
- Disagree
- Strongly Disagree

43. Making waves never gets you anywhere.

- Strongly agree
- Agree
- Disagree
- Strongly Disagree

Please turn to the next page →

44. People working together can have an effect on their community.

- Strongly agree
- Agree
- Disagree
- Strongly Disagree

45. I am often able to overcome barriers.

- Strongly agree
- Agree
- Disagree
- Strongly Disagree

46. I am generally optimistic about the future.

- Strongly agree
- Agree
- Disagree
- Strongly Disagree

47. When I make plans, I am almost certain to make them work.

- Strongly agree
- Agree
- Disagree
- Strongly Disagree

48. Getting angry about something is often the first step toward changing it.

- Strongly agree
- Agree
- Disagree
- Strongly Disagree

49. Usually I feel alone.

- Strongly agree
- Agree
- Disagree
- Strongly Disagree

50. Experts are in the best position to decide what people should do or learn.

- Strongly agree
- Agree
- Disagree
- Strongly Disagree

51. I am able to do things as well as most other people.

- Strongly agree
- Agree
- Disagree
- Strongly Disagree

52. I generally accomplish what I set out to do.

- Strongly agree
- Agree
- Disagree
- Strongly Disagree

53. People should try to live their lives the way they want to.

- Strongly agree
- Agree
- Disagree
- Strongly Disagree

54. You can't fight city hall (authority).

- Strongly agree
- Agree
- Disagree
- Strongly Disagree

55. I feel powerless most of the time.

- Strongly agree
- Agree
- Disagree
- Strongly Disagree

56. When I am unsure about something, I usually go along with the rest of the group.

- Strongly agree
- Agree
- Disagree
- Strongly Disagree

57. I feel I am a person of worth, at least on an equal basis with others.

- Strongly agree
- Agree
- Disagree
- Strongly Disagree

Please turn to the next page →

58. People have a right to make their own decisions, even if they are bad ones.

- Strongly agree
- Agree
- Disagree
- Strongly Disagree

59. I feel I have a number of good qualities.

- Strongly agree
- Agree
- Disagree
- Strongly Disagree

60. Very often a problem can be solved by taking action.

- Strongly agree
- Agree
- Disagree
- Strongly Disagree

61. Working with others in my community can help to change things for the better.

- Strongly agree
- Agree
- Disagree
- Strongly Disagree

Part 5

Please tell us some things about yourself.

62. What was the last school grade you completed?

- Less than 1st grade
- 1st grade
- 2nd grade
- 3rd grade
- 4th grade
- 5th grade
- 6th grade
- 7th grade
- 8th grade
- 9th grade
- 10th grade
- 11th grade
- High school diploma/GED
- Trade/Tech school
- Some college
- 2 yr college/Associate degree
- 4 yr college/Undergraduate degree
- Graduate school courses
- Graduate degree
- Post-graduate studies
- Further special studies

63. Race (check all that apply):

- White
- Native American/Pacific Islander
- Black/African American
- Hispanic/Latino
- Asian
- Other _____

64. What is your marital status?

- Never married
- Married
- Separated
- Divorced
- Widowed
- Living together

65. What is your current living situation?

- Your own house/apartment
- Friend's home
- Relative's home
- Supervised group living
- Supervised apartment
- Boarding home
- Crisis residential
- Child foster care
- Adult foster care
- Intermediate care facility
- Skilled nursing facility
- Respite care
- MR intermediate care facility
- Licensed MR facility
- State MR institution
- State MH institution
- Hospital
- Correctional facility
- Homeless
- Rest home
- Other _____

66. What is your employment status?

- Employed full time
- Employed part time
- Sheltered employment
- Unemployed
- Student
- Homemaker
- Retired
- Disabled
- Inmate of institution

67. Are you in treatment because you want to be?

- Yes
- No

Please stop here. Thanks!