

THE 14TH ANNUAL
2016 NADD: STATE OF OHIO IDD/MI
CONFERENCE
MENTAL HEALTH ASPECTS: TREATMENT & SUPPORT

SEPTEMBER 19 & 20, 2016 | COLUMBUS, OHIO



Who Should Attend?

- Administrators • Psychologists • Direct Care Providers • Physicians • Educators • Residential Providers
- Family Members • Social Workers • Nurses • Students • Persons with Disabilities • Researchers • Vocational Staff
- Psychiatrists • Therapists • Criminal Justice Systems Personnel • Employment Specialists

**at Crowne Plaza Columbus
North-Worthington Hotel
Columbus, OH**

Jointly Sponsored By:
NADD, Northeast Ohio
Medical University &
Ohio Department
of Mental Health and
Addiction Services
(OhioMHAS)

In Association With:
Ohio Department of
Developmental Disabilities (DODD),
Ohio Coordinating Center of Excellence in MI/DD,
Ohio Developmental Disabilities Council (ODDC)
The Ohio State University Nisonger Center (UCEDD)

www.thenadd.org/stateofohio/

KEYNOTE ADDRESS PRESENTERS



Ernest Pedapati, MS, MD, FAAP
*Assistant Professor, Division of Psychiatry and
Division of Neurology Cincinnati Children's
Hospital Medical Center, Cincinnati, OH*

Dr. Pedapati is a dual trained Board Certified Pediatrician and a Child Psychiatrist who specializes in the treatment of children and adolescents with autism and developmental

disorders. He is an Assistant Professor in the Division of Psychiatry and the Division of Neurology at Cincinnati Children's Hospital Medical Center and the University of Cincinnati School.

He is a principal investigator in the Autism Research Group with an interest in studying the neurophysiology of autism and other psychiatric disorders.



Margo Vreeburg Izzo, PhD
*Director, Transition Services, Ohio State University
Nisonger Center, Columbus, OH*

Dr. Vreeburg Izzo is Program Manager for the Special Education and Transition area at The Ohio State University Nisonger Center. With over 26 years experience in the special education field, Dr. Vreeburg Izzo has extensive experience with grant management, program evaluation, and political advocacy. Currently, Dr. Vreeburg Izzo is the Principal Investigator of two federally funded grants designed to improve the academic and transition outcomes of students with disabilities at both the secondary and postsecondary levels. She has directed projects to develop 21st century curricula for students, conducted numerous trainings, focus groups, and interviews with parents, teachers and students, and has published numerous articles, papers, and information briefs on disability and transition issues.

DAY ONE MONDAY, SEPTEMBER 19, 2016

8:00 - 9:00 a.m. REGISTRATION

9:00 - 9:30 a.m. WELCOME AND OPENING REMARKS

Robert J. Fletcher, DSW, NADD-CC, NADD Founder and CEO; **Tracy Plouck**, Director of the Ohio Department of Mental Health and Addiction Services (OhioMHAS); and with **John Martin**, Director of Ohio Department of Developmental Disabilities (DODD).

9:30 - 10:30 a.m. KEYNOTE ADDRESS

The Overlap between ADHD and ASD Clinical Presentation and Treatment

Executive function describes mental processes that serve to "command and control" behavior to accomplish a goal. The presenter will discuss the identification and treatment of executive function difficulties in individuals with autism and attention deficit disorders.

Ernest Pedapati, MD, MS, FAAP, Division of Psychiatry, Cincinnati Children's Hospital, Cincinnati, OH

10:30 - 10:45 a.m. BREAK

10:45 - 12:15 p.m. **CONCURRENT SESSIONS I**

SESSION 1:

Health Disparities in Persons with ID/ASD and Reducing Health Inequities

The Ohio Disability and Health Program will present current information about the health of Ohioans with intellectual disabilities and autism spectrum disorders. We will discuss relevant programs and policies.

Susan Havercamp, PhD, Nisonger Center, Ohio State University, Columbus, OH; **Emily Yang, MPH**, Ohio Disability and Health Program, Ohio State University, Columbus, OH

SESSION 2:

The Changing Role Of Guardianship

A presentation on the major shifts in guardianship and protective services occurring in law and social policy in the 21st Century, including moving from a concept of broad or categorical incompetence in traditional guardianship to one where the legal capacity of the person with a cognitive or intellectual disability to makes decisions is presumed (in some cases conclusively and categorically so) and functional capacity, reasonable accommodations, and effective communication are required. The presentation includes a better understanding of the role and authority of a guardian in any particular regulatory environment.

The participant will become familiar with traditional ideas about guardianship and their relationship to discrimination against people with disabilities; the cultural and legal shift in thinking about people with disabilities under state and federal civil rights laws through self advocacy; resulting change in laws related to guardianship and protective services; and function of guardian in contemporary regulatory environments.

Michael Kirkman, The Ohio Disability Rights Law and Policy Center, Inc., Columbus, OH

SESSION 3:

Teaching Coping Strategies for the Workplace

This presentation will review techniques for helping individuals with ID manage work demands and stresses, with a special focus upon group treatment to enhance work coping skills.

Carol Budzenski, PhD, University of Toledo Medical Center, Toledo, OH

12:15 - 1:45 p.m. LUNCH (Attendees on Own)

1:45 - 3:15 p.m. **CONCURRENT SESSIONS II**

SESSION 4:

Current Medications in Autism and Developmental Disorders

Over the last two decades there have been considerable advances in the use of medications to treat specific deficits in individuals with autism and developmental disorders. We will give a brief review of pharmacotherapy, provide several examples, and answer audience questions and case questions.

Ernest Pedapati, MD, MS, FAAP, Division of Psychiatry Cincinnati Children's Hospital, Cincinnati, OH

SESSION 5:

NADD Certification and Accreditation Programs

This session will provide a comprehensive overview of NADD Certification and Accreditation programs.

The presentation will cover the NADD Accreditation requirements and standards. Also, The NADD Competency-Based Certification Programs for clinicians, specialists, and DSP will be explored. Time for Q & A will be provided. Additionally, the NADD web-based curriculum for the certification programs will be introduced.

Michael Schroeder, MSW, NADD-DDS, Westerville, OH; **Robert Fletcher DSW, NADD-CC**, NADD, Kingston, NY

SESSION 6:

Strengthening Supports through Complex Technical Assistance

Many teams need assistance to support people with challenging issues related to dual diagnosis. Complex Technical Assistance (CTA) is a person-centered approach promoting positive practices for inter-professional care teams.

Ramona Bosse, RN, CDDN; Andrea Tomich RN, BSN, CDDN, SW PA Health Care Quality Unit, APS Healthcare, North Huntingdon, PA

3:15 - 3:30 p.m. BREAK

DAY ONE MONDAY, SEPTEMBER 19, 2016

3:30 - 5:00 p.m. **CONCURRENT SESSIONS III**

SESSION 7:

Mindfulness & Consumer Health in Developmental Disabilities

Through interactive training and discussion, participants will examine the science and impact of Mindfulness on consumer wellness and will develop meaningful strategies to improve the lives of those they serve.

Allen Sanders, MA, Franklin County Board of DD, Columbus OH



SESSION 8:

Obsessive Compulsive Disorder, Hoarding, Excoriation and Trichotillomania in IDD

Presenters will review the DM-ID chapter on OCD and related disorders, reviewing adaptations to the DSM-5 for use in persons with IDD. Presentations of each disorder using clinical vignettes will be reviewed, with focus on accurate diagnosis, behavioral presentations, and effective treatment interventions.

Allison Cowan, MD; Julie Gentile, MD, Wright State University Department of Psychiatry, Dayton, OH

Note: There will be a 10-minute Q&A session at the end of each session.

5:00 - 5:15 p.m. Day 1 Concludes.

PLEASE RETURN CONFERENCE EVALUATIONS

Pick-up appropriate CE certificates (if applicable).

DAY TWO TUESDAY, SEPTEMBER 20, 2016

8:15 - 9:00 a.m. REGISTRATION

9:00 - 9:15 a.m. WELCOME

Dr. Robert J. Fletcher, DSW, NADD-CC, NADD Founder & CEO

9:15 - 10:15 a.m. KEYNOTE ADDRESS

Transition: A Time of Change

Today, more than ever before in our history, more youth and adults expect to transition to college, careers, and homes in integrated settings with the services they need to be successful. Updates from national and state policies will be provided that have laid the foundation and set high expectations for the transition to integrated life in the community. Highlights from both statistical and personal perspectives will be shared. Resources including evidence based practices and predictors will be provided so service providers will have the tools and resources to meet the call for Employment First and Community Integration.

Margo Izzo, PhD, OSU, Nisonger Center, Columbus, OH

10:15 - 10:45 a.m. BREAK

10:45 a.m - 12:15 p.m. **CONCURRENT SESSIONS I**

SESSION 1:

Autism Spectrum Disorder & Criminal Justice System

This presentation will explore why persons with ASD become involved in the criminal justice system and provide an overview of the criminal process in Ohio.

Vicki Jenkins, JD, Legal and Oversight DODD, Columbus, OH; *Marc Tassé, PhD*, OSU, Nisonger Center, Columbus, OH

SESSION 2:

Informed, Now What?: Trauma Responsive Care

Being trauma-informed is an important first step. Next, staff and agencies need Trauma Responsive strategies to create change with individuals. We will discuss practical strategies for DSPs, managers, and executives.

Lara Palay, MSW, LISW-S; Kevin Aldridge, Aldridge Palay Consulting, Aldridge Palay Group, Westerville, OH

SESSION 3:

FACT - A Dual Diagnosis ACT Innovation

FACT-DD (Flexible Assertive Community Treatment) will be presented as an innovative model of service never previously developed, simultaneously delivered in urban and rural areas with a unique staff skill mix.

Marybeth Colton, RN, BSc; Susan Farrell, PhD, CPsych, Community Mental Health Program, The Royal, Ottawa, ON, CAN

12:15 p.m. - 1:45 p.m. LUNCH (Attendees on Own)

1:45 p.m. - 3:15 p.m. **CONCURRENT SESSIONS II**

SESSION 4:

Dual Diagnosis Treatment Team (DDTT): Enhancing Treatment through Care Coordination

Individuals with mental health illness and intellectual/developmental disabilities often have complex needs. DDTT utilizes care coordination to transfer skills and provide quality person centered care to individuals and their supports.

Kristin Cline, MS, LPC, CAADC; Nancy Hamilton, MS, LPC, NCC; Samantha Stitzel, MSCP, BSL, DDTT, NHS Human Services IDD, Penn Hills, PA

SESSION 5:

The Glutamatergic Hypothesis for Down Syndrome

This will be a description of the "glutamatergic hypothesis" and of a new, Phase-II clinical trial of memantine therapy on enhancing cognition of adolescents and young adults with Down syndrome.

Alberto Costa, MD, PhD, Pediatrics and Psychiatry, Case Western Reserve University School of Medicine, Cleveland, OH

SESSION 6:

Balancing Quality of Life, Health, Welfare and Person Centered Planning

This session will cover the challenges of balancing health and welfare with quality of life/rights issues during the implementation of person centered planning. Ohio is working very hard to ensure that individual rights are respected, but there are times when respecting rights can appear to conflict with protecting health and welfare. These topics are not mutually exclusive, and a balance is necessary to provide the best service to individuals. This training will include information on the MUI rule, the behavioral support strategies rule, and person centered planning.

Beth Boyle, Licking County Board of DD, Columbus, OH; *Heidi Davidson*, DODD, Masury, OH; *Scott Phillips*, DODD, MUI Registry Unit, Columbus, OH

Note: There will be a 10-minute Q&A session at the end of each session.

3:15 - 4:00 p.m. Day 2 Concludes.

PLEASE RETURN CONFERENCE EVALUATIONS

Pick-up appropriate CE certificates (if applicable).

EDUCATIONAL OBJECTIVES

- Describe the genetic and behavioral overlap of individuals with ADHD and individuals with autism.
- Describe evidence-based treatment options for executive function deficits.
- Describe the characterization of individuals with developmental disabilities by temperament, cognitive styles, and attachment styles.
- Describe evidence-based medication treatment for anxiety, attention, and irritability.
- Describe the health status, risks, and health care use of Ohioans with intellectual disabilities and autism spectrum disorder.
- Describe effective techniques for preventing and managing work stresses.
- Identify major components of the NADD Accreditation and Certification programs.
- Identify common behavioral presentations of trauma in individuals with developmental disabilities.
- Define the impact of trauma on mental health and medical conditions.
- Discuss treatment interventions for Obsessive Compulsive and Related Disorders including psychotherapy, pharmacotherapy, and behavioral interventions.
- Identify three strategies for preparing youth and adults with IDD for employment.
- Describe how and why a person with ASD may be charged with a criminal offense.
- Describe Trauma Responsive Care to formulate effective behavioral and relational interventions to manage staff reactions, promote healing, and enhance neural integration.
- Describe the application of an innovative model of service (FACT) for persons with IDD/ MI.
- Describe triage and care for a person with a developmental disability experiencing a crisis.

CONTINUING EDUCATION CREDIT

RN/LPN, Social Work, Counselor, Psychology, MD/DO

Northeast Ohio Medical University designates this live activity for a maximum of 10.50 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

OhioMHAS is approved by the Ohio Psychological Association-MCE Program to offer continuing education for psychologists. OhioMHAS #311334820 maintains responsibility for this program. OhioMHAS is an approved provider of continuing education for the indicated professional disciplines and awards the following credits:

RN/LPN	OBN 003 92-2076CO OBN 003 92-2077CO	Day 1 - 5.75 contact hrs. Day 2 - 4.75 contact hrs.
SOCIAL WORK	RSX 088902-2310CO RSX 088902-2311CO	Day 1 - 5.75 CPEs Day 2 - 4.75 CPEs
COUNSELOR	RCX 068915-2286CO RCX 068915-2287CO	Day 1 - 5.75 CPEs Day 2 - 4.75 CPEs
*PSYCHOLOGY	311334820-1416CO 311334820-1417CO	Day 1- 5.75 MCEs Day 2 - 4.75 MCEs

Requirements for Continuing Education:

Psychologists & RNs - Participants eligible for CE Certificates must sign-in, complete required program attendance (100%), and complete and return a program evaluation form. CE certificates will be handed out at the end of each program day.

Physicians - To receive educational credit, participants must sign-in, complete an attendance verification form and a program evaluation form. Statements of credit will be mailed after program completion.

Continuing Professional Development Hours

This program has been approved by the Ohio Department of Developmental Disabilities (DODD) for continuing credits for a total of up to 5 hours for Day 1 for the entire day, and a total of up to 3 hours for Day 2 for the entire day, in a combination of the following areas as selected:

Adult Services; Case Management; Investigative Agent; and Supt/Asst Supt (Services/Programs/Supports Streams) and Service and Support Administration.

NOTE: You must attend the entire day in order to receive credits/contact hours.

NADD ACCREDITATION & CERTIFICATION PROGRAMS (ACP)



Individuals with Intellectual and Developmental Disabilities (IDD) and Mental Illness (MI) have complex needs and present clinical challenges to the professionals, programs, and systems that provide care for them.

In an effort to raise the level of care, as well as to provide recognition to those programs and professionals offering quality care, NADD has introduced four interrelated programs:

1. The NADD Accreditation Program
2. The NADD Competency-Based Clinical Certification Program
3. The NADD Competency-Based Direct-Support Professional Certification Program
4. The NADD Competency-Based Dual Diagnosis Specialist Program

Information on ACP: <http://acp.thenadd.org>



NADD, an association for persons with developmental disabilities and mental health needs, is a not-for-profit membership association established for professionals, care providers, and families to promote understanding of and services for individuals who have developmental disabilities and mental health needs. The mission of NADD is to advance mental wellness for persons with developmental disabilities through the promotion of excellence in mental health care.

NADD is recognized as the world's leading organization in providing educational services, training materials, and conferences concerning this topic.

NADD publishes two journals in addition to having an extensive array of resources including books, audiotapes, DVDs and other related educational and training materials. Additionally, NADD sponsors regional, annual and international conferences, teleconferences as well as provides consultation services.

Information on NADD: www.thenadd.org.

OHIO CONFERENCE REGISTRATION

3 Easy Ways to Register: 1) Online at www.thenadd.org/stateofohio 2) Mail 3) Fax

Registration by mail, fax (845) 331-4569, or online will be accepted until **September 12, 2016**. We urge people to pre-register online with debit or credit cards. Faxed registration forms must have credit card information to be processed. Please DO NOT fax and then mail the same registration form. There will be onsite registration, based on space availability. **All checks sent as payment must have registrant's names associated with them.**

Name: _____

Organization/Agency: _____

Address: _____

City: _____ State/Province: _____ Zip: _____

Phone: _____ Fax: _____

E-Mail Required: _____

Please check one presentation in each concurrent session. (Registrations will not be processed without this information.)

Monday, September 19, 2016

- Concurrent Session I: 1 2 3
 Concurrent Session II: 4 5 6
 Concurrent Session III: 7 8

Tuesday, September 20, 2016

- Concurrent Session I: 1 2 3
 Concurrent Session II: 4 5 6

Continuing Education Credits (Please check the appropriate box for type of credit desired:)

Psychology Counselor Social Work RN/LPN MD/DO

CEU Information: If you are applying for the above Continuing Education Credits, please supply the following information

(Note: without this information you will not be eligible for CE credit.):

Discipline _____ SS# or License Number _____

Please check if you will need credit/professional development hours through DODD Department

- NEW! Membership Rate - \$99*** (*with conference registration)
Join NADD & receive all membership benefits now through December 31, 2017
- Individual Renewal Membership - \$135 DSP/Family/Retired/Consumer/Student \$65
 Organizational \$650/\$900



Individual Members: Receive the NADD Bulletin published six times per year and NADD Research Journal, discounts on NADD educational products, discounts on NADD conferences and one vote for election of the Board of Directors.

DSP/Family/Retired/Consumer/Student Membership: This membership option is for a family member of a consumer, an individual who is a consumer of services, DSP or a full time student. It includes the same benefits as individual membership.

Organizational: - Organizational membership fee is either \$650 or \$900 depending on the size of the agency's total budget.

Organizational membership dues for agencies with budgets from zero up to three million dollars is \$650. It includes the NADD Bulletin, published six times a year, discounts for all staff of the agency for NADD conferences, and one vote for election of the NADD Board of Directors.

Organizational membership dues for agencies with budgets over three million dollars is \$900. It includes the NADD Bulletin and all the benefits as reflected in the previously mentioned organizational fee structure.

CANCELLATION POLICY: Cancellations must be made in writing to the NADD office no later than **September 2, 2016**, in order to refund your registration minus a \$35 administrative fee. Registrants who do not attend are liable for the registration fee. NADD has the right to cancel any of these trainings, and will make a full refund of the registration fee.

	One Day	Two Day
<input type="checkbox"/> NADD Member Member # _____	\$135.00	\$205.00
<input type="checkbox"/> Co-Sponsoring Agency Staff Agency name _____	\$155.00	\$215.00
<input type="checkbox"/> Five or More From Same Agency Agency name _____	\$160.00	\$225.00
<input type="checkbox"/> Non-Member _____	\$175.00	\$250.00
<input type="checkbox"/> DSP/Student/Family Member _____	\$100.00	\$160.00

My check is enclosed
 (payable to NADD, 132 Fair St., Kingston, NY 12401-4802)

Charge my credit card, please
 Discover VISA MasterCard

Card No. _____

Exp. Date _____

Signature _____

Conference Total \$ _____

Membership Total \$ _____

GRAND TOTAL \$ _____

www.thenadd.org/stateofohio

VOLUNTEER OPPORTUNITIES:

Volunteers are needed to assist at the registration desk and NADD product booth each day of the conference. An individual who volunteers for the day (from 7:30 a.m. - 5:00 p.m., with a lunch break) can attend another day with the registration fee waived.

There may be opportunities to attend some sessions the day you are volunteering, if scheduling permits. If you are interested in volunteering, please contact

lchristie@thenadd.org or call (800) 331-5362 by **August 19, 2016.**

Note: Volunteers are placed where needed. Schedule will be emailed when complete.

Join NADD today!

Four great reasons to join:

1. Save on all NADD products
2. Save on Conference rate benefits
3. Receive NADD member benefits
4. Networking opportunities

Enjoy these great members-only benefits:

- NADD Bulletin
- NADD Research Journal
- NADD Conference and Training Discounts
- NADD Educational Product Discounts
- E-Newsletter
- NEW! Quarterly Free Pre-Recorded Trainings

(See conference registration form for membership information)



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*More information, visit
www.thenadd.org/stateofohio
or scan the code for
direct access*

CONFERENCE LOCATION & HOTEL INFO

Crowne Plaza Columbus North-Worthington Hotel
6500 Doubletree Avenue, Columbus, OH 43229-1145

Event Days: September 19 and September 20, 2016

Hotel Rates \$109.00* Single/Double Occupancy per night

We encourage you to make reservations as soon as possible as there is a small room block set up for these evenings. The special group rate for hotel reservations will be available until **8/28/16**. Book now! Once the room block is full and/or the cut-off date has passed, reservations will be taken on a space and rate available basis.

Reservations: 1-614-885-1885 option #2 / mention: IDD (STATE OF OHIO IDD/MI)

Online Hotel Reservations: www.thenadd.org/stateofohio

*Prices are subject to state and local taxes. All reservation requests must be guaranteed for arrival by a first night's deposit or major credit card. Any reservations requiring cancellation must be cancelled before 4:00 p.m. on the day of arrival to avoid a penalty charge of one-night's room and tax rate.

Check-In 4:00 p.m. / Check-out 11:00 a.m.

Guests are responsible for incidental charges and at check in will be asked for either a credit or debit card to guarantee phone and movie privileges. Please note that there is a late checkout fee after 4 p.m.

More Hotel & Location Information:

From I-71 take exit #117 to State Route 161 or Dublin Granville Rd. If coming from the north: turn right (west) if coming from the south: turn left (west) on 161. Turn right on Busch Blvd (first traffic light) to Kingsmill Parkway. Turn right on Kingsmill Parkway (third traffic light) and continue until it meets Doubletree Avenue directly at our parking lot.

Conference Etiquette

It is difficult to maintain room temperatures that are comfortable for all conference attendees. Be aware that room temperatures will vary throughout the conference center. A light sweater or jacket is helpful when room temperatures become too cool. Participants are asked to turn off cell phones and beepers when attending workshops, or to change them to a silent signal if necessary. Please step outside of the room when responding to a page or call.

Conference Planning Committee:

Betsey Benson, PhD, Nisonger Center (OSU); Lisa Christie (NADD); Kay Treanor (ODDC); Robert Fletcher, DSW, NADD-CC (NADD); Julie Gentile, MD (WSU); Tina Evans (DODD); Steven Ruedrich, MD (UH Hospitals); Mindy Vance (OhioMHAS); Anna J. Esbensen, PhD (CCHMC); Marc J. Tassé, PhD, FAAIDD, Nisonger Center (UCEDD) (OSU)