

October 15, 2015

Northwest Ohio Trauma Informed Care.

NAME	Organization	Email
Julie Broadwell	Cocoon	J.Broadwell@cocoonshelter.org
MERISA PARKER	Rescue Inc.	mparker@rescue.mhs.com
Robm Shepherd	Fulton Co Bd DDD	rshepherd@fultoncounty.oh.gov
Teresa Reed-McGlashan	Erie County Fam & Children's	TMcGlashan@eriecounty.oh.gov
Patrick Rayner	Zepf Center	prayner@zepfcenter.org
Abby Russell	Harbor/BC	arussell@behavioralconnections.org
CRAIG SMITH	NOPH	CRAIG.SMITH@MHA.OHIO.GOV
Jim Crist	Ohio CBDD	jcrist@ocbdd.org
Deborah Duris	NOPH	deborah.duris@mha.ohio.gov
Wendy Frost	NOPH	Wendy.frost@mha.ohio.gov
Beth Boyle	DODD	Elizabeth.boyle@dodd.ohio.gov
Jennifer Horstman	ResCare	jkhorstman@rescare.com
Lisa Aular	ResCare	Lisa.morman@rescare.com
Timothy Overly	Kids Count Too	TOverly@kidscounttoo.com
Nikki Brown	Bittersweet Farms	NBROWN@BittersweetFarms.org
Mindy Lemon	Defiance CBDD (intern)	mindylemon23@gmail.com
Jean Jacques	Defiance CBDD	jjacques@defiancecdd.org
Alison Teders	Putnam Co Bd DDD	atederspcbdd@bright.net
FELICIA ZENDEJAS	ERIE CO BDD	FZENDEJAS@ERICCBDD.ORG
Andy Swaisgood	WLRS Inc.	aswaisgood@wlrs.org
Michelle Classic	Cocoon	michelle@cocoonshelter.org
Jennifer Wolfe	Lucas CBDD	mwolfe@lucasdd.org
Renee Craft	NORTHWEST OHIO DC	renee.craft@ohio.cdbdd.gov
MaryEllen Davis	NORTHWEST OH DC	maryellen.davis@ohio.cdbdd.gov
Noelle Duvall	childrens Resource Center	noelled@crcwoodcountyschools.org
Tom Clemons		

Building a Trauma-Informed Community: Across Systems and throughout the Lifespan

Current Strategies and Future Initiatives in Wood County

June 17, 2015

Columbus, Ohio

The Beginning

Listen, Learn & Inspiration

- Clients & Client Advocates emphasize dealing with trauma as necessary for recovery - 2010
- Prevention specialists reference the ACE study - 2011
- Consultant for dual diagnosed Developmentally Disabled – Mentally Ill project emphasizes importance dealing with trauma - 2012
- Dr. Sandra Bloom presentation in MD – Feb. 2013
- Research on ACEs Study and Trauma Informed Care
- Other Kindred Spirits in Ohio



Developing Vision, Mission & Partners

- Discussions on developing a trauma informed community
- Discussions with experts
- Face-to-Face meetings within and across service systems including:
 - Schools
 - Bowling Green State University College of Health and Human Services Dean
 - County Commissioner
 - Family and Children First Members
 - Juvenile Justice System
 - Health Department
 - Jobs and Family Services



Developing Vision, Mission & Partners

- Focus on trauma as an antecedent to the difficulties clients present
- Developed micro strategies
- Grant applications with cross-systems partners
- Learn what local resources exist
- Further articulation of vision & mission
- Goal of developing a “critical mass” of partners



Raising Awareness and Motivation in our Community

- Dr. Sandra Bloom presentation at Bowling Green State University – April 2014
- Sanctuary Institute Workshop with Dr. Bloom & other faculty for local agencies
- Dr. Bruce Perry presentation in November 2014
- Presentations in the community

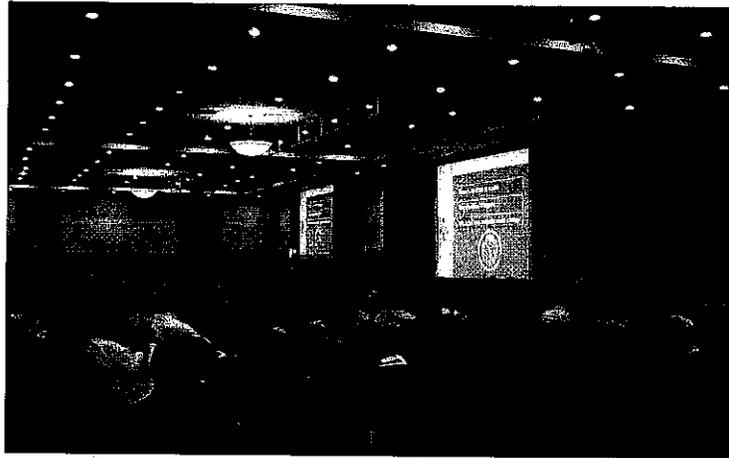


Leadership and Implementation

- Family and Children First Council adopts “Creating a Trauma Informed Community” as a goal and project
- Three presentations:
 - Research on Trauma
 - Wood County accomplishments
 - Next steps planning
- Committees that reach across the lifespan will look at how to promote trauma informed policies and practices

Early Initiatives

- Presentation and workshops by Dr. Sandra Bloom (Sanctuary Model) – April 7, 2014



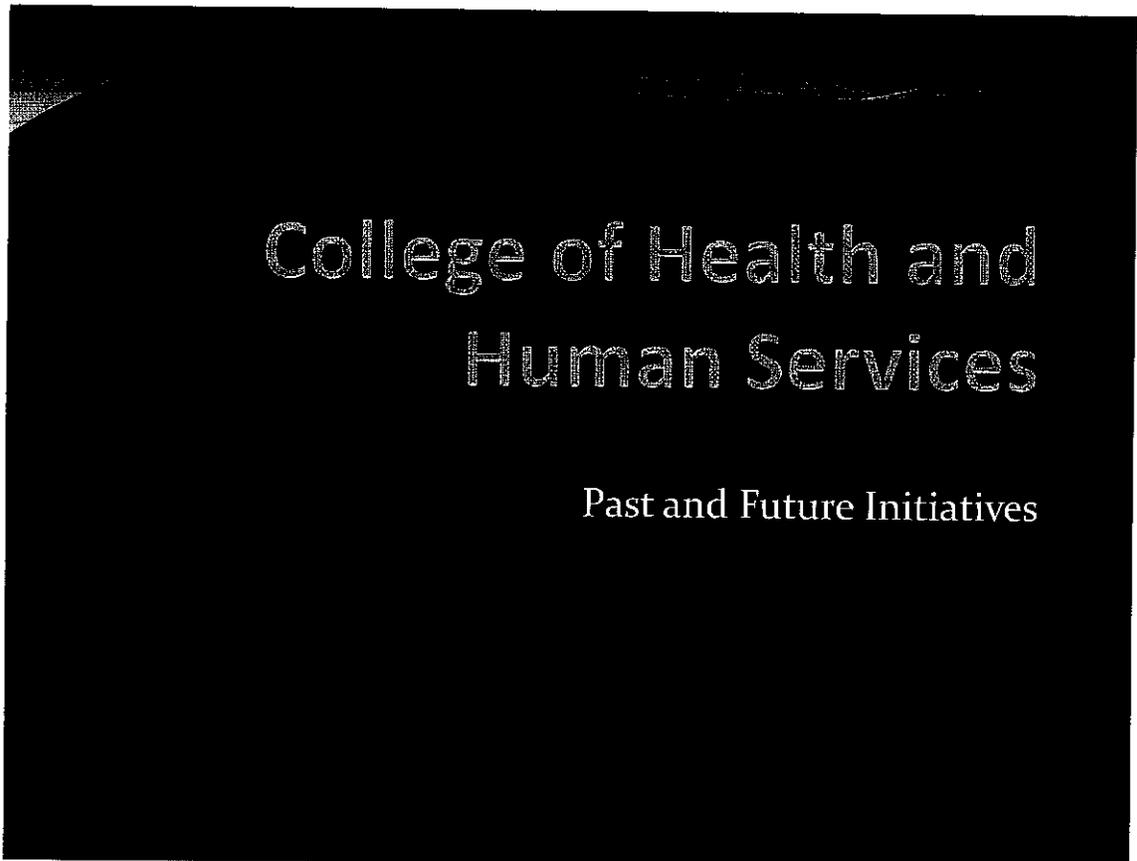
Early Initiatives

- Formation of the Wood County Trauma Steering Committee
- Development of Vision and Mission Statements
- *Vision: To create a healthy and trauma free community*
- *Mission: To maximize resources to change the culture of the community by encouraging cross system collaboration, enhancing trauma awareness, and developing trauma informed practices*



Other Initiatives

- Ohio Mental Health Addiction Services and the Ohio Department of Developmental Disabilities collaboration to implement Statewide efforts to create a trauma informed care Ohio.
- BGSU's College of Health and Human Services.
- Harbor/Behavioral Connections.
- Children's Resource Center
- The Cocoon



College of Health and Human Services

Past and Future Initiatives



BGSU Trauma Informed Care

- During Fall 2014, the CHHS offered a special seminar for 20 Freshman titled “Flight, Fight, or Freeze.”
- This initial offering will be offered each semester beginning in Fall 2016. Over 100 Freshman will take this course.
- The Center of Excellence for Health and Wellness across the Lifespan is planning/sponsoring community workshops that will focus on trauma.



Harbor / Behavioral Connections

Member of National Council For Behavioral Health's
Trauma-Informed Care Learning Community



SAMHSA's 6 Key Principles of TIC:

1. Safety
2. Trustworthiness and Transparency
3. Peer support
4. Collaboration and mutuality
5. Empowerment, voice and choice
6. Cultural, Historical, and Gender Issues



Addressing Seven Domains for TIC (National Council):

1. Consumer-Driven Care and Services
2. Early Screening & Assessment
3. Nurture a trauma-informed & responsive workforce
4. Evidence-based and emerging best practices
5. Creating safe environments
6. Community outreach and partnership building
7. Ongoing performance improvement and evaluation

Harbor / BC's Ongoing Efforts to Embody the 6 Key Principles:

- Trauma-Informed Care Committee (includes clinicians, non-clinicians, management)
- Attendance at National Council Pre-Conference University on Trauma-Informed Care
- National Council TIC trainings at Behavioral Connections in the coming year
- Policy and procedure changes to incorporate TIC
- Addition of trauma-specific interventions to the clinical repertoire (SELF (from Sanctuary), TREM, & Seeking Safety)

Children's Resource Center

Trauma Informed Treatment Through the
Sanctuary Model



SANCTUARY

- Sanctuary is an organizational and treatment model of change based on an understanding of trauma and systems theory.



THE SEVEN COMMITMENTS OF SANCTUARY

- NONVIOLENCE
- EMOTIONAL INTELLIGENCE
- INQUIRY AND SOCIAL LEARNING
- DEMOCRACY



COMMITTMENTS (con't)

- OPEN COMMUNICATION
- SOCIAL RESPONSIBILITY
- GROWTH AND CHANGE



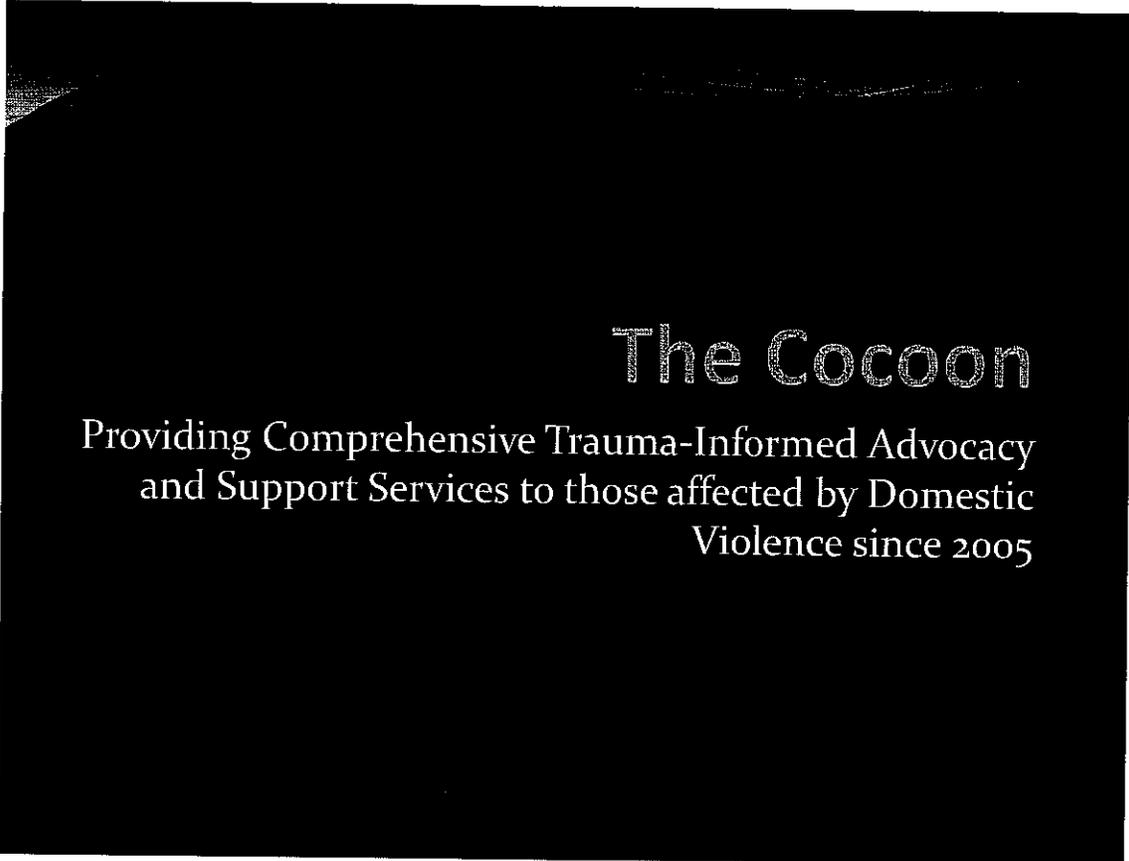
S.E.L.F.

- Provides a shared language throughout the community
- Simple way of organizing complexity
- Dynamic and non-linear
- Phases rather than steps or stages to climb



S.E.L.F. (con't)

- Safety
- Emotion Management
- Loss
- Future



The Cocoon

Providing Comprehensive Trauma-Informed Advocacy
and Support Services to those affected by Domestic
Violence since 2005



Key Principles

- Safety & Justice
- Autonomy & Healing
- Inclusive approach – lifespan, gender, diversity
- Trusted Partner
- Commitment to building a compassionate and safe community
- Commitment to ending domestic violence and empowering those affected by it
 - Envision justice, safety, nonviolence, and equity for all people through social change



Initiatives & Partnerships

- Integrate Sanctuary Model
- Complete the Advocacy Learning Center through Praxis International
 - utilize tools to integrate building safe and compassionate community
 - strengthen coordinated community response to abuse
- Complete relocation process
 - Increase safety and access for survivors of abuse
 - Build community partnerships
 - Survivors as leaders of change

Wood County Board of Developmental Disabilities

Trauma Informed Care Initiatives



Wood Lane

Providing a Spectrum of Services to Individuals and Families

Good Life

Training Model from the Ohio Association of County Boards
(Serving Individuals with Developmental Disabilities)

Past History to Current Practice to the Good Life

Generating a mental model shift intended to:

- Prevent harmful outcomes
- Change the service delivery culture
- Shifts the focus from *Deficit / Compliance* to *Compassion and Strengths*
- Identify the Professional as an Ally
- Develop Supportive Relationships



Good Life

What gives us a Good Life?

FAMILY – FAITH – FRIENDS – FUN – FUNDS – FROLICKING

The core beliefs:

- Each person has value
- Respect is a priority
- People should be safe
- People should be free from physical & emotional restraint
 - Acknowledging the success of people is an absolute
- Being connected is providing the time necessary to help people thrive



Person Centered Thinking

Success planning requires that we “discover” the person.

- Discovery goes beyond a typical assessment
- What is this person’s personal vision and mission statement for themselves?
- Identify and list the commitments and responsibilities that everyone on the team has agreed to help the person.

Person Centered Thinking

Teams are looking to discover:

- Things that are important and are not important to the person
- Known and likely risks
- What are my community connections now and what opportunities are available
- What are the individual's dreams and desired outcomes
- What are the best strategies for the individual to achieve and to be successful

Wood County Educational Service Center

Current and Future Strategies





The Other Side of the Report Card

Internal Efforts

- Prevention staff delivering ATOD programming attended Dr. Bloom and Dr. Perry trainings
- We have started to use Sanctuary's Community Meeting before each prevention staff meeting
- Funds are available to support future TIC training in Wood County



The Other Side of the Report Card

External Efforts

- Educating school staff on adverse environmental conditions that may effect youth and thus reduce further traumatic experiences in educational settings
 - Pieces of Prevention program trainings, including Youth Mental Health First Aid, Good Behavior Game, etc.

The Other Side of the Report Card

Prevention Programs

- Positive Behavioral Interventions and Supports (PBIS) is a broad range of systemic and individualized programs and strategies for achieving important social and learning outcomes in school communities while preventing problem behavior.
 - Project AWARE – Youth Mental Health First Aid, Olweus, Expect Respect, Good Behavior Game
 - ADAMHS Board funded programs that help alleviate the influence of trauma in the lives of youth and help them learn to make positive choices

Wood County Department of
Job and Family Services

Alternative Response



What is Alternative Response?

- An alternative approach to traditional child protection investigation
- Alternative Response (AR) is applied to reports that do not allege serious concerns and/or imminent harm
- AR focuses less on investigative fact finding and more on assessing and ensuring child safety



Alternative Response Approach

- No alleged perpetrator and alleged child victim are identified
- AR approach seeks safety through family engagement and collaborative partnerships
- AR honors the family choices when they do not interfere with child safety



Cases that are Eligible for AR in Wood County

- Most Neglect Cases (educational, supervision, environmental)
- Physical Abuse cases with minimal injury to a child over 5
- Domestic Violence where children witnessed/but were not injured
- Drug cases involving marijuana/alcohol



Practice Principals

- Child Safety is **Paramount**.
- Whenever possible, eliminate the process that produces resistance, such as drop-in visits.
- Honor family choices when they do not jeopardize safety.
- Seek collaboration with family and their formal and informal supports.

A Trauma Informed Partnership with Family and Children First Council

Wood County Trauma Informed Care Steering
Committee

Future Role of Family & Children First Council in Trauma Informed Care

- Would FCFC Committees consider integrating Trauma Informed Care Discussions in their work with special populations?
- Would FCFC be willing to support future development of Trauma Informed Care ?



Moving Forward in Wood County with Trauma Informed Care

- Develop a Trauma Informed Coalition with the idea of meeting on a quarterly basis
- Continue to work with Steering Committee to chart future efforts in Trauma Informed Care and update FC2 on a monthly basis of progress
- Faith based partnerships
- Presentations to community groups such as Rotary, Kiwanis to raise awareness and promote trauma informed practices



Summary:

- Trauma Informed Care in Wood County will require a shift in thinking on different levels in the community.
 - Individual
 - Organizational
 - Societal
- Final Result will be:
 - A culture change that will result in a Trauma Informed Wood County Community.