OHIO DEPARTMENT OF MENTAL HEALTH AND ADDICTION SERVICES

2016

ANNUAL REPORT

The mission of the Ohio Department of Mental Health and Addiction Services (OhioMHAS) is to provide statewide leadership of a high-quality mental health and addiction prevention, treatment and recovery system that is effective and valued by all Ohioans.

Photos on this page and the next illustrate the many partnerships that help OhioMHAS achieve its mission: (clockwise from top) The late Ron Adkins (right), executive director of the Gallia-Jackson-Meigs ADAMHS Board, collaborated with Appalachian Behavioral Healthcare to pilot a project that connects offenders in county jails with treatment. » At Northcoast Behavioral Healthcare, Administrative Officer Charles Bailey was on hand to participate in the grand opening after renovations. » OhioMHAS Mental Health Administrator Zandia Galvin (left) and Jody Demo-Hodgins, executive director for the Crawford-Marion ADAMHS Board, were part of the colorful celebration at the 2016 Recovery Conference hosted by the Ohio Association of County Behavioral Health Authorities. » Ohio Hospital Association Director Berna Bell co-hosted the Public Private Hospital Conference with OhioMHAS's Bureau of Licensure and Certification in November 2015. » Sarah Thompson, executive director, Ohio Citizen Advocates for Addiction Recovery, presented at OhioMHAS for Advocacy Day in April 2016. » New Lexington's Main Street is home to an array of addiction recovery services managed by Perry Behavioral Health Choices, Inc., including (from left) Eclipse House, Sobriety Village, Stanton Villa Annex and Stanton Villa. » (Page 3) Recovery Services Supervisor Lamont Sapp and Women's Treatment and Recovery Specialist Jackie Doodley attend a National Alliance on Mental Illness, Ohio Chapter (NAMI Ohio) Conference. » Ohio Youth-Led Prevention Network members march to the Ohio Statehouse and let onlookers know that they represent the majority of young people who don't abuse alcohol or drugs. » (From left) Representatives of The Ohio Council of Behavioral Health and Family Services Providers joined more than 600 organizations at the UNITE to Face Addiction Rally on the National Mall in Washington, D.C., on Oct. 4, 2015.

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Dear Ohioans,

It's been a busy year for the Ohio Department of Mental Health and Addiction Services (OhioMHAS). With a multitude of partners, our agency addresses very serious challenges within our state: drug addiction; serious mental illness; chronic homelessness; the physical and mental effects of trauma; suicide risk; access to timely and coordinated care for both children and adults; specific service challenges for Ohioans involved with the criminal justice system; and the continued impact of stigma on these issues.

During State Fiscal Year 2016 (SFY16), the support of Governor John R. Kasich and the General Assembly led to new initiatives and enhancements of current programs to impact Ohio's behavioral health care system. Highlights of SFY16 that you will read more about in this annual report include:

- Partnerships with the Ohio Department of Rehabilitation and Correction that brought prison-based recovery services under the OhioMHAS umbrella, and with county authorities that enabled individuals incarcerated in jails to connect with clinical treatment;
- Investments that prioritize the needs of Ohio's youth, such as $9 million for Early Childhood Mental Health; $3 million to continue the Strong Families, Safe Communities partnership with the Ohio Department of Developmental Disabilities to intervene with youth who are at risk of hurting themselves or others; and $5 million to strengthen community prevention efforts through youth-led and evidence-based programming;
- Continued work to modernize the Medicaid behavioral health benefit to better align services to a person's level of need and integrate with physical managed care for better overall health;
- Increased access to housing for people in substance abuse recovery and those with mental illness through bricks-and-mortar projects and extended Residential State Supplement financial assistance;
- Actionable plans to avoid preventable deaths by investing $2 million over the biennium in suicide prevention and $1 million for the purchase of the life-saving opioid antidote naloxone; and
- Completion of major renovations at our regional psychiatric hospitals in Athens and Summit counties.

The department promotes access to trauma-informed and culturally competent treatment options that it knows are effective, while also balancing efforts toward prevention and recovery supports so that Ohioans can remain healthy and productive. We appreciate the support from our many partners to advance our work and make Ohio stronger.

Tracy J. Plouck

Director, Ohio Department of Mental Health and Addiction Services

Helping Ohioans in Need

Ohio's publicly funded mental health and addiction services system provides care to approximately 500,000 people each year. The Ohio Department of Mental Health and Addiction Services allocates funds, leads policy and regulatory oversight, and promotes outreach to assure that this system benefits the well-being of citizens throughout the state.

As with any health condition, early intervention, specialized care, and programming that educates individuals, families and communities, is the key to addressing the effects of illness. Investments in prevention, treatment and recovery supports are cost effective. More importantly, they save lives.

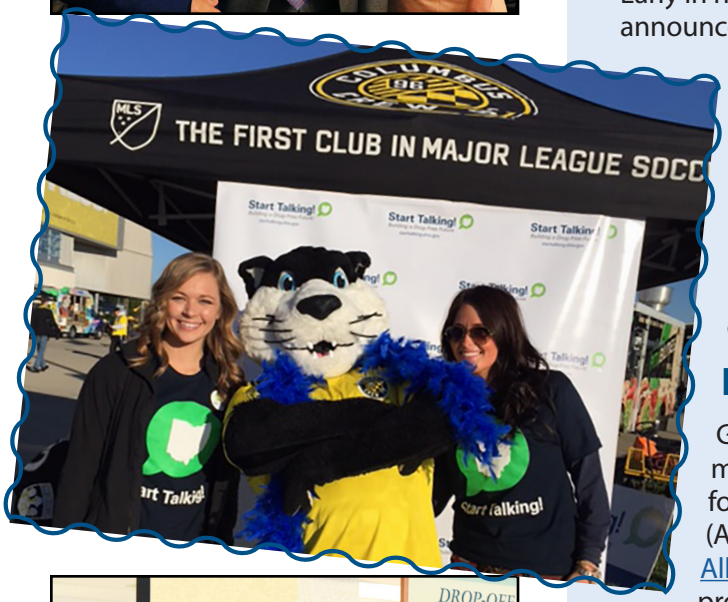
Saving Lives

Integration of behavioral and physical health care is critical to improving treatment and extending life. As of July 2016, nearly 500,000 Ohioans with a behavioral health need obtained health care coverage through Gov. Kasich's extension of Medicaid benefits. This decision gives more Ohioans access to care that is vital to their health and productivity. During SFY16, OhioMHAS and the Ohio Department of Medicaid collaborated on redesigning the behavioral health benefit package to enhance treatment options and add Specialized Recovery Services for people with high-intensity service and support needs. With input from stakeholders at every step, these reforms are modernizing Ohio's Medicaid program to improve health outcomes through better care coordination.

Life span of this population is also affected by additional factors, including poverty and social isolation, as well as unhealthy habits and behaviors. OhioMHAS is working on all fronts by supporting employment options and appropriate housing environments, engaging individuals in recovery as peer support professionals and young people as ambassadors for healthy lifestyles, training communities in suicide prevention and helping citizens access the overdose antidote naloxone.

Continued on page 6

Photos from top left: OhioMHAS Director Tracy Plouck is interviewed by media at the Gallia County Jail regarding a collaborative project among the state psychiatric hospital, a county provider and the local ADAMHS board to evaluate and treat offenders. » Dakota Brooks, a Hilliard athlete who was prescribed opioids after an injury, speaks at a January 2016 press conference announcing Ohio's Prescribing Guidelines. » First Lady Karen W. Kasich addresses a crowd of more than 1,800 youth who participated in a We Are the Majority rally at the Ohio Statehouse to promote a drug- and alcohol-free lifestyle. » Page 5: Ohio's Medical Directors, Drs. Mary Applegate of Medicaid, Mark Hurst of OhioMHAS and Mary DiOrio of Health, often work jointly on challenging issues affecting the health of Ohioans. » Major League Soccer's Columbus Crew SC hosted Start Talking! Day at MAPFRE Stadium on Nov. 8. Fans could sign up for biweekly, Know! parent tips on how to talk to young people about the dangers of drug use. Start Talking! executive team Adria Troyer and Sarah Smith pose with Crew Cat, the team mascot. » Gov. John Kasich with Carroll County resident Tonda DaRe at a Kroger pharmacy in Columbus on Oct. 27 announcing a $1.5 million investment in the Ohio Automated Rx Reporting System that helps prescribers and pharmacists track controlled substances. DaRe shared the story of her daughter Holly's overdose death. » Outside the Lucas County Sheriff's Office, Andrea Boxill, deputy director of the Governor's Cabinet Opiate Action Team, shared steps Ohio is taking to strengthen its fight against prescription painkiller and heroin addiction.



Attacking Substance Abuse on Multiple Fronts

Drug overdose deaths in Ohio reached an all-time high of 2,482 in 2014. Opiate-related deaths, which include both heroin and prescription painkillers, peaked at 1,988 deaths in 2014, up from 296 in 2003. Gov. Kasich has made the fight against opiates a priority and has been a leader on this issue.

Early in his administration, the governor announced that he would battle this epidemic on all fronts and established the Governor's Cabinet Opiate Action Team (GCOAT). GCOAT is comprised of directors from multiple cabinet agencies to foster collaborative efforts across public health, treatment, law enforcement, education and other agencies. The problem is complex and must be attacked from many angles. During SFY16, OhioMHAS led efforts with GCOAT to develop a ***Health Resource Toolkit for Addressing Opioid Abuse*** that guides communities in replicating the state's collaborative approach locally.

Prescribing Practices

GCOAT developed prescribing guidelines for the outpatient management of acute pain in January 2016. The acute guidelines follow previous prescribing guidelines for emergency departments (April 2012) and the management of chronic pain (October 2013). All three guidelines were developed in conjunction with clinical professional associations, health care providers, state licensing boards and state agencies.

As a result of the prescribing guidelines and the increased utility of Ohio's Automated Rx Reporting System (OARRS), the number of prescription opiates dispensed to Ohio patients has decreased, as has the number of individuals "doctor shopping" for controlled substances, including opiates.

Prevention Efforts

In January 2014, Gov. Kasich and First Lady Karen W. Kasich launched the Start Talking! statewide youth drug prevention initiative based on the statistic that youth are up to 50 percent less likely to use drugs when their parents or other trusted adults talk with them about drugs. Understanding that this is not an easy discussion to begin, Start Talking! offers three free tools:

- Know! delivers free email subscriptions of tips and tools on how parents and teachers can initiate these important conversations with young people. Nearly 57,000 adults receive these messages as of 2016.
- Parents360Rx is a national program from the Partnership for Drug-Free Kids that educates adults about the dangers found in their medicine cabinets.
- 5 Minutes for Life is a program led by the Ohio Highway Patrol, the Ohio National Guard and local law enforcement, whose members partner with high schools to talk to student athletes and encourage them to become ambassadors who promote healthy lifestyles. During the 2015-16 school year, more than 260 events were hosted with more than 35,500 students participating.

During 2015, Gov. Kasich signed House Bill 4 (Sprague/Rezabek) into law, which allows a physician to issue a protocol that authorizes others to furnish the life-saving opioid antidote naloxone to an individual who is at risk of overdosing or to an individual who might be able to assist another person during an opioid-induced overdose (a.k.a. "standing order"). Under previous law, prescribers had to be present when naloxone was furnished. The bill received unanimous votes in both chambers, and the state budget allocated $1 million to make naloxone more available throughout the state for use by first responders.

The SFY16-17 budget invests $2 million over the biennium in suicide prevention. Part of that work is training physical health care providers to recognize early warning signs. The first two of six Ohio Zero Suicide Academy™ trainings for clinical care providers were held at OhioMHAS hospitals in Massillon and Cincinnati during Spring 2016. The Zero Suicide framework teaches participants best and promising practices that improve care and safety for individuals at risk.

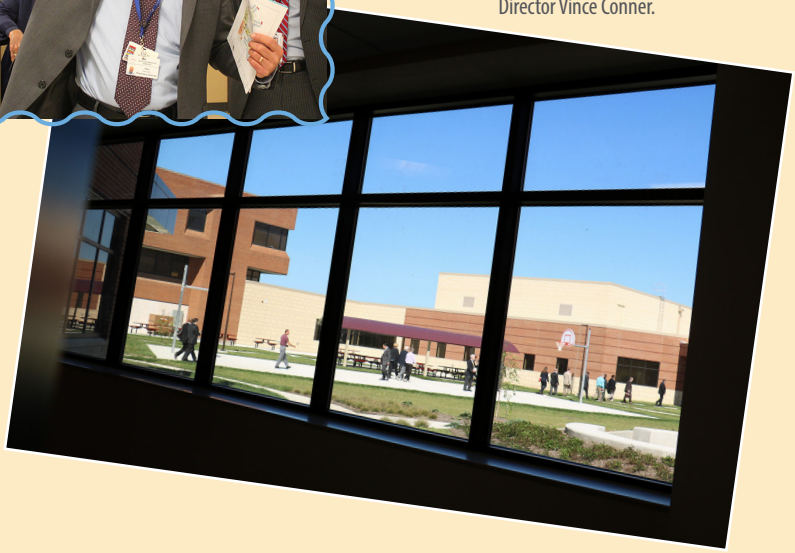
OhioMHAS is also collaborating with The Ohio State University College of Psychiatry and the Ohio Departments of Health and Medicaid on a data surveillance system to assist in targeting services for individuals at risk.

Other prevention work includes technical assistance to LOSS (Local Outreach to Suicide Survivors) Teams that can provide immediate support to individuals to help them cope with the trauma of losing a loved one.

Suicide prevention programming at Ohio's public colleges and universities was initiated through House Bill 28 (Anielski), which became law on Oct. 16, 2015. OhioMHAS convened a workgroup to launch SuicidePrevention.ohio.gov as a tool to assist colleges and universities in implementing evidence-based practices that can decrease suicide among this at-risk population.

Northcoast Expansion is Both Modern and Nurturing

OhioMHAS staff and dignitaries including NAMI Ohio Director Terry Russell (second from left) cut the ribbon to celebrate the expansion of the 258-bed hospital in Northeast Ohio. Alan Pires, NBH pharmacy operations manager, serves as a tour guide for visitors, including OhioMHAS HR Director Vince Conner.



Located in Northfield, Ohio, NBH serves patients from Ashtabula, Cuyahoga, Geauga, Lake, Lorain, Portage and Summit counties. At right is a view from one of the new units to the courtyard and building exterior.

"If you have to be away from home, this is the place to be," Peer Support Specialist Vivian Orsich told an audience of 200 at the Northcoast Behavioral Healthcare (NBH) grand opening ceremony on Sept. 14, 2015. The $71 million renovation project replaced buildings constructed between 1900 and 1960 and consolidated others into a single, cohesive 258-bed facility. The therapeutically modern environment now covers 297,000 square feet of space.

"We finally have a facility that mirrors the great work our staff does each and every day," said Douglas Kern, chief executive officer at NBH. "This state-of-the-art facility will dramatically improve patient care, while having a positive impact on our employees, visitors and community partners."

The building features eight new patient units, plus a new admissions area, gym, dietary area and secured courtyards. The 154 private rooms and 52 semi-private rooms all have private bathrooms and a window to the outside. The angled layout of the rooms and outward opening doors will help staff monitor patients and minimize safety and security risks.

The new gymnasium was dedicated in honor of Dr. Guy Williams, the hospital's first superintendent (1903-1958). Woodland themed artwork by area artist Susan Danko adorns the halls and reflects the natural beauty of the surrounding Cuyahoga River Valley.

Treatment Settings

Each day, approximately 1,000 people with the most acute needs are receiving inpatient treatment at Ohio's six Regional Psychiatric Hospitals. These modern facilities provide comprehensive care for individuals who are deemed a danger to themselves or others because of a mental health diagnosis. A high percentage of the patients have co-occuring substance use disorders. During SFY16, renovations at Northcoast Behavioral Healthcare and Appalachian Behavioral Healthcare were completed and public open houses were hosted to showcase this system of care that serves approximately 7,000 people each year.

Hospital Services programs also include education and outreach in the community to help people transition upon discharge and find supports, or access medications and treatment through local behavioral health providers before issues escalate.

Appalachian Behavioral Healthcare is working with law enforcement, providers and ADAMHS boards serving Gallia-Jackson-Meigs and Belmont counties to coordinate services for inmates at jails that will address mental health issues that may be a component of their criminal behavior. Efforts such as this reduce recidivism, enhance community safety, lower admissions to inpatient hospitals and give people opportunities to improve their lives.

On Nov. 19, in Mahoning County, Director Plouck announced $3 million for local communities to reduce the number of criminal offenders with untreated mental illness or substance use disorders. The SFY16 funds build off of $3 million in similar investments made during the previous two-year budget cycle, and will support 23 projects benefitting 38 counties. Through access to treatment, the Criminal Justice-Behavioral Health Linkages initiative intends to prevent offenders from cycling back into the criminal justice system.

The OhioMHAS Addiction Treatment Program, which works with county drug courts to offer medication-assisted treatment to non-violent adult offenders with a dependence on opioids, was expanded for SFY16-17 from $2.5 million per year to $5.5

Athens Completes Renovation, Returns to Full Capacity

From top: ABH Occupational Therapist Cammie Soller demonstrates therapeutic sensory items available in the comfort room. » A nurse station and common area. » ABH Chief Clinical Officer Dr. Max McGee speaks to reporters in a semi-private patient room.

OhioMHAS celebrated the official re-opening of a new patient unit at Appalachian Behavioral Healthcare (ABH) on Dec. 17. The eight-month, $3.6 million project was the first major renovation at the hospital in Athens, which opened in 1993.

The updates included the overhaul of 20 private and 34 semi-private patient rooms, redesign of nurse stations, comfort rooms and dining areas, and security upgrades.

"We made it pleasing and warm, but also safe and secure," said ABH Chief Clinical Officer Dr. Max McGee. "The emphasis is really on better sight lines so we can see what's going on and keep patients safe."

The project was completed in four phases and required a temporary reduction in patient census. The hospital is now back at its operational capacity. Former staff, persons in recovery, advocates and members of the public were invited to tour the facility, ask questions and learn about services offered.

million per year for an $11 million investment over the biennium. As of February 2016, the program had reached 410 men and women, two-thirds of whom also had a co-occuring mental health disorder. According to a Case Western Reserve University evaluation of the program, drug use among program participants decreased nearly 70 percent, while crimes committed dipped 86 percent. Sixty percent had a job and 91 percent had stable housing upon completion of the program, compared to 27 percent and 70 percent, respectively, before enrollment into the program.

A $10 million investment over the SFY16-17 biennium is supporting payroll for specialty dockets, continued work with local sheriffs to promote Community Innovations projects with local jails and $1 million over the biennium in additional support for probate courts doing competency evaluations.

Prison Recovery Services

A major workforce transition kicked off SFY16. Correctional Recovery Services staff at the Ohio Department of Rehabilitation and Correction (DRC) were moved under OhioMHAS and funding was allocated to augment their numbers by 68 positions. This change leverages the clinical expertise and recovery-oriented mission of OhioMHAS with DRC's success in keeping recidivism rates low to provide quality addiction services to many more people within the state prisons.

> "We know that a high percentage of people in jails and prisons have mental health or addiction disorders. Making connections to treatment while they are incarcerated can reduce escalation of their conditions and give them the opportunity to improve their lives. Collaboration among local jails, hospitals and treatment providers will address strains to the communities that these offenders pose."
> – OhioMHAS Director Tracy Plouck

Correctional Recovery Services include individual and group treatment, and therapeutic communities – a proven model of treatment that houses offenders who have substance abuse conditions together and uses the influence of peers to promote recovery.

Through a contract with CompDrug, Inc., based in Columbus, OhioMHAS and DRC operate six therapeutic communities, including one at Pickaway Correctional Institution called OASIS, which celebrated 23 years of operation during SFY16, and others at the Ohio Reformatory for Women, Madison, Chillicothe and Noble correctional institutions and the Grafton Reintegration Center.

Above: Recording artist Melissa Etheridge arranged a surprise visit during October 2016 to the Ohio Reformatory for Women and its Tapestry therapeutic community in Marysville. She was inspired to make the trip after seeing a video of several Tapestry residents singing one of her songs in the Harmony Project, a Columbus community choir. She toured the Tapestry dormitory after performing a 30-minute set.

» Above: On April 12, 2016, Lt. Governor Mary Taylor (left) was on hand with members of GCOAT at an event hosted by CompDrug, Inc., to announce a series of Mid-Biennium Budget Review proposals aimed at curbing opiate addiction in Ohio. Taylor Stevenson (right), an Ohioan in long-term recovery, also spoke about the importance of medication-assisted treatment, such as methadone (in small photo). » Right: White House Office of National Drug Control Policy Director Michael Botticelli (right) visited Toledo on Feb. 1, 2016, as part of a tour to learn what states are doing to address prescription drug abuse and heroin addiction. Botticelli joined Lucas County Sheriff John Tharp (left), advocate Christa Lammers (center), OhioMHAS Director Tracy Plouck and others to host a town hall on opioid addiction on the University of Toledo campus.

Above, Robert Baker, Ph.D., forensic services director at OhioMHAS, presented Aileen Hernandez, M.D., a forensic psychiatrist at Recovery Resources in Cleveland, with the Howard H. Sokolov Forensic Mental Health Leadership Award at the department's Forensic Conference on Nov. 18, 2015.

THE STEPPING UP INITIATIVE

Counties across Ohio have an opportunity to join a national initiative to help reduce the high numbers of people with serious mental illness who are held in their jails. Each year, an estimated two million people with serious mental conditions are admitted to county jail facilities across the nation. These people, once incarcerated, tend to stay longer in jail and are at a higher risk of reoffending than individuals without these disorders.

Unless this changes, large numbers of people with mental illnesses will continue to cycle through the criminal justice system, resulting in missed opportunities for connections to treatment, inefficient use of funding and a failure to improve public safety.

In response, the National Association of Counties, the Council of State Governments Justice Center and the American Psychiatric Association Foundation launched Stepping Up, a national initiative that provides assistance to county governments that want to reduce the prevalence of people with mental illnesses in local jails.

Stepping Up asks counties to embrace a national call to action by passing a resolution committing to six action steps that will lead to real change. More than 273 counties have already passed resolutions, including 26 counties in Ohio, as of June 2016.

On June 16, 2016, a Stepping Up Summit was conducted in Columbus to officially launch the Ohio Stepping Up Initiative. Teams from 23 counties attended to learn about best practices and implementation, and work together to develop local action plans. Community leaders from Delaware County, including Steve Hedge (center, speaking) director of the Delaware-Morrow Mental Health and Recovery Services Board, took part in the day.

Advances in Problem Gambling Services

During SFY16, the OhioMHAS Bureau of Problem Gambling Services made a number of significant moves toward establishing and refining a quality continuum of care for prevention, treatment and recovery for problem gambling and gambling disorders.

Workforce development efforts continued with a March conference kicking off Problem Gambling Awareness Month, a number of Problem Gambling sessions at the annual Ohio Prevention and Education Conference, and numerous regional trainings. Roughly 400 clinicians and prevention professionals received specialized training during SFY16. Proof of the growth in problem gambling expertise among Ohio's behavioral health workforce can be found in the increased availability of treatment services for gambling addiction. The Ohio Problem Gambling Helpline resource directory grew from 23 to 81 sites in two years. Call the Helpline at 1-800-589-9966.

Fellows and staff leaders of the OhioMHAS Problem Gambling Treatment Supervision Fellowship pose in June at graduation. From left are: Dr. Heather Chapman; Marilyn Rule of Zepf Center in Toledo; Bryan Traband of the Cleveland VA; Joshua Francis, a private practitioner in Tipp City and Assistant Professor at Wright State University; Scott Knapp of Recovery Resources in Cleveland; Mike Rosen of the Center for Addiction Treatment in Cincinnati; and Scott Anderson and Stacey Frohnapfel-Hasson, both of OhioMHAS.

An additional 2016 workforce development opportunity was the Problem Gambling Treatment Supervision Fellowship program, coordinated by Recovery Resources of Cleveland and led by Heather Chapman, Ph.D., director of the Gambling Treatment Center at the Louis Stokes Cleveland VA Medical Center. The fellows worked with Chapman for nine months to learn the intricacies of problem gambling treatment and best practices in supervising clinicians in this specialty area.

The most widely seen accomplishment of Ohio's problem gambling work for the past year was the creation of the Ohio for Responsible Gambling "Be the 95%" statewide awareness campaign. The campaign was designed to educate the public and offer tools to enhance awareness of responsible gambling practices for those who gamble, and provide resources for Ohioans who need assistance. The campaign and website, the95percent.org, has generated extensive national interest and been recognized with an Advertising Federation Award for the and four awards through the National Council on Problem Gambling.

"When it comes to maintaining sobriety, a destructive living environment can derail recovery for even the most highly motivated individual. Recovery housing provides a safe, supportive environment where a person in recovery can adjust to sobriety, rebuild shattered relationships, obtain employment and seek permanent housing."

– OhioMHAS Director Tracy Plouck

Housing Options

Community treatment rather than institutional care is encouraged for people who have the ability to live more independently. Through our Bureau of Capital Planning and Management, OhioMHAS is improving community environments for housing, crisis stabilization, residential treatment, programming and peer support. Capital investments of $1.5 million will provide 60 units of permanent supportive housing (PSH) for people with mental illness and/or addictions. These projects drew an additional $7.9 million in partner funding for a total of $9.4 million in SFY16.

A renovation/preservation partnership with the Ohio Housing Finance Agency (OHFA) matched an OhioMHAS investment of $150,500 with $451,500 from OHFA that helped to restore 11 units of PSH so that they will remain available for many years to come.

OhioMHAS also committed $2.2 million in capital to expand sober housing options for Ohioans in recovery from alcohol or other drug addiction. The funds helped finance 16 projects in 15 counties, adding 158 beds to Ohio's growing recovery housing stock.

In addition to bricks-and-mortar Capital funding, OhioMHAS issued $2.5 million in grants for Recovery Housing operations throughout the state. Grantees include seven counties that previously had not received state funds for recovery housing: Ashtabula, Athens, Fairfield, Fulton, Lake, Licking and Trumbull.

OhioMHAS plays a role in helping people with behavioral health diagnoses move out of nursing homes and live more independently when they are able and choose to do so. Community Transitions staff make sure that individuals and their families or guardians understand the options that they may have for community living and the financial supports for which they might qualify through our Recovery Requires a Community initiative or Residential State Supplement (RSS) program. The RSS program provides financial assistance to supplement the income of adults who have increased needs due to a disability that is not severe enough to require long-term care in an institution. RSS has doubled in size with nearly 800 new individuals enrolled as a result of SFY16 investments. RSS enrollees live in community-based settings, including family homes licensed by OhioMHAS to provide necessary personal care and supervision.

Utilizing Pre-Admission Screening and Resident Review (PASRR), OhioMHAS staff determine if individuals who are placed in nursing homes are in the most appropriate setting based upon their needs. The PASRR Bureau's licensed clinical reviewers process an average of more than 900 reviews per month, with approximately 13 percent proceeding to discharge planning because they are deemed able to live in a more-integrated environment. Our PASRR Bureau is also an innovator in the creation of a Community Options program that proactively assists in the transition of individuals when a PASRR decision indicates that reintegration

Top photos: In the Perry County village of New Lexington, residents can access prevention services, individual/group counseling, residential/outpatient treatment and recovery housing all within a short walk down Main Street. From left, OhioMHAS Housing Policy and Resource Administrator Alisia Clark and Director Tracy Plouck were invited by Perry Behavioral Health Choices, Inc., Executive Director Theressa Snyder to tour the various recovery and residential facilities for men and women that are benefitting from $173,000 in OhioMHAS funding.

Bottom photo: The Office of the State Long-Term Care Ombudsman and its chief, Beverley Laubert (right) presented its 2015 Excellent Advocate Award to George Pelletier (center) in recognition of his dedication to transitioning individuals with high-service needs from nursing homes into the community. Pelletier, who has more than 30 years experience in the mental health field, is community options coordinator in the OhioMHAS Pre-Admission Screening and Resident Review Bureau. Also pictured is Ombudsman Lisa Marks of Marion.

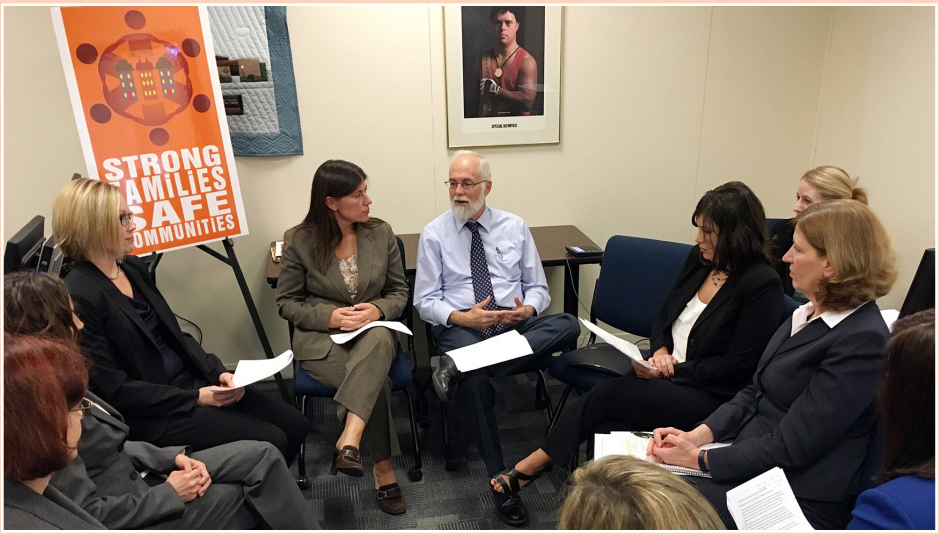
into a community living environment would be more appropriate.

In addition, OhioMHAS staff members participate on an Inter-Agency Transitions Team that manages the de-certification of poorly performing nursing homes across the state. Through this linkage, many additional individuals are identified who can move to less restrictive settings in the community. During the last year, OhioMHAS participated in the closure of 13 nursing homes and adult-care facilities, assisting 967 people to move to a setting that suited their needs.

Job Placement

Helping more Ohioans become employed is a goal of multiple state and community programs, so blending funds and services that address the health needs, job skill development and recovery tools that can put people to work and keep them productive requires a team effort. OhioMHAS received a five-year, $4.8 million dollar grant from the Substance Abuse and Mental Health Services Administration (SAMHSA) to increase competitive employment of people with mental illness and co-occuring mental and substance use disorders.

The OhioMHAS Bureau of Recovery Supports offers technical assistance, consultation and training to provider organizations and consumer-operated peer centers so that they can connect individuals to employment specialists, benefit planners and peer recovery supporters in an effort to become more independent and productive and less isolated in their communities.



Collaboration with the Ohio Department of Developmental Disabilities through Strong Families, Safe Communities has helped many families in crisis. Above, DODD Director John Martin and OhioMHAS Director Tracy Plouck lead a Nov. 2, 2015, Virtual Town Hall to share success stories from grantees and families.

Advancing Wellness in Children for Healthy Families

The OhioMHAS Bureau of Children and Families promotes the social, emotional and behavioral well-being of Ohio's youngsters. Several key investments in the SFY 16-17 budget prioritize the needs of Ohio's youth:

» $9.1 million for the Early Childhood Mental Health (ECMH), Whole Child Matters (ECMH) Initiative, which is adding dozens of mental health consultants who will work with teachers, staff and families of at-risk children in early learning settings. Nationwide Children's Hospital in Columbus was awarded the statewide intake component to provide in-person, rapid consultation for preschool expulsion prevention;

» $3 million per year for the continuation of the Strong Families, Safe Communities partnership with the Ohio Department of Developmental Disabilities, which works with communities to intervene with adolescents and young adults who are at risk of danger to themselves or others. Thirteen projects were awarded funds for 2016;

The OhioMHAS Bureau of Prevention creates a state framework that provides technical assistance, training and outreach that reflects best practices and engages community-level coalitions. SFY16 funding included:

» $2.3 million for interventions that help children of incarcerated parents avoid the same behaviors that led to a parent's court involvement. The Mansfield Urban Minority Alcoholism and Drug Abuse Outreach Program was selected to implement regional programs utilizing the nationally acclaimed Creating Lasting Family Connections curriculum, which addresses substance abuse and violence prevention through personal, marriage and family strengthening programs; and

» $3 million to strengthen community prevention efforts through youth-led and evidence-based programming.

At left, State Senators Capri Cafaro and John Eklund, and OhioMHAS Director Tracy Plouck presented Chardon School District officials and students with a $750,000 grant for comprehensive mental health support on Sept. 24, 2015. The funds were requested by the district to continue a long-term recovery model that provides on-site services such as counseling and assessments, citing continuing trauma and anxiety related to the fatal shooting of three students in 2012. The school district also provides peer services in which select students provide helping, supportive behaviors and acts of kindness. AC4P, Actively Caring for People, was founded at Chardon eight months after the shooting.

To broaden the workforce of peer recovery supporters available to work with behavioral health providers, OhioMHAS initiated a 40-hour Peer Recovery Supporter Training curriculum leading to certification of more people with lived experience in the workforce to guide others in recovery.

Quality and Efficiency

More than 1,800 community entities are regulated by the OhioMHAS Bureau of Licensure and Certification. OhioMHAS oversees a statewide mental health and alcohol, drug and gambling addiction services system that consists of behavioral health agencies, privately run inpatient units/hospitals and community living options. In SFY16, staff processed more than 150 applications for initial (new) licensure or certification from entities wanting to offer treatment services or provide housing.

Also during SFY16, OhioMHAS streamlined two sets of regulations for dually certified providers of mental health and addiction services into a single set of rules covering certification process, policies and procedures, documentation, and outcomes and performance improvement. To bolster provider conformance, staff conducted 12 webinars on the new rules.

The OhioMHAS Office of Quality, Planning and Research supports high-quality, cost-effective public mental health and addiction services by: conducting research and evaluation studies about Ohio's public behavioral health system; collecting outcomes and monitoring data required for federal grants or epidemiological purposes; analyzing trends and needs assessments; coordinating federal block grant submissions; conducting annual reviews of board community plans; developing application policy for federal discretionary grants; managing quality improvement projects at the system and local levels; and supporting an Institutional Review Board that protects human subjects' rights during all internal and external research and evaluation activities.

Ohio Pharmacy Services (OPS) within OhioMHAS provides dispensed and bulk pharmaceuticals and medical and laboratory supplies to eligible state, county and community mental health agencies throughout Ohio. OPS is a leading provider of naloxone and Project DAWN (Deaths Avoided With Naloxone) kits to health departments, law enforcement, emergency personnel and first responders. In addition, OPS is a supplier of Vivitrol® and Suboxone® to its customers to help in the battle against opioid addiction. OPS also serves as the mail order pharmacy provider for DRC and the Department of Youth Services, eliminating the state's need for pharmacy personnel for those departments. OPS utilizes its volume to leverage its purchasing authority in obtaining the lowest cost for its customers.

OhioMHAS employees give back to the community and conduct outreach in many ways. Clockwise from top, left photo: Ohio Pharmacy Services technician Nou Khean explains automated dispensing on Take Your Child to Work Day. » Kisha Stewart and Rosland Hawkins lead fundraising for charity. » Eric Wandersleben receives Ohio Psychiatric Physicians Foundation 2015 Enlightenment Award on behalf of our Office of Public Affairs. » Researchers Beth Gersper and Tom Sherba, Ph.D., host a booth at an opiate conference. » Deputy Director of Legal and Regulatory Services Michaela Peterson views a display of patient art work from Northwest Ohio Psychiatric Hospital.

Trauma-Informed Care and Cultural Competence Infuse All Aspects of Our Work

Two approaches to health care delivery are the pillars that hold up all of the work we do and an expectation for all of the services we fund. The vision of OhioMHAS is for Ohio to be a national leader in trauma-informed care and cultural/linguistic competence. To that end, our department sponsors opportunities for practitioners to understand these concepts and apply them in every interaction. This includes internal interactions among our own employees.

Cultural and linguistic competence is a process necessary to support recovery and to deliver consumer-driven and person-centered mental health and addiction services. OhioMHAS considers cultural and linguistic competence when developing statewide policies, programs and practices, because services are most effective when delivered in a culturally competent way. OhioMHAS assumes a leadership role in eliminating health disparities throughout every level of the behavioral health care system by sponsoring annual conferences, regional trainings, needs assessments and research on specific populations.

In every part of the mental health and addiction services system, as well as the developmental disabilities system, the many individuals who seek treatment or supports have histories of trauma. However, they or their caregivers often don't recognize the significant effects of trauma in their lives and on their overall health. Through a trauma-informed approach, behavioral health professionals can deliver services that meet client needs in a safe, collaborative and compassionate manner — preventing practices that retraumatize an individual.

OhioMHAS and DODD encourage implementation of trauma-informed approaches within their state facilities and among local agencies. These initiatives are on-going, inter-related and build upon progress from year to year. As of SFY16, the number of trauma-informed care trainers in Ohio grew to 170 and more than 4,000 people were trained in trauma-informed approaches, including employees of other state agencies, elected offices and nursing homes.

Also during SFY16, the Disparities and Cultural Competency Advisory Committee hosted a second round of video-conferenced learning opportunities attended by professionals statewide, and began a video series in American Sign Language on behavioral health topics such as addiction, trauma and suicide prevention.

Clockwise from top, left photo: OhioMHAS Prevention staff Dawn Thomas (left) and James Trevino (right) flank Ohio Department of Education's Jill Jackson. Trevino and Jackson co-lead a SAMHSA grant on Safe Schools, Healthy Students. » Employee Adreana Tartt discusses the needs of veterans and military personnel at a staff function. » Administrative employee Barbara Johnson signs a video message to Ohio's network of sign language interpreters. » Employees Surendra Bir Adhikari, Ph.D., conducted research and led trainings on trauma in refugees and immigrants, and Valerie Alloy, Ph.D., traveled widely to promote best practices in early child development. » A Peers as Professionals training addressed self-advocacy and coping skills in the workplace. » Trauma survivors tell their personal stories at the June 2016 Trauma-Informed Care Summit sponsored by OhioMHAS and DODD. » Capital University Professor Emeritus Cora Munoz, Ph.D., presents on Health Equity at the 2015 Private Psychiatric Inpatient Provider Conference hosted by OhioMHAS and the Ohio Hospital Association.

Expenses and Source of Funds - State Fiscal Year 2016

This table reflects expenditure data as of 7/25/15.

Type of expense[1]	Totals	General Revenue	Capital Improvement	Dedicated Purpose	Federal Revenue	Internal Svcs Activity	Revenue Distribution
Department Totals	$614,848,796	$378,322,569	$28,698,371	$25,290,955	$104,366,499	$77,133,365	$1,037,037
State-Provided Services	$258,357,819	$204,736,434	$26,217,914	$1,525,683	$15,918,279	$9,959,509	
Community Support Network	$9,625,088	$9,167,837		$45,254	$143,168	$268,829	
Hospitals	$248,732,731	$195,568,597	$26,217,914	$1,480,429	$15,775,111	$9,690,680	
Community-Provided Services	$222,408,959	$124,880,458	$2,480,457	$12,996,694	$79,385,748	$1,628,565	$1,037,037
Administration	$48,873,638	$27,757,575		$10,768,577	$9,062,472	$1,285,013	
Central Office	$48,608,202	$27,492,139		$10,768,577	$9,062,472	$1,285,013	
Research Grants	$2,500	$2,500					
Education & Training Grants	$262,936	$262,936					
Pharmacy Services	$64,260,278					$64,260,278	
Debt Service	$20,948,102	$20,948,102					

1 The Department's accounting methodology is based on Posting Fiscal Year, which is consistent with the Office of Budget and Management's reconciliation process.

Hospital Operating Expenditures, Populations and Costs Per Patient

Fiscal Year 2015 (The most recent fiscal year for which data is available.)

	Operating expenses as computed in past years	(+) Fiscal Year 2014 Adjustments[1]	(-) Com. Support Network and Shared Services[2]	Net operating expenditures	Average daily resident population	Average annual cost per resident patient	Average daily cost per resident patient
Hospital Totals[3]	$213,612,434	$9,083,845	-$8,838,401	$213,857,878	1,028	$208,085	$568.54
Adult Regional Psychiatric Hospitals							
Appalachian Behavioral Healthcare	$21,072,283	$685,778	-$1,714,408	$20,043,653	74	$270,860	$740.06
Heartland Behavioral Healthcare	$26,147,417	$1,743,106	$0	$27,890,523	138	$202,105	$552.20
Northwest Ohio Psychiatric Hospital	$22,400,804	$593,773	$0	$22,994,577	107	$214,903	$587.17
Northcoast Behavioral Healthcare	$50,207,165	$1,006,072	-$4,779,020	$46,434,217	227	$204,556	$558.90
Summit Behavioral Healthcare	$45,050,432	$3,434,360	$0	$48,484,792	270	$179,573	$490.64
Twin Valley Behavioral Healthcare	$48,734,334	$1,620,756	-$2,344,973	$48,010,117	212	$226,738	$619.50

1 Includes indirect costs, depreciation and interest expense
2 Includes all Shared Services and Community Support Network costs
3 The Department's accounting methodology is based on Posting Fiscal Year, which is consistent with the Office of Budget and Management's reconciliation process.

State-Run Psychiatric Hospital Inpatient Population

Fiscal Year	Total Admissions	Total Discharges	Total year-end population on rolls	Average daily resident population	Daily per capita operating expense	Annual per capita operating expense
1965	17,842	15,224	27,821	20,033	$ 5.85	$ 2,136
1975	19,259	19,921	10,545	9,748	32.57	11,886
1985	14,791	14,712	4,418	4,111	143.19	52,265
1995	9,934	10,157	1,791	1,725	376.00	137,242
2005	6,584	6,589	1,080	1,035	540.66	197,341
2015	7,282	7,306	1,028	1,027	568.54	208,085

Executive Team

Tracy J. Plouck, Director

Mark Hurst, M.D., Medical Director

Angie Bergefurd, Assistant Director of Community Supports

Missy Craddock, Deputy Director of Public Affairs

Karl Donenwirth, Deputy Director of Hospital Services

Jim Lapczynski, Assistant Director of Administration

Michaela Peterson, Deputy Director of Legal and Regulatory Services

Sanford Starr, Deputy Director of Quality, Planning and Research

Consumer and Family Toll-Free Bridge 1-877-275-6364

askMHAS@mha.ohio.gov

Ohio's Public Regional Psychiatric Hospitals

Appalachian Behavioral Healthcare
100 Hospital Drive, Athens, OH 45701
(740) 594-5000 or
toll-free (800) 372-8862
Capacity: 92
SFY15 Admissions: 952
Chief Executive Officer (CEO) Jane Krason, Chief Clinical Officer (CCO) Max McGee, M.D.

Heartland Behavioral Healthcare
3000 Erie St. South, Massillon, OH 44646
(330) 833-3135 or
toll-free (800) 783-9301
Capacity: 134
SFY15 Admissions: 1,294
CEO David Colletti, CCO Emmanuel Nwajei, M.D.

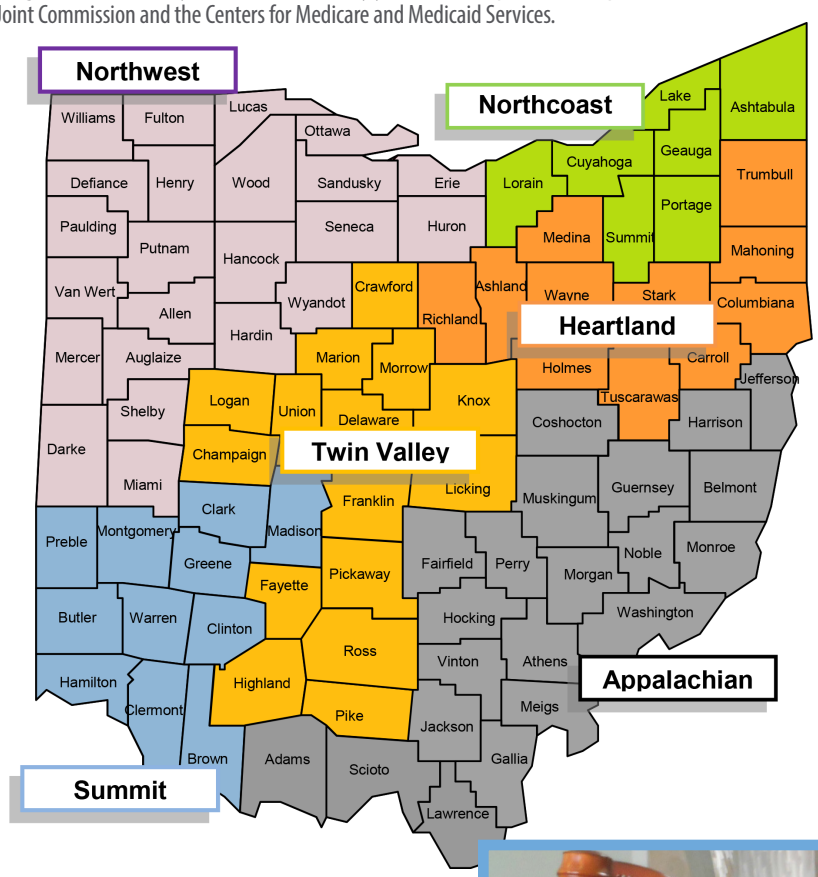
Northcoast Behavioral Healthcare
1756 Sagamore Rd., Northfield, OH 44067
(330) 467-7131 or
toll-free (800) 557-5512
Capacity: 260
SFY15 Admissions: 1,649
CEO Douglas Kern, CCO Muhammad Momen, M.D.

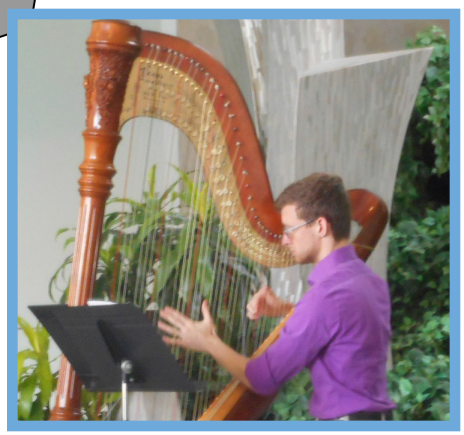
Northwest Ohio Psychiatric Hospital
930 Detroit Ave., Toledo, OH 43614
(419) 381-1881 or
toll-free (877) 970-4325
Capacity: 114
SFY15 Admissions: 661
CEO Tamara Junge, CCO Robert Karp, M.D.

Summit Behavioral Healthcare
1101 Summit Rd., Cincinnati, OH 45237
(513) 948-3600 or
toll-free (888) 636-4724
Capacity: 291
SFY15 Admissions: 723
CEO Liz Banks, CCO Douglas Lehrer, M.D.

Twin Valley Behavioral Healthcare
2200 W. Broad St., Columbus, OH 43223
(614) 752-0333 or
toll-free (877) 301-8824 (TVBH)
This campus includes the 52-bed Timothy B. Moritz Forensic Unit, which serves the entire state.
Capacity: 178
SFY15 Admissions: 2,003
CEO Veronica Lofton, CCO Alan Freeland, M.D.

Regions represent hospital admission catchment areas as of April 4, 2016. Capacity is number of beds as of March 2, 2016. Admissions information is based upon SFY15, before renovations at Northcoast and Applachian were completed. The statewide median average length of stay for civil discharges is 10 days. A forensic patient's length of stay is determined by the committing court and can vary from months to many years. Each hospital is in compliance with the national standards set by The Joint Commission and the Centers for Medicare and Medicaid Services.





Clockwise from top, left: Human Resources staffer Ursula Barrera-Richards of NOPH, presents at the statewide HR retreat on March 16, 2016. » The University of Cincinnati Conservatory of Music held a concert for patients and staff at Summit Behavioral Healthcare (SBH) on March 11. The concert is an outgrowth of the continued collaboration between the hospital's vocational rehabilitation staff and the Conservatory. Volunteers from Boy Scout Troop 28, Buckeye District of the Simon Kenton Council pause after a day of restoration work at the former Columbus State Hospital cemetery near Twin Valley Behavioral Healthcare.

OHIO DEPARTMENT OF MENTAL HEALTH AND ADDICTION SERVICES

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