

Top 10 Facts about Crisis Intervention Training (CIT)

Ohio Department of Rehabilitation and Correction



CIT officers change the lives of individuals on a daily basis by serving as an advocate and a person to depend on during a difficult time.

CIT officers serve as a resource to other employees in the institution because they de-escalate situations promptly and they are able to maintain order while responding to a crisis.

The goal of ODRC is to have 30% of corrections officers at all institutions CIT trained and to have CIT officers present on every shift.



The goal of CIT in corrections is to have individuals trained who can quickly, efficiently, and calmly respond to inmates who may be experiencing a crisis at any point in time.



CIT officers help reduce the number of inmates with mental illness in restrictive housing by responding to crises immediately.



Once the training is complete, CIT officers are honored and recognized.

They also receive a pendant which is displayed on their uniform to signify to others that they are CIT trained.



The CIT committee includes: corrections officers, correctional leadership, mental health professionals, and mental health advocates.

CIT trained officers complete a voluntary, specialized 40-hour training that allows them to become certified in handling and responding to crisis.



In corrections, CIT trained officers are taught facts about the history of mental health, symptoms of mental health diagnoses, active listening skills, and tactics that can de-escalate a situation without using force.

CIT in corrections is supported by The National Alliance for the Mentally Ill (NAMI), the Ohio Criminal Justice Coordinating Center of Excellence (CJCCOE), and the National Institute of Corrections (NIC).