

# We're Making Progress!

Join us to continue reducing opioid risks in the Miami Valley



## MIAMI VALLEY OPIATE FORUM

# November 9, 2015

### Register Online

[www.adamhs.co.montgomery.oh.us/trainingopiates.php](http://www.adamhs.co.montgomery.oh.us/trainingopiates.php)

## Questions

Contact Carrie Rogge  
937-443-0416 ext 127  
CRogge@mcadamhs.org

## Location

Sinclair Community College  
Ponitz Center, Building 12  
444 W 3rd St  
Dayton, OH 45402

**SPONSORED BY:**



# Event Details

November 9, 2015

Sign in 8:00 a.m. - 9:00 a.m.

Event 9:00 a.m.- 4:00 p.m.

## Registration

Before Event- \$25

Day of Event- \$40

**Registration fee includes attendance for the full event, parking, continental breakfast, and lunch.**

**This is a Green event!** Access to download program materials will be provided upon registration and receipt of payment.

**Cancellation Policy:** No refunds will be available for any cancellation after October 26, 2015.

**This event is appropriate for all mental health, chemical dependency, prevention, medical/healthcare, and law enforcement professionals, as well as for community members who want to:**

- Increase their knowledge of the multi-system challenges the opiate epidemic has created for the Miami Valley region
- Identify key strategies related to the implementation of Ohio's Recovery Oriented System of Care as it relates to the opiate epidemic
- Identify resources and initiatives that contribute to a continuum of services – including prevention, treatment, recovery, and interdiction – that promote health and safety for both the opiate addicted consumer and the community at large
- Identify roles that individuals, organizations, businesses, and community groups can play to assist in curbing the area's heroin and other opiate outbreak

### **Continuing Education Credits:**

Continuing Education Credits for Counselors, Social Workers, Chemical Dependency, Prevention Professionals, RN/LPNs, Psychologists, and Attorneys are currently pending.

# Conference Agenda

**8:00-9:00 Registration & Continental Breakfast**

**9:00-9:45 Opening & Keynote – Naltrexone Pharmacotherapy: Clinical and Neuroimaging Findings**

- *Dr. Igor Elman, Professor and Chair, Department of Psychiatry, Boonshoft School of Medicine, Wright State University*

**9:45-10:00 Guest Speaker – Living in Long-Term Recovery**

- *Valerie Brodbeck, Advocacy Chair for Families of Addicts*

**10:15-11:30 Breakout Sessions – Tracks:**

- *Harm Reduction*
- *Legislative*
- *Law Enforcement*
- *Treatment*

**11:30-12:45 Lunch & Guest Speakers**

- *The State of Montgomery County, Dan Foley, Montgomery County Commissioner*
- *Recovery Oriented Systems of Care, Tracy Plouck, Director, Ohio Department of Mental Health & Addiction Services*

**1:00-2:15 Breakout Sessions**

**2:30-3:45 Panel Discussion, Regional Continuum for Combating the Opiate Epidemic**

- *Moderator: Dan Edwards, Media Personality*
- *Wendy Doolittle, Chief Executive Officer, McKinley Hall*
- *Lori Erion, Founder & Executive Director, Families of Addicts*
- *Melissa Litteral, Director of Greene County Adult Probation, Greene County Court of Common Pleas*
- *Jodi Long, Director of Clinical Services & Planning, Tri-County Board of Recovery & Mental Health Services*
- *Christopher Melink, Special Agent, Drug Enforcement Administration, United States Department of Justice*
- *Mike Simpson, Sheriff, Preble County*

**3:45-4:00 Call to Action**

- *Dan Edwards, Media Personality*

# Plenary Session Descriptions

## **Naltrexone Pharmacotherapy: Clinical and Neuroimaging Findings**

Medication assisted treatment (MAT) modalities for opiate addicted consumers have expanded in response to the opiate epidemic beyond the traditional use of Methadone and Buprenorphine. This session will present innovative pharmacotherapy research being conducted on Naltrexone as a viable form of medication management for opioid dependence and its implications to the consumer as well as the treatment, medical, and law enforcement communities.

*Speaker: Dr. Igor Elman, Professor and Chair, Department of Psychiatry, Boonshoft School of Medicine, Wright State University*



## **Living in Long-Term Recovery**

There are a variety of different professional fields that touch the lives of people diagnosed with an opiate use disorder, as well as those living in recovery. It is incumbent upon policy makers, community members, leaders, and other stakeholders to hear about the experiences of those living day to day with the struggles of their illness. This session will provide the perspective of the “lived experience” by hearing from an advocate who is living in long-term recovery from their addiction.

*Speaker: Valerie Brodbeck, Advocacy Chair, Families of Addicts*

# Plenary Session Descriptions



## **The State of Montgomery County**

Montgomery County has been actively involved in combatting the impact of heroin and other opiates since the inception of the epidemic. Community leaders and other stakeholders have worked tirelessly to identify creative and resourceful approaches to providing community awareness and education on a broad scale, in addition to identifying and piloting grassroots community efforts. The good news is that these efforts have not been done in vain. This session will highlight this community's attempts at tackling the epidemic as a public health concern and how these efforts have made an impact on both addiction and overdose prevalence.

*Speaker: Dan Foley, Montgomery County Commissioner*

## **Recovery Oriented Systems of Care**

A Recovery Oriented System of Care (ROSC) is a coordinated network of community-based services and supports that is person-centered and builds on the strengths and resilience of individuals, families, and communities. ROSC has shown to help individuals that are already diagnosed with, or at risk of, alcohol and drug problems achieve abstinence and gain improved health, wellness, and quality of life. This session will present on ROSC; its implementation with the current structure of mental health and addiction services in the state; and its effects on the future of prevention, treatment, and recovery in Ohio.

*Speaker: Tracy Plouck, Director, Ohio Department of Mental Health & Addiction Services*



# Breakout Session Descriptions

## Harm Reduction Track

### **Combating Infectious Disease and Bloodborne Pathogens with Comprehensive Care**

Syringe exchange programs have proven to be effective harm reduction strategies that curtail the spread of bloodborne infections including Hepatitis C and HIV/AIDS. While controversy surrounding the efficacy of this strategy in reducing IV drug use is common, research indicates that effectively run syringe exchange programs actually provide opportunities for people to access the care they need to get clean, sober, and healthy. This session will address needle exchange efforts in southwestern Ohio and provide information on a new funding source that addresses HIV and Hepatitis C rates in 21 Ohio counties. Care Point, Montgomery County's needle exchange program, will be described along with an update on its implementation.

*Speakers: Dr. Judith Feinberg, Associate Chair of Medicine for Faculty Development, College of Medicine, University of Cincinnati; Andrea Young, Supervisor, HIV/AIDS Programs & Care Point, Public Health – Dayton & Montgomery County; Michelle Howard-Graham, Program Coordinator, Anonymous/Confidential Testing Program & Care Point, Public Health – Dayton & Montgomery County*

### **Prescription Pain Pills & Sports: Psychosocial Perspectives for Prevention and Recovery**

Individuals who actively participate in sports activities are in a unique position for obtaining injuries that result in physical pain. This also puts them at risk for accessing and using opioid-based pain medications, sometimes leading to misuse, abuse, and potential addiction. This session will describe today's athletes, the nature of sports injuries, the emotional response to those injuries, and various healing approaches. Social psychology theories and theories on stress will be reviewed as well as how cognitive-behavioral therapeutic techniques can help student athletes and their families.

*Speaker: Dr. Christopher Stankovich, Licensed Clinical Counselor, Professor of Sports Psychology, Advanced Performance Systems*

# Breakout Session Descriptions

## Law Enforcement Track

### **Rx Abuse – The Scope of the Problem 2015**

Prescription drug abuse has played an ominous role in the heroin and overdose crises that have plagued so many of our communities. But how well do we really understand the actual details of this historical trend and how does it impact the current state of our communities? This session will define the different prescription drugs of abuse, their street values, and methods of use. A description of the multiple facets of prescription drug diversion will also be provided.

*Speaker: Commander John Burke, Greater Warren County Drug Task Force*

### **Heroin at Home**

Heroin is a malevolent and formidable force in the lives of too many individuals, families, and communities. And while many of us are aware that our communities are battling this elusive adversary, have you ever wondered how heroin gets into our communities in the first place? This session will describe the distribution methods of the Mexican Drug Cartels for the majority of heroin that is imported into the United States, the routes it takes to ultimately land here in our local communities, and the local and national interdiction efforts used to fight this scourge.

*Speaker: Captain Mike Brem, Montgomery County Sheriff's Office*

# Breakout Session Descriptions

## Legislative Track

### **Opiates: From the Beginning and Ohio's Response**

The inception of the opiate epidemic has an intriguing and insidious history. Listed as a Schedule II controlled substance by the Food and Drug Administration, opiates are often misconstrued because of the conundrum that exists between its accepted medicinal benefits and its high abuse potential. Using a historical perspective, this session will describe the interjection of opiates into Ohio's communities from the beginning. It will also provide information related to the Ohio legislative response over the years, and the proposed and pending legislation currently in the Ohio legislature to combat the damaging effects of this complex class of drugs.

*Speaker: Jennifer Biddinger, Director, Drug Abuse Outreach Initiative, Office of the Attorney General*

### **Addiction Treatment Pilot Projects**

Individuals entering the court system due to their addiction to heroin and other opiates often have complex barriers to accessing the needed treatment services that are so vital to fighting the illness that got them involved in the criminal justice system in the first place. In response to the uniqueness of this population, services have expanded over the years to ensure medication assisted treatment therapies are both available and accessible in partnership with the court system. This session will describe one of those targeted projects, the Addiction Treatment Pilot Projects that are now being implemented in multiple communities across the State of Ohio. An in-depth presentation on how these have been implemented across the state as well as how the implementation of this service in Montgomery County will effect service integration and access to treatment for the jailed opiate addicted population will be provided.

*Speaker: Andrea Boxill, Director, Governor's Cabinet Opiate Action Team*

# Breakout Session Descriptions

## Treatment Track

### **The Continuum of Care for Opiate Addicted Pregnant Women**

Unfortunately, the opiate epidemic has had a significant impact on the rise in the prevalence of opiate addicted babies, one of our communities most needy and susceptible populations effected by this issue. Moreover, opiate addicted pregnant women are in eminent need of specialized treatment services that will protect not only themselves, but their unborn babies as well. The Miami Valley's response to the rise in opiate addicted babies has resulted in the creation of a new service called Promise to Hope. This session will describe this new project in addition to the barriers that opiate-addicted pregnant women face when receiving addiction treatment services. The full continuum of treatment, intervention, and wrap-around services required for the optimal care of both mother and baby will be examined.

*Speakers: Dr. Melanie Glover, OB/GYN and Maternal Fetal Medicine Specialist, Perinatal Partners; Emily Lombardo, Registered Nurse, Five Rivers Health Center; Deanna Murphy, Co-Founder and Executive Director, Brigid's Path; Pam Albers, Director, Help Me Grow Brighter Futures*

### **Integration of Physical and Behavioral Health Care for Opiate Addicted Consumers**

Data demonstrates that people with substance use disorders often die decades earlier than the average person. Among the chemically dependent populations, opiate addicted persons have even greater challenges related to their physical health needs. At the same time, primary care settings have become the gateway to the behavioral health system. While holistic health has been a "buzz" word for many years, the practical application of treating people holistically has been too slow, and at times laborious, to become a reality. This session will define a system in which full integration of services can function in both the behavioral health and primary care settings, particularly as it relates to opiate addicted consumers participating in medication assisted treatments.

*Speaker: TBD*

# PLENARY SPEAKERS BIOGRAPHIES

## Valerie Brodbeck

Brodbeck has been in long-term recovery from drug addiction for over five years. Her life experiences of receiving treatment services, facing the stigma associated with being an addict, and living in recovery has led her to a life of speaking up about what works (and doesn't work) and what changes need to be made to help others in similar situations. Brodbeck graduated from Wright State University in May 2015 with a Bachelor's degree in Social Work and she is currently pursuing her Master's degree. She is currently serving as the Advocacy Chair for Families of Addicts, a non-profit organization that promotes recovery, support, and advocacy. She also serves on a committee that strives to educate the community about the abuse potential of benzodiazepines.



## Igor Elman, MD

Dr. Elman is a Professor and Chair of the Department of Psychiatry at the Boonshoft School of Medicine at Wright State University. He was trained at the National Institute of Mental Health and is a Diplomate of the American Board of Psychiatry with a subspecialty certification in Addiction Psychiatry. Dr. Elman's current research is focused on the role of reward and motivational systems in the pathophysiology of severe neuropsychiatric disorders, including behavioral and chemical addictions, schizophrenia and post-traumatic stress disorder.



# PLENARY SPEAKERS BIOGRAPHIES

## Commissioner Dan Foley

Dan Foley has been a Montgomery County Commissioner since 2007 and a strong, vocal advocate for embracing a recovery oriented healthcare system. Commissioner Foley has been in the forefront of the county's efforts to battle the heroin addiction epidemic, spearheading local efforts to raise awareness about the problem as a public health concern and responsibility. He also served as co-chair of the Montgomery County Alcohol & Drug Abuse Task Force from 2008-2012.



## Tracy Plouck

Tracy Plouck is the Director of the Ohio Department of Mental Health and Addiction Services and has been a member of Governor John Kasich's Cabinet since January 2011. She brings a strong policy background to her role, having served twice as Ohio's State Medicaid Director and also as a Deputy Director for both the Ohio Department of Developmental Disabilities and the Ohio Office of Budget and Management. Plouck holds a Master's degree in Public Administration from The Ohio State University and a Bachelor's degree from Kent State University. She is the current President of the National Association of State Mental Health Program Directors and also serves as a board member of the Council of State Governments' Justice Center.



# BREAKOUT SESSION SPEAKERS

## **Pam Albers**

Albers is the Director of Help Me Grow Brighter Futures. She holds a Master's of Science degree in Nursing and serves on the Montgomery County Fetal Alcohol Spectrum Disorders Task Force.

## **Jennifer Biddinger**

Biddinger, Director of Drug Abuse Outreach Initiatives, has worked for the Office of the Attorney General since November 2011. She and her staff are responsible for Outreach to the State of Ohio for all drug abuse related issues. Their responsibilities include working with communities to develop and implement action plans, review and implement statewide programs, train law enforcement personnel, review legislation, support constituents who have suffered a loss, and speak to large and small groups throughout the state. She has a Master's of Science degree in Psychology.

## **Andrea Boxill**

Boxill is the Deputy Director of the Governor's Opiate Action Team (GCOAT). In this position, she monitors service delivery, assists in writing policy, and interprets federal and state laws and regulations to ensure compliance. Boxill has worked in the Franklin County mental health system for over 18 years, most recently as the Specialized Docket Coordinator for Franklin County Municipal Court. She has developed mental health and alcohol and other drug groups, facilitated discussions and trainings regarding intersystem collaboration, and is one of the Fellows in the John Glenn Leadership 2000+ Institute. Boxill is a former member of the Social Psychology Network and the American Mental Health Counselors Association and holds a Bachelor's degree in American Studies and a Master's degree in Counseling.

## **Mike Brem**

Captain Brem is a graduate of the Sinclair Community College Police Academy and joined the Montgomery County Sheriff's Office in 1993. He later graduated from advanced narcotics school including the DEA's Drug Unit Commanders Academy in 2012. In 2010, Captain Brem assisted in establishing a multi-jurisdictional drug task force, called Regional Agencies Narcotics & Gun Enforcement (R.A.N.G.E.) and is currently the Jefferson Township District Commander, RANGE Task Force Commander, and Miami Valley Bulk Cash Smuggling Task Force Commander.

# BREAKOUT SESSION SPEAKERS

## **John Burke**

Commander Burke has been a law enforcement officer for over 47 years and is the Commander of the Greater Warren County Drug Task Force, the Commander of the Southern Ohio High Intensity Drug Trafficking Area, Major Case & Interdiction Initiatives, and Co-Commander of the Miami Valley Bulk Currency Task Force. He is the past president of the National Association of Drug Diversion Investigators and is the owner and president of Pharmaceutical Diversion Education, Inc.

## **Judith Feinberg, MD**

Dr. Feinberg specializes in Infectious Disease Medicine and is the Associate Chair of Medicine for Faculty Development in the College of Medicine at the University of Cincinnati. She is also the co-founder and Medical Director for the Cincinnati Exchange Project and was in charge of a Project DAWN grant from the Ohio Department of Health to train individuals to administer naloxone to reverse potentially fatal overdoses of opioids.

## **Melanie Glover, MD**

Dr. Glover is an OB/GYN and Maternal Fetal Medicine Specialist with Perinatal Partners. Her specialty areas include critical care obstetrics, fetal therapy, perinatal palliative care, psychosocial complications in pregnancy, and substance abuse in pregnancy. Dr. Glover serves on the Premier Health Group Board, the Promise to Hope Operations Committee, and the Montgomery County Opiate Task Force.

## **Emily Lombardo, RN**

Emily Lombardo is a Registered Nurse with a Bachelor's of Science degree in Nursing whose primary nursing focus has been working with underserved populations and in detox/rehabilitation facilities.

## **Deanna Murphy**

Murphy is the co-founder and Executive Director for Brigid's Path, an organization that provides inpatient medical care for drug-exposed newborns, non-judgmental support for mothers, and educational services to improve family outcomes. She has a Bachelor's degree in Elementary Education.

## **Christopher Stankovich, PhD**

Dr. Stankovich is a graduate of The Ohio State University and the Founder of Advanced Human Performance Systems, an athletic counseling and human performance enhancement center. He is a Professor of Sports Psychology and a Licensed Clinical Counselor specializing in serving athletes in the areas of performance, life skills, career planning, and clinical disorders. He has been featured on ESPN, USA Today, NY Times, and has written numerous articles related to sports psychology. In addition to his duties at his private practice, Dr. Stankovich has taught undergraduate and graduate courses in psychology, education, and business at The Ohio State University, Wittenberg University, Capital University, Otterbein University, Kenyon College, University of Dayton, Ashland University, and Columbus College of Art & Design.

# BREAKOUT SESSION SPEAKERS

## **Andrea Young**

Young is the Supervisor of all HIV/AIDS programming at Public Health-Dayton & Montgomery County and is the Supervisor of the Care Point Syringe Exchange Program. She has an undergraduate degree in Biology and is currently completing her Master's in Public Health thesis in the area of Health Promotion.

# PANELISTS AND MODERATOR

## Wendy Doolittle

Doolittle has worked in the substance abuse field for over 20 years and is currently the Chief Executive Officer of McKinley Hall, a substance abuse treatment center in Springfield, Ohio. She has a Bachelor's degree in Psychology and Master's degrees in both Education and Social Administration.

## Dan Edwards

Edwards is an Emmy award winning media veteran with over 30 years of experience as a TV anchor and disc jockey. Edwards currently hosts and produces a radio morning show in Dayton. He is also a certified body language expert, offering professional development training that has expanded to include personalized training for sales, philanthropic, military and healthcare personnel. In addition, Edwards is owner and operator of a multi-faceted company that provides entertainment and sound for corporate and private functions.

## Lori Erion

Erion is in long-term recovery and has a daughter with a substance use disorder. She is the founder and Executive Director of Families of Addicts, a grassroots recovery support initiative working to reduce the stigma of addiction, ensure availability of adequate treatment and recovery support services, and influence public opinion and policy regarding the value of recovery. Erion is also a Certified Peer Support Specialist.

## Melissa Litteral

Litteral is the Director of Greene County Adult Probation for the Greene County Court of Common Pleas. In 2015, she became a Fellow with the National Center for State Courts. In 2013, she received a certification from the National Center for State Courts as a Certified Court Executive. In her role as Director she is responsible for budgets, grant management, personnel and accreditation. She also serves as a liaison between the Courts and community partners. Litteral is a Dr. Simon Dinitz award recipient.

## Jodi Long

Long is the Director of Clinical Services and Planning for the Tri-County Board of Recovery and Mental Health Services. She is a Licensed Independent Social Worker, a Licensed Independent Chemical Dependency Counselor, a Mental Health First Aid Instructor, and teaches various social work classes for The Ohio State University.

# PANELISTS AND MODERATOR

## **Christopher Melink**

Melink is a career Department of Justice, Drug Enforcement Administration (DEA) special agent. He currently serves as the Resident Agent in Charge (RAC) for the DEA Dayton Resident Office. Melink is the DEA's principal advisor to area communities on drug related matters and is the commander of the Miami Valley High Intensity Drug Trafficking Task Force (HIDTA).

## **Sheriff Mike Simpson**

Sheriff Simpson is a graduate of the FBI National Academy, the Northwestern University School of Police Staff and Command, and the National Sheriffs' Institute. He has served with the Preble County Sheriff's Office for 27 years, has served as Sheriff since 2003, currently serves on several boards in Preble County, and serves on the Executive Board for the Buckeye State Sheriffs' Association.

