



## Early Childhood Professionals, Home Visitors, Healthcare Providers, Help Me Grow

Come and learn about Dr. Kristie Brandt's "Tile and Grout" approach to planning activities for infants and toddlers. This approach creates a supportive web and invites everyone interacting with the child to be an active participant in helping their brain grow and develop. You will gain insight into the impact that toxic stress can have on families and the brain development of young children. Learn how to integrate activities into the child's daily routines that become the foundation for them to thrive and succeed.

### Learning Objectives:

- Understand the impact complex developmental trauma has on brain development and behavior and consider effective methods of prevention
- Describe the elements of "Evidence-based Treatment" and "Evidence-based Practice"
- Increase ability to examine research and translate into interventions
- Develop greater skills for assessing potential interventions in a child's daily routines
- Identify trans-disciplinary interventions for working with children and establishing a plan

DATE/TIME: Thursday, October 30, 2014 9:00A.M. – 4:30 P.M. **FULL DAY** (lunch is provided)

CREDITS: Continuing Ed credit approved for:

Psychology (5.5 hours), Social Work/Counselor/MFT (5.5 hours), DD (5 hours), Step Up To Quality and Help Me Grow

Continuing Education credit pending for Nursing

*This activity has been submitted to the Emergency Nurses Association for approval to award contact hours. Emergency Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation*

**\*\*please note you must attend the entire conference to receive your CE credit\*\***

REGISTER: [www.oacca.org](http://www.oacca.org)

**FOR STEP UP TO QUALITY ONLY REGISTER AT: [www.opdn.org](http://www.opdn.org) (ST00031360)**

COST: \$15

LOCATION: Xenos Christian Fellowship, 1340 Community Park Drive, Columbus, Ohio

## Featuring Kristie Brandt, M.S., DNP

Dr. Kristie Brandt is Director of the Parent-Infant & Child Institute in Napa, CA, a ChildTrauma Academy Fellow, and an Assistant Clinical Professor of Pediatrics V.F. at U.C. Davis School of Medicine. She is a California endorsed Infant-Parent Mental Health Specialist and developed and directs the Infant-Parent Mental Health Fellowship in Napa, CA, a 15-month training program for professionals.

Dr. Brandt is the lead editor of the book "Infant and Early Childhood Mental Health: Core Concepts & Clinical Practice" (2014) by American Psychiatric Publishing, has developed assessment tools, and authored and co-authored chapters and publications for peer-review journals, invited articles, and public domain publication under state grants. She has consulted for the Proctor & Gamble Pampers Parent Institute reviewing parenting and childbirth education publications.

Brandt is a board certified nurse-midwife and nurse-practitioner, holding both a Master of Science in nursing and a Doctorate from Case Western Reserve University in Cleveland, Ohio, and has maintained a private women's health practice in Napa since 1982. She has a special interest in adult learning models, and her expertise and research interests include: fostering optimal early relationships as a primary public health intervention to support lifelong health and well-being, infant-parent mental health, therapeutic interventions supporting attachment and regulation, home visiting models, Touchpoints-based services, postpartum mood disorders, and factors influencing breastfeeding success.

