

Governor Signs Jobs Budget 2.0; OhioMHAS Officially Launched

Happy New Year! Fiscal New Year, that is, because July 1 marked the start of state government's fiscal year 2014 and the first day of a new biennial state budget that will take the **newly consolidated** Ohio Department of Mental Health & Addiction Services (OhioMHAS) through June 2015. It's a time for all of us here – working with you, our friends and stakeholders – to make a fresh start, with new energy and enthusiasm for the goals we've set for the years ahead.

Governor Kasich recently signed the **new state budget** into law, and it builds on the job-creating policies in the budget he signed two years ago when Ohio and the nation were just beginning to climb out of the toughest economic downturn since the Great Depression. For example, this budget features:

- A \$2.7 billion net tax cut to make Ohio more competitive with other states – and the world – for jobs and economic growth, including a 10 percent personal income tax reduction over three years and a 50 percent **small-business tax deduction** on the first \$250,000 of business income.
- A new Achievement Everywhere Plan for Ohio's local schools that delivers \$1.5 billion in additional funds to help create a world-class education system and encourages schools to pursue innovative new education strategies to improve student success.
- A new funding plan for Ohio's public colleges and universities that rewards improved graduation rates to make Ohio a more desirable place for job creators to expand or relocate and to strengthen our economy.
- An additional \$3 billion in federal, state and local funds to meet Ohio's



Photo credit: Mike Elicson, Development Services Agency

Gov. John R. Kasich presides over the June 30 swearing in of Tracy J. Plouck as inaugural director of the consolidated Ohio Department of Mental Health & Addiction Services (OhioMHAS). Director Plouck's son Felix — who earlier in the evening helped the Governor sign the Jobs Budget 2.0 into law — assisted with the ceremony.

pressing transportation infrastructure needs – a crucial factor for a growing economy.

The final area of focus in the governor's budget strives to create a healthier workforce in Ohio by making critical **reforms** to the Medicaid program and by extending Medicaid coverage to hard working, low-income Ohioans. While the administration has been successful in making reforms to Medicaid, work continues on expanding Medicaid coverage. Most uninsured Ohioans have jobs, but they are far less likely to receive coordinated care on a routine and timely basis. Instead, they most often resort to hospitals and emergency rooms when health issues become serious. The result is delayed medical care and more expensive – sometimes

much more expensive -- treatment. Legislative debate continues in the Ohio Statehouse on this issue. The governor is passionate about a solution and will see to it that it gets done.

Click [here](#) to watch Director Tracy Plouck's video discussing the budget's impact on Ohio's mental health and addiction services system.

As we celebrate a new fiscal year, OhioMHAS looks forward to working with you and all Ohioans we serve. We're optimistic about the future of our agency and our outstanding programs as together we strive to provide "state-wide leadership of a high-quality mental health and addiction prevention, treatment and recovery system that is effective and valued by all Ohioans."

Governor Vows to Continue Fight to Extend Health Benefits for Ohio's Working Poor; Says 'Now is the Time' for Medicaid Expansion

Hundreds of Medicaid expansion supporters joined Gov. John R. Kasich at the Statehouse July 9 to kick off what they hope will be a summer of legislative action.

Gov. Kasich told a packed room of advocates and media, "We will get this done ... Now is the time!" The Governor was joined by Hancock County Sheriff Mike Heldman, Cuyahoga County Common Pleas Court Judge David Matia and several veterans and business leaders.

The administration is targeting the end of summer for a General Assembly vote on Medicaid expansion. That time frame would allow Ohio enough time to prepare to enroll up to 366,000 new Medicaid members by Jan. 1, when federal money becomes available. Click [here](#) for media coverage of the event.



Gov. John R. Kasich addresses hundreds of Medicaid expansion advocates during a July 9 rally at the Statehouse Atrium.



NBH Expansion Project to Break Ground July 18

It has been years in the making, but on July 18 Northcoast Behavioral Healthcare (NBH) will break ground on a three-year construction project that will expand the hospital by more than 100,000 square feet and renovate existing facilities. Project plans call for the addition of eight new units, a new gymnasium, clinic, admissions area and dietary area at the Northfield hospital. The project will also create three courtyards for patient use, and renovate existing space to create a common treatment area, staff training area, police department and new lobby. Once completed, the state-of-the-art facility will provide a safe, secure, functional and flexible environment that supports healing and recovery.

Click to [learn more](#) about NBH.

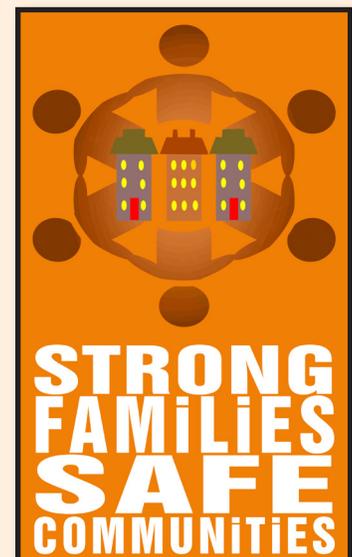
Agencies award \$3M for 'Strong Families, Safe Communities'

OhioMHAS, DODD Partner to Serve Youth and Families in Crisis

In early July, the Ohio Departments of Developmental Disabilities (DODD) and Mental Health & Addiction Services (OhioMHAS) **announced** awards of nearly \$3 million out of a \$5 million grant to seven community partnerships to implement the *Strong Families, Safe Communities* project and to provide care coordination and crisis intervention services for youth at risk of harming themselves or others due to a mental illness or developmental disability. The seven partnerships involve boards and providers in counties.

In addition to the grant awards, the project will also provide statewide training on crisis intervention for mental health and developmental disabilities services professionals. Trainings will begin this fall.

Strong Families, Safe Communities is funded by Governor Kasich's initiative to commit money from Ohio's Children's Health Insurance Program Reauthorization Act (CHIPRA) awards to develop targeted strategies to stabilize youth in crisis, ages 8-24, and develop long-term treatment plans that help children and their families live happy and healthy lives. Read the press release to learn more about the projects. See [coverage](#) of the announcement from *The Associated Press*.





Update: Ohio Public/Private Partnership Initiative

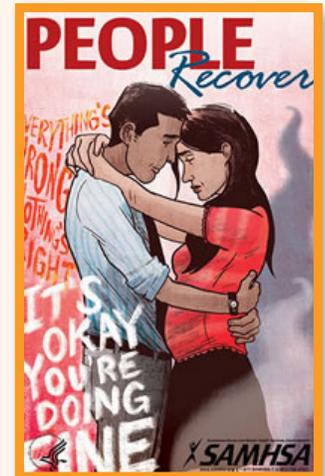
The Ohio Public/Private Partnership Initiative, which was designed to increase communication, share resources and improve patient access, was developed by OhioMHAS, the Ohio Association of County Behavioral Health Authorities, the Ohio Council of Behavioral Health and Family Services Providers and the Ohio Hospital Association. The initiative was developed as the result of the 2012 Public/Private Inpatient Psychiatric Services Leadership Conference to promote statewide improvements to Ohio's hospital/community system for the individuals we serve. Click [here](#) for more information about the initiative.

Pictured above: OhioMHAS Director Tracy Plouck (speaking) discusses the goals of the initiative during a June webinar. Also pictured are (clockwise, l-r) Dave Colletti, assistant director of Hospital Services for OhioMHAS; Theresa Guidice, Twin Valley Behavioral Healthcare; Dr. Mark Hurst, OhioMHAS Medical Director; Berna Bell, Ohio Hospital Services Association; Kathy Coate-Ortiz, OhioMHAS; Michelle Perry, Netcare Access; and Paula Kalyn, Ohio Health Behavioral Health.

Comic Book Highlights Co-Occurring Disorders, Focuses on Recovery

The Substance Abuse and Mental Health Services Administration recently released *People Recover*, a comic book-style publication that presents the story of two people, Hal and Nikki, who abuse substances and who are also affected by anxiety and depression, respectively.

Because of their co-occurring addictions and mental disorders, their relationship suffers, and they struggle in their professional work. Each also faces a personal crisis. With the help of friends, professionals, and each other, Hal and Nikki begin their individual paths to recovery.



People Recover presents a hopeful message of recovery for people with a substance use disorder and a mental illness. Resources are included.

Click [here](#) to download a digital copy from the SAMHSA website, or to place an order for hard copies of the comic book.



Race to the Top Early Challenge Grant Update

Pictured at left: Valerie Alloy, Ph.D., Ohio Department of Mental Health and Addiction Services' lead for early child mental health initiatives; Frank Kros, national expert on trauma and president of the Upside Down Organization; Terry Jones, chief of the OhioMHAS Office of Children, Families and Prevention; and John Hurley, OhioMHAS lead for teen and transition-age youth projects, are pictured at a recent OhioMHAS-sponsored training about the impact of trauma of on the young child brain and the culture of poverty.

This was the first of a series of interdepartmental trainings launching the Race to the Top Early Challenge Grant Professional Development activities designed to create a wellness team for early childhood interventions. In attendance were representatives from the Ohio departments of Education and Job and Family Services, Health & Wellness (OH), and Ohio Child Care Resource and Referral agencies representing early childcare professionals from throughout the state. For more information about early childhood mental health initiatives, contact Dr. Alloy at valerie.alloy@mha.ohio.gov or visit <http://1.usa.gov/18La9H7>.



(l-r) Helen Walkerly, executive director of the Wayne-Holmes Mental Health Coalition, consumers Leigh Salgado and James Green, Gov. John Kasich, State Rep. Ron Amstutz and Judy Wortham Wood, executive director of the MHRS Board of Wayne & Holmes Counties share a light moment during a June 24 visit to the Governor's office.

Advocacy in Action

In June, a delegation from the MOCA House drop-in recovery center in Wayne County and area behavioral health leaders visited with Gov. John Kasich and State Rep. Ron Amstutz to discuss the importance of Medicaid expansion. Leigh Salgado and James Green, both Wayne County residents, arranged the meeting after being inspired by a Medicaid expansion rally at the Ohio Statehouse.

Salgado and Green thanked the Governor for his support of Medicaid expansion and discussed how expanding Medicaid would lead to enhanced recovery support services for consumers of mental health and addiction services.

MOCA House is a consumer-operated, peer support program for individuals with mental health issues, operated by the Wayne-Holmes Mental Health Coalition.

Lehrer Named Chief Clinical Officer at Summit Behavioral Healthcare

Dr. Douglas Lehrer has been named Chief Clinical Officer at Summit Behavioral Healthcare. Dr. Lehrer is an accomplished clinician, educator, researcher and physician administrator, and most recently provided clinical leadership to inpatient services at the Dayton VA medical campus. Dr. Lehrer previously served as Chief Medical Officer at Twin Valley Behavioral Healthcare.



Advocacy Coalition Expands Focus

The Mental Health Advocacy Coalition is now the **Mental Health & Addiction Advocacy Coalition (MHAC)**. Formed in 2003, the Coalition includes more than 105 organizations from around Ohio that have joined together with a mission of fostering education and awareness of mental health and addiction issues while advocating for public policies and strategies that support effective, well-funded services, systems and supports for those in need, resulting in stronger Ohio communities. The change resulted from a comprehensive strategic planning process and a desire to have a greater impact on the community and the lives of those with a mental illness or addiction disorder. For more information, visit: mhaadvocacy.org.



Clinic Partnership Promotes Integrated Care

Since the Columbus Neighborhood Health Center at Maryhaven clinic officially opened earlier this year, more than 1,000 individuals have received services. The clinic represents a partnership between Maryhaven, Inc., Central Ohio's oldest and largest provider, and Columbus Neighborhood Health Center. The venture was made possible through a \$900,000 federal grant. The collaboration will allow the clinic to provide integrated primary and behavioral healthcare services to patients and the community.

Pictured from left to right, BACK ROW: Paul Coleman, President and CEO, Maryhaven; Kevin Dixon, Sr. VP of Community and Cultural Engagement, ADAMH Board of Franklin County (CNHC Board Member); Suzanne Coleman-Tolbert, President, COWIC (Maryhaven Board Member); and Tom Horan, President and CEO, CNHC. FRONT ROW: Ron Kerr, VP Multi-Channel Customer Experience and (Maryhaven Board Member); Gloria Beal (CNHC Board Member); Dr. Mysheika Roberts Columbus Public Health (CNHC Board Member); The Honorable Priscilla Tyson; Ohio Sen. Charleta Tavares (CNHC Board Member); and Virginia McKeon (CNHC Board Member).

Ohio Preparing to Launch Human Trafficking Awareness Campaign

Continuing Ohio's aggressive agenda to end human trafficking, Gov. John R. Kasich announced in mid-June that the state will launch a new public awareness campaign to combat human trafficking by educating the public on how to recognize and report the crime, as well as help victims gain access to services and treatment. The Kasich Administration and the Ohio Human Trafficking Task Force will work closely with The Impact Group – a public relations and marketing firm in Summit County – to develop the multi-pronged outreach and education campaign, which will launch by the end of 2013.

In March 2012, Gov. Kasich signed an [*Executive Order*](#) creating the Ohio Human Trafficking Task Force, charging the group with marshaling state resources to put a stop to human trafficking. In its [*recommendations*](#) made to the governor, the Task Force cited a lack of public knowledge as the most significant barrier to combating human trafficking and determined that an education campaign would be critical to the effort. An estimated 1,078 Ohio children become victims of human trafficking each year and 3,016 more are at-risk for exploitation.

Commission Certifies First Specialized Dockets in Ohio

Five specialized dockets became the first in the state to receive final certification this month from the [*Commission on Specialized Dockets*](#). The specialized dockets include:

- Ashtabula County Common Pleas Drug Court
- Clermont County Municipal OVI Court
- Columbiana County Municipal Mental Health Court—STAR Program
- Franklin County Family Drug Court
- Licking County Common Pleas Drug Court—CIA Program



In November, the Ohio Supreme Court adopted rules that outlined the specialized docket certification procedures to include submitting an application, undergoing a site visit, and forwarding specific program materials to the Specialized Dockets Section as part of the certification process. By Jan. 1, 2014, Ohio courts that operate specialized docket programs will be required to be initially certified by the Supreme Court.

The 22-member commission advises the Supreme Court and its staff regarding the promotion of statewide rules and uniform standards concerning specialized dockets in Ohio courts; the development and delivery of specialized docket services to Ohio courts; and the creation of training programs for judges and court personnel.

September 10 Established as “Ohio Suicide Prevention Day”

In June, Gov. John Kasich signed House Bill 149 into law, designating September 10 as “Ohio Suicide Prevention Day.” The bill was sponsored by State Rep. Marlene B. Anielski (R-Walton Hills).

Bill Aims to Prevent Overdose Deaths in Lorain County

Lorain County law officers and firefighters soon may carry a nasal spray that potentially could save the lives of people overdosing on narcotics. In July, Gov. John Kasich signed [*Senate Bill 57*](#), which establishes a one-year pilot project in Lorain County that allows qualified first responders to administer Narcan (or the generic naloxone) to reverse the effects of an apparent opioid-related overdose. The bill was sponsored by Sen. Gayle Manning (R-North Ridgeville).

Longtime Community Health Center CEO Bids Farewell

Theodore “Ted” Ziegler, longtime CEO of the Community Health Center (CHC) in Akron, retired June 30 after more than three decades at the helm of the Summit County provider. In addition to his work at the Center, he founded the CHC Foundation in 1985, a fund-raising organization to augment the mission of CHC; and the Ohio Multi-County Development Corporation (OMCDC) in 2002, a community development corporation that establishes housing and other small business ventures in underserved areas around the state. OMCDC has brought over \$27.5 million in federal funding and owns, manages and/or is a partner in 631 units of housing throughout the state. At right, Ziegler (middle) poses with OhioMHAS Problem Gambling Services Administrator Stacey Frohnapfel-Hasson and Governor’s Cabinet Opiate Action Team Director Orman Hall at a June 13 retirement celebration in Fairlawn.





National News Round Up

CDC: Prescription Painkiller Deaths Increasing More Quickly Among Women

Deaths from prescription painkillers are rising more quickly among women than men, according to a [new report](#) by the Centers for Disease Control and Prevention (CDC). Women's deaths from the drugs have risen five-fold since 1999, according to the CDC. About 18 women die every day from an overdose of prescription painkillers in the United States. In 2010, there were more than 200,000 emergency department visits for opioid misuse or abuse among women.

Prescription painkiller deaths are more common among white women than among black women. Older women are more likely than younger women to die from prescription painkiller overdoses. Overall, men are more likely to die of opioid overdoses: 10,020 men died of opioid overdoses in 2010, compared with 6,631 women. The report said deaths from prescription opioid overdoses may be rising faster in women because they are more likely to suffer from the most common forms of chronic pain, such as fibromyalgia, the study's authors said. Women have less body mass than men, increasing the risk of overdose.



The Ohio Substance Abuse Monitoring (OSAM) Network recently released a related OSAM-O-GRAM [Heroin Abuse Continues to Increase in Ohio: Heroin Overdose Increasing Among Young, White Females](#).

FDA Approves New Opioid Addiction Treatment Combining Buprenorphine and Naloxone

The Food and Drug Administration has approved a new drug to treat opioid addiction that combines buprenorphine and naloxone. The drug, **Zubsolv**, is similar to Subutex and Suboxone, according to *Reuters*. Zubsolv is made by Swedish drugmaker Orexo. It dissolves under the tongue, and comes in a menthol flavor. "Zubsolv is indicated for use as maintenance treatment for people suffering from opioid dependence and should be used as part of a complete treatment plan to include counselling and psychosocial support," the company said in a [news release](#). Zubsolv will be available in the United States in September.

Designer Drugs Are Alarming Public Health Problem: United Nations

The increasing popularity of designer drugs is an alarming public health problem, according to the [2013 World Drug Report](#) by the United Nations Office on Drugs and Crime (UNODC). The number of new synthetic drugs rose by more than 50 percent in less than three years, the report states. The drugs are a particular cause for concern because in many places they are legal, and are sold openly on the Internet. They have not been tested for safety and can be much more dangerous than traditional drugs, according to the UNODC. The harmless names of the drugs, such as "spice" and "bath salts," encourage young people to think they are low-risk fun.

Training Opportunities

Building Community Resiliency and Healing Webinar — July 23

The Substance Abuse and Mental Health Services Administration's Resource ADS Center (Center to Promote Acceptance, Dignity and Social Inclusion Associated with Mental Health) will host a free *Building Community Resiliency and Healing: Preparing for, Responding to, and Recovering From Community Trauma and Disasters* webinar on July 23. Participants will learn about Emotional CPR (eCPR) and the Federal Emergency Management Agency's Office of Disability Integration and Coordination, both developed as a result of lessons learned during the Hurricane Katrina and Hurricane Rita disasters. Presenters will discuss the valuable role peers have played in helping others in the aftermath of tragedies. To read more and register for the July 23 webinar, visit 1.usa.gov/138FNwO.

2013 Ohio Childhood Trauma Institute

The Ohio Association of Child Caring Agencies and Ohio Family and Children First are excited to continue their partnership with the National Institute for Trauma and Loss in Children (TLC). From July through October, they are hosting the TLC founder, Dr. Bill Steele, and other TLC trainers to conduct 10 innovative trainings on childhood trauma. The training curriculum is built on the TLC's evidence-based practice, the SITCAP. Trainings are geared toward social workers, counselors, psychologists, school officials, and other professionals who work with children who have experienced trauma or loss. Learn more at www.oacca.org.



Training Opportunities, cont.

2013 Ohio Addiction Studies Institute — July 31-Aug. 2

Make your plans now to attend The Addiction Studies Institute sponsored by Talbot Hall at The Ohio State University Wexner Medical Center. The Institute will be held July 31 - Aug. 2 at the Columbus Convention Center. Keynote presenters include Scott D. Miller, Ph.D., and Joan Borysenko, Ph.D., and there are more than 50 breakout sessions from which to choose. The Institute will provide 20+ hours of CEU credit. Learn more at www.addictionstudiesinstitute.com.

Register Today for a 2-part Recovery Housing Webinar — Aug. 1 & Aug. 8

Join Faces & Voices of Recovery, the National Alliance for Recovery Residences and Oxford House for a *two-part webinar* series, "Why Living in Safe, Sober and Peer Supportive Environments Matters in Recovery." Speakers include: Lori Criss, Ohio Council of Behavioral Health and Family Services Providers; Kathleen Gibson, Oxford House; Jason Howell, National Alliance for Recovery Residences; Leonard Jason, DePaul University; Steve Polin, attorney; Dave Sheridan, Sober Living Network; Pat Taylor, Faces & Voices of Recovery and Bill White, recovery historian. Registration deadline is **Tuesday, July 30, 2013**. The webinars will be recorded and available online along with resources related to recovery residences and recovery housing. For more details, or to register, visit: <http://tiny.cc/recoveryhousing>.

Generation Rx University Conference for Rx Drug Abuse Prevention & Recovery — Aug. 7-8

The second "Generation Rx University Conference for Prescription Drug Abuse Prevention & Recovery" will be held Aug. 7-8 at the Blackwell Inn & Conference Center at The Ohio State University. Plenary and break-out sessions will include speakers from various associations and institutions. Colleges and universities are encouraged to send teams including students, staff and faculty members to develop take-home strategies for the implementation of prescription drug abuse prevention programs or collegiate recovery communities. Space is limited, so those wishing to attend are encouraged to register early. The registration fee for the two-day conference is \$100 (\$75 for students). For registration and more information, visit the conference website at www.go.osu.edu/rxabuseconference.

Restored Citizen Summit — Aug. 15

OhioMHAS is proud to be a co-sponsor of the Restored Citizen Summit — a unique training designed to bring together ex-offenders (restored citizens) with the community. Workshops have been designed to help restored citizens meet the needs of successful re-entry into the community and workplace. Free, professional clothing will also be distributed. The Summit takes place Aug. 15 at the Columbus State Community College Workforce Development Center from 10 a.m. – 4 p.m. For more information on this event, please call 1-800-848-1300 ext. 62711 or 614-466-2711.

UMADAOP 24th Annual State Conference — Aug. 21-23

Urban Minority Alcoholism & Drug Abuse Outreach Programs of Ohio will host its 24th annual state conference "Providing Culturally Relevant and Responsive Services in a Transforming Behavioral Health System" Aug. 21-23 at the Holiday Inn North in Cincinnati. For complete details, visit www.umadaopofcincinnati.com or call 513-541-7099.

Building Understanding, Resiliency and Hope — Aug. 26-27

The Ohio Coordinating Center of Excellence in MI/DD, DODD, OhioMHAS, OPRA, Ohio Association of County Boards, and Ohio Developmental Disabilities Council are teaming up to host "Building Understanding, Resiliency and Hope — New approaches for understanding and supporting people with complex neurobehavioral conditions and histories of trauma and toxic stress" on Aug. 26-27 at the Xenos Center in Columbus. Presenters include: Dr. Julie Gentile director of the Coordinating Center of Excellence in MI/DD and Mary Vicario, LPCC-S. Case Managers, SSAs and professional staff, program managers of day and residential support organizations and mental health clinicians are encouraged to attend. Register [here](#).

Mark Your Calendar: 2013 Ohio Rally for Recovery — Sept. 5

OhioMHAS is pleased to be among the sponsors of this year's Rally for Recovery scheduled for 11 a.m. – 1 p.m. Sept. 5 on the West Lawn of the Ohio Statehouse. Make plans now to join other Ohioans in celebrating September as *National Recovery Month*. This year's rally will feature a line up of inspiring speakers, live entertainment and refreshments.



Training Opportunities, cont.

Save the Date! National Loss Team Conference — Sept. 10-11

The Ohio Suicide Prevention Foundation, in partnership with the National Loss Team Committee, will host “In the Journey of Loss, We Can Find Meaning Again — The National Loss Team Conference” at the Embassy Suites Hotel Columbus Airport. Frank Campbell, Ph.D., will provide keynote remarks. Watch www.ohiospf.org for more details in the coming months.

MACC 2013 Annual Meeting and 10th Statewide Training Conference — Sept. 19-20

Multiethnic Advocates for Cultural Competence (MACC), with support from the Ohio Department of Mental Health, will host its 2013 Annual Meeting and 10th Statewide Training Conference, “Streams of Change: From Disparities to Equity,” Sept. 19-20 at the Holiday Inn-Columbus in Worthington, OH. Application has been made for Social Work, Counseling and Ohio Chemical Dependency Professional CEU’s. For more information, visit www.maccinc.net or call 614/221-7841.

National Conference on Addiction Disorders — Sept. 21-25

Addiction Professional magazine in conjunction with *Behavioral Healthcare* magazine, the International Certification & Reciprocity Consortium (IC&RC) and the National Association of Addiction Treatment Providers are sponsoring the National Conference on Addiction Disorders Sept. 21-25 at the Anaheim Marriott in Anaheim, CA. Now in its fourth year, the conference has established itself as a premier, respected and trusted national training that provides a diverse educational curriculum on the prevention, intervention, treatment and recovery management of addictions that affect various genders, generations and cultures. Nationally recognized treatment providers, authors and educators will discuss a wide range of topics in a compelling array of keynote sessions and in-depth workshops. The conference also features the Behavioral Healthcare Leadership Summit on Sept. 21-23. Click [here](#) for complete details.

National Council for Behavioral Health 2013-14 Addressing Health Disparities Leadership Program

The National Council for Behavioral Health is accepting applications for the 2013-2014 Addressing Health Disparities Leadership Program, a popular program among emerging leaders eager to gain awareness, knowledge and skills to develop and lead strategies to eliminate health disparities in their community-based settings. Selected participants will join a 10-month leadership program comprised of 15 mid-level managers of diverse ethnic backgrounds currently working at community addiction and mental health provider organizations. The National Council established the Leadership Program in 2010 to provide a concrete strategy for which participants can leverage their growing leadership potential to benefit their colleagues, organizations, and communities throughout their careers. Get full details at: <http://bit.ly/12eIV8v>.



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