



*Promoting Wellness and Recovery*

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# **Zero Suicide Prevention Academy™**

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# What Is The Purpose of The Zero Suicide Academy™?

- According to Julie Goldstein Grumet, Director of Prevention and Practice at the Suicide Prevention Resource Center (SPRC), “[t]he Zero Suicide Academy grew out of a rising interest by health care organizations to learn how to provide better care for those at risk of suicide.
- The Zero Suicide framework provides health and behavioral health organizations with ways to improve care for those who are struggling with suicide ideation.



# What Is The Zero Suicide Academy™?

- The Zero Suicide Academy™ is a two-day training conducted by the Suicide Prevention Resource Center (SPRC) for senior leaders of health care and behavioral health care that seek to reduce the risk of suicide among the clients in their care.
- The trainings provide information to participants on how to incorporate best and promising practices into their organizations and processes in order to improve care and safety for clients at risk of suicide.
- The trainings include interactive presentations and small group sessions.
- Faculty collaborates with participants to develop specific organizational care plans.



# What Are the Organizational Components?

- Lead—Make an explicit commitment to reduce suicide deaths
- Identify—Identify every person at-risk for suicide.
  - Screen and assess every new and existing client for suicidal thoughts and behaviors
- Engage—Engage Clients in a suicide management plan
  - Make a commitment to follow closely at-risk individuals for suicide by engaging/re-engaging them at every visit.
- Treat—Treat suicidal thoughts and behaviors directly
  - Choose EBP treatments that focus on the suicide risk to keep patients safe and help them thrive.
- Transition—Follow patients through transition in care.
  - Put policies into action that ensure safe hand-offs among caregivers within the organization and upon discharge.
- Improve—Apply data-drive quality improvement
  - Use data to inform system changes that will lead to improved client outcomes and better care for those at risk.



# What is Ohio's Plan?

- Offer Six Zero Suicide Academies™ to community-based behavioral health organizations and federally qualified health centers
- Note: Slots will be available to State Behavioral Healthcare sites
- Sites are as follows:
  - Heartland/Appalachian State Behavioral Healthcare –April 2016
  - Summit State Behavioral Healthcare—May 2016
  - Northcoast Behavioral Healthcare—September 2016
  - Twin Valley Behavioral Healthcare—September 2016
  - Northwest Ohio Psychiatric Hospital—February 2017
  - Summit Behavioral Healthcare—February 2016



# What is Ohio's Plan?

- Sponsored by SPRC
  - Faculty will include experts in the field
- At each session:
  - Train up to ten behavioral health organizations/Federally Qualified Health centers
  - For each organization, train between three to five participants



# What is Ohio's Plan?

- Will have an application process to select participating organizations, preference given to organizations that serve clients in areas of high-risk
- Will provide participating organizations with an implementation stipend
- Will work with SPRC to establish a Learning Community to assist participating organizations with implementation issues

