

# Ambulatory Care: Trends & Expectations to Help You Prepare for Future Demands

Private Psychiatric Inpatient Providers Conference  
Partnering Together: Recovery Across the Care Continuum

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# At the Heart of Health Care Reform...

## VALUE

- Well Defined Care Paths
- Less Costly Sites of Care
- Coordinated Care
- Increased Access
- Predictive Care Paths

## WASTE

- Provider Error
- Unnecessary Care
- Re-admissions
- Avoidable Conditions
- Lack of Coordination

# What's the Crystal Ball Signaling?..

- Enrollees Will Have Pent Up Demand for Health Services
- ED admissions will *double*
- Demand for IP, PHP, IOP and OP will rapidly increase...
- Readmission Penalties are in your future.....
- The most integrated mental health hospitals will receive the majority of the patients.....



# TRENDS: AABH Benchmarking

- **Direct Admits to Partial Hospital's (PHP) now 55%. Up 21% since 2009** PHP's are no longer step down units.
- **Absenteeism is stable at 12%**, reflecting a patient population that is very engaged and committed to the services they are receiving.
- **Only 6% of PHP/Intensive Out-patient (IOP) patients required transfer to an inpatient setting.** This figure has remained stable (fluctuating approximately 1 percent) since 2005. Averting a hospital stay (or return to the hospital) for 94% of those served is a testimonial to the effectiveness of treatment.

# TRENDS: AABH Benchmarking

- **The 30 Day Re-Admission Rate is only 6.7%** which compares extremely favorably with inpatient rates that are often quoted as ranging from 15 to 30% or more. Again, this is an important indicator of the effectiveness of treatment.
- **Suicides remain almost non-existent** in the PHP/IOP setting from a statistical point of view. The suicide rate is less than one-tenth of one percent of those treated

# TRENDS: AABH Benchmarking

- The vast majority (75%) of PHP/IOP patients experienced a scheduled discharge. Only 14% dropped out of the program. These outcome figures serve as another testament to the effectiveness of the modality.

# EXPECTATIONS

- **Direct admits** to PHP the norm not the exception.
- **No waiting list**, readily accessible
- **7 day** a week PHP
- **A Full Continuum:** One stop shopping. Place patient where they belong clinically, not where your program structure dictates
- **Flawless hand offs**

# EXPECTATIONS

- **Communication** with Community and PCP with documentation to prove it.
- PCPs and Mental Health Providers Must Work Together to Improve Care
- **Increased Monitoring**, (CMS Pepper Reports, TJC)
- **Proof of Positive Outcomes**

# THANK YOU

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