

Ohio Addictions Roundtable

April 1, 2016

Meeting Minutes

Present: Joyce Starr- OhioMHAS; Brad Lander-Talbot Hall; Jim Evans-Meridian; Joe Gay- Health Recovery Services; Carol Kasha- Ciallella- Recovery and Prevention Resources Delaware/Morrow; John Ellis- University of Akron; Sabrina Jones- LCADA-Way;

Phone: Karen Olhouser- MHR SB of Lucas County; Steve Walkenhorst- Center for Chemical Addictions Treatment; Dontavius Jarrells, OACBHA

I. Group discussion items not on agenda:

- a. New Federal guidance forthcoming potentially increasing 30/100 caps on buprenorphine based medications. Much diversion in Ohio resultant from some physicians prescribing high mg doses. Discussed language where prescribers must get approval from a gatekeeper (e.g. addictionologist) when prescribing over 16mg.
- b. Establish rules/guidance for treatment providers who are coordinating with cash pay buprenorphine practices.
- c. Some areas are prescribing Vivitrol longitudinally. Discuss developing a process to transition clients from the injectable to an oral dose after some identified treatment/recovery milestones. This would save significant costs and ensure patients are not suddenly discontinued.
- d. C. Kasha-Ciallella: Presented a draft managed care pharmacy plan. Each member received a copy to review. Some managed care companies are having clients have UDS at an "off-site lab" as part of the preauthorization process. This may potentially create continuity barriers. This topic will likely become a future agenda item.

II. Old Business:

- a. J. Ellis initiated follow-up discussion regarding inconsistency of residential treatment providers admitting clients involved with MATs. Group agreed to the following plan for follow-up:
 - i. J. Ellis Draft Survey questions to be distributed to Ohio treatment providers relative to agency philosophy on MATs.
 - ii. B. Lander will edit survey questions and place into a Survey Monkey Format.
 - iii. J. Star or B. Lander will disseminate the survey to Ohio providers and aggregate resultant data.
 - iv. Review MAT data at next Roundtable meeting.
 - v. Invite key informants to subsequent Roundtable meeting to discuss findings and establish groundwork for a unified policy.

III. Rules Review:

- a. Following are comments/recommendations/questions regarding rules reviewed:

- i. **Rule 29-06:** If an agency provides Day Treatment or Partial Hospitalization to persons at a recovery housing facility, does said facility fall under the IMD rule?
- ii. **Rule 29-07:** Need clarity on what is meant by “separate storage” of forensic materials from the rest of the record. Initially this had been a MH rule, it now applies (as written) to AoD providers when considering Treatment in Lieu of Conviction and special docket courts. Not sure if this was intended to include AoD providers.
- iii. **Rule 20-09:** We must bookmark this for future discussion. The group feels need to expand language to rules/certification. Ambulatory detox must also be added to this section.
- iv. **Recommend:**
 - 1. Add a **glossary** to identify the definition for “step-down” services.
 - 2. Use a specified level of care eligibility and referral tree. ASAM offers eligibility criterion now; we must be guided by something.
 - 3. IOP hours and days are now being reduced for adolescents. This is a significant change that will need special dissemination to all youth providers.
- v. **Question:** Where are old outpatient levels of care located in the new nomenclature (level 1a)?

IV. Confidentiality 42CFR Public Comment:

- a. After cursory review of 42CFR revisions the roundtable suggests the following:
 - i. Urge OMHAS to renew its retainer with the Legal Action Center. This would allow consistency of rule interpretation statewide.
 - ii. Currently there are nine (9) exceptions to the confidentiality general rule (e.g. proper consent, Qualified Service Organization Agreement, Suspected Child Abuse, etc.). **The roundtable advocates for a 10th exception to allow certain continuity of care disclosure to other healthcare professionals involved with the client.**

V. New Business:

- a. No new Business

VI. Next Meeting: Friday May 6, 2016

Respectfully submitted- J. Ellis