



Postpartum Support International
Perinatal Mood & Anxiety Disorders Certificate Training
May 7-8, 2015

Birdie Meyer, RN, MA | Christina Hibbert, PhD | Nan Nelson, MD
Summit County Public Health
1867 W. Market Street, Building Entrance A | Akron, Ohio 44313
8:00 – 5:00pm each day: Light Breakfast and Lunch Provided

Attend the 2-day Postpartum Support International training and receive a Certificate of Completion. This specialized course, taught by expert and engaging faculty, is a thorough and evidence-based curriculum designed for psychiatrists, nurses, primary care physicians, social workers, mental health providers, childbirth professionals, social support providers, or anyone interested in learning skills and knowledge for assessment and treatment of perinatal mood and anxiety disorders. *Registration includes training manual, handouts, breakfast and lunch. Approval pending for CEs, CNEs, and CMEs.*

ONLINE REGISTRATION, AGENDA, AND MORE INFORMATION

<http://www.psi-pmdtraining-ohio.eventbrite.com>

THURSDAY MAY 7

- + Introduction to Postpartum Support International and Faculty
- + Overview: Entering Motherhood & Why they suffer in silence
- + Many Faces of Perinatal Mood and Anxiety Disorders: Etiology, Diagnostic Features
- + *Healthy Mom, Happy Family* Educational DVD
- + Risk Factors and Prevention
- + Other Important Considerations: Breastfeeding, Infertility, Adoption, Loss, Military
- + Lunch (provided), Panel of Survivors, facilitated by PSI Faculty
- + Screening and Prevention: Screening Tools and Assessment
- + Social Support Networks: Groups and Warmlines
- + Faith Communities and Spirituality
- + International Incidence and Cultural Differences of PMADs



FRIDAY MAY 8

- + Registration and breakfast (provided)
- + Public Service Announcements – Raising Public Awareness
- + The Team & Critical Components to Recovery
- + Psychotherapeutic Themes and Models: Evidence-Based Approaches
- + Complementary and Alternative Therapies CAM
- + Resource Review and Legislative Updates: Local and National Resources
- + Lunch (provided) and Networking
- + DVD: Wade Bowen: "Turn on the Lights" for PSI
- + Effects of Untreated PMADs on Mother, Infant, and Family
- + PSI Educational DVD "Fathers Respond"
- + Pharmacological Interventions in Pregnancy, Postpartum and Lactation -- with Nan Nelson, MD



Indiana University Health

Full fee 2-Day Training	\$300.00
PSI Member 2-day Training	\$250.00
PSI Volunteer or Student Rate 2-Day Training	\$200.00
Training One-day only	\$150.00

[Application for Summit County Residents Scholarship – CLICK HERE](#)