



Ohio Recovery Housing

Presentation to

Behavioral Health Leadership Group

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From Vision to Reality: Recovery Housing Policy and Resources in Ohio



**Individual Recovery
Housing Properties in
Ohio**



2012: Ohio Council, OhioMHAS, peers, ATR providers, treatment providers, housing partners, local government began planning for policies & resources for recovery housing.

2013: Ohio Council publishes Environmental Scan of Recovery Housing in Ohio.

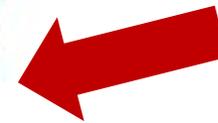
2014: Recovery housing included in Ohio law, all ADAMHS Boards required to plan for recovery housing throughout Ohio, state and local funding provided for recovery housing, and Ohio Recovery Housing founded as Ohio's affiliate of the National Alliance for Recovery Residences.

2015: ORH begins inspecting and certifying recovery housing in Ohio as meeting quality standards.

Remember!
This work did
not start in
2014.



*We are
here...*



Recovery Housing
is
HOUSING
not
treatment.



Language Matters.

Housing Language		Treatment/Service Language
✓ Units/Capacity	NOT	✗ Beds
✓ Support		✗ Treatment
✓ Application		✗ Assessment
✓ Move In		✗ Intake or Admission
✓ Move Out		✗ Discharge
✓ Resident		✗ Client

Government Regulation of Recovery Residences



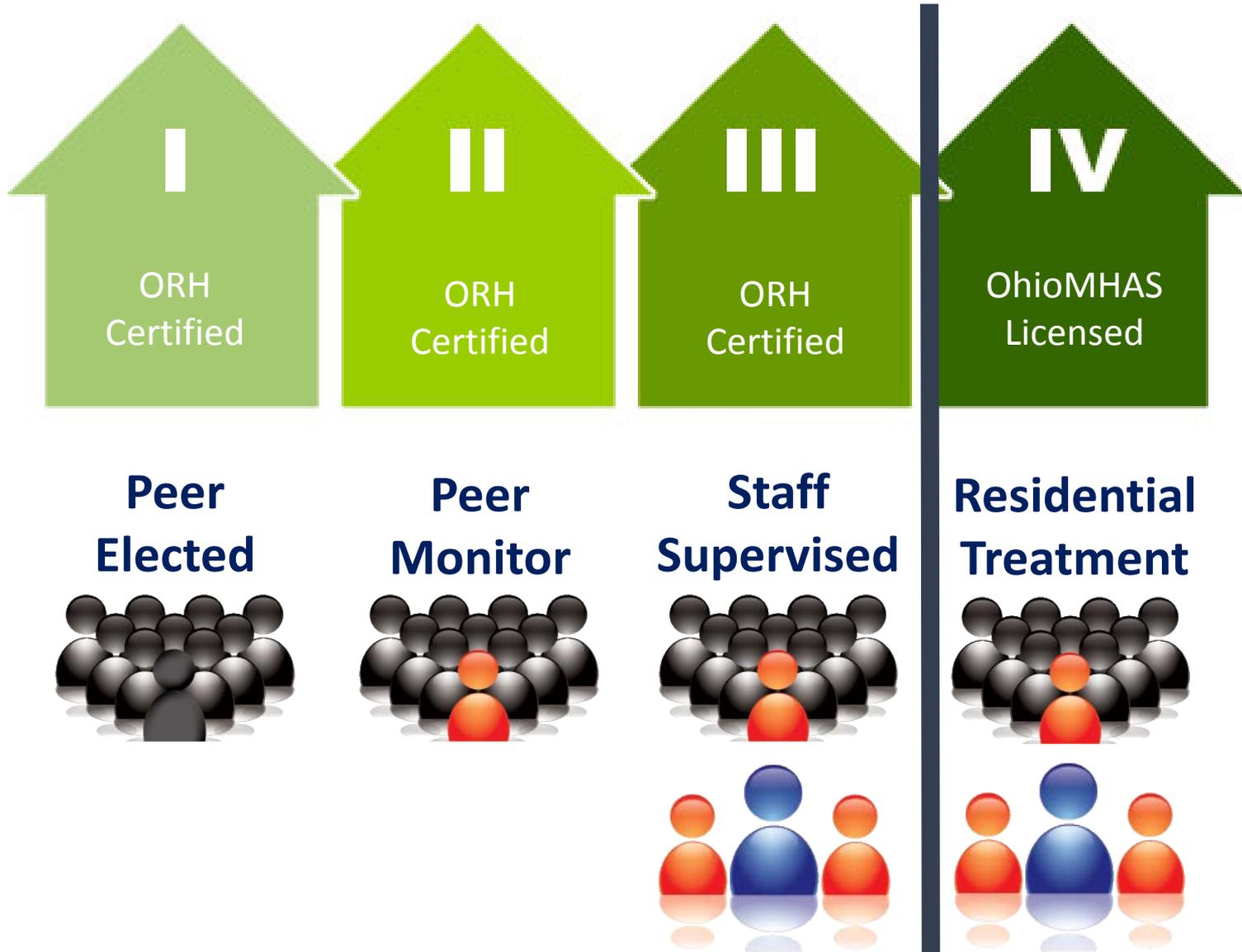
Regulation of Housing

- Fair Housing Act (Federal)
- Fair Housing Law (State)
- Americans with Disabilities Act (Federal)
- Landlord-Tenant Law (State)
- Public Housing Policies (Federal and Local)
- Federal Anti-Drug Abuse Act of 1988 (Federal)
- Notice and Permit Requirements (Local)
- Occupancy (Local)
- Dispersal Requirements (Local)
- Requirement for Permanent Residency (Local)

Regulation of Residential Treatment

- Certification (State)
- IMD Rule (Federal)
- HIPAA, HITECH, and 42 CFR Part 2 (Federal)

Recovery Residences: 4 Levels of Support



**Alcohol and
Drug Free
Housing and
Lifestyle**



**Person-Driven
Length of Stay**



**Recovery
Housing**



**Community of
Recovery &
Supports**

What is the Social Model of Recovery?

- A recovery-oriented, chronic care approach to substance use disorders valuing:
 - **PEERS**: Philosophy and practices are different than medical/clinical based treatment models
 - **COMMUNITY**: Emphasizes social and interpersonal aspects of recovery using recovery as the common bond
 - **LIFE EXPERIENCE**: Values experiential knowledge and mutual support
 - **LIFE-LONG SUPPORT**: Views recovery as a person-driven, life-long and holistic process

Key Elements of The Social Model





Ohio Recovery Housing

- ◆ Statewide focus
- ◆ Direct relationship with individual operators
- ◆ Associates are RH operators meeting quality standards and participating in ORH network for quality improvement
- ◆ Board of Directors is made up of Associates
- ◆ Committees are open to other participation
- ◆ Trainings and TA available to non-Associates
- ◆ Support = in-kind and volunteer time, relationships, inclusive policies and planning, grants

ORH Associate Snapshot

- Associates: 38
 - Recovery Residence sites: 57
 - Capacity: 681 people
- Geographic Distribution →

Cities	Counties
Akron	Athens
Athens	Clark
Canton	Cuyahoga
Cincinnati	Franklin
Cleveland	Hamilton
Cleveland Heights	Hancock
Columbus	Lorain
Dayton	Lucas
Elyria	Mahoning
Findlay	Marion
Lakewood	Montgomery
Marion	Scioto
Marysville	Stark
New Philadelphia	Summit
Portsmouth	Trumbull
Springfield	Tuscarawas
Toledo	Union
Warren	
Youngstown	



Ohio Recovery Housing

**Associate Data as of 12/15/2015*

Quality Standards and Certification



- **Develop quality standards**
 - Crosswalk national standards to Ohio laws and regulations
 - Created Ohio standards with NARR as baseline
 - Finalized peer quality review process and forms
 - Staff process
 - Published process and forms
- **Train peer reviewers and implement quality reviews**
 - Developed trainings for peer reviewers and RH operators
 - Began peer quality reviews
 - Certifying Associates

Outreach to Operators



- Created database of interested parties, recovery housing operators, and other stakeholders
- Developed application process for Associates
- Developed communication strategies for all stakeholders
- Developed and launched website
- Publish e-newsletter *Shout from the Rooftops*
- Provide Recovery Housing 101 and other presentations at conferences, local meetings and events.

Technical Assistance and Training



- Generated training and technical assistance plans
- Providing mentoring and technical assistance to RH operators
 - Connecting practitioners across the state for shared learning
- Training RH operators
 - Annual Conferences
 - Quarterly Recovery Housing Resource Meetings with OhioMHAS
- Linking people to research and facts about recovery housing through written materials, community presentations, and ORH website

Data and Outcomes



- Establish a plan for collecting and measuring data on the level of quality in recovery housing
- Creating web-based tool for collection & reporting
- Using ATR outcomes as a foundation

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