

# Save the date

*Promoting Wellness and Recovery*

## **“Alma, Mente y Corazón” • “Spirit, Mind and Heart”**

### **Contemporary Issues in the Behavioral Health Treatment of Latinos**



Presented by the National Alliance on Mental Illness of Greater Toledo, in collaboration with the Mental Health and Recovery Services Board of Lucas County and Northwest Ohio Psychiatric Hospital.

Registration information coming soon. CEUs pending. Questions?

Call Anita Martinez-Folger at (419) 243-1119 ext. 208.

#### **location**



Northwest Ohio Psychiatric Hospital  
930 S. Detroit Ave.  
Toledo, Ohio 43614



**Agenda — October 23, 2015**

- 8:45-9:15 a.m.                    **Registration and Breakfast**
- 9:15-9:30 a.m.                    **Welcome**  
Northwest Ohio Psychiatric Hospital  
National Alliance on Mental Illness (NAMI) of Greater Toledo
- 9:30-10:20 a.m.                    **Keynote: “Alma, Mente y Corazón: Issues Relevant to the Mental Health Treatment of Hispanics”**  
*Lucia Hinojosa, RN, Ph. D., Northwest Ohio Psychiatric Hospital*
- 10:20-10:30 a.m.                    **Break**
- 10:30-11:15 a.m.                    **“The Identification of Common Latino Perceptions of Mental Illness and the Barriers Encountered in Obtaining Mental Health Services”**  
*Martha Delgado, MSW, Retired*
- 11:15 a.m.-noon                    **“Death and Dying: An Approach to Día de los Muertos”**  
*Dora Lopez, Executive Director, Sofia Quintero Arts and Cultural Center*
- Noon-1:30 p.m.                    **Lunch**  
**Group Panel: “Personal Narratives: Those Dealing with Obstacles, Challenges and Barriers”**  
**Moderator: Anita Martinez-Folger, NAMI of Greater Toledo**
- 1:30-2:15 p.m.                    **“Mental Health Prevalence in the Latino/Hispanic Community”**  
*Louis Guardiola, MSW, Lecturer/MSW Field Director, University of Toledo*  
*Robert Kasprzak, OCPA, Manager of Prevention and Training, Mental Health and Recovery Services Board of Lucas County*
- 2:15-2:30 p.m.                    **Break**
- 2:30-4 p.m.                    **Advocacy Conclusion and Wrap-Up CEU and Evaluation**

