



**Developmental Disabilities  
Mental Health and Addiction Services**

**John R. Kasich, Governor**  
**Tracy J. Plouck, Director**  
**John L. Martin, Director**

**Mental Health Clinical Roundtable**  
**SAMHSA's Good and Modern System**  
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# A Good and Modern System

The Substance Abuse and Mental Health Services Administration's (SAMHSA's) Good and Modern System contains guidance for developing a framework to implement the Affordable Care Act (ACA). This framework describes the components of a modern addiction and mental health system.

The ACA and SAMHSA recognize prevention, early intervention and treatment as integral for improving and maintaining overall health.

The Good and Modern System supports a health system where publicly and privately funded organizations and managed care organization work well together on desired outcomes.

# A Good and Modern System

## **SAMHSA's Vision for the Good and Modern is Grounded in a Public Health Model**

- Primary care, mental health and addiction services are integrated
- Screening, early intervention, treatment, resilience and recovery supports are essential
- Social integration, optimal health and productivity are valued
- High quality services are available to meet the range of age, gender, cultural and other needs
- Modern medicine and evidence-informed practice are key drivers
- Housing, employment and specialty primary care are included
- Healthy behaviors, lifestyles and outcomes are valued

# A Good and Modern System

## Components of A Good and Modern Addiction and Mental Health System

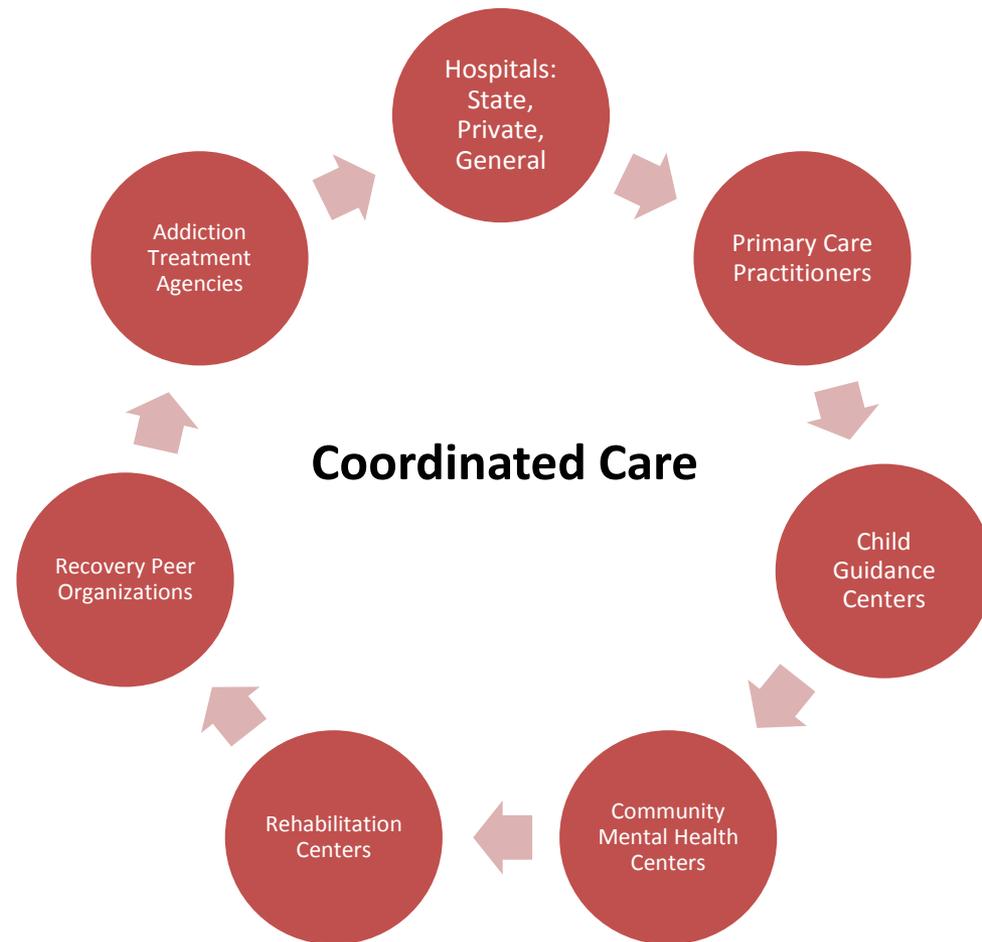
- Clear roles and responsibilities regarding structure, financing and operation
- A continuum of effective treatment and support services that span healthcare, employment, housing and education sectors
- Integrated primary care and behavioral health care are essential
- Accountable, organized, controlled cost and improved quality
- Accessibility, equitability and effectiveness



# Principles of a Good and Modern System

- Preventing and treating mental and substance use disorders is integral to overall health
- Consumer goals dictate services; services and supports are effective, available, appropriate and acceptable to the consumer
- Service delivery includes science, early intervention and engagement
- Adults, youth and families share in decision making
- Care management promotes independence and resilience
- High quality standards and measurable outcomes are used
- Technology is a tool to assist in recovery
- Funds support effective and promising services

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## Six Service Elements



# A Good and Modern System's Core Structures and Competencies

- Workforce
- Empowered Health Care Consumers
- Information Technology
- Funding and Payment Strategies
- Quality and Performance Management
- Sustainable Practice Improvement
- Continued Partnerships



# A Good and Modern System

## The “So What” or System Results

- Consumers avoid illness that can be prevented
- Consumers will get well and stay well
- Continuum of service benefits package support recovery and resilience
- High quality medication management and psychosocial interventions are integrated
- Program standards, common definitions, performance expectations and consumer/family/youth outcomes are promoted
- Consumers have access to an adequate and appropriately trained workforce
- Primary care and behavioral health providers are aligned
- Performance data and research improve care

# Contact Information

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