

# Summary: Progressive Opioid Prescribing Guidelines for a Safer Ohio

	From Emergency Department & Acute Care Facilities	For Chronic, Non-Terminal Pain	For Acute Pain Outside of Emergency Department
<b>Effective Date</b>	April 2012	October 2013	November 2015
<b>Specific Goals</b>	Stop inappropriate prescribing from ED & Urgent Care Centers	Ensure long-term patient safety	Limit first use of opioids and decrease availability of unused opioid medications
<b>Prescribing Limitations</b>	<ul style="list-style-type: none"> <li>• No more than 3 days</li> <li>• No long-acting opioids</li> </ul>	<ul style="list-style-type: none"> <li>• “Press pause” at <math>\geq 80</math> mg MED</li> <li>• Caution with co-prescribing of benzodiazepines</li> </ul>	<ul style="list-style-type: none"> <li>• Consider non-pharmacologic and non-opioid therapies</li> <li>• Limit pills per script</li> <li>• No long-acting opioids</li> </ul>
<b>OARRS Recommendations</b>	Check prior to prescribing	<ul style="list-style-type: none"> <li>• Check every patient at <math>\geq 80</math>mg MED</li> <li>• By law, OARRS check required for <math>&gt;12</math> weeks</li> </ul>	<ul style="list-style-type: none"> <li>• Check prior to prescribing</li> <li>• By law, OARRS check required for <math>\geq 7</math> days of use (<i>As of April 2015</i>)</li> </ul>
<b>Key Additional Clinical Steps</b>	Referral to Primary Care	12 weeks a trigger for re-evaluation of pain, function, medication effectiveness & SBIRT	2 weeks a trigger for re-evaluation
<b>Associated Metrics</b>	<ul style="list-style-type: none"> <li>• TBD: Survey by ODH; Additional data &amp; trends through OARRS</li> </ul>	<ul style="list-style-type: none"> <li>• # patients at <math>\geq 80</math>mg MED</li> <li>• Proportion of prescriptions <math>\geq 120</math> pills/prescription</li> <li>• Proportion and # patients on both opioid &amp; benzodiazepines</li> </ul>	<ul style="list-style-type: none"> <li>• # patients receiving <i>new</i> opioid prescription for acute pain</li> <li>• See aggregate quarterly measures</li> </ul>
<b>Aggregate Quarterly Measures for all guidelines</b>	<ul style="list-style-type: none"> <li>• % of prescriptions with associated OARRS check</li> <li>• # patients receiving opioids per quarter</li> <li>• Total opioid pills prescribed per quarter;</li> <li>• Average MED per prescription</li> </ul>		
<b>Sample Patient Vignette</b>	Patients who are narcotic-seeking, doctor shopping and/or diverting opioids	Patients with addiction or tolerance to medications; those at greater risk for harm	Patients seeking pain relief following injuries or procedures

Acronyms: ED=Emergency Department; MED=Morphine Equivalent Daily Dose; OARRS=Ohio Automated Rx Reporting System (prescription drug monitoring program); SBIRT=Screening, Brief Intervention, and Referral to Treatment for substance abuse

Created December, 2015