

## Toledo-Area Couple Bringing Awareness, Education to Opiate Epidemic

*Traveling Rx Memorial, Prescription Drug Abuse Awareness Day Among Contributions*

By: Kyle Schalow

**L**ike many people, I didn't care about the opioid epidemic. It was out of sight, out of mind. Then it landed on my doorstep. I had a decision to make — stay stuck, or find a way out. The only solution that I could find was in humility and serving others.

As a person in long-term recovery (May 11, 1999) the answer was simple, "Get out of my own head and try and help someone else."

This suggestion was given to me in my first 30 days of recovery.

While waiting for April (my wife) to enter intensive outpatient treatment (for an addiction to prescription painkillers), I realized how lucky I was at that moment. I had taken stock of things to be grateful for — my four children were healthy and I was not planning a funeral.

Around my 42nd birthday the idea of an Rx Epidemic Memorial (to bring awareness to the dangers of prescription drug abuse) came to me. I had met countless numbers of grieving survivors — mostly mothers. Many felt alone and isolated.

I'm no stranger to grieving. My high-school sweetheart wrapped her car around a telephone pole while huffing butane. I was 19. And my mother passed in 2004 of ovarian cancer. She got to see me sober for five years.

Today, the Rx Memorial is fulfilling the vision I had for it on the first night. Create a day of awareness, gather medication vials (instead of panels for a quilt) — each filled with a tribute — and



*Holland, Ohio, recovery advocates Kyle and April Schalow and their four children (l-r) Kylie, Lily, Ben and Katie pose for a photo with Gov. John R. Kasich and Rep. Michael Sheehy (D-Oregon) and Rep. Robert Sprague (R-Findlay) [far right] and Andrew Yogmour, an aide to Rep. Sprague (far left), after HB 399 which designates the first Friday in May as Prescription Drug Abuse Awareness and Education Day — was signed into law on June 2, 2014.*

passage of **HB 399**, a measure designating the first Friday of May as **Prescription Drug Abuse Awareness & Education Day** in Ohio. The bill was co-sponsored by Rep. Robert Sprague (R-Findlay) and Rep. Mike Sheehy (D-Oregon) and signed into law last June.

The couple has also provided testimony before the Ohio House Prescription Drug Addiction and Healthcare Reform Study Committee.

embark on a national movement (tour) much like the traveling Vietnam Wall, and become a clearinghouse for resources and treatment.

As of this writing, I am preparing to arrange the Memorial in Lake Havasu, AZ on April 20. I'd like to encourage readers to forward medication vials and tributes in what has become an international symbol of the opioid epidemic. It is an honor to preserve the memory of their loved ones. Learn more about the Rx Memorial at: <http://www.rxepidemicmemorialfoundation.com/>, follow **The Foundation** on Facebook or contact the Schalows at 419.206.4816.

###

In addition to launching the Rx Memorial, the Schalows inspired



*Traveling Rx Memorial*

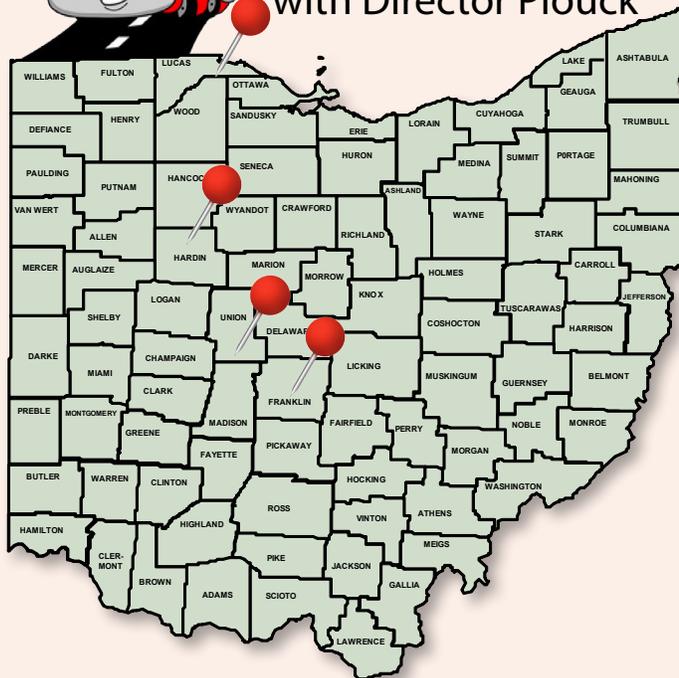
## 2015 May is Mental Health Month Materials

May is Mental Health Awareness Month. For more than 65 years, Mental Health America and its affiliates across the country have led the annual observance by reaching millions of Americans through the media, local events and screenings. This year's theme — B4Stage4 — focuses on how individuals can address their mental health early, rather than at "Stage 4" when symptoms are more severe, and recovery is a longer process. Download a free toolkit [HERE](#). Check out MHA's Mental Health Month [infographic](#). The National Alliance on Mental Illness also offers a variety of resources on its [website](#).





## On the Road with Director Plouck



Director Plouck has been busy bringing stakeholders up to speed on OhioMHAS initiatives and FY 2016-17 budget priorities:

- 3.23.15 Along with Sen. Joe Uecker (R-Miami Twp.) and Ohio Department of Rehabilitation and Correction (ODRC) Director Gary Mohr, toured the the Ohio Reformatory for Women (including the Tapestry Women's Therapeutic Community) in Marysville.
- 3.24.15 Taped radio program for [VOICEcorps Reading Service](#) to discuss OhioMHAS programming and budget initiatives.
- 3.27.15 Moderated plenary session on behavioral health workforce development at the All-Ohio Institute on Community Psychiatry.
- 3.30.15 Provided opening remarks at Ohio's 2015 Conference on Opiates and Other Drugs hosted by the Ohio Association of County Behavioral Health Authorities.
- 3.31.15 Joined with DRC Director Mohr to deliver keynote presentation at the Conference on Opiates and Other Drugs. Provided an overview of prison-based treatment partnership.
- 4.10.15 Attended NASMHPD annual board meeting in Washington, D.C.
- 4.13.15 Visited Northwest Behavioral Healthcare in Toledo to meet with hospital staff and toured Kenton Community Health Center.
- 4.14.15 Provided remarks at Coalition on Homeless and Housing in Ohio *Housing Ohio: The Steps Home Conference*.

## Support Letter Guidelines

April showers bring May flowers ... and requests for letters of support! OhioMHAS is pleased to provide support for grantseekers. In an effort to streamline the process, we've made securing a letter of support easier than ever with the addition of an online request form.

Visit [www.mha.ohio.gov](http://www.mha.ohio.gov) and click on Funding>Grant Support>Request a Letter of Support. Fields marked with

an asterisk (\*) must be completed. There's also a space to upload a draft letter of support (Microsoft Word file types only). Once all of the required fields are completed, click "Submit" and your letter of support will go into a queue for processing. Questions? Please contact [Barbara.Johnson@mha.ohio.gov](mailto:Barbara.Johnson@mha.ohio.gov) or [Anna.Labaya@mha.ohio.gov](mailto:Anna.Labaya@mha.ohio.gov).



## Hundreds of Youth Expected for Annual We are the Majority Rally, Resiliency Ring

The Ohio Youth-Led Prevention Network (OYLPN) managed by Drug-Free Action Alliance along with OhioMHAS and the National Alliance on Mental Illness of Ohio (NAMI Ohio) will host the fourth annual We

are the Majority Resiliency Ring and Rally in downtown Columbus on April 30. The day, which helps to kick off a month of awareness efforts around children's mental health, mental illness and substance abuse prevention and education, will consist of opportunities for learning about the importance of living a positive, healthy lifestyle. Students will gather at Huntington Park in the Arena District and march to the Ohio Statehouse to let their voices on this important issue be heard. [View](#) the 2015 We Are the Majority promo video.



In recognition of April as **Child Abuse Prevention Month**, OhioMHAS Director Tracy Plouck shows her support for the awareness campaign sponsored by the Ohio Children's Trust Fund with a #PinwheelSelfie. Click [HERE](#) to learn how to promote the campaign in your community.

## OhioMHAS Staffing Announcements

OhioMHAS is pleased to announce two recent staffing changes.

**Grace Kolliesuah, M.A., M.S.W., L.S.W.,** has been named chief of the Bureau of Children and Families within the Office of Prevention and Wellness. As chief,



*Kolliesuah*



*Vance*

will oversee the implementation of Ohio's comprehensive array of statewide behavioral health initiatives and services for children and families. She previously worked as a project director at Columbus Public Health and as an administrator at Franklin County Children Services. She can be reached at [grace.kolliesuah@mha.ohio.gov](mailto:grace.kolliesuah@mha.ohio.gov) or 614.466.6386.

**Mindy Vance, M.A.,** has been promoted to chief of the Bureau of Recovery Supports where she will focus on housing, employment, benefits planning and peer services. She has previously worked for the Ohio Departments of Rehabilitation and Correction, Youth Services and Developmental Disabilities. She is currently a second year Ph.D. student in Psychology. She can be reached at [mindy.vance@mha.ohio.gov](mailto:mindy.vance@mha.ohio.gov) or 614.466.3105.



### Annual Opiate Conference Draws 1,000

About 1,000 professionals from throughout the state attended the state's sixth annual opiate conference held March 30-31 in Columbus. Ohio's 2015 Conference on Opiates and Other Drugs was sponsored by the Ohio Association of County Behavioral Health Authorities, in partnership with OhioMHAS and the Ohio Department of Rehabilitation and Correction. View the [conference handouts](#).

*Pictured: Michael Botticelli, director of the Office of National Drug Control Policy, provides a keynote address highlighting the opioid epidemic as a public health issue and local and national efforts to combat it.*

## OhioMHAS Early Childhood Mental Health — Training and Workforce Development Update

Spring is blooming with new professional development and training opportunities for Ohio's Early Childhood Mental Health professional workforce.

On March 18-19, the OhioMHAS Bureau of Children and Families launched its Early Childhood Mental Health (ECMH) Training Institute with 40 participants completing the Devereux Early childhood Assessment Preschool Program (DECA-P2) assessment training. The program is an empirically-based, multi-faceted assessment protocol for use in early learning settings to promote healthy social and emotional development and adjustment in classroom settings.

On April 16-17, the Bureau of Children and Families hosted the first in a series of "Train the Trainers Institutes" for ECMH Professionals in "FLIP-IT" — an emerging best practice for managing challenging behaviors. More than 50 early childhood professionals applied to attend this training. The 28 individuals selected to participate represent all areas of the state and will be embedded within Ohio's early childhood service behavioral health and early learning delivery systems to build a sustainable impact in the child systems that we serve.

The ECMH Training Institute will continue May 31 - June 3 with an invitational Training of Trainers in the New Ohio/

Georgetown Model of ECMH Consultation. OhioMHAS will bring the nation's leading experts in the Georgetown University Model of Early Childhood Consultation to Ohio to cross-train a select group of professionals.

Alcohol, Drug Addiction and Mental Health Services Boards will be asked to partner with their leading early childhood providers to invite representatives from their area to participate in this training. Representatives from child welfare and home visiting also will be invited to participate.

ECMH staff seeking to earn or renew their Ohio ECMH Credential will be able to meet many required training hours in the ECMH core competencies at this year's OPEC conference, which will be held June 29 - July 2 at Ohio University in Athens. Power sessions and skill-building workshops at the conference will count toward the required core for the Ohio ECMH credential.

For more information on upcoming professional development opportunities, please contact Dr. Valerie Alloy, lead, Early Childhood Mental Health Initiatives, at [valerie.alloy@mha.ohio.gov](mailto:valerie.alloy@mha.ohio.gov) or 614.728.0251.

[Learn more](#) about OhioMHAS Early Childhood initiatives under the Prevention Services tab on the OhioMHAS website.



## Licking-Knox Provider Honored by Psychiatric Physician Foundation

The Main Place Inc., a consumer-operated recovery center with locations in Licking and Knox counties, recently received the *Ohio Psychiatric Physician's Foundation* (OPPA) 2014 Enlightenment Award. The award recognizes out-



standing activity or presentations that contribute to enhanced access to treatment, public awareness and understanding of mental disorders and decreased stigma. *The Main Place* was selected for its *Improving Metabolic Health Through Consumer-Led Wellness (Wellness Warriors)*

program, which champions person-driven, person-supported recovery. The program encourages participants to make small lifestyle changes — such as participating in the centers' walking groups, quitting tobacco, doing yoga and tai chi and eating better — to improve health outcomes. The selection committee noted in its official award letter, "(The Main Place's) efforts to improve the health of individuals while building community and combating stigma serves as an inspiration for Ohio." The award was presented March 15 during OPPA's annual luncheon and awards celebration.



## CWRU Hosts 12th All Ohio Institute

Approximately 300 professionals attended the 12th All Ohio Institute on Community Psychiatry in Cleveland March 27-28. This year's theme *Integrated Care: Preparing Your Workforce for the Future* focused on the different ways agencies interpret integrated care for their clients and how Ohio's behavioral health care field can enhance workforce options as critical workforce shortages become more evident. The All-Ohio Institute, which began in 1995 as an annual event before switching to a biannual format, is the creation of the Public Psychiatry Program at University Hospitals Case Medical Center and Case Western Reserve University School of Medicine in partnership with OhioMHAS. [View PowerPoint presentations](#) from the Institute.

## Trauma-Informed Care Specialists Sought to Work with Law Enforcement

The Crisis Intervention Training (CIT) Collaboration Team in Ohio is in the process of developing a resource list of counselors/outpatient service providers — including psychiatrists — who practice trauma-informed care for individuals with Post-Traumatic Stress Disorder (PTSD) and have an understanding of police culture. CIT is a community-based collaboration between law enforcement, the National Alliance on Mental Illness (NAMI), mental health consumers, mental health providers and local universities. Volunteer patrol officers receive 40 hours of training in mental illness and the local mental health system. The training focuses on providing practical techniques for de-escalating crises. If you are interested in being included on this list, please contact Betsy Johnson, associate executive director of NAMI Ohio at [betsy@namiohio.org](mailto:betsy@namiohio.org).



## OhioMHAS Employee, Artist in Recovery Earns Accolades

OhioMHAS would like to salute one of our own — Lori S., an artist in recovery who has worked for six years with the OhioMHAS Toll-Free Bridge — on capturing second place in an artwork competition sponsored by [VSA Ohio](#). From photography to music, painting, drawing, dance and movement, VSA Ohio — the state's organization on arts and disability — promotes the enrichment of art for all abilities across all artistic mediums.

Lori, a self-taught artist, was awarded a small cash prize and a merit- and needs-based grant for art supplies from the Ohio Arts Council for her winning entry. Her painting, along with 74 other artist's pieces, will be part of a traveling exhibit scheduled to tour multiple cities throughout the state.

She first began painting in 1987 which she described as "doodling" to pass the time during the beginning of her recovery journey. Her talents have evolved over the years as has her passion for this medium. She relates with her audience by utilizing her own vision and creativity to connect with their "likes."



*Lori S. with some of her paintings*

## Innovative Schizophrenia Treatment Center Fills Need in Clermont, Hamilton Counties

Greater Cincinnati Behavioral Health Services (*GCB*) and the Northeast Ohio Medical University (NEOMED) *Best Practices in Schizophrenia Treatment (BeST) Center* have partnered to establish FIRST Greater Cincinnati Area — a comprehensive, team-based, early identification and outpatient treatment program for individuals with schizophrenia spectrum disorders. Representatives from both organizations celebrated the launch with a ribbon-cutting and dedication ceremony on April 13.

FIRST Greater Cincinnati offers psychiatric care, individual counseling, family psychoeducation, supported employment/education and case management, all of which are delivered by a six-person treatment team. Treatment services are offered at 7162 Reading Rd., Suite 400, Cincinnati, Ohio 45237 in Hamilton County and 1074 Wasserman Way, Batavia, Ohio, 45103 in Clermont County. The program is designed to meet the needs of individuals between the ages of 15-40 who have been experiencing symptoms (hallucinations, delusions, disordered thinking, social withdrawal, limited emotional expression, problems with attention and certain types of memory and loss/decrease in the abilities to plan and organize) for less than 18 months. For more information, contact Stephanie Henderson, M.A., PCC-S, at 513.354.7337.



*Staff from Greater Cincinnati Behavioral Health Services and the Northeast Ohio Medical University Department of Psychology participate in an April 13 ribbon cutting and dedication ceremony for FIRST Greater Cincinnati Area, an innovative schizophrenia treatment program.*

## RedTreehouse.org — A Developmental Resource for Families and Professionals

*RedTreehouse.org* is Ohio's online resource promoting and supporting the physical, emotional, intellectual and social development of children and young adults, prenatal to age 25. Parenting is a tough job and everyone has questions or faces challenges along the way. Knowing where to turn for information and support during these times can be a challenge. The website provides access to guides and toolkits, organizations and community events for learning, help and support. Information can be personalized according to age, location and topics of interest. A [printable flier](#) and free brochures are available. Please send brochure requests to [lkresnye@rmh-cleveland.org](mailto:lkresnye@rmh-cleveland.org). Red Treehouse is a partnership of the Ronald McDonald House® of Cleveland, Inc. and the Ohio Family and Children First Council.



## ICD-10 Compliance Date — Oct. 1, 2015

The compliance date for the ICD-10-Clinical Modification and ICD-10-Procedure Coding System (International Classification of Diseases, Tenth Revision) is fast approaching. All Ohio Medicaid providers using ICD-9 on a claim today will be required to use ICD-10 on a claim beginning Oct. 1. The final rule was published in the Federal Register on Aug. 4, 2014, and is available [HERE](#).

Please note that there is no transition period for compliance. If your organization submits claims directly to Ohio Medicaid's MITS web portal, please be sure to select the appropriate ICD version indicator (ICD-9 or 10). **Claims that do not use the ICD-10 codes for dates of service/discharge on or after Oct. 1, 2015, will be denied.**

For more information about ICD-10, visit <http://www.cms.gov/Medicare/Coding/ICD10/> or <http://medicaid.ohio.gov/providers/billing/icd10.aspx>. If your organization is interested in testing with the Ohio Department of Medicaid (ODM), please contact [MITSCGTESTING@medicaid.ohio.gov](mailto:MITSCGTESTING@medicaid.ohio.gov).

## Human Trafficking Training

**Picture:** Appalachian Behavioral Healthcare, one of OhioMHAS' six OhioMHAS regional psychiatric hospitals, hosted a [Human Trafficking: A Multidisciplinary Approach](#) training on March 25. The training was sponsored by the Ohio Network of Children's Advocacy Centers and supported by a grant from the Ohio Department of Job and Family Services. Similar trainings are scheduled for Cincinnati and Columbus in May.



## OhioMHAS to Host “Rx Take Back By Example” Day for State Employees

OhioMHAS is partnering with the Governor’s Cabinet Opiate Action Team, Ohio State Highway Patrol, Ohio National Guard and the Ohio State Board of Pharmacy to host an Rx



Take Back by Example Day for state employees on May 1. State employees are invited to bring in old, expired and unused prescription and over-the-counter medications and vitamins to be properly discarded and destroyed. Two collection sites have been established in Columbus: Rhodes State Office Tower Lobby, 30 East Broad St.

and the Ohio Department of Public Safety, 1970 West Broad St. Members of the Patrol and Guard will monitor collection activities from 10 a.m. - 3 p.m. and oversee destruction of the discarded medications. The Ohio State Board of Pharmacy will provide the collection bins.

## Fresh A.I.R. Gallery 10th Anniversary

Fresh A.I.R. (Artists in Recovery) Gallery will celebrate a decade as a self-sustaining nonprofit with a special [10th Anniversary Exhibition](#) from April 29-July 17. The exhibit will feature new work from artists who have previously exhibited.

Organizers will mark the milestone celebration with a special opening reception on April 29 from 4-7 p.m., featuring live music from the Twin Valley Behavioral Healthcare band Trial & Error. [Fresh A.I.R. Gallery](#) will also host a series of performing artists and artists’ talks addressing current cultural issues as part of the exhibition.

The gallery’s mission is to exhibit the works of individuals affected by mental illness and/or substance use disorders to help educate the public and break down the stigma of those disorders. Since opening in September 2004, Fresh A.I.R. Gallery has shown 60 exhibitions, displaying the artwork of more than 200 artists. Fresh A.I.R. Gallery, operated by [Southeast, Inc.](#), is located at 131 N. High St. in Columbus.

## News & Research Roundup

### NIMH Unveils Five-Year Strategic Plan To Gain Better Understanding Of Mental Illness

The National Institute of Mental Health (NIMH) recently [announced a five-year strategic plan](#) emphasizing research it hopes will ultimately give clinicians a better understanding of what mental illness looks like inside the brain — before a patient shows outward symptoms. The plan’s objectives are to figure out the genes associated with mental illness, develop new treatments based on those findings, make sure research findings are eventually implemented into practice and find brain patterns for a range of disorders. Taken together, these four objectives form a broad roadmap — part of what NIMH director Thomas R. Insel, M.D., describes as a “path to discover” — beginning with the fundamental science of the brain and behavior, and ending with public health impact.

### Study: Coordinated Specialty Care for First-Episode Psychosis Improves Functioning, Recovery

Measures of occupational and social functioning improved significantly over time, symptoms declined and rates of remission improved in patients who received services in a specially designed, team-based intervention for first-episode psychosis. Those results were reported in [Implementing Coordinated Specialty Care for Early Psychosis: The RAISE Connection Program](#), published online in *Psychiatric Services in Advance*.

The RAISE (Recovery After an Initial Schizophrenia Episode) Connection Program Implementation and Evaluation Study developed tools to implement and disseminate an innovative, team-based intervention designed to promote engagement and treatment participation, foster recovery and minimize disability among individuals experiencing early psychosis. RAISE is a project of the National Institute of Mental Health. The study was conducted by researchers at multiple institutions involved in RAISE. For more information on this topic, see the *Psychiatric News* article, [Benefits Persist Decade After Early Psychosis Intervention](#).



### New Guidance on Medication-Assisted Treatment for Alcohol Use Disorder

The Substance Abuse and Mental Health Services Administration has released a new guide for expanding the use of medication in clinical practice for the treatment of alcohol use disorder. [Medication for the Treatment of Alcohol Use Disorder — A Brief Guide](#) was created in partnership with the National Institute on Alcohol Abuse and Alcoholism, utilizing a panel of research, clinical care, medical education and public policy experts. The guide presents information on the four medications — disulfiram, oral naltrexone, extended-release injectable naltrexone and acamprostate — approved by the Food and Drug Administration to treat alcohol use disorder, prevent relapse or both.

## News & Research Roundup, cont.

### Revised Federal Guidelines for Opioid Treatment Programs

The revised *Federal Guidelines for Opioid Treatment Programs*, published by SAMHSA, is now available. SAMHSA periodically revises the guidelines to reflect best practices based on current evidence and changes in health care delivery. The revised document contains updated information on patient assessment and treatment planning, overdose prevention and relapse prevention, and patient-centered, integrated, and recovery-oriented care. Guidance is provided on the use of telemedicine and the role of various health professionals in opioid treatment programs (OTP). The revised guidelines should be the primary reference and central measure for program staff, accreditation bodies and other stakeholders on the delivery of care in OTPs that is both high-quality and in compliance with federal regulations.



### CDC Launches Drug Overdose Social Media Campaign

The Centers for Disease Control and Prevention (CDC) launched a new social media campaign called *When the Prescription Becomes the Problem* to raise awareness of prescription painkiller abuse and overdose. The CDC is encouraging people who have been affected by painkiller addiction to share their stories on social media. The campaign urges people to write their six-word story or message, and create an original picture or a video tagged #RxProblem, to post on Facebook, Instagram and Twitter by May 15, and ask friends and followers to share it.

### Feds to Provide More Financial Support for Naloxone Distribution Programs

The U.S. Department of Health and Human Services (HHS) has announced an expanded grants program to help states purchase and distribute the opioid overdose antidote naloxone to first responders. The announcement is part of a larger effort to reduce deaths from opioids, including heroin and prescription painkillers. The antidote has long been used by emergency rooms and paramedics. Recently, the World Health Organization said increasing the availability of naloxone could prevent more than 20,000 deaths in the U.S. annually. Naloxone works quickly and without side effects. A growing number of states, including Ohio, have passed laws increasing access to naloxone. Gov. John R. Kasich's SFY 2016-17 budget proposal includes \$500,000 annually for the purchase of naloxone.

### New Parent Toolkit: Talking to Teens About Marijuana

As more states legalize the recreational use of marijuana, parents are finding it more challenging to talk to their teens about drug use. For this reason, the Partnership for Drug-Free Kids has released the *Marijuana Talk Kit* — a new resource for parents. It provides specific examples for starting conversations and answering teens' questions about marijuana. Kit materials explain that although marijuana is legal in some states, it does not change the fact that all mind-altering substances are harmful for the still-developing teen brain.



### Anti-Bullying Smartphone App

SAMHSA has released *KnowBullying*, a free smartphone tool to help students, parents, caregivers and educators discuss ways to prevent or reduce youth violence, including bullying. The app is designed to address the needs of children ages 3–18, and includes discussion prompts for adults working with children who are bullied, witness bullying, or bully others. KnowBullying also includes useful tips on how to deal with *cyberbullying*, how to recognize *warning signs* that a child may be facing a bullying problem, how to work with schools on this issue, and how to find and reach out to local mental health services or other supports.

### CDC Releases National ADHD Treatment Study

Medication alone was the most common treatment for children ages 4-17 with Attention-Deficit/Hyperactivity Disorder in 2009-2010, according to a *CDC study* published in the *Journal of Pediatrics*. For preschool children (ages 4-5) with ADHD, nearly 47 percent received medication treatment either alone or in combination with behavioral treatment, despite recommendations that such young children receive behavioral treatment alone. "We do not know what the long-term effects of psychotropic medication are on the developing brains and bodies of little kids," said CDC Principal Deputy Director Ileana Arias. "What we do know is that behavioral therapy is safe and can have long-term positive impacts on how a child with ADHD functions at home, in school and with friends."



## Training Opportunities

### OhioMHAS Disparities and Cultural Competency Advisory Committee Learning Series

The OhioMHAS Disparities and Cultural Competency Advisory Committee has released a schedule of upcoming trainings. Get a complete list of topics and locations [HERE](#).

### CWRU Center for Evidence-Based Practices Trainings

The Case Western Reserve University Center for Evidence-Based Practices has released its schedule of upcoming trainings. Click the links below for more information:

May 6 — [Promoting Housing Stability by Fostering a Culture of Employment \(Cleveland\)](#)

May 6-7 — [IDDT Implementation Strategies for Program Leaders](#)

May 13 — [Promoting Health-Behavior Change Among People with SPMI \(Toledo\)](#)

May 14 — [Promoting Housing Stability by Fostering a Culture of Employment \(Columbus\)](#)

May 19 — [Promoting Housing Stability by Fostering a Culture of Employment \(Cleveland\)](#)

May 26 — [Promoting Housing Stability by Fostering a Culture of Employment \(Cleveland\)](#)

June 2 — [Promoting Health-Behavior Change Among People with SPMI \(Fairfield\)](#)

June 10 — [Promoting Housing Stability by Fostering a Culture of Employment \(Toledo\)](#)

June 30 — [Promoting Health-Behavior Change Among People with SPMI \(Athens\)](#)

### NADD Spring 2015 Webinar Series

The National Association for the Dually Diagnosed (NADD) has announced its Spring 2015 Webinar Series. Click [HERE](#) for a schedule of upcoming webinars and registration information.

### Webinar: Learn to Analyze SAMHSA Public-Use Data Online — April 23

SAMHSA is hosting a webinar on the fundamentals of analyzing SAMHSA public-use data online without using specialized software or downloading data. The webinar will provide an overview of the Survey Documentation and Analysis (SDA) interface, analytic functions and available help resources. The presenters will demonstrate how to use SDA for variable recoding and computation, crosstabulation, comparison of means and regression. Register [HERE](#).

### Let's Talk — April 29

The Summit County Alcohol, Drug Addiction and Mental Health Services Board invites you to a program aimed at starting the conversation about teen opiate use on April 29, from 5-8 p.m. at Cuyahoga Falls High School, 2300 4th St., Cuyahoga Falls, 44221. The program will feature a keynote by [Robby's Voice](#), a resource fair, the [Hidden in Plain Sight](#) display, and a variety of topical breakout sessions. Participants are asked to bring unwanted, outdated or unused prescriptions so that the Cuyahoga Falls Police can properly dispose of them. This is a free event which is open to the public. An event flyer is available [here](#) and [registration](#) is now open.

### 2015 Alcohol and Other Drug Prevention and Recovery Summit — May 2

The Consumer and Family Advocacy Council (CFAC) is hosting the [2015 Alcohol and Other Drug Prevention and Recovery Summit](#) on May 2 from 10 a.m.-noon at the Franklin County Alcohol, Drug Addiction and Mental Health Services Board, 447 E. Broad St., Columbus.

### Ohio's Opiate Epidemic: The Prevention Response — May 6

The Alcohol and Drug Abuse Prevention Association of Ohio (ADAPAO) will host [Ohio's Opiate Epidemic: The Prevention Response](#) on May 6 at The Boat House at Confluence Park in Columbus. The focus of the conference is learning and dialoguing about prevent strategies to address opiate abuse and addiction. Topics will include strategies to engage the medical community, connections between marijuana and opiate abuse, specific populations, policy and law considerations, and linking prevention and recovery communities. The conference will also include presentation of the 2015 ADAPAO Awards, the unveiling of the work of the ADAPAO Mentoring Project teams, a silent auction and opportunities to network with Ohio's prevention community. Cost, which includes continental breakfast and lunch, is \$60 for current ADAPAO members and \$135 for non-members. Questions? Please contact [email@adapao.org](mailto:email@adapao.org).

### Northcoast Behavioral Healthcare 2015 Spring Conference — May 8

Northcoast Behavioral Healthcare, one of six OhioMHAS-operated regional psychiatric hospitals, will host its annual spring conference *Antisocial and Borderline Personality Disorders: Establishing and Maintaining Healthy Therapeutic Alliances and Treatment Milieus* on May 8 from 7:30 a.m.-12:30 p.m. at McKee Auditorium, 1756 Sagamore Road, Northfield. The presentation will provide information and recommendations to assist treatment providers in the recognition of behaviors that may occur when people have antisocial and borderline personality disorders.

### Fourth Annual “DropKick Addiction” Awareness Event and Fundraiser — May 15

The Stark County Surviving Our Loss and Continuing Each Day (SOLACE) chapter is joining with the Stark County Anti-Drug Coalition and others to host the fourth annual *Dustin Batdorff Invitational - DropKick Addiction* event to promote drug abuse awareness and raise funds for the organization on May 15 at Rivertree Christian Church, 7373 Portage St. N.W., Massillon. The event features a spaghetti dinner, raffle and live pro wrestling. For more information call 330.323.7605. The event is hosted in memory of Dustin Batdorff, a young man who died from an opiate overdose. Dustin’s father, Dale Batdorff, shared his son’s story as part of the regional roll-out of the Kasich Administration’s *Start Talking!* statewide youth drug prevention initiative.

### Steps of Change (Multiple Locations) — May 16

OhioCAN (Change Addiction Now) is sponsoring the second annual *Steps of Change* exhibit that focuses on educating, embracing and empowering families and individuals whose lives have been impacted through substance use disorder. This public event includes guest speakers, a shoe memorial and reading of names (shoes will be provided, or you may bring your loved one’s to donate), booths, entertainment, balloon launch, “Walk a Mile in My Shoes” and more. [See a video](#) of last year’s event. For more information, call Cindy at 330.327.5911.

Participating locations include:

- Reilly Stadium — Salem, Ohio
- Felicity Community Center — Felicity, Ohio
- Plum Creek Park — Brunswick, Ohio



### Moving the BeST Direction: Altering the Course of Schizophrenia Conference — June 9

Join the Best Practices in Schizophrenia Treatment (BeST) Center at Northeast Ohio Medical University on June 9 for *Moving in the BeST Direction: Altering the Course of Schizophrenia*, a one-day conference on attenuated psychosis syndrome and early intervention for schizophrenia. The agenda includes presentations by experts from the National Institute of Mental Health, Columbia University Medical Center, the University of Pittsburgh and the BeST Center’s affiliated FIRST early identification and treatment of psychosis teams. The conference will be held from 8:30 a.m.-4 p.m. in the NEOMED Education and Wellness (NEW) Center, Northeast Ohio Medical University, 4209 State Route 44, Rootstown.

### Save the Date! Second Annual Trauma-Informed Care Summit — June 17

OhioMHAS will partner with the Ohio Department of Developmental Disabilities to host the *Second Annual Trauma-Informed Care Summit* on June 17 in Columbus. This year’s theme: “Creating Environments of Resiliency and Hope in Ohio,” is designed to promote a shared understanding of the concept of trauma and a trauma-informed approach. Registration will be available in May.

### REGISTER NOW! Ohio Promoting Wellness and Recovery Conference (OPEC) — June 29-July 2

The OhioMHAS Office of Prevention and Wellness is pleased to announce that registration is now open for the *2015 Ohio Promoting Wellness and Recovery (OPEC) Conference: Building Resiliency and Hope Through Collective Impact*. This year’s conference will take place June 29–July 2 on Ohio University’s main campus in Athens. The goal of this conference is to promote collective impact through building the capacity of Ohio’s prevention, early intervention and treatment workforce for children, families and communities. OPEC 2015 features six subject-matter tracks, including: prevention, collective impact, youth development, cultural competency, early childhood mental health and adolescent treatment and recovery/peer support. Registration is \$100, and includes a welcome reception on Monday, lunch Monday through Wednesday and dinner on Tuesday. CE/RCH hours have been applied for, totaling more than 20 hours. Lodging is available at a variety of hotels (see registration), as well as in the residence halls (Cost: Monday through Wednesday, including linen package and breakfast, is \$189 single and \$139 double.) Questions? Please contact Dr. Holly Raffle at [raffle@ohio.edu](mailto:raffle@ohio.edu) or Molly Stone at [molly.stone@mha.ohio.gov](mailto:molly.stone@mha.ohio.gov).

**Save the Date! Ohio Council 2015 Annual Conference & Exhibit Hall — Oct. 22-23**

The Ohio Council of Behavioral Health & Family Services Providers will hold its Annual Conference & Exhibit Hall on Oct. 22-23 at the Hilton Columbus/Polaris. More information will be available later this year at [www.theohiocouncil.org](http://www.theohiocouncil.org).

**Training for Adoption Competency (TAC) — New Cohort Beginning in September**

The Alcohol, Drug Addiction and Mental Health Services Board of Montgomery County, in partnership with the Montgomery County Department of Job and Family Services, Children Have Options in Caring Environments (CHOICES) and Catholic Social Services of the Miami Valley, is in the process of selecting the third cohort of students for its Training for Adoption Competency (TAC) series beginning in September. Applications will be accepted through Aug. 14. For more information, contact Su-Ann Newport at [snewport@mcadamhs.org](mailto:snewport@mcadamhs.org) | 937.443.0416, ext. 114.



*e-Update* is published monthly by the Ohio Department of Mental Health and Addiction Services (OhioMHAS), and distributed via email. To subscribe to eNews, sign up on our website: [mha.ohio.gov](http://mha.ohio.gov). We welcome your feedback and suggestions. If you have a news item, funding opportunity or training announcement for a future issue of *e-Update*, please send an email to [Eric.Wandersleben@mha.ohio.gov](mailto:Eric.Wandersleben@mha.ohio.gov).