

'Be the 95%' Responsible Gambling Awareness Campaign Launches

Partners of Ohio for Responsible Gambling (ORG) — the Ohio Casino Control Commission, Ohio Lottery Commission, Ohio Department of Mental Health and Addiction Services (OhioMHAS) and Ohio Racing Commission — this week announced the launch of a **new campaign designed to prevent problem gambling** and to build awareness of resources aimed at helping at-risk individuals.

OhioMHAS Director Tracy Plouck joined other state agency leaders in unveiling the campaign at a Statehouse kick-off event.

"The state has a key role in providing information and tools to help Ohioans live healthy, productive lives," Director Plouck said. "This new campaign makes tips on low-risk gambling and resources for anyone affected by problem gambling, easy-to-use and accessible."

The kick-off also featured Janet Monk of Clermont County, who shared a personal story of how gambling addiction devastated her family and the slow process of healing. Dayton resident Harry Leedom also recounted his recovery journey and the work he is doing to help others.

The **campaign** has been specifically molded to reach the "influencers" of problem gamblers — parents, spouses, siblings and friends — to provide tools for low-risk gambling, and to direct Ohioans to a website that offers a problem gambling screening feature.

The website also features tips on low-risk gambling, including:

- Setting limits on time and money spent on gambling;
- Gambling only with money set aside for entertainment;
- Balancing gambling with other recreational activities;
- Resisting chasing gambling losses;
- Realizing that "knowing more" won't help win a game of chance;
- Never gambling when depressed, stressed or under the influence.

"Consistent with our commitment to responsible gambling, we are pleased to support this campaign, which we believe will resonate with the community," said Dennis Berg, executive director of the Ohio Lottery Commission. "Since casinos and racinos opened their doors in 2012, we have continued to make great strides in building problem gambling awareness."

The campaign is the result of a nine-month learning process that involved Ohio's behavioral health service system



Montgomery County resident Harry Leedom, in longterm recovery, recounts how gambling impacted his life.

and countless community partner agencies — **The95percent.org** offers resources and education to promote healthy behaviors, encourage low-risk gambling for anyone who does gamble and provides a **community toolkit** for extending the campaign at the local level.

Organizations throughout the state have access to the campaign materials and can add local contact information to help grow awareness and understanding of the issue.

Matthew Schuler, executive director of the Ohio Casino Control Commission, added, "The Ohio Casino Control Commission is proud to partner with other state agencies in building around the issue of problem gambling. Gambling addiction impacts thousands of Ohioans and their families, and this new campaign will encourage talk about the subject and let people know where they can go for help."

To learn more about Ohio's efforts to address problem gambling, visit the **ORG website** or call the Ohio Problem Gambling Helpline at 1.800.589.9966. Follow the campaign on **Facebook** and **Twitter**.





On the Road with Director Plouck



- 7.28 Participated in press conference at Gallia County Jail in Gallipolis to highlight budget funding that supports better behavioral health services in the jail to divert admissions from Appalachian Behavioral Healthcare.
- 7.30 Spoke at Ohio Association of County Behavioral Health Authorities membership meeting.
- 8.3 Provided remarks at Opportunities for Ohioans with Disabilities Youth Leadership Forum.
- 8.25 Along with Ohio Lottery Commission Executive Director Dennis Berg and Ohio Casino Control Commission Executive Director Matthew Schuler, spoke at a press event to launch Ohio's new "Be the 95%" responsible gambling awareness campaign.
- 8.28 Providing an update on Department activities to members of the OhioMHAS Planning Council.
- 8.31 Speaking at the Health Policy Institute of Ohio forum, "Beyond Mental Health and Addiction Parity: Are Ohioans Getting the Services They Need?"
- 9.2 Speaking at the annual *Ohio Rally for Recovery* at the Statehouse.
- 9.3 Providing opening remarks at the 12th annual Multi-Ethnic Advocates for Cultural Competency training conference and annual meeting.

September is Recovery, FASD Awareness and Prevention Month

September is an important month for recovery advocates, as well as prevention professionals dedicated to raising awareness about Fetal Alcohol Spectrum Disorders (FASD). To help focus attention on those efforts, Gov. John R. Kasich has issued resolutions to recognize September 2015 as ***Recovery Month*** and ***FASD Awareness and Prevention Month*** in Ohio.

Ohio's Recovery Month efforts will kick off with the annual ***Rally for Recovery*** at the Ohio Statehouse from 11:30 a.m. - 1:30 p.m. on Sept. 2. The event will feature live music, recovery speakers, information tables, food, fellowship and the annual recovery countdown. This year's theme is *Join the Voices for Recovery: Visible, Vocal, Valuable!* Visit the ***Recovery Month website*** to learn how to get involved and download a free planning kit.

FASD Awareness and Prevention Month, meanwhile, is devoted to raising awareness of FASD and providing information and resources for providers and the public. FASD, which is 100 percent preventable, refers to a group of conditions that can occur in a person whose mother consumed alcohol during pregnancy. These lifelong, irreversible effects can include physical problems and problems with behavior and learning. Visit the ***FASD Center for Excellence website*** for more information.

National Family Day — September 28

Mark your calendar! Sept. 28 is ***National Family Day*** — a national awareness initiative created by ***CASAColumbia*** to promote simple acts of parental engagement as key ways to help prevent risky substance use in children and teens. Started in 2001, ***Family Day*** has evolved and expanded to reflect how important it is to connect with children throughout the day, including while driving kids to soccer practice, tucking them into bed or having frequent family dinners.



Research shows that discussions during these every day activities can have a lasting effect on children. Each of these moments offers an opportunity to communicate with kids and to listen to what's on their mind. As children age, it is vital to keep those lines of communication open, especially during adolescence when they are at risk of engaging in risky behavior including smoking, drinking or using other drugs.

Download a free ***community toolkit*** for more information about how to promote Family Day in your community. Be sure to also utilize resources available through Ohio's ***StartTalking!*** youth drug prevention initiative to help get the conversations going.

Mental Health Professionals Ride Along with Police



Photo and story courtesy of Julia Brinksneider, Ohio Attorney General's Office

In Butler County, local law enforcement and behavior health care professionals are teaming up to provide coordinated crisis intervention services to individuals in need.

As a dad, Officer Michael Coleman of the Hamilton Police Department cares deeply about the training that law enforcement receives in regard to dealing with disturbance calls — especially those involving a person in the midst of an apparent mental-health crisis.

His 23-year-old daughter, “Kitty,” is severely autistic and functions at the level of a toddler. She has had some close calls and can be a handful, he said.

One time, she unfastened her seat belt and jumped out of her grandma’s car as it came to a stop. Her grandma couldn’t get her back in the car and Fairfield Township police and fire departments responded to the scene.

“When she’s hurting, she can’t communicate that and her behavior escalates,” he said. “Thankfully, they were able to get her in the squad and talk to her until I arrived.”

For such a crisis, police need to be well-prepared, he said. “I want officers to understand how to respond because my daughter might be the one they’re approaching.”

In Butler County, officers and mental-health professionals team up to handle such situations. Kathy Becker, CEO of Transitional Living, a multifaceted mental-health agency with offices located in Hamilton, rides frequently with

police from the Hamilton, Fairfield and Middletown departments.

The agency is a resource for Butler County law enforcement, the provider of mental-health services in the Butler County Jail, as well as a resource to the Middletown City Jail.

As a registered social worker assistant, Becker became interested in working with law enforcement in the early 1990s after attending a workshop featuring Linda Boyd of the Los Angeles Department of Mental Health. Boyd talked about her work with the Los Angeles Police Department, a pioneer in the co-responder model of handling disturbance calls related to mental health.

Becker put together biannual in-service trainings for officers and began conducting regular roll-call training — short sessions at the beginning of each shift.

“We train all of our police officers about de-escalation, signs of mental illness, how to respond to people with developmental disabilities and Alzheimer’s,” Becker said.

Later, she and caseworkers from Transitional Living began riding along with police during second shift.

“A crisis never happens during nine to five,” Coleman said. “If there’s a person whose behavior is scaled up, if we aren’t

able to help them, and we need help, we’ll ask: ‘What is the best approach?’”

Once a person is engaged in services with Transitional Living, the client or a guardian signs a waiver so Becker or her staff can disclose relevant information to law enforcement or others.

In Butler County, there are 13 contract mental health agencies of the Butler County Mental Health and Addiction Recovery Services Board, as well as several substance abuse treatment agencies. There are five homeless shelters and two hospitals in the county that offer inpatient mental health services. More than 100 churches and social-services agencies offer other aid.

“We try to involve all the agencies,” Coleman said.

For individuals who end up in the Butler County Jail, Transitional Living has added a case coordinator. The case coordinator works with inmates who are being released to help them connect with appropriate services in the community.

Coleman said the Butler County Model (also known as the Hamilton-Fairfield Model of Police Training and Intervention) works for them because having a caseworker along is advantageous for the police and the public.

“If we need help arranging something, they are an extra hand ... The mentally ill don’t get passed off or ignored.”

“A caseworker can advocate for that person and be with them,” Coleman said. “If we need help arranging something, they are an extra hand. The mentally ill don’t get passed off or ignored.”

For those interested in the Butler County method, but don’t think they have the resources, Becker said some reallocation might be in order.

“As a mental-health system we need to be out there anyway,” she said.

“They are investing money in jails. This is just a more practical approach to dealing with people who need help. If these were your loved ones, what would you want?”

OhioMHAS Grant Promotes Behavioral Health Services in Gallia, Meigs Jails

ABH/Jail Transfer Pilot Project will bring entities together to evaluate and treat offenders

A grant of \$125,000 from the Ohio Department of Mental Health and Addiction Services (OhioMHAS) will help the Gallia-Jackson-Meigs Board of Alcohol, Drug Addiction and Mental Health Services coordinate behavioral health services for inmates at jails in Gallia and Meigs counties, promoting community safety and opportunities for offenders. State and local officials gathered at the Gallia County Jail on July 28 to announce the partnership.

Connecting people with appropriate medications and treatment through local behavioral health care provider Woodland Centers, Inc. (WCI), as early as possible during their incarceration will reduce admissions to the state-run regional psychiatric hospital in Athens, Appalachian Behavioral Healthcare (ABH). Evaluating and treating inmates at the jail will save money and time, as well as risk, over transporting them between the jail and the hospital. It will also reduce recidivism by addressing the mental health issues that may be a component of their criminal behavior.

"We know that a high percentage of people in jails and prisons have mental health or addiction disorders," OhioMHAS Director Tracy Plouck said. "Making connections to treatment while they are incarcerated can reduce escalation of their conditions and give them the opportunity to improve their lives. There is a need in several areas of the state to improve collaboration among local jails, hospitals and treatment providers to address strains to



Appalachian Behavioral Healthcare CEO Jane Krason talks to the media during a July 28 press announcement at the Gallia County Jail.

the communities that these offenders pose. We welcome the ABH/Jail Transfer demonstration project proposed in Gallia and Meigs counties as an opportunity to support innovation with local partners."

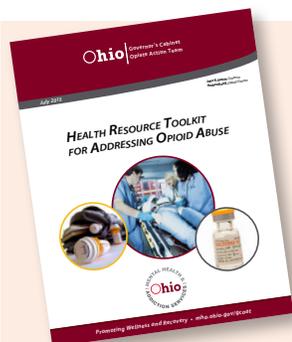
Ronald A. Adkins, executive director of the Gallia-Jackson-Meigs Board of Alcohol, Drug Addiction and Mental Health Services, said the board is pleased to help facilitate this relationship among WCI, ABH and law enforcement. "When an individual is incarcerated and loses access to health benefit coverage, our best response, up to this point, has traditionally been crisis/emergency services only. This has created stress for the local sheriffs and their jail staff and an increase in placements at ABH," Adkins explained. "This grant allows our system to better serve these individuals while in the jails with a broader array of services to help address their immediate behavioral health care needs in a more timely and efficient manner. Ongoing care while

incarcerated, and planned benefits management and aftercare when released from jail, are proactive efforts to better serve this population," he said.

WCI will be providing services to residents at the Gallia County Jail, Gallia County Work Release Center, Meigs County Jail and the Middleport Jail. In addition to services while incarcerated, WCI will deliver aftercare and benefits coordination to individuals when they are released from jail.

WCI Director of Operation Kevan Mock said, "This project will give Woodland Centers, Inc., the opportunity to provide services to those who would otherwise not receive them. It will allow us to help reduce the number of jail transfers to ABH, but also deliver services that have a positive impact in the communities we serve."

The Department will closely monitor progress with a goal of replicating the project in other areas of the state.



New Toolkit to Help Communities Fight Opiate Addiction

Last month, the Governor's Cabinet Opiate Action Team (**GCOAT**) released the **Health Resource Toolkit for Addressing Opioid Abuse**, a new tool to help communities stem the tide of heroin and prescription drug abuse. The toolkit provides guidance on everything from building a local coalition to prevent overdose deaths and promote responsible prescribing practices to expanding access to Medication-Assisted Treatment and embracing specialized docket programs to close the revolving door of addiction and crime. The resource includes community case studies, technical support contacts at the state level, guidance on accessing relevant data and trend information, as well as a checklist for building an effective local response.

Ohio SBIRT Expands Reach With Four New Partners

Ohio's Screening, Brief Intervention and Referral for Treatment (SBIRT) program continues to grow with the recent addition of four new partners:



Mercy Health System/Clermont County Hospital in Batavia, Compass Community Health Center in Portsmouth,

Third Street Family Health Services in Mansfield and the Wood County Community Health and Wellness Center in Bowling Green.

Ohio SBIRT is designed to reduce morbidity and mortality of alcohol and other drug use and depression through screening, early intervention and the integration of physical and behavioral health approaches. The program is supported by a five-year, \$10 million grant from the Substance Abuse and Mental Health Services Administration.

Since launching, more than 15,000 Ohioans have been screened through the program with an estimated 3.7 percent referred for treatment.

For more information, contact Ellen Augspurger at 614.644.8318 or Ellen.Augsperger@mha.ohio.gov.

Award Nominations Sought

The Ohio Coordinating Center of Excellence (CCOE) in Mental Illness/Intellectual Disability is seeking nominees for its **Ed Comer Award for Excellence**, which honors individuals who make extraordinary contributions in the field of mental illness and intellectual disability.

The award will be presented at the **13th Annual Ohio National Association for the Dually Diagnosed (NADD) Conference — Mental Health Aspects: Treatment & Support** in Columbus on Sept. 21-22.

Please send a short letter of nomination to Tina Evans at tina.evans@dodd.ohio.gov by Sept. 4.



The project has just completed its second of three construction phases. Once patients begin to occupy the new structure, renovations of the existing McKee building will begin. These renovations will include: two additional units; social learning center for patients; meditation room/chapel; designated courtroom areas; additional office space, classrooms and locker rooms for staff. The entire project will be completed next summer. *Pictured (l-r): Muhammad Momen, M.D., lead chief clinical officer at NBH; Dave Colletti, assistant director for Hospital Services; and Doug Kern, CEO of NBH, tour the new facility.*

Ceremony to Mark Opening of New Hospital Patient Facility

After nearly 10 years of design and planning efforts, a ribbon-cutting ceremony on Sept. 14 will mark the official opening of the newest building at **Northcoast Behavioral Healthcare**. Ground was broken on the new patient facility in July 2013. This state-of-the-art complex allows for the consolidation of multiple buildings into one, cohesive structure designed to promote recovery. The new construction consists of eight units, each with an intensive care suite; admissions area; gymnasium, dietary area; and secured courtyards.

Program Helps Mothers Recover, Obtain Employment

First Step Home — one of four Maternal Opiate Medical Support (M.O.M.S.) program pilots in Ohio — is helping Cincinnati-area mothers find a pathway to wellness and gainful employment.

First Step's vocational rehabilitation approach is holistic, individualized and comprehensive. The program empowers women in the **M.O.M.S. program** to make the best decisions regarding short- and long-term vocational goals. In partnership with **Dress for Success**, clients are educated about the world of work, what it takes to be competitive and how to prepare to be competitive.

During the past year, 10 women have gained employment. Here's what one of the women had to say about her experience:

"I have been clean for one year. My time with [my baby boy] has increased because of my incredible progress in recovery. I am adapting to the life of working and caring for my child. It has its challenges, but I am not alone. I have a support system and a home. My future plans are to attend Cincinnati State to obtain a degree in nursing."

"At First Step Home, we know that recovery works, and recovering mothers want to work," said Terry Schoenling, the organization's vice president.

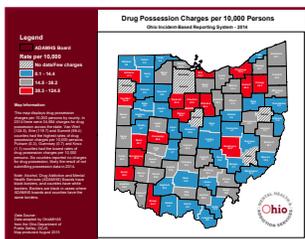
Earlier this summer, First Step Home held its 4th Annual Rose Award Gala. The event raised more than \$30,000 to help support maternal addiction programming.

Pictured below (l-r): Morleen Rouse receives a plaque from First Step President and CEO Margo Spence for her dedication to women in recovery. The St. James Father's Ministry and Huntington Bank were also recognized.



Updates to County Health Indicators

The OhioMHAS Office of Quality, Planning and Research has received numerous requests to produce county-level maps that document the opiate epidemic. In response, OhioMHAS researchers have developed a [website](#) to display choropleth



maps with data from six public and private organizations. Each series of maps provides a longitudinal picture of the impact of the epidemic on Ohio's communities. Common break points are used to make year-to-year comparisons easy, and a brief

discussion within each map helps describe the meaning of the data. Research staff recently expanded the number of indicators to include crime-related information (e.g., charges for opiate possession) and updated other indicators with 2014 data. Data relating to treatment and hospital admissions will be updated later this year when it becomes available. If you have questions about current maps or an idea for a topic you would like mapped, contact Rick Massatti, Ph.D., at 614.752.8718 or Richard.Massatti@mha.ohio.gov.

'Theater of War' Tour Coming to Central Ohio

The Ohio Suicide Prevention Foundation (OSPF) is excited to bring the groundbreaking project [Theater of War: Soldiers and Citizens Tour](#) to central Ohio on Sept. 15. The performance will be in the Capitol Theatre in the Vern Riffe Center for Government and the Arts, 77 S. High St., Columbus.

A reception will be held from 5-6 p.m. Resource information and tables will also be available. The performance will start at 6 p.m.

Theater of War is an innovative public health project that presents powerful dramatic readings of Sophocles' *Ajax*, an ancient Greek war play, as a catalyst for facilitated town hall discussions in communities about combat and deployment-related stress, psychological injury, alcohol and substance abuse, suicide and the impact of military service on families. This project has been used to open up crucial dialogue, break down stigma and encourage health-seeking behavior for more than 60,000 service members, veterans and their families.

For more information, visit the [OSPF website](#).



Latest OSAM-O-Gram Examines Vaping of Marijuana Extracts

The latest Ohio Substance Abuse Monitoring (OSAM) Network OSAM-O-Gram [Vaping of Marijuana Extracts More Common](#) is now available on the OhioMHAS website. According to the report, since the first reports of "marijuana vaping" of concentrates and extracts surfaced in January 2011, vaporizing as a route of administration for marijuana has been reported by respondents in every OSAM region. Click [HERE](#) to see more OSAM trend reports.

News & Research Roundup

New Behavioral Health Publications from SAMHSA

The Substance Abuse and Mental Health Services Administration released several new behavioral health resources this month. [Racial/Ethnic Differences in Mental Health Service Use Among Adults](#) reports estimates of mental health service utilization among adults in the U.S. within different racial/ethnic groups. Highlights include past-year utilization, prescription psychiatric medication use, outpatient and inpatient mental health services and more.

[Quick Guide for Clinicians Based on TIP 57 "Trauma-Informed Care in Behavioral Health Services"](#) equips professional care providers and administrators with information for providing care to people who have experienced trauma or who are at risk of developing trauma stress reactions. The guide addresses prevention, intervention and treatment issues and strategies.

CDC Releases New Tobacco Prevention Video

The Centers for Disease Control and Prevention (CDC) has developed and released [The Next 50 Years](#) video, which reflects on all the tobacco-prevention work of the past, while reminding us of the work yet to be accomplished. The video seeks to raise awareness and draw attention to the important work that remains to be done in tobacco control. Also visit [CDC Tobacco Free](#) for multiple communications resources including social media posts. Please use #Next50 in social media posts about the video.



News & Research Roundup cont.

Study: Prescriptions for Mental Health Drugs Much More Common Among Older Adults

Older adults are prescribed mental health drugs at more than twice the rate of younger adults, but are much less likely to see a psychiatrist, according to a [new University of Michigan study](#). Elderly people who take Valium, Xanax and Ativan to treat anxiety are at a higher risk of falls, fractures and increased declines in cognitive abilities, the researchers said. If antidepressants are taken with blood thinners and painkillers, they can raise blood pressure. Researchers found adults older than age 65 had an average of 63 visits per 100 people for antidepressants and 62 visits per 100 people for anti-anxiety drugs. In contrast, younger adults had 36 visits per 100 people for antidepressants and 29 visits per 100 people for anti-anxiety drugs. Older adults had an average of 6.3 visits to a psychiatrist annually, compared with 12 visits per year for younger adults. The study appears in the [Journal of the American Geriatrics Society](#).



Study: Suicidal Thoughts, Attempts Higher in Patients with Migraine, Co-morbid Fibromyalgia

People who have migraines and fibromyalgia have a higher rate of suicidal thoughts or attempts than those with migraines alone, according to a [new study](#) in the journal *Neurology*. Researchers surveyed more than 1,300 adult migraine patients who had attended a specialty headache clinic. Around 10 percent of these patients reported also having fibromyalgia, and among this subset 58.3 percent reported suicidal ideation and 17.6 percent reported suicide attempts. In migraine patients who did not report fibromyalgia, the rates for ideation and attempt were 24.1 percent and 5.7 percent, respectively. Patients with migraines and fibromyalgia also reported a higher frequency of headaches, more headache-related disability, poorer sleep quality, and more depression and anxiety symptoms than those with migraines only. To read more about the effective management of people with chronic pain conditions, see the FOCUS article [A Review of Chronic Noncancer Pain: Epidemiology, Assessment, Treatment, and Future Needs](#).

Two-Thirds Of Alzheimer's Cases May Be Attributed To Nine Risk Factors

Two-thirds of Alzheimer's cases could be attributed to nine risk factors that are potentially fixable, according to [research published online](#) in the *Journal of Neurology Neurosurgery & Psychiatry*. Investigators linked obesity, carotid artery narrowing, low educational attainment, depression, high blood pressure, frailty, smoking habits, high levels of homocysteine (an amino acid), and type 2 diabetes in the Asian population to about two-thirds of global Alzheimer's cases. The researchers came to this conclusion after looking at data from more than 300 studies.

Medical Organizations Form Task Force to Reduce Opioid Abuse

A group of 27 major medication organizations, led by the American Medical Association, has [formed a task force](#) to reduce opioid abuse. The groups are urging physicians to register for and use state-based prescription drug monitoring programs when considering whether to prescribe opioids to patients. The initiative includes a [new web page](#) with information about drug monitoring programs. Other key partners include: the American Academy of Family Physicians, the American Academy of Orthopaedic Surgeons, the American Academy of Neurology, the American Academy of Pain Medicine, the American College of Emergency Physicians and the American Dental Association.

Updated FASD Prevention Materials Focus on Healthy Pregnancy

The SAMHSA Fetal Alcohol Spectrum Disorders (FASD) Center for Excellence has released an updated version of its [How To Have a Healthy Baby](#) booklet series. This series provides useful guidance to encourage women to remain alcohol-free during pregnancy. The series provides tips for men and women who want to support a healthy pregnancy and for providers who work with pregnant women. Originally released in 2004, the series consists of three booklets in both English and Spanish.



Electronic Questionnaire Quickly Rates Teens' Substance Use

With a few simple questions, a new screening tool detects whether a teen is likely to have a mild-to-moderate or a severe substance use disorder. The tool, "Screening to Brief Intervention" (S2BI), enables pediatricians and other clinicians to rapidly match adolescents' drug involvement to an appropriate type of brief intervention or referral, as recommended by the American Academy of Pediatrics (AAP). Read [more](#).

Training Opportunities, cont.

CWRU Center for Evidence-Based Practices Trainings

The Case Western Reserve University Center for Evidence-Based Practices has released its schedule of upcoming trainings. Click the links below for more information:

- Sept. 15 — [Job Development Applications for Housing Professionals \(Columbus\)](#)
- Sept. 16 — [Foundations of Motivational Interviewing, Part 1 \(Mentor\)](#)
- Sept. 22 — [Job Development Applications for Housing Professionals \(Fairfield\)](#)
- Oct. 28 — [Foundations of Motivational Interviewing, Part 2 \(Mentor\)](#)

MACC 12th Annual Statewide Training Conference — Sept. 3-4

Multiethnic Advocates for Cultural Competence, Inc. (MACC) is hosting its 12th Annual Statewide Training Conference, [Healing Across World Cultures: Eliminating Disparities, Transforming Systems](#) Sept. 3-4 at the Quest Conference Center in Columbus.

Two nationally-renowned clinicians in the area of cultural competence and diversity specialties will headline the conference as keynote speakers: Dr. Billy Vaughn, cognitive cultural psychologist and faculty member in the Psychology department at Walden University and Dr. Vivian Jackson, National Center for Cultural Competence and the National Technical Assistance Center for Children's Mental Health at the Georgetown University Center for Child and Human Development.

Summit Behavioral Healthcare Recovery and Wellness Fair — Sept. 11

Summit Behavioral Healthcare (SBH) in Cincinnati will host its ninth annual Recovery and Wellness Fair from 8:30 a.m.–4:30 p.m. on Sept. 11. The Fair is designed to bring together OhioMHAS staff, community professionals, consumers, family members and students to focus on important and timely issues and programs as they relate to recovery and the patients and communities served by Ohio's six regional psychiatric hospitals. This year's program will highlight homelessness; human trafficking; trauma-informed care; suicide risk-assessment and crisis intervention; counseling transgender clients; and the heroin epidemic. Registration for the fair can be made through the [staff education office](#) at each of the hospitals.

COHHIO Webinar: Harm Reduction Model — Sept. 17

The Coalition on Homelessness and Housing in Ohio is sponsoring a free [Harm Reduction Model webinar](#) from 10-11:30 a.m. on Sept. 17 for front-line staff, managers and supervisors who work with housing and homeless programs. This training is also for behavioral health professionals who provide services to individuals who live with mental illness and substance abuse and struggle to maintain stable housing. For more information, contact jonda.clemmings@cohhio.org.

13th Annual NADD: State of Ohio IDD/MI Conference — Sept. 21-22

OhioMHAS will partner with the Ohio Department of Developmental Disabilities and the National Association for the Dually Diagnosed (NADD) to host the [13th Annual NADD: State of Ohio IDD/MI Conference](#) "Mental Health Aspects: Treatment and Support" on Sept. 21-22 in Columbus. Keynote presenters will include Craig Erickson, M.D., associate professor of psychiatry at Cincinnati Children's Hospital Medical Center, and Jarrett Barnhill, M.D., from the University of North Carolina School of Medicine. [Register](#) online.

8th Annual RSVP Conference — Sept. 23

The Mental Health and Recovery Board of Ashland County will host its [8th Annual Respect, Success, Value and Purpose \(RSVP\) Conference — Recovery: Our Journey, Our Future](#) Sept. 23 at the Ashland University Convocation Center. Keynote speakers include Mary Blake from SAMHSA and Wally Kisthardt, Ph.D., MSW. For more information, call Hillary Wertman at 419.281.3139 or email hwertman@ashlandmhrb.org.

Prevention Ethics for Ohio Prevention Specialists — Sept. 23

Drug-Free Action Alliance will host "Prevention Ethics in Alcohol and Other Drug Abuse Prevention" on Sept. 23 in Westerville. Cost is \$99 for 6 RCHs and \$50 for 3 RCHs. Click [HERE](#) for more information.



Training Opportunities, cont.

Pediatric Mental Health Symposium — Oct. 2

The Cincinnati Children's Hospital Medical Center, Division of Child and Adolescent Psychology, will host its annual *Pediatric Mental Health Symposium* on Oct. 2 at the Great Wolf Lodge Conference Center in Mason. This one-day training for health care and community providers focuses on current mental health trends and their impact. Previous topics have included: anxiety, depression, bipolar disorder, eating disorders and ADHD. Cost is \$125 for full-day registration. Click [HERE](#) for more information.

2015 Walk to Recovery — Oct. 3

The Mental Health and Recovery Services Board of Seneca, Sandusky and Wyandot counties, in collaboration with the Seneca, Sandusky and Wyandot counties Peer Recovery Group is organizing a Walk to Recovery on Oct. 3 at Hedges-Boyer Park in Tiffin. The goal is to raise awareness, offer hope and provide treatment and recovery resources to the community. For more information, please email the Board at mhrsbsw@bright.net, or call 419.448.0640.

Building Hope and Resilience Through Trauma-Informed Care — Oct. 8

The Montgomery County Alcohol, Drug Addiction and Mental Health Services Board is partnering with First Step Home, Greater Cincinnati Behavioral Health Services, Kettering Health Network, Lifespan, Cincinnati Children's Hospital Medical Center, Positive Leaps, Tristate Trauma Network and Wright State University's Boonshoft School of Medicine to host the Southwest Trauma-Informed Care Collaborative Conference *Building Hope and Resilience Through Trauma-Informed Care* on Oct. 8 at the Elements Events Centre in Cincinnati. Questions? Please contact Melissa Adamchik at madamchik@tristatetraumanetwork.org or Su-Ann Newport at snewport@mcadamhs.org.

Understanding the Effects of Trauma on Children — Oct. 22

The Hancock County Board of Alcohol, Drug Addiction and Mental Health Services is partnering with the Children's Mentoring Connection, SAFY and Diversion Adolescent Foster Care to host *World Turned Upside Down: Understanding the Effects of Trauma on Our Children* on Oct. 22 at First Presbyterian Church in Findlay. The training targets parents, grandparents, mentors, foster parents, teachers and other adults who work with children. The session will provide 3 CEUs administered through Family Resource Center of Northwest Ohio, Inc. Questions? Please call 419.424.1985.

Save the Date! Ohio Council 2015 Annual Conference & Exhibit Hall — Oct. 22-23

The Ohio Council of Behavioral Health & Family Services Providers will hold its Annual Conference & Exhibit Hall on Oct. 22-23 at the Hilton Columbus/Polaris. More information will be available later this year at www.theohiocouncil.org.

Alma, Mente y Corazón: Contemporary Issues in the Treatment of Latinos – Oct. 23

The National Alliance on Mental Illness of Greater Toledo, in collaboration with the Mental Health and Recovery Services Board of Lucas County and Northwest Ohio Psychiatric Hospital, will present its first conference focused on behavioral health in the Latino community. *Alma, Mente y Corazón (Spirit, Mind and Heart): Contemporary Issues in the Behavioral Health Treatment of Latinos* will be held at NOPH, one of OhioMHAS' six regional psychiatric hospitals, from 8:45 a.m.-4 p.m. Oct. 23. Registration information will be coming soon. CEUs are pending. For questions, contact Anita Martinez-Folger at 419.243.1119 ext. 208.

2015 Private Psychiatric Inpatient Provider Conference — Oct. 30

The Ohio Hospital Association and OhioMHAS are partnering to host the biennial *Private Psychiatric Inpatient Provider Conference* from 8 a.m.-4 p.m. Oct. 30 at the Quest Conference Center in Columbus. This year's theme is "Barrier Busting: A Breakthrough in Holistic Care." Noted presenters include Kendall Stewart, M.D., chief medical officer at Southern Ohio Medical Center, who will deliver the keynote; and Evelyn Lundberg Stratton, 147th justice of the Supreme Court of Ohio, who will be the conference's luncheon speaker. More information and registration details will be coming soon.

Training Opportunities, cont.

International Community Corrections Association Annual Conference — Nov. 8-10

The International Community Corrections Association (ICAA) will present its *23rd Annual Research Conference: Doing What Matters series: Sustaining Impact: Effective Programs, Measurable Outcomes and Strong Organizations* Nov. 8-10 at the Boston Park Plaza Hotel in Boston, Mass. An estimated 200-300 participants, including researchers, policymakers, criminal justice practitioners and the formerly justice-involved are expected to attend. The conference will be intergenerational with a special emphasis on the emerging research and implications for policy and practice.

Training & Technical Assistance to Enhance Ohio's Problem Gambling Services

With the release of Ohio's Problem Gambling Awareness campaign, *Be the 95%*, OhioMHAS is pleased to announce a second year of no-cost access to continuous quality improvement (CQI) tools, including training and technical assistance for both prevention and treatment of problem gambling.

Matthew Courser, Ph.D., of the Pacific Institute for Research and Evaluation (PIRE), in close collaboration with Ohio University's Voinovich School of Leadership and Public Affairs, is serving as the lead for this CQI effort. He is available for one-on-one consultation and work with groups of community stakeholders.

Key areas where Dr. Courser can assist include (but are not limited to):

- Building community readiness
- Utilization of screening tools and conversion to treatment
- Evidence-based PG prevention
- Problem gambling program design and evaluation
- Development of logic models and theories of change
- Reporting and communicating with
- Using the Be the 95% campaign and other materials in Ohio communities to increase awareness of problem gambling as an important public health issue.

At this time, anyone in Ohio's behavioral health service system can contact Dr. Courser at 614.746.5670 or email mcourser@pire.org to discuss CQI concerns. As always, the Problem Gambling Bureau staff of OhioMHAS is ready and able to assist any organization or professional with challenges related to prevention and treatment services for problem gambling.



**Have a news story or training opportunity you'd like to share with colleagues?
Please forward submissions to Eric.Wandersleben@mha.ohio.gov for consideration.**