



**FLIP IT: Transforming Challenging Behavior
Train-the-Trainer Session Invitational ONLY**

April 16 & 17, 2015 in Central Ohio

~ Presented by the Author, Rachel Sperry!

What is FLIP IT?

FLIP IT is a four step process rooted in developing emotional awareness in order to increase emotional control and reduce challenging behaviors in children ages 3-8. FLIP IT can be used with multiple children at the same time during minor challenges throughout a day or used as a targeted intervention that can support the emotional growth of a child displaying specific behavior concerns.

The FLIP IT Train-the-Trainer Session will:

- Prepare you to deliver a 1 day FLIP IT workshop (or five 1.5hr workshops) on how to implement the FLIP IT strategy
- Provide a CD with PowerPoint Slides and a training binder with trainer notes for the 1 day workshop
- Provide a FLIP IT Reminder Kit to assist in teaching the FLIP IT strategy to others

Training Location:

Ohio Fire Academy
8895 East Main Street
Reynoldsburg, OH 43068

Training Time:

8:30am-4:30pm – Training

Breakfast, Lunch and Snacks are on your own. There is a Cafeteria onsite.

Please Respond by Monday, April 13, 2015



For more information: ECMHTraining@mh.ohio.gov

Include your name, agency and email address