

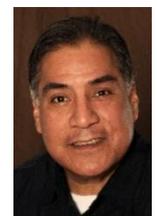
# Disparities and Cultural Competency Advisory Committee (DACC) LEARNING COMMUNITY TRAINING: *HISTORICAL TRAUMA*



*Dr. Sana Loue, PhD,  
MPH, JD, MA,  
Professor, Department  
of Bioethics, Case  
Western University  
School of Medicine*



*Dr. Britt Conroy, MD,  
PhD, JD, MS, American  
Indian female  
physician, researcher,  
and adjunct law  
Professor, Case  
Western Reserve  
University*



*Bruce Kafer, RN MSN,  
Registered Nurse  
Cleveland VA Medical  
Center*

## DISPARITIES AND CULTURAL COMPETENCY (DACC) LEARNING COMMUNITY

**DATE:** Wednesday, June 15, 2016

**TIME:** 9:00 AM – 12:15 PM

**LOCATION:** visit <http://mha.ohio.gov/Default.aspx?tabid=173#69852-trainingevents> for details

Contact Jamoya Cox at [dacc.learningseries@mha.ohio.gov](mailto:dacc.learningseries@mha.ohio.gov) for information about contact hours in the following disciplines:

Registered Nurse, Licensed Practical Nurse, Counselor, Psychologist, Social Worker, and Chemical Dependency Counselors & Prevention Professionals.

## TRAINING OVERVIEW

The speakers will share provide an overview of historical trauma and discuss how populations such as native/indigenous individuals and African Americans are impacted by it. They will discuss how the current practices of health and human service organizations and other service systems perpetuate trauma and will also discuss the disparities that currently exist as a result of this phenomena. In addition to this, the speakers will present best or promising practices that they know has been successful at reducing the disparities associated with trauma.

**Upon attending the Learning Series, people will be able to:**

- Understand historical trauma in concept.
- Discuss the factors that contribute to historical trauma.
- Identify disparities associated with historical trauma.
- Understand meaningful steps that can be initiated to promote health and wellness.

REGISTER AT <http://mha.ohio.gov/Default.aspx?tabid=173>

### About Historical Trauma

Historical trauma is cumulative emotional and psychological wounding over the lifespan and across generations, emanating from massive group trauma experiences. The responses to historical trauma often includes depression, self-destructive behavior, suicidal thoughts and gestures, anxiety, low self-esteem, anger, and difficulty recognizing and expressing emotions. It may include substance abuse, often an attempt to avoid painful feelings through self-medication. Historical unresolved grief is the associated affect that accompanies the response. This grief may be considered fixated, impaired, delayed, and/or disenfranchised.

For more information and resources please visit  
<http://www.alaskapublic.org/2016/02/05/historical-trauma/>.

For more information and resources please visit the Ohio Department of Mental Health and Addiction Services online resource bank at [www.mha.ohio.gov](http://www.mha.ohio.gov).