

# Disparities and Cultural Competency Advisory Committee (DACC) **LEARNING SERIES: Somali Community**

## DISPARITIES AND CULTURAL COMPETENCY (DACC) LEARNING SERIES

**DATE:** Wednesday, November 19<sup>th</sup>, 2014

**TIME:** 9:00 AM – 12:15 PM

**LOCATION:** visit <http://mha.ohio.gov/Default.aspx?tabid=173#69852-trainingevents> for details

Contact **Jamoya Cox** at [dacc.learningseries@mha.ohio.gov](mailto:dacc.learningseries@mha.ohio.gov) for information about contact hours in the following disciplines:

Registered Nurse, Licensed Practical Nurse, Counselor, Psychologist, Social Worker, and Chemical Dependency Counselors & Prevention Professionals.

## TRAINING OVERVIEW

The speakers will share experiences from the provider perspective and consumer voice on current efforts to reduce disparities. They will discuss existing service gaps, emerging access barriers, and current strategies underway to achieve health equity. Participants will have the opportunity to interact with panelists and learn about Best and Promising Practices as it relates to engagement, retention, and outcomes.

**Upon attending the *Learning Series*, participants will be able to:**

1. Understand services being delivered in Ohio
2. Discuss existing service gaps and emerging access barriers
3. Identify Best and Promising Practices improving health equity

REGISTER AT <http://mha.ohio.gov/Default.aspx?tabid=173>

## ABOUT SERVICE INEQUITIES

Ohio has the second largest Somali population in the United States. Research suggests that Somali individuals face disproportionate challenges in the areas of education, literacy, immigration status, employment, social status, equality, housing, and access to healthcare including behavioral health. There is significant stigma associated with mental health conditions that often prevents many Somali individuals from seeking treatment or assistance. Additionally, there is a lack of community knowledge of the healthcare system, discomfort in discussing personal affairs with a provider of the opposite sex, and fear of symptoms worsening. Experiences of trauma have long-lasting implications on the individual and the community.

For more information and resources please visit the Ohio Department of Mental Health and Addiction Services online resource bank at [www.mha.ohio.gov](http://www.mha.ohio.gov) or <http://ethnomed.org/clinical/mental-health/somali-refugee-mental-health-cultural-profile>



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