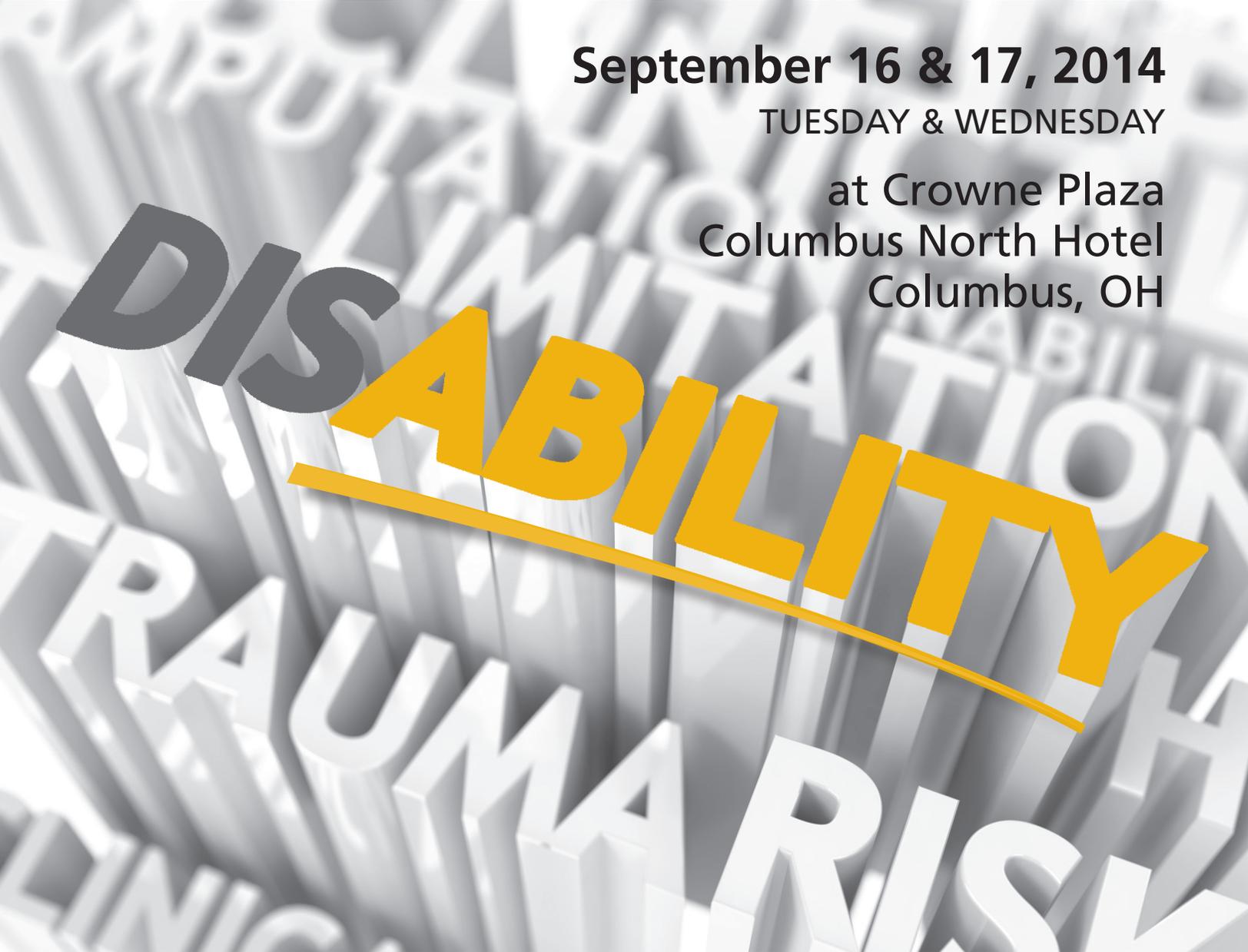


MENTAL HEALTH ASPECTS: TREATMENT & SUPPORT

September 16 & 17, 2014

TUESDAY & WEDNESDAY

at Crowne Plaza
Columbus North Hotel
Columbus, OH



DISABILITY

Jointly Sponsored By:
NADD, Northeast Ohio Medical
University & Ohio Department
of Mental Health and
Addiction Services

In Association With:
Ohio Department of
Developmental Disabilities (DODD),
Ohio Coordinating Center of Excellence in MI/DD,
Ohio Developmental Disabilities Council (ODDC)

KEYNOTE ADDRESS PRESENTERS



Mark Hurst, MD

Mark Hurst, MD, is medical director of the Ohio Department of Mental Health and Addiction Services (OhioMHAS), where he provides leadership for clinical services at all of the state's regional psychiatric hospitals and community-based organizations. Dr. Hurst is board certified in psychiatry and addiction psychiatry and has, throughout his career, has advocated for the adoption of evidence-based practices such as integrated treatment for substance abuse and mental illness, modern psychopharmacology, and trauma informed care as a way to maximize recovery on an individualized basis.

Dr. Hurst has served as chief of psychiatry at the Columbus VA outpatient clinic; medical director of Ohio State University Psychiatric Healthcare; and director of the Harding Addiction Recovery Center in Columbus. He has been on the faculty of The Ohio State University Department of Psychiatry since 1989 and has received numerous teaching awards. He has published on multiple topics in psychiatry, addiction treatment, and psychopharmacology and has made numerous presentations on these topics locally, regionally, and nationally.

Dr. Hurst is a graduate of Muskingum College and the Medical College of Ohio. He has been honored with listing in the Midwest edition of "Best Doctors in America" since 1995.



John L. Martin

John L. Martin is Director of the Ohio Department of Mental Retardation and Developmental Disabilities (DODD). Martin has emphasized leadership transformation in several areas for the department, including increased collaboration with stakeholders, upgrading technology infrastructure, and making data driven decisions to help better align resources and programs for long-term sustainability. He has led several core initiatives such as: creating more opportunities for individuals with developmental disabilities to live and work within their communities; developing the Positive Culture Initiative (PCI); supporting shared services and collaboration models among county boards; and consolidating all DD programs under DODD to reduce confusion for those who use those services.

Director Martin came to the Department and knows the DD community first-hand, not only as the father of a young adult son with disabilities.

Prior to coming to the Department, Martin was the Executive Director of a large diverse provider organization. He was a live-in house parent in a group home, a direct care worker with medically involved children, a special education teacher. Martin received a Bachelor's degree in Special Education from Illinois State University and a Master's degree in Community Psychology from Temple University.



Karyn Harvey, PhD

Karyn Harvey, PhD, has worked as a clinician in the field of intellectual disabilities for over 25 years. She has a master's degree in Clinical Psychology and a Ph.D. in Applied Developmental Psychology from the University of Maryland. She has published articles about therapeutic interventions with individuals with ID, workbooks for individuals with ID, and two books. Her first book, *Positive Identity Development* was published in 2009 and presents both theory and guidance for clinicians doing therapy with individuals with ID.

Her second book, *Trauma-Informed Behavioral Interventions*, presents a trauma-informed care approach to working with individuals with ID both programmatically and clinically.

She is currently the Assistant Executive Director of Quality Supports for the Arc of Baltimore. In addition, she is an adjunct professor at the University of Baltimore, graduate psychology program where she teaches Psychology of Trauma.

DAY ONE – TUESDAY, SEPTEMBER 16, 2014

8:15 - 9:15 a.m. REGISTRATION

9:15 - 9:30 a.m. WELCOME

Robert J. Fletcher, DSW, ACSW, NADD Founder & CEO; Michael Schroeder, MSW, Ohio Department of Mental Health and Addiction Services (OhioMHAS)

9:30 - 10:30 a.m. **KEYNOTE ADDRESS**

Collaborative Efforts at DODD AND MHAS for People with IDD/MI

Mark Hurst, MD, Medical Director of the Ohio Department of Mental Health and Addiction Services, and John Martin, Director of the Ohio Department of Developmental Disabilities, will serve as keynote speakers to discuss the ways the two departments have collaborated to make Ohio's IDD/MI system more efficient in supporting individuals with IDD/MI.

Mark Hurst, MD, Medical Director, Ohio Department of Mental Health and Addiction Services; John Martin, Director, Ohio Department of Developmental Disabilities (DODD)

10:30 - 10:45 a.m. BREAK

10:45 - 12:15 p.m. **CONCURRENT SESSIONS I**

SESSION 1: MI/DD: Building Connections Between Systems

Stark County's MI/DD Collaborative will share their journey of successes and lessons learned that began in 2010 and created a firm foundation for our regional Strong Families/Safe Communities project.

Justin Madison, PC; Rose Morgan, LSW; Patrice Fetzer, LISW-S; Stephanie Kutcher, PC, Mental Health and Recovery Services of Stark Co, Canton, OH

SESSION 2:

Planning and Delivering Trauma-Responsive Services

Many people we support have histories of trauma and involvement in multiple service systems. This session offers approaches that mitigate the impact of trauma, build resiliency, and improve outcomes.

Cindi Crew, LISW-S, Recovery Services, Life Point Solutions, Amelia, OH, Anne Tapia, BA, School Based Services Lighthouse Youth Services, Cincinnati, OH, Rhonda Craig, MA, Hamilton County DD Services, Cincinnati, OH

12:15 - 1:45 p.m. LUNCH (Attendees on Own)

1:45 - 3:15 p.m. **CONCURRENT SESSIONS II**

SESSION 3:

Promoting Healthy Lifestyles for People with Disabilities

The Healthy Lifestyles for People with Disabilities Program takes a holistic approach to wellness and is based on an evidence-based curriculum which was designed for, and by, people with disabilities. Its ultimate goal is to give participants the tools they need to evaluate their current life situations and make positive life changes.

Erica Coleman, MS, University of Cincinnati, University Center for Excellence in Developmental Disabilities (UC UCEDD), CCHMC, Division of Developmental and Behavioral Pediatrics, Cincinnati, OH

SESSION 4:

Licking/Knox MH-DD Kids' Mobile Crisis Team (MUTT)

The Licking/Knox MH-DD Kids' Mobile Crisis Team or MUTT (Mobile Urgent Treatment Team) is a partnership between the Knox and Licking County Boards of Developmental Disabilities, the Mental Health and Recovery for Licking and Knox Counties Board, Behavioral Healthcare Partners of Central Ohio, Pathways 211, and the Village

DAY ONE – TUESDAY, SEPTEMBER 16, 2014

Network. Funded by the “Helping Ohio’s Children and Youth in Crisis” state grant, the team addresses the critical issues faced by families with youth (target population ages 8 – 24) in crisis who present a risk to themselves, their families, or others due to mental illness and/or developmental disabilities especially those with no connection to any services. This 24/7 team is comprised of direct staff representation from both systems and provides multi-county mobile outreach/crisis services in any environment including crisis intervention, intensive care coordination and safety planning; purchase of emergency respite care and short term crisis residential treatment beds; and family supports.

Kay Spergel, LISW-S, Todd B. Feasel, PCC-S, Licking/Knox County Kids Mobile Crisis Team – MUTT, Mental Health and Recovery Board for Licking and Knox Counties, Newark, OH

3:15 – 3:30 p.m. BREAK

3:30 – 5:00 p.m. **CONCURRENT SESSIONS III**

SESSION 5: Re-Defining Respite

Getting “a break” now and then from the stresses of parenting is essential for a family to thrive. We’ll redefine “respite” and discuss how to create options that are sustainable.

Heather Wells, MSW, LSW; Deborah Gulley, RN, Strong Families, Safe Communities, Butler County Family & Children First Council, Hamilton, OH

SESSION 6: NADD Specialist Certification

This will present the NADD “Specialist” Certification requirements for supervisors, trainers, consultants, etc., and will do so in the context of the NADD Certification and Accreditation Programs.

Michael Schroeder, MSW, Ohio Department of Mental Health and Addiction Services, Columbus, OH; Robert J. Fletcher, DSW, NADD-CC, NADD, Kingston, NY

Note: There will be a 10-minute Q&A session at the end of each session.

5:00 – 5:15 p.m. **Day 1 Concludes.**

PLEASE RETURN CONFERENCE EVALUATIONS

Pick-up appropriate CE certificates (if applicable).

DAY TWO – WEDNESDAY, SEPTEMBER 17, 2014

8:15 – 9:00 a.m. REGISTRATION

9:00 – 9:15 a.m. WELCOME

NADD Founder & CEO, Dr. Robert J. Fletcher; The Ohio Coordinating Center of Excellence Recognition Awards will be presented by Tina Evans, Ohio CCOE in MI/DD and DODD/OhioMHAS.

9:15 – 10:30 a.m. **KEYNOTE ADDRESS**

Trauma Informed Behavioral Interventions

This keynote presentation will cover the areas of trauma in the lives of many individuals with intellectual disabilities. It will explore the biological and psychological causes and effects of traumatic experience. Finally, the key ingredients for recovery from trauma will be discussed.

Karyn Harvey, PhD, The Arc of Baltimore, Lutherville, MD

10:30 – 10:45 a.m. BREAK

10:45 – 12:15 p.m. **CONCURRENT SESSIONS I**

SESSION 1: Trauma Responsive Approach to Supporting Children & Families

Combining therapeutic weekend retreats and home-based services creates a successful intervention with positive outcomes. Learn approaches to reduce stress and develop resiliency in families of children with co-occurring needs.

Kristie Hirsch, BA; Cindy Bruner, MEd, CITE Services Envision, Cincinnati, OH

SESSION 2: Treatment Resistance in IDD and ASD

Assessment and treatment of aggression and self-injury in treatment-resistant individuals of all ages with intellectual and developmental disabilities (IDD) and autism spectrum disorder (ASD) is best approached by age group.

Jessica Hellings, MB, BCh (MD equivalent), Neurodevelopmental Psychiatry Study Program, Nisonger Center, The Ohio State University, Columbus, OH

12:15 p.m. – 1:45 p.m. LUNCH (Attendees on Own)

1:45 – 3:15 p.m. **CONCURRENT SESSIONS II**

SESSION 3: Trauma Recovery and Positive Identity Development

This 90 minute presentation will explore the symptoms of post-traumatic stress disorder in individuals with intellectual disabilities and ways in which those symptoms manifest. Then the key ingredients for post-traumatic recovery, positive identity development, and the overall pursuit of happiness will be discussed.

Karyn Harvey, PhD, The Arc of Baltimore, Lutherville, MD

SESSION 4: Managing/Understanding Sexually Abusive Behavior

The range of sexual behavior that is normative to abusive in the DD population will be identified and participants will discuss how to manage/direct client’s sexual behavior in healthy ways.

Bradley Hedges, PhD, PCC-S, Mid-Ohio Psychological Services, Inc., Lancaster, OH

Note: There will be a 10-minute Q&A session at the end of each session.

3:15 – 4:00 p.m. **Day 2 Concludes.**

PLEASE RETURN CONFERENCE EVALUATIONS.

Pick-up appropriate CE certificates (if applicable).

TRAUMA

Learning Objectives

Upon Completion of the program participants will be able to:

- Define how Dialectical Behavior Therapy (DBT) can be adapted to accommodate learning styles and build resiliency and trauma recovery for adults with co-occurring mental health issues and IDD;
- Outline the Collaboration and Support Structures needed to increase access to Respite and other opportunities for rest;
- Articulate the value of the Mental Health and DD systems formally working/ collaborating together;
- Describe how Dialectical Behavior Therapy (DBT) can be adapted to accommodate learning styles and build resiliency and trauma recovery for adults with co-occurring Mental Health Issues and IDD;
- List effective strategies for implementation of IDDD;
- Recite best practices in providing Outreach/Crisis Intervention services to at risk dually-diagnosed youth and families in the community;
- Outline how to replicate the Licking/Knox Model for their community;
- Describe the type of person whom the NADD Specialist certification would be appropriate for;
- Identify 5 sources of trauma common in the lives of people with ID;
- Identify the 3 key ingredients critical to recovery from Trauma;
- Explain the nature of Trauma and Chronic Stress, and how it impacts the Family System;
- Express how Center-Based Intervention and Home-Based Services impacts children and families—specifically with how the wrap-like approach can be most effective in educating and training the families on how to engage and intervene with their children;
- Articulate the importance of system analysis and addressing gaps in services, as well as how to streamline services that crosses DD And MH systems of care;
- Discuss the use of new and old psychoactive medications in treatment resistance, as well as combinations of psychoactive medications, in order to advocate for individuals with treatment resistance;
- List symptoms of Post Traumatic Stress Disorder in individuals with Intellectual Disabilities;
- Identify the key ingredients to Positive Identity Development;
- Identify the 5 main areas of Happiness.

NADD Accreditation & Certification Programs (ACP)



Individuals with Intellectual and Developmental Disabilities (IDD) and Mental Illness (MI) have complex needs and present clinical challenges to the professionals, programs, and systems that provide care for them.

In an effort to raise the level of care, as well as to provide recognition to those programs and professionals offering quality care, NADD has introduced four interrelated programs:

- (1) The NADD Accreditation Program
- (2) The NADD Competency-Based Clinical Certification Program
- (3) The NADD Competency-Based Direct-Support Professional Certification Program
- (4) The NADD Competency-Based Dual Diagnosis Specialist Program

Information on ACP: <http://acp.thenadd.org>

RN/LPN, Social Work, Counselor, Psychology, MD/DO

Northeast Ohio Medical University designates this Live activity for a maximum of 11.25 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Ohio Department of Mental Health and Addiction Services is approved by the Ohio Psychological Association – MCE Program to offer continuing education for psychologists. The Ohio Department of Mental Health #311334820 maintains responsibility for this program.

OhioMHAS is an approved provider of continuing education for the indicated professional disciplines and awards the following credits:

RN/LPN	OBN 003 92-1822CO	Day 1 - 6.25 contact hrs.
	OBN 003 92-1823CO	Day 2 - 5.0 contact hrs.
SOCIAL WORK	RSX 088902-2031CO	Day 1 - 6.25 CPEs
	RSX 088902-2032CO	Day 2 - 5.0 CPEs
COUNSELOR	RCX 068915-2012CO	Day 1 - 6.25 CPEs
	RCX 068915-2013CO	Day 2 - 5.0 CPEs
*PSYCHOLOGY	311334820-1223CO	Day 1- 6.25 MCEs
	311334820-1224CO	Day 2- 5.0 MCEs

All Attendees must list their SSN or license number on the OPA-MCE Attendance Report Form.

*** Psychologist MUST list their license number on the OPA-MCE Attendance Report Form.**

Continuing Professional Development Hours

This program has been approved by the Ohio Department of Developmental Disabilities (DODD) for continuing credits for a total of 6 hours for Day 1 for the entire day, and a total of 4 hours for Day 2 for the entire day, in the following areas:

Adult Services; Case Management; Early Intervention; Investigative Agent; County Board Members and Supt/Asst Supt (Services/Programs/Supports Streams) and Service and Support Administration.

NOTE: You must attend the entire day in order to receive credits/contact hours.



NADD, an association for persons with developmental disabilities and mental health needs, is a not-for-profit membership association established for professionals, care providers, and families to promote understanding of and services for individuals who have developmental disabilities and mental health needs. The mission of NADD is to advance mental wellness for persons with developmental disabilities through the promotion of excellence in mental health care.

NADD is recognized as the world's leading organization in providing educational services, training materials, and conferences concerning this topic.

NADD publishes two journals in addition to having an extensive array of resources including books, audiotapes, DVDs and other related educational and training materials. Additionally, NADD sponsors regional, annual and international conferences, teleconferences as well as provides consultation services.

Information on NADD: www.thenadd.org.

OHIO CONFERENCE REGISTRATION

3 Easy Ways to Register: 1) Online at www.thenadd.org/stateofohio 2) Mail 3) Fax

Registration by mail, fax (845) 331-4569, or online will be accepted until **September 9, 2014**. We urge people to **pre-register online with debit or credit cards**. Faxed registration forms must have credit card information to be processed. Please **DO NOT** fax and then mail the same registration form. There will be onsite registration, based on space availability. **All checks sent as payment must have registrant's names associated with them.**

Name: _____

Organization/Agency: _____

Address: _____

City: _____ State/Province: _____ Zip: _____

Phone: _____ Fax: _____

E-Mail Required: _____

Please check one presentation in each concurrent session. (Registrations will not be processed without this information.)

Tuesday, September 16, 2014

- Concurrent Session I: 1 2
 Concurrent Session II: 3 4
 Concurrent Session III: 5 6

Wednesday, September 17, 2014

- Concurrent Session I: 1 2
 Concurrent Session II: 3 4

CONTINUING EDUCATION CREDITS (Please check the appropriate box for type of credit desired:)

Psychology Counselor Social Work RN/LPN MD/DO

CEU Information: If you are applying for the above Continuing Education Credits, please supply the following information (Note: without this information you will not be eligible for CE credit.):

Discipline _____ SS# or License Number _____

Please check if you will need credit/professional development hours through DODD Department

- NEW! Membership Rate - \$99*** (*with conference registration)
Join NADD & receive all membership benefits now through December 21, 2015
- Individual Renewal Membership - \$135 DSP/Family/Retired/Consumer/Student \$65
- Organizational \$650/ \$900



Individual Members: Receive the NADD Bulletin published six times per year and NADD Research Journal, discounts on NADD educational products, discounts on NADD conferences and one vote for election of the Board of Directors.

DSP/Family/Retired/Consumer/Student Membership: This membership option is for a family member of a consumer, an individual who is a consumer of services, DSP or a full time student. It includes the same benefits as individual membership.

Organizational: - Organizational membership fee is either \$650 or \$900 depending on the size of the agency's total budget.

Organizational membership dues for agencies with budgets from zero up to three million dollars is \$650. It includes the NADD Bulletin, published six times a year, discounts for all staff of the agency for NADD conferences, and one vote for election of the NADD Board of Directors.

Organizational membership dues for agencies with budgets over three million dollars is \$900. It includes the NADD Bulletin and all the benefits as reflected in the previously mentioned organizational fee structure.

CANCELLATION POLICY: Cancellations must be made in writing to the NADD office no later than **September 5, 2014**, in order to refund your registration minus a \$35 administrative fee. Registrants who do not attend are liable for the registration fee. NADD has the right to cancel any of these trainings, and will make a full refund of the registration fee.

	<u>One Day</u>	<u>Two Day</u>
<input type="checkbox"/> NADD Member Member # _____	\$135.00	\$205.00
<input type="checkbox"/> Co-Sponsoring Agency Staff Agency name _____	\$155.00	\$215.00
<input type="checkbox"/> Five or More From Same Agency Agency name _____	\$160.00	\$225.00
<input type="checkbox"/> Non-Member _____	\$175.00	\$250.00
<input type="checkbox"/> DSP/Student/Family Member _____	\$100.00	\$160.00

My check is enclosed
 (payable to NADD, 132 Fair St., Kingston, NY 12401-4802)

Conference Total \$ _____

Charge my credit card, please
 Discover VISA MasterCard

Membership Total \$ _____

Card No. _____

Exp. Date _____

GRAND TOTAL \$ _____

Signature _____

VOLUNTEER OPPORTUNITIES:

Volunteers are needed to assist at the registration desk and NADD product booth each day of the conference. An individual who volunteers for the day (from 7:30 a.m. – 5:00 p.m., with a lunch break) can attend another day with the registration fee waived. There may be opportunities to attend some sessions the day you are volunteering, if scheduling permits. If you are interested in volunteering, please contact Ichristie@thenadd.org or call (800) 331-5362 by **August 15, 2014**.

Note: Volunteers are placed where needed. Schedule will be emailed when complete.

Join NADD today!

Four great reasons to join:

1. Save on all NADD products
2. Save on Conference rate benefits
3. Receive NADD member benefits
4. Networking opportunities

Enjoy these great members-only benefits:

- NADD Bulletin
- NADD Research Journal
- NADD Conference and Training Discounts
- NADD Educational Product Discounts
- E-Newsletter
- NEW! Quarterly Free Pre-Recorded Trainings

(See conference registration form for membership information)



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NADD: STATE OF OHIO IDD/MI 12TH ANNUAL CONFERENCE

Mental Health Aspects: Treatment & Support

September 16 & 17, 2014 | Crowne Plaza Columbus North Hotel, Columbus, OH



More information, visit
www.thenadd.org/stateofohio
or scan the code for direct access



"Like" us on Facebook by going
to facebook.com/NADDMHID

CONFERENCE LOCATION & HOTEL INFO

Note New Location:

Crowne Plaza Columbus North Hotel
6500 Doubletree Avenue, Columbus, OH 43229-1145

Event Days: September 16 and September 17, 2014

Hotel Rates \$109.00* Single/Double Occupancy per night

We encourage you to make reservations as soon as possible as there is a small room block set up for these evenings. The special group rate for hotel reservations will be available until **8/25/14**. Book now! Once the room block is full and/or the cut-off date has passed, reservations will be taken on a space and rate available basis.

Reservations: 1-614-885-1885 option #2 / mention: NAD

Online Hotel Reservations: www.thenadd.org/stateofohio

*Prices are subject to state and local taxes. All reservation requests must be guaranteed for arrival by a first night's deposit or major credit card. Any reservations requiring cancellation must be cancelled before 4:00 p.m. on the day of arrival to avoid a penalty charge of one-night's room and tax rate.

Check-In 4:00 p.m. / Check-out 11:00 a.m.

Guests are responsible for incidental charges and at check in will be asked for either a credit or debit card to guarantee phone and movie privileges. Please note that there is a late checkout fee after 4 p.m.

More Hotel & Location Information:

From I-71 take exit #117 to St route 161 or Dublin Granville Rd. If coming from the north: turn right (west) if coming from the south: turn left (west) on 161. Turn right on Busch Blvd (first traffic light) to Kingsmill Parkway. Turn right on Kingsmill Parkway (third traffic light) and continue until it meets Doubletree Avenue directly at our parking lot.

CONTINUING EDUCATION

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) and/or the Accreditation Council for Pharmacy Education (ACPE); through the co/joint sponsorship of Northeast Ohio Medical University and the Ohio Department of Mental Health and NADD. Northeast Ohio Medical University is accredited by the ACCME and the ACPE to provide continuing education for physicians and pharmacists.

Conference Etiquette

It is difficult to maintain room temperatures that are comfortable for all conference attendees. Be aware that room temperatures will vary throughout the conference center. A light sweater or jacket is helpful when room temperatures become too cool. Participants are asked to turn off cell phones and beepers when attending workshops, or to change them to a silent signal if necessary. Please step outside of the room when responding to a page or call.

Conference Planning Committee:

Betsey Benson, PhD, Nisonger Center (OSU); Lisa Christie (NADD); Kay Treanor (ODDC); Robert Fletcher, DSW, NADD-CC (NADD); Julie Gentile, MD (WSU); Tina Evans (DODD); Steven Ruedrich, MD (UH Hospitals); Michael Schroeder, MSW (OhioMHAS); Anna J. Esbensen, PhD (CCHMC); Marc J. Tassé, PhD, FAAIDD, Nisonger Center (OSU); Theresa Schnipke (ACBDD)