



News Now

John R. Kasich, Governor
Tracy Plouck, Director

Oct. 6, 2016

>>> October 10 is 'World Mental Health Day'

Help promote Oct. 10 as "World Mental Health Day" by downloading a [free toolkit](#) from the [World Federation for Mental Health \(WFMH\)](#). The kit includes sample proclamations, media releases, a *Psychological First Aid Pocket Guide* and more. WFMH has designated "Dignity in Mental Health – Psychological and Mental Health First Aid" as theme for 2016. The goal of World Mental Health Day, according to the WFMH web site, is to bring "mental health out of the shadows so that people in general feel more confident in tackling the stigma, isolation and discrimination that continues to plague people with mental health conditions, their families and careers."

"Every 40 seconds somebody somewhere in the world dies by suicide, and the young are disproportionately affected. Providing more people with basic Psychological and Mental Health First Aid skills will help to decrease the rate of suicide," said Gabriel Ivbijaro, president of the World Federation. "Psychological and mental distress can happen anywhere — in our homes, in our schools, in the workplace, on the transport system, in the supermarket, in public spaces, in the military and in hospital. Psychological and Mental Health First Aid is a potentially lifesaving skill that we all need to have."

>>> Latino Mental Health Forum – Oct. 28

OhioMHAS is partnering with the Mental Health and Recovery Services Board of Lucas County, NAMI of Greater Toledo and the University of Toledo (UT) College of Health and Human Services to host the *2nd Annual Latino Mental Health Forum: Making a Cultural Connection* on Oct. 28 at UT's Scott Park Auditorium. Lillieana Cavanaugh, executive director of the Ohio Latino Affairs Commission will present the keynote, "Reaching Out and Engaging the Latino Community." The forum is free, but space is limited. Click [HERE](#) to register.

>>> Garrett Lee Smith Campus Suicide Prevention Funding Opportunity

The Substance Abuse and Mental Health Services Administration, Center for Mental Health Services is accepting applications for fiscal year (FY) [2017 Garrett Lee Smith \(GLS\) Campus Suicide Prevention grants](#). The purpose of this program is to facilitate a comprehensive public health approach to prevent suicide in institutions of higher education. The grant is designed to assist colleges and universities in building essential capacity and infrastructure to support expanded efforts to promote wellness and help-seeking of all students. Additionally, this grant will offer outreach to vulnerable students, including those experiencing substance abuse and

mental health problems who are at greater risk for suicide and suicide attempts. Average award amount is anticipated to be \$102,000 per year. Applications are due by Dec. 7.

In the News

10.6.16 | *OSU Lantern* [Ohio State increases services available to students in recovery](#)

10.5.16 | *Canton Repository* [Massillon center treats mind, body, soul](#)

10.4.16 | *Medical News Today* [Suicide prevention drug steps closer with enzyme discovery](#)

10.4.16 | WKSU 89.7 [Two Northeast Ohio Counties Expand Addiction Treatment Options](#)

10.4.16 | *Huntington News* [Ohio Attorney General DeWine Releases Task Force on Criminal Justice and Mental Illness Report](#)

10.4.16 | *Science Magazine* [Tackling the 'vicious cycle' of financial challenges and poor mental health](#)

10.3.16 | *St. Clairsville Times-Leader* [Services team up to combat gambling addiction](#)

10.3.16 | WOSU 89.7 [The Changing face and treatment of drug addiction](#)

10.1.16 | *Akron Beacon Journal* [Recovering drug addict, 28 years sober: "There is hope. I'm proof."](#)

9.30.16 | WFMJ-TV [Medication assisted addiction recovery program planned for East Liverpool](#)

9.30.16 | *Richland Source* [Officials break ground for transitional age youth apartment complex](#)

9.30.16 | WTOL-TV [New Ohio Law Cracks Down on Prescribing Opiate Medication for Injured Workers](#)

9.29.16 | WKBN-TV [Crisis Text Line launches to instantly connect people with counselors](#)

9.28.16 | WKEF-TV [Student drug use declines in Montgomery County](#)

Please share widely and encourage your colleagues to subscribe to *OhioMHAS eNews* on our [website](#). Also, be sure to join us on [Facebook](#), [Twitter](#), [YouTube](#) and [Flickr](#)!