

SBIRT Course Descriptions



SBIRT 101 – Intro to SBIRT Principles (1 hour)

Overview of Screening, Brief Intervention, and Referral to Treatment (SBIRT) goals and approaches to substance use services. It explains the current approach to substance services and outlines changes to the model achieved through applying a public health approach. At the conclusion of this training, participants will be able to understand the public health approach to substance use services and distinguish between the current approach to substance use services and the public health approach. Participants will learn to be able to describe substance use as a public health problem including describing education, screening, and identification steps associated with public health practices. In addition, participants will be able to identify differences between the traditional approach to substance use treatment and the SBIRT approach to intervention and treatment and demonstrate knowledge of SBIRT as a health behavior initiative and identify the evidence based clinical tool used in SBIRT programs to effectively intervene, treat, and prevent substance use problems.

SBIRT 101 – Intro to SBIRT Principles: Screening Tool Administration (2 hours)

A deep dive into the screening tools used at the Ohio SBIRT Project - an optional addition to the SBIRT 101. Participants will review the US-AUDIT, DAST 10, and PHQ-9 identifying objective and validity of each question. This training will aid screening administrators in providing clarity to patients completing the screening tools.

Motivational Interviewing: Skills to Help Families Change Behavior (4 hours)

Provides participants with an overview of Motivational Interviewing, an evidence based communication style that encourages behavior change. This training will briefly discuss the use of Motivational Interviewing in healthcare and more specifically the use of Motivational Interviewing in Screening, Brief Intervention, and Referral to Treatment. After training, participants will recognize the components of the spirit of MI and utilize MI skills, such as open questions, affirmations, reflections and summaries. Participants will gain an understanding of change talk and role it plays in changing behaviors.

Motivational Interviewing: Conversations that Initiate Behavior Change (3 hours)

This session is a more advanced SBIRT MI training that builds on the foundational skills previously learned. The training focuses on ambivalence and the role it plays in changing behaviors to enhance patient interactions. Participants will further develop skills for the use of a decisional balance and strategies for handling discord. **It is recommended that participants complete MI: Skills to Help Families Change Behavior prior to this training.**

Brief Intervention: The Brief Negotiated Interview Model (4 hours)

Brief Interventions are a critical piece in the Screening, Brief Intervention, and Referral to Treatment process. This training introduces participants to the evidence based model of Brief Intervention, the Brief Negotiated Interview. Participants will learn the structure, techniques and effects of a Brief Negotiated interview and the appropriate times and patients to conduct them with as they implement SBIRT in their clinical locations (medication/substance use, alcohol, other health behavior change).

OhioMHAS Continuing Education Committee is an approved provider of Continuing Education as shown below.

Please note certification credits are only available to practitioners in Ohio; participants in other states are welcome to attend for educational purposes. OhioMHAS Continuing Education Committee is an approved provider of Continuing Education for RNs and LPNs for the Ohio Board of Nursing. OhioMHAS has been approved as a provider of Continuing Professional Education credit by the Ohio Counselor, Social Work, Marriage and Family Therapist Board. OhioMHAS is approved by OPA-MCE to offer continuing education for Psychologists. OhioMHAS is approved by the Ohio Chemical Dependency Professionals Board to offer recognized clock hours for chemical dependency counselors and prevention professionals.

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