

NAMI 1st Annual

Latino Mental Health Forum

Promoting Wellness and Recovery

“Alma, Mente y Corazón” • “Spirit, Mind and Heart”

Contemporary Issues in the Behavioral Health Treatment of Latinos

Six CEUs approved
for LPNs, RNs,
psychologists,
social workers and
counselors.



Event is free. Space
is limited.

Register [here](#).

**October 23, 2015
9:15 a.m.-4 p.m.**

National Alliance on Mental Illness of Greater Toledo, in collaboration with the
Mental Health and Recovery Services Board of Lucas County and Northwest Ohio Psychiatric Hospital.
Questions? Contact Anita Martinez-Folger at (419) 243-1119 ext. 208 or amfolger@namitoledo.org.

location



Northwest Ohio Psychiatric Hospital
930 S. Detroit Ave.
Toledo, Ohio 43614



Agenda — October 23, 2015

- 8:45-9:15 a.m. **Registration and Breakfast**
- 9:15-9:30 a.m. **Welcome**
Northwest Ohio Psychiatric Hospital
National Alliance on Mental Illness (NAMI) of Greater Toledo
- 9:30-10:45 a.m. **Keynote: “Alma, Mente y Corazón: Issues Relevant to the Mental Health Treatment of Hispanics”**
Lucia Hinojosa, RN, Ph. D., Northwest Ohio Psychiatric Hospital
- 10:45-11 a.m. **Break**
- 11 a.m.-noon **“The Identification of Common Latino Perceptions of Mental Illness and the Barriers Encountered in Obtaining Mental Health Services”**
Martha Delgado, MSW, Adjunct Faculty, University of Toledo Social Work Program
- Noon-1:30 p.m. **Lunch**
Group Panel: “Personal Narratives: Those Dealing with Obstacles, Challenges and Barriers”
Moderator: Anita Martinez-Folger, NAMI of Greater Toledo
- 1:30-2:30 p.m. **“Mental Health Prevalence in the Latino/Hispanic Community”**
Louis Guardiola, MSW, Lecturer/MSW, University of Toledo Social Work Program
Robert Kasprzak, OCPA, Manager of Prevention and Training, Mental Health and Recovery Services Board of Lucas County
- 2:30-2:45 p.m. **Break**
- 2:45-4 p.m. **Mental Advocacy, Conclusion, Wrap-Up and CEU Evaluation**

