

TSIG Evaluation



**New Day Ohio Update
April 2007**

TSIG Evaluation

The Office of Program Evaluation and Research (OPER) at ODMH is evaluating the activities of the Transformation State Incentive Grant (TSIG) for the state and the Substance Abuse Mental Health Services Administration (SAMHSA). The main purpose of the evaluation is to assess Ohio's progress in meeting the goals specified in both the TSIG proposal and the state's Comprehensive Mental Health Plan (CMHP).

This section of the newsletter will communicate the progress of the evaluation, as well as important findings that may help the Content Work Groups in their continued efforts to improve mental health services to persons with mental illness in Ohio.

How can you learn more about "A New Day"?

Visit www.anewdayohio.org for a number of materials to help consumers of mental health services, their families, advocates, mental health professionals and others learn more about transforming Ohio's mental health system.

Use of Consumer Outcomes in Person-Centered Treatment Planning - Demonstration Project for Adult Consumers

The November 2006 New Day Newsletter provided some background about the demonstration projects that will be conducted as part of Ohio's efforts to meet Goal 2 of the President's New Freedom Commission – to have mental health care be more consumer and family driven. The projects will train consumers and case managers on how to use Ohio Consumer Outcomes information to make treatment planning a more person-centered, collaborative, empowering and recovery-oriented process.



There are two projects – one for adult consumers and their case managers, and the other for family members of youth consumers and their case managers. The project for adult consumers will be implemented first, followed by the project for family members of youth consumers. The unique contribution of this project is that both the adult consumer and the case manager are receiving training **at the same time** about how to use the consumer's answers on the Ohio Mental Health Adult Consumer Outcomes Survey in their treatment planning process.

The curriculum for adult consumers is *Climbing Into the Driver's Seat*. This program is offered by adult consumers for adult consumers. The program reviews how each part of the Outcomes Survey is related to recovery. For example, the Quality of Life Scale asks consumers about their personal relationships, their financial resources, their meaningful activity, and their housing. The CDS training also asks consumers to list their treatment and recovery goals regarding their surroundings, what they want to be able to do, and how they want to feel. The program emphasizes how the consumers' Outcomes Survey responses can help them identify strengths, assess progress and successes, and use their responses to plan and measure their own recovery. Consumers can use this knowledge to direct their treatment plans and talk with their case managers about the services needed to meet their recovery goals.

The curriculum for the case managers is currently under revision. The curriculum will address the development, content and reliability and validity of each of the scales included in the Adult Consumer Outcomes Survey. The program will review what reports are available to case managers (e.g., the Strengths Report and the Red Flags Report) and how these reports can help case managers talk to consumers about using their Outcomes information in planning their recovery.

The evaluation of these projects is still in the planning stages and we look forward to sharing more detail in the future. Current plans include providing

Continued, page 5

Continued from page 4

training to consumers, case managers and supervisors and interviewing participants before and after training. Research suggests that some important factors for measuring a program's impact are the consumers' say over the services they receive, the relationship between the consumer and case manager, readiness to change, and program satisfaction. Impact will also be assessed by looking at change over time in the Consumer Outcomes scales.

Meet the evaluator: Lara Belliston, Ph.D.



Lara Belliston, Ph.D.

Lara M. Belliston, Ph.D., joined OPER in March 2006 as a Mental Health Program Evaluator/Researcher for the Transformation State Incentive Grant (TSIG).

Dr. Belliston has a background in Human Development and Family Studies, with an undergraduate degree from Brigham Young

University, and master's degree and doctorate from Auburn University.

Subsequently she worked as a postdoctoral fellow at the Institute for the Study and Prevention of Violence at Kent State University. During this fellowship, Lara evaluated the effectiveness of a program designed to help children who witness violence, specifically by looking at correlates of mental health and how crisis and intervention services influence children's behavior problems and trauma symptoms. Previous research projects included evaluating a longitudinal, school-based violence prevention program, and investigating the relationship between adolescent emotional development, family process, internalizing behaviors (e.g., anxiety and depression), and externalizing behaviors.

On the TSIG Grant, Lara is responsible for planning and evaluating two demonstration projects, one for adult consumers and one for family members of youth consumers. These projects provide training to consumers and/or family members of youth consumers and their case managers or clinicians on how to use Consumer Outcomes information in person-centered treatment planning.

New Day Ohio Update newsletter information

The Ohio Department of Mental Health will continue to publish this newsletter on a regular basis to ensure that stakeholders are aware of the mental health transformation efforts.

The Ohio Department of Mental Health welcomes article suggestions or other pertinent information from readers of this publication, although we cannot promise to print everything submitted. Information should be timely and relevant to Ohio's mental health transformation efforts. The editor reserves the right to reject articles or save articles for a later date in order to provide a timely and informative publication. The editor reserves the right to edit the information for grammar, spelling and style without changing the intent of the author. Articles can be submitted by mail or e-mail using the contact information below.

Would you like to receive future issues of *New Day Ohio Update*? Please contact:

Ohio Department Mental Health
Attention: Laura Wentz
30 East Broad Street, 8th Floor
Columbus, Ohio 43215-3430
614-466-5145

wentzl@mh.state.oh.us

Web links

New Day Ohio Web site

www.anewdayohio.org

A New Day: Wellness For All Ohio's Comprehensive Mental Health Plan

www.anewdayohio.org/downloads/cmhp.pdf

A Mental Health Needs Assessment & Resource Inventory for Ohio

www.anewdayohio.org/downloads/nari.pdf

Ohio's Network of Care

www.ohio.networkofcare.org

Other ODMH Newsletters

www.mh.state.oh.us/communications/general/newsletters.html

Event Calendars

[New Day/transformation-related events](#)

[General mental health events](#)