

Disparities and Cultural Competency Advisory Committee (DACC)
LEARNING COMMUNITY TRAINING:
YOUTH AND YOUNG ADULTS

DISPARITIES AND CULTURAL COMPETENCY (DACC) LEARNING COMMUNITY

DATE: Wednesday, February 17, 2016

TIME: 9:00 AM – 12:15 PM

Contact Anna Labaya at dacc.learningseries@mha.ohio.gov for information about contact hours in the following disciplines:

Registered Nurse, Licensed Practical Nurse, Counselor, Psychologist, Social Worker, and Chemical Dependency Counselors & Prevention Professionals.

TRAINING OVERVIEW

The speakers will share experiences from the provider perspective of individuals with lived experiences, providing insight on efforts to obtain continuity of care in the behavioral health system. They will discuss their growth and development as individuals, history engaging the system, barriers that impacted service access, and factors that contributed to improving recovery and overall wellness.

Upon attending the *Learning Series*, participants will be able to:

1. Understand youth and young adult perceptions of services being delivered to Ohio.
2. Understand how existing service gaps and emerging access barriers have impacted the life journey.
3. Identify promising practices which improve recovery and overall wellness for youth and young adults.

REGISTER AT <http://mha.ohio.gov/Default.aspx?tabid=173>

ABOUT SERVICE DISPARITIES

Most youth are healthy, physically and emotionally, yet one in every four to five youth in the general population meet criteria for a lifetime mental disorder that is associated with severe role impairment and/or distress (11.2 percent with mood disorders, 8.3 percent with anxiety disorders, and 9.6 percent behavior disorders). A national and international literature review found that an average of 17 percent of young people experience an emotional, mental, or behavioral disorder. The presence or absence of various combinations of protective and risk factors contribute to the mental health of youth and efforts can be undertaken to promote positive mental health and prevent or minimize mental health problems. Youth with mental health disorders may face challenges in their homes, school, community, and interpersonal relationships. Despite these challenges, for most youth, mental health distress is episodic, not permanent, and most can successfully navigate the challenges that come from experiencing a mental health disorder with treatment, peer and professional supports and services, and a strong family and social support network.

For more information about information on youth/young adult and behavioral health, please visit www.youth.gov. For more information and resources please visit the Ohio Department of Mental Health and Addiction Services online resource bank at www.mha.ohio.gov.